# Seroepidemiologic Survey of Epidemic Cholera in Haiti to Assess Spectrum of Illness and Risk Factors for Severe Disease

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*Abstract.* To assess the spectrum of illness from toxigenic *Vibrio cholerae* O1 and risk factors for severe cholera in Haiti, we conducted a cross-sectional survey in a rural commune with more than 21,000 residents. During March 22–April 6, 2011, we interviewed 2,622 residents  $\geq$  2 years of age and tested serum specimens from 2,527 (96%) participants for vibriocidal and antibodies against cholera toxin; 18% of participants reported a cholera diagnosis, 39% had vibriocidal titers  $\geq$  320, and 64% had vibriocidal titers  $\geq$  80, suggesting widespread infection. Among seropositive participants (vibriocidal titers  $\geq$  320), 74.5% reported no diarrhea and 9.0% had severe cholera (reported receiving intravenous fluids and overnight hospitalization). This high burden of severe cholera is likely explained by the lack of pre-existing immunity in this population, although the virulence of the atypical El Tor strain causing the epidemic and other factors might also play a role.

# INTRODUCTION

Epidemic cholera was introduced to Haiti for the first time in October 2010,<sup>1,2</sup> causing one of the worst cholera outbreaks in recorded history with 651,339 illnesses and 8,053 deaths as of March 24, 2013.<sup>3</sup> Because infection with toxigenic Vibrio cholerae O1 results in a wide spectrum of illness,<sup>4</sup> estimates of disease severity are important for projecting resource needs (e.g., intravenous [IV] fluids and medical staffing) and planning response efforts. Most infections with toxigenic V. cholerae are asymptomatic; a smaller proportion of infected persons develop mild or moderate diarrhea, and only a small percentage of those exposed develop severe cholera.<sup>4</sup> Previous studies in Bangladesh, a country in which cholera has been endemic for centuries, have suggested that an estimated 2% of persons infected with typical seventh pandemic V. cholerae O1 biotype El Tor develop severe cholera compared with 11% of those infected with the classical biotype.<sup>5-7</sup> The relevance of these estimates in cholera-naive countries such as Haiti is unknown. In addition, altered or atypical strains with characteristics of both biotypes have emerged in South Asia,<sup>8</sup> Africa,<sup>9</sup> and now in Haiti.9 The V. cholerae strain introduced to Haiti is a fully virulent serogroup O1, serotype Ogawa, with an integrated El Tor type phage  $(CTX\Phi)^{El Tor}$  that expresses the classical ctxB-1 allele.<sup>9</sup> Limited evidence suggests that certain atypical El Tor strains might be more virulent than previous El Tor strains.<sup>10,11</sup>

Host factors play a role in determining cholera severity.<sup>12</sup> Persons with ABO blood group O have been shown to have

higher rates of severe cholera compared with persons with other ABO blood groups.<sup>13–15</sup> Prevalence of blood group O ranges widely across populations,<sup>16</sup> which likely influences the resulting clinical spectrum of illness from *V. cholerae* infection. We found no published reports of blood group distribution in Haiti. Other risk factors related to development of symptomatic cholera are low gastric acidity,<sup>17,18</sup> retinol deficiency,<sup>12</sup> and, potentially, iron deficiency.<sup>19</sup>

Antibodies measured by the vibriocidal test, which is an antibody-dependent, complement-mediated lytic assay, are considered to be markers of recent exposure to V. cholerae. Vibriocidal assays are widely used as evidence of infection in serosurveys,<sup>5,6</sup> case-control studies,<sup>14</sup> and for surveillance in the United States.<sup>20</sup> When used in populations, results correlate well with protection from V. cholerae infection and symptomatic disease.<sup>21</sup> In volunteer studies, vibriocidal titers peak soon after exposure and usually return to baseline within a year in the absence of re-infection.<sup>22</sup> Although vibriocidal antibodies are cross-reactive between the two V. cholerae serotypes, Ogawa and Inaba, responses are typically highest to the homologous strain. Serum IgG to cholera toxin (CT) are not associated with immunity, but are markers of recent or previous toxigenic V. cholerae infection, and typically remain elevated for over a year.<sup>23,24</sup> However, cross-reactivity between CT and the heat-labile toxin produced by some enterotoxigenic Escherichia coli can produce false-positive results in anti-CT testing, which limits its usefulness in determining recent V. cholerae infections. In cholera-endemic areas, serum IgA anti-CT has a similar decay pattern to vibriocidal antibodies and may be associated with immunity.<sup>12,24</sup>

To characterize the spectrum of illness resulting from epidemic *V. cholerae* infection in a Haitian population and examine risk factors for severe disease, we conducted a seroepidemiologic survey in Grande Saline Commune, Artibonite Department, Haiti. This commune reported a high cholera attack rate (18%) from October 2010 through March 2011 (Ministère de la Santé Publique et de la Population [MSPP] Surveillance, unpublished data), suggestive of widespread *V. cholerae* exposure. Grande

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Saline, which is located along the terminal portion of the Artibonite River, was one of the first communes affected by the outbreak<sup>25</sup> and is highly reliant on river water for agricultural and domestic use. The commune's estimated 21,131 residents<sup>26</sup> live primarily in 13 villages situated along a single road that follows the river. In the five months between the start of the outbreak and the seroepidemiologic study, the commune was served by a single cholera treatment center. We interviewed participants regarding cholera symptoms and treatment and collected serum for vibriocidal and anti-CT testing as markers of *V. cholerae* exposure.

## MATERIALS AND METHODS

Study design and participant selection. During March 22-April 6, 2011, we conducted a cross-sectional seroepidemiologic survey in Grande Saline Commune. All consenting residents  $\geq 2$  years old from selected households were eligible for enrollment. After accounting for non-participation and design effect, our target sample was 600 households, based on assumptions of four consenting persons per household (for 2,400 participants) and a 75% V. cholerae infection rate. The true infection rate was unknown; 75% was chosen for these calculations because the high reported cholera attack rate in the commune suggested widespread exposure. This sample size would estimate the proportion of infected persons who develop severe disease to within 4%, assuming 5% of seropositive participants developed severe disease (given previous estimates of 2–11%).<sup>5–7</sup> We used a type I error rate of 5% and power of 80% for sample size calculations.

The sampling frame included all households within the commune located in the commune's 13 villages (Figure 1). Local authorities reported that nearly all commune residents resided within these villages, which are all located along the commune's main road. We selected households within each village



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FIGURE 1. Grande Saline Commune, Haiti, with locations of 13 cholera serosurvey study villages.

in proportion to population estimates from local authorities because current census data were not available at the municipal level. Local community health workers identified subsections of each village. Study teams enrolled households within all subsections by starting at local landmarks within each section and moving sequentially from household to household. We used satellite maps of villages to minimize exclusion of household groups.

Data and serum collection. Study teams interviewed participants by using a Visual CE (SYWARE, Cambridge, MA) electronic questionnaire on a personal digital assistant. The survey included questions about demographic and household characteristics, reported cholera diagnosis by a health care provider, diarrheal symptoms and treatment, antacid use, and deaths caused by cholera within the household since the start of the outbreak in October 2010. Within each household, we asked the first participant encountered (or parent or guardian for children less than 12 years old) about household characteristics (e.g., number of persons in household and primary water source) and individual characteristics, and asked subsequent participants only about individual characteristics. We used a household identification number to link records within a household. All information was self-reported (or for children < 12 years old, reported by a parent or guardian), including clinical information; detailed clinical records were not available. We collected a single blood specimen from consenting participants as described below.

**Human subjects protection.** Institutional Review Boards from the Haitian National Ethics Committee (Protocol #2011-FWD-CHOLERA-01) and the U.S. Centers for Disease Control and Prevention (CDC Protocol #6038) granted approval for this study, including for testing of control serum specimens. Haitian interviewers provided participants with oral and written explanations of the study. Participants marked checkboxes to indicate informed consent (adults  $\geq$  18 years old), parent or guardian permission (children < 18 years old), and child assent (children 7–17 years old). No personal identifiers were collected.

Serum collection and processing. Blood specimens were collected in volumes consistent with participants' age and weight (maximum = 10 mL) in Vacutainer (Tiger Red/Black Top; Becton-Dickinson Laboratories, Franklin Lakes, NJ) serum separator tubes and transported on cold packs to the local health center in Grand Saline Commune. At a temporary serum processing laboratory in the health center, serum was separated after centrifuging the blood specimens, labeled, and stored on cold packs until the end of each workday. Serum specimens were transferred to a refrigerator at the Hôpital Albert Schweitzer, Haiti, and were transported twice a week on cold packs to the National Public Health Laboratory in Port-au-Prince. They were then held refrigerated until shipment to CDC (Atlanta, GA). At CDC, specimens were inventoried and accessioned, and each specimen was divided into 0.5-mL aliquots and frozen at -80°C. Fifty unlinked control serum specimens collected in Haiti before the cholera outbreak were included to determine pre-2010 antibody levels in this population.

**Strains.** Two *V. cholerae* strains from Haiti, 2010EL-1786 (serotype Ogawa) and 2012EL-1407 (serotype Inaba), were used as target antigens in the vibriocidal assays. The complete genome sequence of 2010EL-1786 has been published.<sup>27</sup> The Inaba strain 2012EL-1407 emerged in Haiti in March of 2012.<sup>28</sup>

Preliminary bacterial growth curves aided in standardizing the inoculum, time of incubation, and growth medium necessary to achieve a target inoculum of  $3.0 \times 10^7$  colony-forming units/mL of live bacteria in the early log phase of growth. The Ogawa isolate was grown to early log phase in BactoTM Heart Infusion Broth (Becton Dickinson and Company, Sparks, MD), divided into aliquots, and frozen at  $-80^{\circ}$ C. From pilot study results, we concluded that 3 hours of incubation at  $37^{\circ}$ C of a standard inoculum from the frozen stock yielded  $3.0 \times 10^7$  colony-forming units/mL. Thereafter, on each assay occasion we determined the final concentration of live bacteria. If the counts did not fall within 1 SD of the average of all accepted runs, we rejected the previous day's assay. We repeated this process for the Inaba serotype.

**Complement.** Three lots of commercial guinea pig complement (Innovative Research, Novi, MI) were tested in pilot studies. The best performing lot was selected, and all serotype-specific assays were run using the same lot. Pilot studies of complement activity aided in standardizing the assay to assure addition of excess complement. Controls were run to ensure that commercial complement did not contain naturally occurring vibriocidal activity.

**Controls.** Known positive serum specimens obtained from patients with confirmed cholera infections and known negative specimens were run on each test occurrence for each assay. Controls were unlinked from any patient identifiers.

**Vibriocidal assays.** Both serotype-specific assays were validated with known positive and negative serum specimens and a positive cutoff was established by receiver operating characteristic analysis. The assays in a 96-well microtiter format were set up accordingly: two-fold dilutions of heat-inactivated control and test serum samplers were titrated by using a BioMek NX<sup>P</sup> Laboratory Automation Workstation (Beckman Coulter, Brea, CA). After an initial 1:10 dilution of each serum, 11 two-fold dilutions were made to a final concentration of 1:40,560. Every serum specimen was run in duplicate. All specimens were tested with serotype Ogawa and repeated with serotype Inaba.

For each assay, the appropriate *V. cholerae* strain was cultured at 37°C to early log phase and washed twice. Cultures and complement were mixed, added to each serum dilution, incubated for 1 hour at 37°C, then overlayed with warmed BactoTM Heart Infusion Broth. After 2.5 hours at 37°C, wells were read visually for turbidity indicating growth of bacteria. The titer was expressed as the reciprocal of the highest dilution of serum with > 50% reduction in turbidity. If positive controls results did not fall within one dilution  $\pm$  1:640, or if the negative control was positive at any dilution, the assay was rejected and re-tested. In addition, if plate counts did not fall within 1 SD of the average of previously validated specimens, the corresponding assay was rejected and re-tested.

Anti-CT IgG and IgA. We tested serum specimens in an indirect enzyme-linked immunosorbent assay (ELISA) format using Immulon 2HB (Thermo Scientific, Rochester, NY) microtiter plates coated with commercially available CT (Sigma, St. Louis, MO). Individual serum specimens were diluted 1:50 in phosphate-buffered saline with 1% bovine serum albumin and diluted two-fold to 1:1600, followed by the addition of mouse anti-human IgG monoclonal antibody HP6043<sup>29</sup> or commercial goat anti-human IgA (Invitrogen, Frederick, MD) conjugated to alkaline phosphatase. After incubation for 1 hour at 37°C, we added disodium *p*-nitrophenyl phosphate (Sigma),

stopped the reaction with 3M NaOH, and read optical densities (ODs) at 405 nm with a Spectramax Plus 384 device (Molecular Devices, Sunnydale, CA).

We optimized antigen, serum, and conjugates by checkerboard titrations before testing and validated ELISA results by using positive and negative serum from patients with and without cholera, respectively. Statistical thresholds were calculated by using receiver operating characteristic analysis for each assay and antibody class.

**Blood group.** Since red cells were not available, we determined ABO blood group for a subset of participants by using the reverse-typing test tube method with A1 and B Referencells (Immucor, Norcross, GA) as specified by the manufacturer. Anti-A and Anti-B murine monoclonal antibodies (Immucor) were tested as controls. A limitation of this approach is that it does not directly detect ABO blood groups but rather depends on the presence of anti-A and anti-B antibodies in serum.

**Data analysis.** Survey data were downloaded from personal digital assistants to a Microsoft (Redmond, WA) Access 2003

TABLE 1
Demographic characteristics and diarrhea histories of 2,622 cholera
serosurvey participants, Grande Saline, Haiti, 2011*

Characteristic	No.	%
Age quartile, years		
2–12	721	28
13–23	595	23
24-43	667	25
44–90	636	24
Missing	3	< 1
Sex		
F	1,553	59
М	1,069	41
Literacy		
Illiterate	1,220	47
Literate	1,394	53
Missing	8	< 1
Secondary education		
No	2,365	90
Yes	257	10
Speaks French		
No	2,322	89
Yes	300	11
Reported HIV diagnosis*		
No	2,500	95
Yes	11	< 1
Refused/do not know	108	4
Missing	3	< 1
Reported pregnant, among females		
10-55 years old (n = 1.040)		
No	963	93
Yes	77	7
Reported antacid use		
No	2.198	84
Yes	418	16
Refused/do not know	3	< 1
Missing	3	< 1
Watery diarrhea since October 2010 <sup>+</sup>	5	<b>\</b> 1
No	1 998	79
Ves	541	21
Refused/do not know	3	< 1
Missing	1	<1
Cholera diagnosis since October 2010 <sup>±</sup>	1	< I 1
No	2 074	82
Ves	466	18
Missing	3	~ 1
111001115	5	< 1 <

\*HIV = human immunodeficiency virus

†Excludes 79 participants who reported cholera but not watery diarrhea.

database and analyzed by using SAS version 9.3 (SAS Institute, Cary, NC).

Seropositivity was determined by measuring vibriocidal antibody responses to Ogawa and Inaba serotypes from isolates obtained from Haiti. Secondary analyses examined anti-CT IgA and anti-CT IgG results. We defined clinical severity of disease by level of treatment required, similar to definitions from previous bacteriological surveys.<sup>5,6</sup> All clinical data were self-reported. Participants who reported a cholera diagnosis but not watery diarrhea (i.e., logically inconsistent responses) were excluded from analyses describing cholera and disease severity.

Severe disease was defined as diarrhea with overnight hospitalization at a health facility and receipt of IV fluids, moderate disease as diarrhea and a visit to a health facility but not meeting criteria for severe disease, and mild disease as diarrhea without a health facility visit.

We calculated basic frequencies, as well as odds ratios (ORs) and 95% confidence intervals (CIs) by using simple logistic regression adjusted for household design effect. We used proportional-odds cumulative logistic regression models to assess influence of potential risk factors on disease severity (classified on a four-level ordinal scale: severe, moderate, mild, or asymptomatic), adjusting for age quartile, and antacid use. Predictors were blood group and socioeconomic characteristics (literacy, speaking French, and household possession of a cell phone, radio, or electricity). For each model, we calculated the score test to assess whether the proportional odds assumption was contradicted.

### RESULTS

Enrollment. During the study period, we enrolled 2,622 Grande Saline residents  $\geq 2$  years old from 1,240 households. There were an average of 4.4 (SD = 2.5) eligible persons per household of whom we enrolled a mean of 2.1 participants (range = 1-10). Enrollment targets were met in each of the commune's 13 villages. We collected serum from 2,527 (96%) participants.

Demographic and socioeconomic characteristics. The median age of participants was 23 years (range = 2-90 years), and 59% were female (Table 1). The median age for males (18 years) was less than the median age for females (26 years); among adults  $\geq$  18 years old, 1,013 (65%) were women, and 544 (35%) were men. Among all participants, 1,394 (53%) were literate, 300 (11%) spoke French, and 257 (10%) had attended at least some secondary school. Among 1,557 adults ≥ 18 years old, 729 (47%) were literate, 220 (14%) spoke French, and 219 (14%) attended at least some secondary school. The most common occupations among adults were rice farming (565, 36%), farming other crops (343, 22%), and vending or trading (307, 20%).

Household characteristics. Among the 1,240 households in the study, 603 (49%) owned a cellular phone, 434 (35%) owned a radio, and 52 (4%) had electricity (including from generators). Regarding primary drinking water source, 472 (38%) households bought water from vendors, 398 (32%) households used a canal or the Artibonite River, 180 (15%) used a public or private tap, and the remaining 190 (15%) used other sources, including wells. Of 962 (78%) households that reported having treated their drinking water since the outbreak began, 953 (99%) used at least one of three treatment methods: 513 (53%) used chlorine tablets, 246 (26%) used filters, 91 (9%) used chlorine solution, and 112 (12%) used a combination of these methods. No additional information was collected on alternate sources of drinking water or the regularity of drinking water treatment.

Health characteristics. Eleven (<1%) participants reported having been diagnosed with HIV infection, 77 (7%) females 10-55 years old reported being pregnant, and 418 (16%) participants reported taking antacids in the previous six months.

Blood group testing. We tested a subset of 866 participants for ABO blood groups by reverse typing; 386 (45%) had blood group O, 242 (28%) had group A, 194 (22%) had group B, and 44 (5%) had group AB.

Diarrhea and cholera. Among all participants, 541 (21%) reported an episode of watery diarrhea since the start of the cholera outbreak in October 2010, including 466 (18%) who

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Clinical characteristics of cholera serosurvey	participants reporting watery of	diarrhea, Grande Saline, Haiti,	March 22–April 6, 2011*
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	Cholera diagno	sis (n = 466)	Watery diarrhea	only (n = 75)	Any watery diarrhea (n = 541)		
Characteristic	No. or median	% or IQR	No. or median	% or IQR	No. or median	% or IQR	
Rice water stool	429	92	19	25	448	83	
Leg cramps	361	77	23	31	384	71	
Vomited more than once	225	48	10	13	235	43	
Bloody stool	50	11	7	9	57	11	
Maximum no. stools in 24 hours	7	4-10	3	3–4	6	3-10	
Used ORS at home	405	87	45	60	450	83	
Took antibiotic	315	68	47	63	362	67	
Went to HF	366	79	21	28	387	72	
Treatment at HF (among participants who visited HF)	(n = 3	66)	(n = 2)	21)	(n = 3	87)	
Received ORS at HF	329	<u>90</u>	11 `	52	340	88	
Received IV fluids at HF	213	58	7	33	220	57	
Hospitalized overnight	191	52	5	24	196	51	
IV fluids and hospitalization	157	43	0	0	157	41	
Disease severity	(n = 4	66)	(n = 2)	75)	(n = 5	41)	
Mild†	99`	21	54	72	153	2	
Moderate <sup>‡</sup>	209	45	21	28	230	43	
Severe§	157	34	0	0	157	29	

\*IQR = interquartile range; ORS = oral rehydration salts; HF = health facility; IV = intravenous.

Defined as watery diarrhea without a visit to an HF. Defined as watery diarrhea without a visit, but not meeting criteria for severe disease.

SDefined as watery diarrhea with receipt of IV fluids and overnight hospitalization.

reported a cholera diagnosis from a health care worker (Table 1). Seventy-nine (3%) participants reported a cholera diagnosis but no watery diarrhea and were excluded from cholera and disease severity analyses. Among the 541 participants reporting watery diarrhea, 83% reported feces that resembled water used to cook rice (rice water stool), 71% reported painful leg cramps, 43% reported vomiting more than once, and 11% reported bloody stool (Table 2). Participants with watery diarrhea who reported a cholera diagnosis were more than twice as likely as participants with watery diarrhea without a cholera diagnosis to report each of these symptoms except for bloody stool, for which the proportions were similar (11% versus 9%, respectively). Participants with a cholera diagnosis reported a median of seven stools on the worst day of illness compared with three for those not reporting a cholera diagnosis. Most participants reported a date of diarrhea onset during October 15-November 31, 2010 (Figure 2A). This distribution of illness over time was similar to the distribution of cholera cases reported to Haiti's national cholera surveillance system by local health care providers in Grande Saline (Figure 2B).

Regarding treatment, 87% of participants who reported a cholera diagnosis had used oral rehydration salts at home, 68% took an antibiotic during the diarrheal episode, and 79% (366 participants) sought treatment at a health facility. Among the 366 participants who reported a cholera diagnosis and treatment at a health facility, 90% reported receiving oral rehydration salts during their stay, 58% reported receiving IV fluids, and 52% reported being hospitalized overnight; 157 (43%) reported both IV fluids and overnight hospitalization.

We classified disease severity among participants with watery diarrhea based on level of treatment received (Table 2). Of participants reporting a cholera diagnosis, 21% had mild disease, 45% had moderate disease, and 34% had severe disease. In comparison, 72% of participants with watery diarrhea but no cholera diagnosis had mild disease, and the remaining 28% had moderate disease; none met criteria for severe disease.

**Bivariable analysis of reported cholera.** A higher proportion of participants in the oldest quartile (> 43 years old) reported a cholera diagnosis (23%) than participants in younger age quartiles (16-17%) (Table 3). A cholera diagnosis



FIGURE 2. A, Self-reported dates of watery diarrhea onset for participants reporting a cholera diagnosis, cholera serosurvey, Grande Saline, Haiti, 2010-2011 (n = 354). B, Grande Saline cholera cases reported to Ministry of Health and Population (MSPP) surveillance, Haiti, 2010-2011.

TABLE 3 Comparisons of demographic and clinical characteristics with reported cholera diagnosis, cholera serosurvey, Grande Saline, Haiti, March

22–April 6, 2011 (n = 2,	543)*		-	
Characteristic	No. reporting cholera diagnosis	%	OR†	95% CI
Total	466	18		
Age quartile, years				
2–12	114	16	Ref	
13–23	97	17	1.06	0.79-1.43
24–43	107	16	1.02	0.76-1.37
44–90	148	23	1.63	1.23-2.17
Sex				
Female	279	19	1.05	0.85 - 1.29
Male	187	18	Ref	
Literacy				
Illiterate	269	23	1.73	1.40-2.14
Literate	195	14	Ref	
Speaks French				
No	434	19	1.86	1.23-2.81
Yes	32	11	Ref	
Reported HIV diagnosis				
No	442	18	1.01	0.22-4.64
Yes	2	18	Ref	
Reported pregnant, amon	g females 10-55	vears (	n = 1.04	0)
Pregnant	20	26	1.63	0.96-2.78
Not pregnant	165	18	Ref	
Reported antacid use				
User	103	26	1.73	1.32-2.27
Non-user	362	17	Ref	1.52 2.274
Cell phone in household	502	17	Iter	
No	261	21	1 35	1 07-1 69
Ves	201	16	Ref	1.07 1.094
Radio in household	205	10	Rei	
No	328	20	1 30	1 00_1 78+
Ves	138	15	Dof	1.09-1.704
Flectricity in household	150	15	Kei	
No	157	10	2 22	1 07 4 64
Vos	4.57	19	Dof	1.07-4.044
Primary water source from	n river or conel	9	Rei	
No.		10	0.00	077 124
No	290	10	0.96 Dof	0.77-1.24
Tracted driphing water	105	10	Rei	
N-	05	14	0.70	0.59 1.04
INO X	65 279	14	0.78 D.f	0.38-1.04
res	5/8	19	Ref	
Blood group testing ( $n = 8$	557)	22	0.07	0.70 1.00
	85	23	0.97	0.70–1.36
A, B, or AB	107	23	Ref	

\*OR = odds ratio; CI = confidence interval; Ref = referent; HIV = human immunodeficiency virus. †Estimated population OR and 95% CI calculated by bivariable logistic regression, adjusting for household design effect.

adjusting for household design effect. ‡Statistically significant at alpha = 0.05.

was reported in similar proportions by females and males (OR = 1.05, 95% CI = 0.85–1.29). A cholera diagnosis was more commonly reported by participants who were illiterate (OR = 1.73, 95% CI = 1.40–2.14), did not speak French (OR = 1.86, 95% CI = 1.23–2.81), and who reported using antacids (OR = 1.73, 95% CI = 1.32–2.27). A cholera diagnosis was also more commonly reported by participants in households lacking a cell phone (OR = 1.35, 95% CI = 1.07–1.69), radio (OR = 1.39, 95% CI = 1.09–1.78), and electricity (OR = 2.22, 95% CI = 1.07–4.64). Equal proportions of participants with blood group O and those with other blood groups reported a cholera diagnosis (23%).

Serum antibody testing. Based on validation results, a titer of 320 was set as the threshold for seropositivity for the Ogawa and Inaba vibriocidal assays. Secondary analyses examined survey results using lower, more lenient, vibriocidal titers of 80 and 160. Specific OD threshold values were calculated for both anti-CT ELISAs. Among the 2,527 (96%) participants from whom we collected serum, 980 (39%) had a positive Ogawa or Inaba vibriocidal result (titer  $\geq$  320) (Table 4), 1,331 (53%) participants had a vibriocidal titer  $\geq$  160, and 1,626 (64%) had a titer  $\geq$  80; 732 (29%) participants had a positive anti-CT test result for IgA or IgG. None of the 50 preepidemic serum specimens had a vibriocidal Ogawa titer > 80; two had a vibriocidal Inaba titer of 320.

Bivariable analysis of seropositivity. Participants 13-23 years old had the highest prevalence of vibriocidal seropositivity (46%), and adults > 43 years old had the lowest (30%) (Table 5). Whereas a cholera diagnosis was most commonly reported by participants in the oldest age quartile, vibriocidal seropositivity was less common among participants in this quartile compared with the youngest quartile (OR = 0.59, 95% CI = 0.47-0.74). The prevalence of seropositivity in each age quartile varied according to the antibody test (Figure 3). Adults in the oldest age quartile (> 43 years old) had the highest seroprevalence of anti-CT IgA (17%), whereas children in the youngest age quartile (2-12 years old) had the highest seroprevalence of anti-CT IgG (35%). The prevalence of vibriocidal seropositivity did not differ by sex before or after adjustment for age. No association was seen between length of time from diarrhea to serum collection and antibody titer for any of the four assays (data not shown). Participants with blood group O were not significantly more likely to be seropositive than those with other blood groups (OR = 0.92, 95% CI = 0.69-1.22).

**Spectrum of illness.** Among all participants, regardless of antibody status, 6.2% had severe disease, 9.1% had moderate disease, 6.0% had mild disease and 78.7% were asymptomatic (Table 6). Among the 948 participants with vibriocidal titers  $\geq$  320 and severity data, 9.0% had severe disease, 9.7% had moderate disease, 6.9% had mild disease, and 74.5% were asymptomatic. A higher proportion of the 717 participants with positive anti-CT results had severe disease (12.3%) than did the vibriocidal group (9.0%), and a smaller proportion were asymptomatic (68.9% versus 74.5%).

**Risk factors for severe cholera.** Among 77 seropositive participants with blood grouping results who reported watery diarrhea, those with blood group O were not significantly more likely than those with other blood groups to report overnight hospitalization (OR = 2.11, 95% CI = 0.81-5.49) or receipt of IV fluids (OR = 1.91, 95% CI = 0.75-4.84). Among

TABLE 4

Serum	testing	for	Vibrio	cholerae	antibodie	s and	blood	group
amor	ng 2,527	chole	era sero	survey pai	ticipants,	Grande	Saline,	Haiti,
Marc	h 22-Ap	oril 6	, 2011					

	Positi	ve
Serum testing, titer	No.	%
Vibriocidal* ≥ 320	980	39
Vibriocidal Ogawa ≥ 320	711	28
Vibriocidal Inaba ≥ 320	589	23
Vibriocidal* $\geq 160$	1,331	53
Vibriocidal* $\geq 80$	1,626	64
Cholera toxin (IgA or IgG)	732	29
Cholera toxin IgA	279	11
Cholera toxin IgG	573	23
Vibriocidal* $\geq 320$ or CT (IgA or IgG)	1,303	52

\*Either vibriocidal Ogawa or Inaba assay.

Comparisons of demographic and clinical characteristics with Vibrio cholerae seropositivity, cholera serosurvey, Grande Saline, Haiti, March 22–April 6, 2011 (n = 2,527)\*

TABLE 5

Characteristic	No. seropositive†	%	OR†	95% CI
Total	080	20	0117	<i>30 10 CI</i>
Age quartile years	980	39		
2–12	282	42	Ref	
13–23	268	46	1.20	0.96 - 1.50
24–43	242	37	0.82	0.66 - 1.02
44–90	187	30	0.59	0.47-0.74§
Sex	601	40	1 1 1	0.07 1.24
Male	379	37	Ref	0.97-1.34
Literacy	515	57	Itel	
Literate	562	42	1.29	1.10-1.52§
Illiterate	416	36	Ref	
Speaks French	0/0	20	1.01	0.70 1.00
NO Vos	868	39 29	1.01 Pof	0./8-1.30
Reported HIV diagnosis	112	30	Rei	
No	937	39	1.27	0.32-5.12
Yes	3	33	Ref	0102 0112
Reported pregnant among wo	men 10–55 y	ears ol	d(n = 1)	,017)
Pregnant	33	46	1.27	0.78 - 2.06
Not pregnant	378	40	Ref	
Reported antacid use	142	25	0.02	0.67 1.02
Non user	142 836	30 30	0.83 Dof	0.07-1.03
Primary water source from riv	er or canal	57	Rei	
No	629	39	1.01	0.84-1.21
Yes	337	39	Ref	
Treated drinking water				
No	216	38	0.96	0.78 - 1.18
Yes	748 2010	39	Ref	
Watery diarrnea since Octobe	r 2010¶ 243	17	1.54	1 26 1 978
No	243 706	37	1.54 Ref	1.20-1.078
Cholera diagnosis since Octob	er 2010¶	51	Rei	
Yes	215	48	1.59	1.28-1.96§
No	736	37	Ref	
Clinical (among those with wa	tery diarrhea	n, n = 5	517)	
Vomited more than once	114	51	1.22	0.04 1.00
Yes	114	51 44	1.33 Dof	0.94-1.90
Leg cramps	120	44	Kei	
Yes	166	45	0.71	0.48 - 1.05
No	76	53	Ref	
Rice water stool				
Yes	211	49	1.89	1.14-3.12§
NO Plaady staal	26	34	Ref	
Ves	25	46	1.01	0.60-1.70
No	179	46	Ref	0.00-1.70
Used ORS at home	112	10	1101	
Yes	208	48	1.29	0.82 - 2.04
No	35	42	Ref	
Took antibiotic	1.00	16	0.07	0 (1 1 00
Yes	160	46	0.86 Dof	0.61–1.22
Went to HE	61	49	Rei	
Yes	177	48	1.14	0.79-1.65
No	65	45	Ref	0179 1100
Treatment (among those who	visited HF, r	n = 370	)	
Received ORS at HF	,			
Yes	160	49	1.66	0.88-3.16
No	17	37	Ref	
Keceived IV Huids at HF	110	52	1 50	1.06. 2.408
No	67	41	Ref	1.00-2.408
	57	11	1.01	

(continued)

TABLE 5

Continued									
Characteristic	No. seropositive†	%	OR‡	95% CI					
Hospitalized overnight									
Yes	100	53	1.55	1.02-2.36§					
No	77	42	Ref						
IV fluids and hospitalization									
Yes	85	57	1.82	1.20-2.76§					
No	92	42	Ref						
Blood group testing $(n = 866)$									
0	137	35	0.92	0.69 - 1.22					
A, B, or AB	180	38	Ref						

\*OR = odds ratio; CI = confidence interval; Ref = referent; HIV = human immuno deficiency virus; ORS = oral rehydration salts; HF = health facility; IV = intravenous.

Control of the second secon

¶ Excludes 79 participants who reported cholera but not watery diarrhea.

seropositive participants, antacid use was significantly associated with increased disease severity (Table 7). After adjusting for age and antacid use, lack of a cell phone (adjusted OR [aOR] = 1.46, 95% CI = 1.06–2.01), radio (aOR = 1.63, 95% CI = 1.15–2.32), or electricity (aOR = 2.96, 95% CI = 1.04–8.45) in the household were associated with increased disease severity among seropositive participants. Illiteracy, inability to speak French, primarily using water from the river or canal, and treating drinking water were not significantly associated with increased disease severity after adjusting for age and antacid use among the subset of seropositive participants.

Deaths within the households. Among a subset of 589 households with information about all household members (including participants and non-participants), there were 2,396 residents, of whom 311 were reported to have had cholera (including participants). Within these households, there were 13 cholera deaths reported by study participants; estimated case-fatality rate = 4%. Based on these limited data, approximately 1 in 185 household residents died of cholera.

#### DISCUSSION

Grand Saline Commune in Haiti experienced a large number of cholera cases from the very beginning of the cholera epidemic in October 2010 and had a reported cumulative attack rate of 18% within five months (MSPP Surveillance, unpublished data). During March 22-April 6, 2011, we conducted a large seroepidemiologic survey in the commune, and found that 39% of study participants had vibriocidal titers  $\geq$  320 and nearly two-thirds had vibriocidal titers  $\geq$  80, suggesting that V. cholerae infection was widespread. Of those with vibriocidal titers  $\geq$  320, 9% met the criteria for severe cholera and an additional 17% had moderate or mild diarrhea. Although the strain responsible for the outbreak was biotype El Tor, this proportion of severe disease is substantially higher than previous estimates (2%) for typical V. cholerae biotype El Tor and is closer to estimates for classical biotype infections (severe disease in 11%).<sup>5,7</sup> However, previous estimates were derived primarily from areas with endemic cholera, and the heightened severity observed in this study is likely explained, at least in part, by participants' lack of pre-existing immunity to toxigenic V. cholerae.

High rates of severe disease from El Tor V. cholerae infection during epidemics among cholera-naive populations have



FIGURE 3. Proportion of participants within each age group seropositive for Vibrio cholerae antibody tests, cholera serosurvey, Grande Saline, Haiti, 2011. Anti-CT: antibody against cholera toxin.

been observed. During a 1994 outbreak of El Tor cholera among Rwandan refugees in the former Zaire, an estimated 6-10% of refugees died within the first month; most deaths were attributed to diarrheal illness.<sup>30</sup> The rate of severe cholera in that population was likely high, although other factors, including a concomitant shigellosis outbreak, a high rate of acute malnutrition, and a severe drinking water shortage, likely contributed.30,31

In addition to immunologic status, several factors may have contributed to the increased severity seen in our study compared with previous El Tor estimates, including the introduction of an El Tor strain that produces a CT similar to that of the classical biotype. The explosiveness of the epidemic<sup>2,25</sup> is also compatible with exposure to a high inoculum of V. cholerae with a temporary increase in its infectivity because of rapid passage of the organism through many hosts.<sup>32</sup> The high seroprevalence in our study, and the relatively high proportion of persons with severe disease, suggests that exposure was widespread and potentially at high levels. Future cholera response efforts should consider the high degree of severity observed when projecting resource needs.

Individual risk factors also influence the spectrum of illness from V. cholerae infection. Blood group O is not a likely explanation for the high observed proportion of severe disease. Group O, compared with other ABO blood groups, was not a risk factor for hospitalization in this study. Furthermore, prevalence of blood group O in our sample (45%) is not substantially greater than that in cholera-endemic areas such as Bangladesh<sup>13</sup> and is substantially lower than that in many Latin American countries affected by cholera in the early 1990s (> 90%).<sup>14,16</sup>

Low gastric acidity and antacid use are previously identified risk factors for symptomatic cholera.<sup>33</sup> Although we did not measure gastric acidity directly, 16% of participants

TABLE	6

Severity spectrum of diarrheal disease among 2,447 participants with positive results for Vibrio cholerae antibody testing, cholera serosurvey, Grand Saline, Haiti, March 22-April 6, 2011\*

			Asympto	omatic		Milo	1†		Moder	ate‡		Seve	re§
Antibody result	Total	No.	%	95% CI	No.	%	95% CI	No.	%	95% CI	No.	%	95% CI
Vibriocidal¶ ≥320	948	706	74.5	71.4-77.6	65	6.9	5.0-8.6	92	9.7	7.8-11.6	85	9.0	7.1-10.8
Vibriocidal¶ ≥160	1,293	977	75.6	73.0-78.1	83	6.4	5.0-7.9	120	9.3	7.6-10.9	113	8.7	7.2-10.3
Vibriocidal¶ ≥80	1,581	1,205	76.2	73.9-78.6	101	6.4	5.0 - 7.7	149	9.4	7.9-10.9	126	8.0	6.6-9.3
Anti-CT positive	717	494	68.9	65.3-72.5	52	7.3	5.3-9.2	83	11.6	9.2-14.0	88	12.3	9.8-14.7
Vibriocidal $\P \ge 320$ or anti-CT positive	1,265	935	73.9	71.2-76.6	88	7.0	5.4-8.5	129	10.2	8.5-11.9	113	8.9	7.3-10.6
Vibriocidal¶ < 320 and anti-CT negative	1,182	996	84.3	82.1-86.4	58	4.9	3.6-6.2	91	7.7	6.2-9.2	37	3.1	2.1 - 4.1
All participants													
(n = 2,538)	2,538	1,998	78.7	76.9-80.6	153	6.0	4.9–7.1	230	9.1	7.9–10.3	157	6.2	5.2–7.2

\*CI = confidence interval; CT = cholera toxin. Defined as watery diarrhea without a visit to a health facility.

<sup>1</sup>Defined as watery diarrhea with a health facility visit, but not meeting criteria for severe disease. Set the severe disease watery diarrhea with receipt of intravenous fluids and overnight hospitalization.

¶Either vibriocidal Ogawa or Inaba assay.

TABLE	7
TABLE	/

Unadjusted and adjusted odds ratios for increased diarrheal illness severity among seropositive and seronegative participants, cholera serosurvey, Grande Saline, Haiti, March 22–April 6, 2011\*

	Seropositive $\dagger$ (n = 1,303)		Seronegative (n = 1,224)	
Variable	Unadjusted OR (95% CI)	Adjusted OR‡ (95% CI)	Unadjusted OR (95% CI)	Adjusted OR‡ (95% CI)
Age quartile, years				
2-12	Ref	Ref	Ref	Ref
13–23	0.86(0.57 - 1.28)	0.82 (0.55-1.23)	1.54 (1.00-2.38)§	1.47 (0.95-2.26)
24-43	0.74(0.49 - 1.11)	0.64(0.42-0.97)§	2.11 (1.41-3.16)§	1.82 (1.20-2.77)§
44–90	1.36 (0.91–2.04)	1.13 (0.75–1.71)	2.74 (1.84-4.07)§	2.34 (1.55–3.54)§
Antacid use, stratified by age quartile	1.93 (1.30-2.85)§	· · · · · ·	1.99 (1.46-2.71)§	( ),,
2–12	( ).	13.36 (4.28-41.74)§	( ).	11.12 (3.77-32.80)§
13–23		2.53 (1.21-5.29)§		2.10 (1.02-4.36)§
24-43		1.92 (1.13-3.27)§		1.60 (1.01-2.53)§
44–90		1.49 (0.89–2.51)		1.24 (0.81–1.89)
No cell phone in household	1.51 (1.10-2.08)§	1.46 (1.06-2.01)§	1.14 (0.87–1.49)	1.13 (0.86–1.49)
No radio in household	1.60 (1.13-2.27)§	1.63 (1.15-2.32)§	1.24 (0.93–1.66)	1.28 (0.95-1.71)
No electricity in household	2.78 (0.99–7.85)	2.96 (1.04-8.45)§	1.43 (0.67–3.08)	1.48 (0.68-3.21)
Illiterate	1.28 (0.95–1.73)	1.18 (0.85–1.63)	1.97 (1.49–2.60)§	1.93 (1.40-2.64)§
Unable to speak French	1.11 (0.68–1.82)	1.06 (0.65–1.75)	1.96 (1.17–3.30)§	2.26 (1.34-3.83)§
Primary water source from river or canal	1.16 (0.83–1.61)	1.22 (0.87–1.70)	0.82 (0.61–1.11)	0.82 (0.61-1.11)
Treated drinking water	1.13 (0.77–1.64)	1.18 (0.80–1.72)	1.16 (0.83–1.62)	1.18 (0.84–1.65)
Blood group $O$ vs. other blood groups (n = 835)	1.12 (0.66–1.90)	1.30 (0.75–2.23)	0.90 (0.61–1.34)	0.96 (0.65–1.43)

\*Illness severity was coded on 0-3 ordinal scale (no diarrhea, diarrhea without a visit to a health facility [mild], diarrhea with a visit to health facility but not receiving intravenous fluids and overnight hospitalization [moderate], and diarrhea with receipt of intravenous fluids and overnight hospitalization [severe]). OR = odds ratio; CI = confidence interval; Ref = referent. †Defined by vibriocidal Ogawa or Inaba titer  $\ge 320$ 

\*Adjusted OR was calculated by proportional-odds cumulative logistic regression adjusted for age quartile (for antacid use), antacid use (for age quartile) or age quartile and antacid use (other variables).

§Statistically significant at alpha = 0.05.

reported using antacids since the start of the cholera epidemic, and seropositive participants who used antacids were more likely to have met the criteria for severe disease than seropositive participants who did not report antacid use. No data were collected on the frequency or duration of antacid use, and the possibility exists that some participants took antacids after developing cholera rather than before, but the strength of the association suggests that further study of antacid use during cholera outbreaks is warranted and that unnecessary antacid use should be discouraged.

Three markers of higher socioeconomic status (mobile phone, radio, and electricity in the household), were associated with milder illness severity among seropositive participants, although other measures (literacy and speaking French) were not. A difference in severity among socioeconomic groups could have been caused by differences in V. cholerae dosage as a result of better household hygiene or better access to safe water and sanitation. No differences in illness severity were observed by primary source of drinking water or use of water treatment. However, based on observations within the commune, alternate water sources were likely common and water treatment was intermittent based on availability of treatment supplies. Nutritional differences might also have contributed to the difference between socioeconomic groups. Micronutrient retinol, zinc, and iron deficiencies, likely more common among people of lower socioeconomic status, have been associated with more severe illness.<sup>12,19,34</sup> whereas studies conflict on whether chronic macronutrient deficiency influences diarrhea severity among those infected with V. cholerae.35,36

Cholera was not observed in Haiti before 2010,<sup>2</sup> and paired serum specimens were not available. Therefore, we measured threshold cutoffs for single serum specimens. Serologic testing has limitations and interpretations of results must be carefully considered. Because the study was conducted several months

after the start of the outbreak, it is likely that some participants' antibody titers waned before serum collection. Considering that test validations must be conducted with serum from confirmed cases, we explored the outcome of seropositivity rates at lower, less specific cutoff titers of 80 and 160. The distribution of illness severity was similar among participants with vibriocidal titers  $\geq 320$ ,  $\geq 160$ ,  $\geq 80$ , and among those with a positive anti-CT test result or a vibriocidal titer  $\geq 320$ , suggesting that these illness severity estimates were robust across a range of antibody titers.

Detailed clinical records were not available to assess illness severity and we thus relied on self-report, which is subject to recall bias. However, two lines of evidence suggest that self-report was a reliable indicator of illness and treatment intensity. First, the epidemic curve created from participant reports of diarrhea onset (Figure 2A) is similar to reported national cholera surveillance data from Grande Saline Commune at the time of the survey (Figure 2B). Second, the proportion of participants reporting a cholera diagnosis (18%) was the same as the cumulative cholera incidence (18%) from national surveillance data for Grande Saline (MSPP Surveillance, unpublished data). Similar to previous studies, we used level of treatment received to classify disease severity.<sup>5,6</sup> Although number of stools in 24 hours might be difficult to recall, participants and their families would likely remember a health facility visit, overnight stay, or IV fluid administration during the midst of an epidemic.

The study's sampling method was not completely random and a response rate could not be calculated, which might limit the generalizability of this study to the entire commune. However, several factors mitigate this problem. More than 10% of the commune was sampled and sampling was well-distributed among the commune's 13 villages. Also, the community was generally willing to participate, which was helped by involvement of local community health workers and the health center. Although adult men were undersampled, no differences were seen between the sexes for cholera diagnoses or seropositivity either before or after adjustment for age. Importantly, proportions of severe, moderate, and mild illness were calculated among seropositive participants, rather than among the entire sample, and are thus less susceptible to selection bias.

In summary, severe cholera developed in 9% of seropositive participants, moderate or mild diarrhea developed in 17%, and approximately 75% were asymptomatic. Nearly half of participants (45%) had positive vibriocidal or anti-CT IgA test results, both of which are associated with protective immunity.<sup>21,24</sup> According to national surveillance data, in the two years since the study, the cumulative cholera attack rate increased from 18% to 24%, a relatively small increase compared with the rate of infection in the commune during the first five months of the epidemic (MSPP Surveillance, unpublished data). These findings suggest that a large proportion of Grande Saline commune residents developed protective immunity within several months of the beginning of the epidemic. The commune's high attack rate in the first few months of the epidemic also highlights the critical lack of access to safe water and hygiene, particularly residents' reliance on the river and canals for drinking water.

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