

# Regulation of the growth of mouse Leydig cells by the inactive stereoisomer, 17 $\alpha$ -estradiol: Lack of correlation between the elevated expression of ER $\alpha$ and difference in sensitivity to estradiol isomers

JAMES W. DuMOND Jr, KAMALESHWAR P. SINGH and DEODUTTA ROY

Department of Environmental Health Sciences, The University of Alabama at Birmingham,  
1665 University Blvd., 317 Ryals Building, Birmingham, AL 35294-0022, USA

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**Abstract.** We examined the effects of 17 $\alpha$ -estradiol, the biologically inactive stereoisomer of 17 $\beta$ -estradiol, on cell growth and cell cycle kinetics using the normalized mouse TM3 Leydig cells. A significant biphasic stimulatory growth response was observed by 17 $\alpha$ -estradiol exposure with peaks at 1 pg/ml (157.13%) and 100 ng/ml (120.04%) ( $p < 0.05$ ). The growth stimulatory effects of 17 $\alpha$ -estradiol were inhibited by tamoxifen. A significant decrease in cell cycle time of Leydig cells exposed to 17 $\alpha$ -estradiol was observed in treated cells ( $p < 0.05$ ). RT-PCR analysis indicated that exposure to Leydig cells to 1 pg/ml and 100 ng/ml 17 $\alpha$ -estradiol resulted in a 10- and 5-fold increases in the expression of ER $\alpha$ , respectively. Similar effects were observed with exposure to equivalent concentrations of 17 $\beta$ -estradiol. Difference in sensitivity to stereoisomers of estradiol to growth response of Leydig cells did not correlate with the elevated expression of ER $\alpha$ . We conclude that the TM3 Leydig cells are sensitive to the non-typical estrogen, 17 $\alpha$ -estradiol, presumably through the activation of ER-independent signaling transduction pathways.

## Introduction

17 $\alpha$ -Estradiol is a stereoisomer of 17 $\beta$ -estradiol. It is not a biologically active estrogen *in vivo* (1). Also, in most of the cell culture models, it is estrogenically inactive (2). It has

been shown that 17 $\alpha$ -estradiol interacts with estrogen receptors (ERs), but with a very weak affinity compared to diethylstilbestrol or 17 $\beta$ -estradiol. The order of affinity of estrogenic agonists toward ER $\alpha$  is DES > 4-OH-tamoxifen > 17 $\beta$ -estradiol > coumestrol > estrone > 17 $\alpha$ -estradiol (3).

Recently, we have reported that TM3 Leydig cells are estrogen sensitive (4). However, the mechanism of the stimulation of cell growth of Leydig cells by estrogen is not clear. In order to determine whether estrogen-induced proliferation in TM3 Leydig cells occurs through a typical estrogen receptor, we examined the influence of an inert estrogen analogue, 17 $\alpha$ -estradiol, on the growth of Leydig cells. Contrary to our expectation, we observed growth stimulatory effects by 17 $\alpha$ -estradiol. To understand the mechanism, we measured the expression of ER $\alpha$  and ER $\beta$  in cells exposed to different concentrations of 17 $\alpha$ -estradiol or 17 $\beta$ -estradiol. The findings revealed that difference in sensitivity to stereoisomers of estradiol to growth response of Leydig cells did not correlate with the elevated expression of ER $\alpha$ .

## Materials and methods

**Determination of cell growth.** The source of chemicals and other products required for cell culture were the same as described previously (4). Prior to treatment, the Leydig cells were cultured using DMEM/F-12 medium supplemented with 5% horse serum and 2.5% fetal bovine serum. The cells were subcultured at a ratio of 1 to 200 during their late log phase growth. The cells (~500,000) were placed into a 75-cm<sup>2</sup> culture flask and allowed to attach for 24 h. The growth medium was replaced with serum-free medium and then treated with 17 $\alpha$ -estradiol. The concentrations of 17 $\alpha$ -estradiol tested from 10<sup>-6</sup> to 10<sup>-12</sup> g/ml. Tamoxifen was co-administered at a 1,000-fold ratio (17 $\alpha$ -estradiol to tamoxifen: 10<sup>-12</sup> to 10<sup>-9</sup>, 10<sup>-11</sup> to 10<sup>-8</sup>, and 10<sup>-10</sup> to 10<sup>-7</sup> g/ml). The exposure time for all assays was 72 h. Each trial was conducted in triplicate. The cells were lysed with 1X trypsin-EDTA and counted with a hemacytometer. Cell growth data were analyzed using the Student's t-test along with an analysis of variation. The  $\alpha$  was set at 0.007 for the Student's t-test.

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*Correspondence to:* Dr Deodutta Roy, Department of Environmental Health Sciences, The University of Alabama at Birmingham, 1665 University Blvd., 317 Ryals Building, Birmingham, AL 35294-0022, USA

E-mail: Royd@uab.edu

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**Reverse transcription for cDNA synthesis.** Total RNA was isolated using TRIzol<sup>®</sup> Reagent (Life Technologies, Grand Island, NY) following manufacturer's protocol. The quality of RNA samples was determined by RNA gel electrophoresis. cDNA was synthesized by using SuperScript<sup>®</sup> Preamplification System for first strand cDNA synthesis (Life Technologies, Grand Island, NY) following the manufacturer's protocol (4). Briefly, 2  $\mu$ g of total RNA was treated with 2 units of amplification grade DNase I at room temperature for 15 min. cDNA was synthesized by reverse transcription at 42°C for 50 min in a final volume of 20  $\mu$ l containing of 0.5  $\mu$ g Oligo (dT), 200 units of SuperScript II reverse transcriptase, 2  $\mu$ l of 10X PCR buffer (200 mM Tris-HCl, 500 mM KCl, pH 8.4), 2.5 mM MgCl<sub>2</sub>, 125  $\mu$ M of each dNTP, and 0.01 M DTT. The mixtures were then incubated with 2 units of *E. coli* RNase H at 37°C for 20 min to remove RNA.

**PCR conditions for ER $\alpha$ , ER $\beta$  and  $\beta$ -actin.** Oligonucleotide primers were synthesized in UAB Comprehensive Cancer Center Oligo Core Facility. We performed amplification of ER $\alpha$ , ER $\beta$  and  $\beta$ -actin as described previously (4) using the primer sequences of ER $\alpha$  (sense: 5'-CCG GGG AAG CTC TTT G-3'; antisense: 5'-AGA GAT GCT CCA TGC CTT TGT TAC-3'), ER $\beta$  (sense: 5'-AAA GCC AAG AGA AAC GGT GGG CAT-3'; antisense: 5'-GCC AAT CAT GTG CAC CAG TTC CT-3') or  $\beta$ -actin (sense: 5'-GTG GGC CGC TCT AGG CAC CA-3'; antisense: 5'-CGG TTG GCC TTA GGG TTC AGG GGG G-3'). In brief, each 25  $\mu$ l of PCR mixture contained 0.5  $\mu$ l of RT reaction mixture (cDNA), 1X PCR buffer (50 mM KCl, 10 mM Tris-HCl, pH 8.3), 2.5 mM MgCl<sub>2</sub>, 0.2 mM of each dNTP, 25 pmol of each primer, and 1 unit of AmpliTaq<sup>®</sup> DNA polymerase. Amplification was performed in a RoboCycler<sup>®</sup> (Stratagene, La Jolla, CA). After amplification, the PCR mixture was analyzed on a 1.5% agarose gel and detected by ethidium bromide.

## Results

**17 $\alpha$ -Estradiol exposure to Leydig cells significantly induced growth of TM3 Leydig cells ( $p < 0.05$ ) (Fig. 1).** The concentrations of 1 pg/ml and 100 ng/ml 17 $\alpha$ -estradiol produced significant increases of 57% and 25% in cell growth, respectively ( $p < 0.05$ ). The growth response was biphasic with peaks at 1 pg/ml and 100 ng/ml 17 $\alpha$ -estradiol. Inhibition of cell growth was observed with 1  $\mu$ g/ml 17 $\alpha$ -estradiol. We have recently reported that exposure to 1 pg/ml and 100 ng/ml diethylstilbestrol or 17 $\beta$ -estradiol produced 86 and 148% or 25 and 12% increases in the growth of Leydig cells, respectively, compared to the growth of untreated cells (3). A comparison of 17 $\alpha$ -estradiol-mediated growth stimulation observed in this study with our previous report (4) of diethylstilbestrol and 17 $\beta$ -estradiol showed that 17 $\alpha$ -estradiol is more potent growth stimulating agent than that of 17 $\beta$ -estradiol.

Treatment of Leydig cells with tamoxifen alone up to 100 ng/ml had no effect on cell growth, although higher concentrations resulted in cytotoxicity. Coadministration of tamoxifen significantly blocked 17 $\alpha$ -estradiol-mediated cell growth ( $p < 0.05$ ) (Fig. 2).

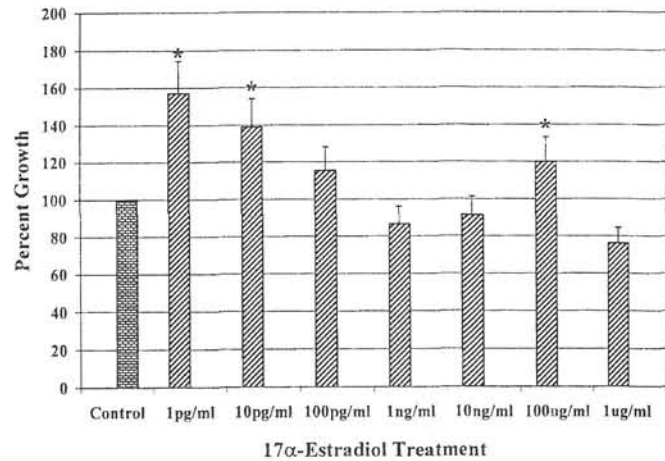


Figure 1. Induction of growth of Leydig cells exposed to 17 $\alpha$ -estradiol. Cells were exposed to 7 different concentrations of 17 $\alpha$ -estradiol and cell growth was measured after 72-h exposure (4). Each value is a mean of three experiments. Data are presented as percent growth (controls set at 100%). \*Indicates significant difference from controls ( $p < 0.05$ ).

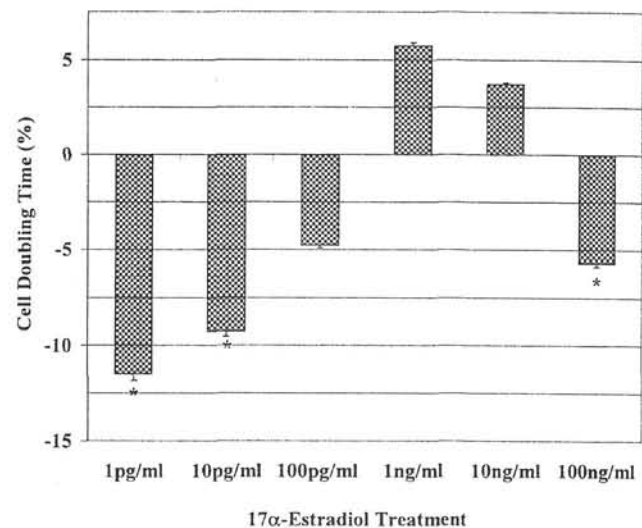


Figure 2. Reduction of Leydig cell doubling time by 17 $\alpha$ -estradiol. Cells were exposed to 7 different concentrations of 17 $\alpha$ -estradiol, cell growth was measured after 72-h exposure and cell doubling time was calculated (4). Each value is a mean of three experiments. Data are presented as percent growth (controls set at 100%). \*Indicates significant difference from controls ( $p < 0.05$ ).

Cell doubling time was significantly reduced by 17 $\alpha$ -estradiol treatment ( $p < 0.05$ ) (Fig. 3). The pattern of this response was inverse to that of the cell growth shown in Fig. 1. This suggests a strong correlation between 17 $\alpha$ -estradiol-mediated cell growth and the reduction of cell doubling time.

We also measured the expression of the estrogen receptor ER $\alpha$  and ER $\beta$  in Leydig cells exposed to 1 pg/ml and 100 ng/ml 17 $\alpha$ -estradiol or 17 $\beta$ -estradiol. We could not detect ER $\beta$  transcripts in these TM3 Leydig cells. 17 $\alpha$ -estradiol exposure resulted in a ~10-fold increase of ER $\alpha$  expression at 1 pg/ml and a ~5-fold induction at 100 ng/ml (Fig. 4). Similar effects on ER $\alpha$  expression were observed with exposure of

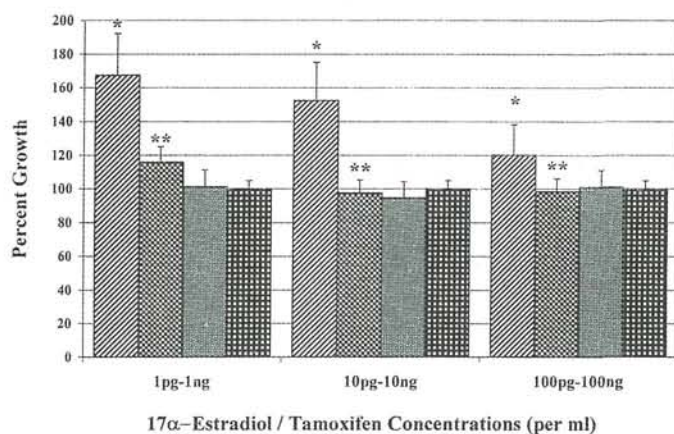


Figure 3. Inhibition of  $17\alpha$ -estradiol-induced growth of Leydig cells by tamoxifen. Cells were exposed to 3 different tamoxifen concentrations (1 ng/ml, 10 ng/ml, and 100 ng/ml), 3 different  $17\alpha$ -estradiol concentrations (1 pg/ml, 10 pg/ml, and 100 pg/ml), or 3 combination treatments ( $17\alpha$ -estradiol + tamoxifen 1 pg/ml + 1 ng/ml, 10 pg/ml + 10 ng/ml, and 100 pg/ml + 100 ng/ml) for 72 h. Each value is a mean of three experiments. Data are presented as percent growth (controls set at 100%). \*Indicates significant difference from controls ( $p < 0.05$ ) and \*\*indicates a significant reduction of  $17\alpha$ -estradiol-induced growth of Leydig cells compared to  $17\alpha$  estradiol + tamoxifen ( $p < 0.05$ ). Striped,  $17\alpha$ -estradiol; Hatched,  $17\alpha$ -estradiol + tamoxifen; Dotted, tamoxifen; Checked, control.

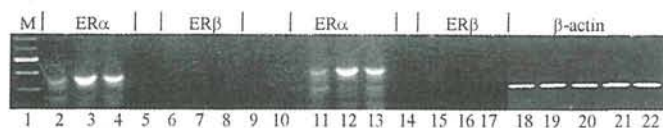


Figure 4. Levels of ER $\alpha$  and ER $\beta$  in Leydig cells exposed to 1 pg/ml and 100 ng/ml  $17\alpha$ -estradiol or  $17\beta$ -estradiol. TM3 Leydig cells were exposed to 1 pg/ml and 100 pg/ml  $17\alpha$ -estradiol or  $17\beta$ -estradiol for 72 h. RNA was isolated and RT-PCR analysis was carried out as described previously (4). Lane 1, DNA ladder; lanes 2-4, ER $\alpha$ , 2, untreated cells; 3, 1 pg/ml  $17\alpha$ -estradiol treated; 4, 100 ng/ml  $17\alpha$ -estradiol treated; lanes 5-7, ER $\beta$ ; 6, untreated cells; 7, 1 pg/ml  $17\alpha$ -estradiol treated; 8, 100 ng/ml  $17\alpha$ -estradiol treated; lanes 9-11, ER $\alpha$ ; 11, untreated cells; 12, 1 pg/ml  $17\beta$ -estradiol treated; 13, 100 ng/ml  $17\beta$ -estradiol treated; lanes 14-17, ER $\beta$ ; 15, untreated cells; 16, 1 pg/ml  $17\beta$ -estradiol treated; 17, 100 ng/ml  $17\beta$ -estradiol treated; lanes 18-22,  $\beta$ -actin; 18, untreated cells; 19, 1 pg/ml  $17\alpha$ -estradiol treated; 20, 100 ng/ml  $17\alpha$ -estradiol treated; 21, 1 pg/ml  $17\beta$ -estradiol treated; 22, 100 ng/ml  $17\beta$ -estradiol treated cells.

cells to equivalent concentrations of  $17\beta$ -estradiol (Fig. 4) and DES (4).

## Discussion

Most of the estrogen sensitive cells do not respond to  $17\alpha$ -estradiol (1,2). Findings of this study revealed that  $17\alpha$ -estradiol stimulated the growth of TM3 Leydig cells in a biphasic manner; this effect was blocked by an antiestrogen, tamoxifen; and  $17\alpha$ -estradiol lowered cell cycle doubling time. Our finding is in agreement with previous observations indicating that  $17\alpha$ -estradiol increases the growth of breast MCF-7 and pituitary GH4C1 cells (2,5,6). The enhanced growth stimulatory potency of  $17\alpha$ -estradiol in Leydig cells

raises the question of whether the stereo-specificity and thus, the sensitivity of the estrogen receptor in C7MCF7-173, GH4C1 or TM3 cells may be different than those estrogen sensitive cells not responding to  $17\alpha$ -estradiol.

Inhibition of  $17\alpha$ -estradiol's effect on cell growth by tamoxifen suggests that the stimulatory growth response by  $17\alpha$ -estradiol may occur presumably through an estrogen receptor pathway. We can rule out the involvement of ER $\beta$  in this process, because we could not detect ER $\beta$  transcripts in the TM3 Leydig cells. ER $\alpha$  is induced in these cells to the same extent by the equivalent doses (1 pg/ml and 100 ng/ml) of both  $17\alpha$ -estradiol and  $17\beta$ -estradiol. We have recently reported that 1 pg/ml and 100 ng/ml doses of  $17\beta$ -estradiol produce 25% and 12% increases in cell growth, respectively, over the control (4); whereas in this study we observed that equivalent doses of  $17\alpha$ -estradiol produced 57% and 25% increases in cell growth, respectively, compared to untreated cells. We did not observe the same pattern of changes in the expression of ER $\alpha$  in Leydig cells exposed to  $17\alpha$ -estradiol or  $17\beta$ -estradiol. This seems to suggest that change in ER $\alpha$  levels does not correlate with difference in sensitivity to stereoisomers of estradiol to growth of TM3 Leydig cells.

Comparison of the growth response of Leydig cells observed in this study with our previous findings of diethylstilbestrol and  $17\beta$ -estradiol (4) revealed that the order of growth stimulatory response of Leydig cells was diethylstilbestrol >  $17\alpha$ -estradiol >  $17\beta$ -estradiol. It is known that the interaction of  $17\alpha$ -estradiol with ER is very weak compared to that of  $17\beta$ -estradiol (2,3). It appears that the growth response of  $17\alpha$ -estradiol may be mediated through a non-classical ER-independent mechanism which is similar to that described in other tissues of neural crest origin. The growth stimulatory rank order observed in this study is very similar to the observations showing the ability of estrogenic compounds to interact with non-ER membrane receptor protein (diethylstilbestrol >  $17\alpha$ -estradiol >  $17\alpha$ -ethinyl estradiol >  $17\beta$ -estradiol) (7). The biologically active effects of  $17\alpha$ -analogue is similar to  $17\beta$ -analogue of estradiol are also evident from the effects of these isomers on tyrosinase activity in skin melanocytes, prolactin production in monkey pituitary cells and relaxation of coronary vessels (6,8-10). The genomic mode of action is believed to represent the predominant effect of an estrogen. Recently, however, rapidly manifesting non-genomic effects have also been observed (7,8). The non-genomic effects seem to be mediated most likely by allosteric interaction of an estrogenic molecule with heterologous target structures such as membrane protein or via cell signaling networks. Our results of this study are compatible with the idea that  $17\alpha$ -estradiol causes growth stimulatory effects presumably by acting directly on the cell membrane, which, in turn, may activate ER-independent signal transduction pathways.

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