So you've had MALARIA
You’re HOME now . . .
So where you GOT your MALARIA

CHINA . . .
BURMA . . .
INDIA . . .

the SOUTH PACIFIC . . .
PHILIPPINES . . .
MALAYA . . .
NORTH AFRICA . . .
ITALY . . .
the MEDITERRANEAN
or the CARIBBEAN

—doesn’t really matter!

But—
where you TAKE it . . .
and how you
TAKE CARE OF YOURSELF
does matter . . . a lot . . .
to you,
your family,
and your community
back home.
This booklet is designed to help you—and to prevent, as far as possible, any spread of malaria in your community that might be caused by your return.

READ IT CAREFULLY!
It’s important to you and your family.

Take it from one who knows... the veteran who prepared this booklet has had seventeen relapses!
No one need tell you about MALARIA
YOU’VE HAD IT

YOU’VE experienced the shaking CHILLS ... the burning FEVER ... and that “dragged through a knot-hole” feeling every time you’ve had an attack ...

... and if you’ve had very many RELAPSES you’ve learned to dread them.
You already know that **MALARIA** is caused by a microscopic parasite spread by **ANOPHELES MOSQUITOES**

Even though you feel well **YOU** may carry these parasites in your blood **NOW**! Thus you may still be a **MALARIA CARRIER**
YOU know what MALARIA does to an INDIVIDUAL from personal experience!

Multiply this several thousand times for a COMMUNITY . . . and several hundred times more for a COUNTY or STATE.

Then
You’ll begin to realize what MALARIA can do . . .

SICK PEOPLE
DOCTORS BILLS
POOR HOUSING
LOWERED RESISTANCE TO DISEASE
POOR CROPS
REDUCED INCOME
LOWERED STANDARD OF LIVING
DECADENT COMMUNITY

So —
Even though death from MALARIA are rare, the economic loss is HUGE!
War Between the States
1861-1865

After two of our major wars, malaria has flared up in explosive epidemics centering around returning military carriers.

Spanish-American War
1898

As servicemen are returning with malaria from every corner of the globe, the danger now is far more acute.

In the South, these carriers may again introduce the disease into areas where it has been almost eliminated.

... In the North, where the proper mosquito is often found in large numbers, introducing the parasite may start local epidemics of the disease.

Let's prevent it this time!

World War II
1941-1945

Courtesy of the David J. Sencer CDC Museum
How will malaria affect my future health?

Will I have more attacks of malaria?
You may! Malaria is a disease which may come back again and again without reinfection. Relapses are easily confused with other diseases, so check with your doctor.

Will atabrine or quinine cure the disease?
Prompt treatment with atabrine or quinine relieves symptoms rapidly and stops the progress of the disease... But no treatment is known that will prevent the recurrence of malaria in all individuals after treatment is stopped.

How long will I continue to have relapses?
That’s hard to say. Successive relapses become shorter and milder but only rarely will individuals have attacks after two or three years from the time they were last bitten by an infected mosquito.

Will malaria cause lasting damage?
Deaths due to malaria are rare. Most attacks, when properly treated, are so brief that they do not cause any lasting damage or permanent incapacity.
What can I do to protect myself and my family from MALARIA?

First of all...
SEE A DOCTOR if you are sick
... and be sure to tell him you've had MALARIA

HAVE A BLOOD SMEAR MADE
A blood smear is the only sure way to tell whether or not you have MALARIA!

BE SURE TO GET PROPER MEDICAL ATTENTION!

Prompt and adequate treatment will not only aid in your RECOVERY, but will also DECREASE the chances of mosquitoes becoming infected if they bite you.

MALARIA parasites may remain in your blood for several years—to flare up in occasional relapses, so—DON'T BE A BLOOD DONOR without informing the doctor that you've had MALARIA.

Courtesy of the David J. Sencer CDC Museum
AVOID BEING BITTEN

Take every precaution—
not only when you are SICK,
which is most important—
but at other times as well.

STAY BEHIND SCREENS
AFTER DARK
Don't expose yourself
when malaria mosquitoes
BITE!

BY MOSQUITOES!

Be sure your house is adequately SCREENED.
Make repairs.

SPRAY WITH INSECTICIDE
...and if you do come down with a relapse, use a BED NET at night so mosquitoes won't pick up your MALARIA.

Courtesy of the David J. Sencer CDC Museum
While you are taking all these personal precautions—many of which you learned overseas—STATE and LOCAL health departments are helping too!

They’ve set up a control program to help prevent any spread of MALARIA that might result from large numbers of servicemen, like yourself, bringing back MALARIA to this country.

They’re depending a lot on the new insecticide DDT which you probably saw in action overseas.

So, if your home is in one of the treated areas of the South, help all you can in this attempt to prevent the spread of MALARIA from returning servicemen like yourself.

Sprayed on walls of houses, it kills infected mosquitoes that rest on them, thus helping to prevent the spread of MALARIA.
YOU CAN HELP OTHERS!

YOU’VE had MALARIA. You know what it does, and you’re in a position to help.

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YOU can do more for your friends than professional health workers can ... if you pass this information on, and urge individuals and local communities to help control ANOPHELES MOSQUITOES and MALARIA.

With new INSECTICIDES for control of mosquitoes, improved TREATMENT, increased PUBLIC ATTENTION to the malaria problem, and full COOPERATION of everyone concerned, the disease may be DRIVEN FROM THE UNITED STATES.

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So—Let’s continue the fight, but this time against MALARIA.
FEDERAL SECURITY AGENCY
U. S. PUBLIC HEALTH SERVICE
OFFICE OF MALARIA CONTROL IN WAR AREAS
Atlanta, Georgia

Additional copies may be obtained from the Superintendent of Documents,