including blood splatter. They may also be at risk regarding a number of safety-related concerns including injuries, noise, nonionizing radiation exposure, and ergonomics.

The second phase of this study evaluated the effectiveness of engineering controls in protecting the worker from bioaerosols, chemical vapors, and blood splatter/splash in medical waste treatment facilities. Three treatment technologies were evaluated: steam autoclave, microwave, and mechanical-chemical. The studies consisted of personal monitoring for VOCs identified in the first study, air quality monitoring (temperature, relative humidity, CO, CO2), monitoring for general respirable aerosols, personal monitoring for blood splatter, and emission point monitoring for microbial aerosols. The data show that the highest risk is due to blood splatter during the dumping of medical waste into larger containers. Splatter was observed on various surfaces, including the workers' PPE and clothing. Ergonomic hazards included lifting, twisting, pulling, pushing, and movement of boxes and reusable containers was the norm. With the exception of posted noisy areas, a loose microwave generator, and a few mechanical problems, all other testing/evaluation results were within normal limits or not detected. Recommendations to minimize or eliminate these hazards were made to the three facilities.

155

EMERGENCY MANAGEMENT OF PATIENTS CONTAMINATED WITH HAZARDOUS MATERIALS. K.A. Packard, N. Moss, J. McCarthy, M. Jay, Environmental Health & Engineering, Inc., Newton, MA

Providing medical care to patients who arrive at hospital emergency rooms contaminated with hazardous materials poses a risk of secondary exposure to hospital personnel. Adequate preparation for such events includes an emergency management plan; an environmentally isolated decontamination facility; decontamination procedures; personal protective equipment; and training for medical, safety, occupational health, engineering, housekeeping, and security personnel.

Incidents causing one or more individuals to sustain injuries complicated by the presence of chemical or biological contamination may originate from industrial site or transportation accidents, exposure to chemicals at home, or acts of terrorism.

The hazardous materials emergency management plan presented will address decontamination facility design including ventilation engineering controls, wastewater collection, patient privacy, and personal protective equipment. Procedures will also be presented for ascertaining chemical identity and properties, receiving and decontaminating patients, exposure monitoring, internal and external communications, security, site cleanup, and proactive medical follow-up for employees involved in the decontamination event.

Successful implementation of a well-designed emergency management plan will result in the protection of hospital visitors, patients, and employees from injury caused by exposure to chemically or biologically contaminated patients and the prevention of contamination to the hospital facility and equipment.

156

STRESSFUL TASKS THAT CAUSE BACK INJURIES IN NURSING AIDES. N. El-Ayouby, NIOSH, Morgantown, WV; W. Myers, West Virginia University, Morgantown, WV

This study determined the most stressful tasks, as perceived by the nursing aides in three nursing home facilities, that result in back injuries. It was suggested by the National Institute For Occupational Safety and Health (NIOSH) that consideration should be given to back injury problems of that industry.

The population under study consisted of 30 participants from three nursing homes. The study utilized two-phase questionnaires. The first phase questionnaire was used to obtain information from the nursing aides on the stressful tasks experienced during residents' care. Participants were asked to identify the five major tasks that, in their opinion, are considered most seriously stressful to the back. The second phase of the questionnaire was developed from the combined statements received in the first phase of the questionnaire. A total of 25 ratable statements were collected and sent to the same participants to rate them according to their severity. A rating of 1 is not stressful and rating of 4 is severely stressful. Response total was 90% (N=27). Twelve statements were rated severely stressful to the back. All 12 of them fall under 1 of 3 categories: tasks involving sudden movements (mean rating of 3.7), tasks involving lifting (mean rating of 3.5), and tasks involving posture (mean rating of 3.05). ANOVA (p=0.05) analysis was used to determine the differences in mean perceptions among the three nursing homes. A total agreement among the nursing homes on the severely stressful tasks was noticed. However, there were some disagreements determined among them on the slightly stressful tasks. Data indicate that tasks involving sudden movements, e.g., falling with a patient, not being aware of patient's ability to perform, the patient's resistance, and slipping, could result in fall. When the body trunk muscles overrespond to this fall, the lower back is overloaded and injury occurs. This finding differs from that in the literature regarding back injuries in hospital settings where lifting is the major cause of back injuries. This difference could be attributed to the nature of the patients in the nursing home facilities. In conclusion, there is a need for an assessment of biomechanical exposure in the nursing home industry. Additionally, there is a need to mandate training for handling techniques that use ergonomic principles.

157

ANALYSIS OF 7 YEARS OF BODY SUB-STANCE EXPOSURES AT A UNIVERSITY HOSPITAL. E.A. Aton, V.J. Fraser, Washington University School of Medicine, Saint Louis, MO

This work analyzes 7 years of data on body substance exposures (BSEs) at a large university hospital, assessing trends for risk and interpreting indications for risk reduction strategies. Institutions must analyze BSE data to design effective strategies for prevention of BSEs. Data reported here profile 2970 BSEs reported at a large urban tertiary care university hospital. The quarterly cumulative rate for BSE (per 200,000 labor hours) has declined from 9.42 at the beginning of year three to 6.06 in year seven.

At this institution 2461 BSEs (82.9%) were from a puncture, laceration, or bite. Five-hundred and nine (17.1%) of the BSEs involved a splash of a body substance. The proportion of BSEs associated with splash of body substance has risen steadily during the study period, from 10.6% in year one to 23.1% in year seven. This is attributed to increased recognition by employees of potential hazard by such an exposure. Nursing personnel experienced 1364 (46.1%) of the BSEs, while physicians had 404 (13.7%), and other staff had 1188 (40.2%) of the BSEs. It has previously been identified that BSEs are underreported. Appropriate medical assessment and care can be provided only for BSEs that are reported. The proportion of BSEs reported by physicians has also risen in the study period, from 7.3% in year one to 19.0% in year seven. This increase is attributed to substantial initiatives undertaken during the study period to educate this population on the risks and risk prevention strategies associated with their work. Data from years six and seven were classified by accident analysis pattern categories. In 373 (47.2%) of the 789 BSEs in this time frame one or more unsafe condition(s) was a factor in the exposure. In 685 (86.8%) of the BSEs one or more unsafe action(s) was a factor in the exposure. These data indicate that for a bloodborne pathogen exposure control plan to be successful in reducing risks to health care workers it must incorporate behavioral approaches in addition to standard methodologies for engineering and administrative controls.

Education and other strategies can be effective in increasing employee reporting of BSEs. Effective strategies for risk reduction from BSE will include behavioral strategies with standard methodologies.

158

IMPLEMENTATION OF A TUBERCULOSIS AIR-PURIFYING RESPIRATORY PROTECTION PROGRAM AT A LARGE UNIVERSITY HOSPITAL. E.A. Aton, Washington University School of Medicine, Saint Louis, MO

This work identifies elements of a tuberculosis (TB) respiratory protection plan (RPP) as prepared at a large university hospital, acknowledges challenges encountered in this venue when compared with a standard industrial model, and reports data for respirator fittesting and TB skin-testing (TSI) programs in the employee population. CDC recommendations identify the need for health care workers (HCWs) to wear air-purifying respirators when in the presence of patients who have or may have infectious pulmonary TB, or during laboratory of clinical procedures in which droplet nuclei of Mycobacterium tuberculosis may be aerosolized. OSHA standards require that employers who provide air-purifying respirators to employees must do so within an established RPP, as specified at 29 CFR 1910.34.

Barnes-Jewish Hospital, a large tertiary care center in an urban area, is a member of the BJC Healthcare System. An Infection Control Consortium (ICC) has been established for the system, to prepare strategic plans for prevention of nosocomial infection, for implementation by member institutions. The ICC has prepared a TB control plan, including specifications for usage of NIOSH N-95 air-purifying respirators for individuals who enter areas of potential TB hazard. The ICC endeavors to sup-

Abstracts

NIOSH LIBRARY SYSTEM

ALICE HAMILTON LIBRARY 4676 COLUMBIA PARKWAY CINCINNATI, OH 45228

American Industrial Hygiene Conference & Exposition

The premier conference for occupational and environmental health and safety professionals

May 9-15, 1998 Georgia World Congress Center Atlanta, Georgia

