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Nanoparticulate Pathology

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Introduction

Carbon is a basic building block of life and is the major component of many compounds commonly used in our society, including carbon black and graphite. Surprisingly, new forms of carbon were discovered in the 1980s and 1990s.¹⁻³ The carbon molecules were connected by single and double bonds and arranged into hexagonal and pentagonal rings which formed the convex three dimensional structures known as buckminsterfullerene (buckyballs) and carbon nanotubes.^{4, 5} The discovery of fullerenes led to the 1996 Nobel Prize in chemistry and played a major role in enabling three dimensional engineering at a molecular level. The resulting new field is nanotechnology, the technology used to synthesize particulates with at least one dimension less than 100 nm. Nanotechnology is currently a multi-billion dollar industry with growth potential.⁶ Some of the promising new nanotechnology products include pharmaceuticals and medical devices engineered, or containing components which are engineered, in nanoscale dimensions, so that they may deliver improved therapies to patients.⁷⁻¹² Assuring these improved therapies do not convey undue risks to patients clearly involves understanding the potential hazards of engineered nanoparticulates (NPs).^{8, 11, 13-15} In addition, the products of nanotechnology have the potential to expose the workers who produce them, researchers who study them, and the general public to newly designed structures that will often be unseen by the unaided eye.^{13, 16-23} For toxicologic pathologists, nanotechnology also presents new challenges and amazing opportunities.

Challenges of Nanotechnology

The greatest challenge presented by nanotechnology is the virtually infinite and rapidly changing number of potential products.²⁴⁻²⁶ The carbon-based NP products have been joined by numerous other elements and combinations of elements with the potential to be engineered in nanoscale dimensions. Even among the original carbon-based NPs, the ability to modify the parent structures is rapidly evolving.⁴ A recent PubMed search using the term “nanotechnology” recovered 30,800 publications. More

than 30,000 of these were published in the past 10 years, with more than 5,000 published in the last year. A PubMed search of the term nanomedicine recovered 2470 publications, with 2276 of those published in the past 5 years. In addition, within specific classes of NPs, the method of synthesis can alter the physical structure and chemical composition of the NP. This makes physical and chemical characterization of NPs an essential component of meaningful nanotoxicology investigations.

A second major challenge presented by nanotechnology is the complexity of characterizing, measuring and controlling exposures. Historically, environmental and occupational exposures have generally been measured on a mass basis.^{27, 28} When size classifications were used, these were generally for airborne particulates. Such measures have been useful for distinguishing total dust from the dust most likely to reach different regions of the respiratory tract and for identifying the toxicologic importance of particulate matter less than 10 μm (PM10) and less than 2.5 μm (PM2.5) in diameter.²⁹⁻³³ For the NPs, numerous research studies suggest that surface area, chemical composition, crystalline structure, physical shape, particulate size and particle number are all potential contributors to toxicity.^{19, 26, 29, 34-41} Unfortunately, the best measures for exposure hazards from NPs are not yet established and new methods to quantify NP exposures are clearly needed.^{20, 42-46} Being able to measure the exposure and incorporate exposure doses that are relevant to real world situations into experimental designs is an essential component of NP risk assessment.¹³ A related challenge is that federal exposure standards are based historically on particulate composition rather than particulate dimensions. This means that NPs may be in current use while toxicology and toxicologic pathology safety evaluations are ongoing. This contributes a sense of urgency to such studies.

A unique challenge for the toxicologic pathologist is identifying NPs and the histopathologic alterations they produce in tissue sections. Specialized techniques may be required to prevent agglomeration of NPs used for respiratory toxicology studies.⁴⁷⁻⁵⁰ NPs often can be visualized within tissues sections if they block light. Thus, the carbon nanotubes can often be seen in tissue section, particularly when they have thick walls, as in the multi-walled carbon nanotubes, or are agglomerated.^{51, 52} However, identifying dispersed NPs in tissue sections with light microscopy often requires high magnification objectives, high contrast labels, specialized techniques and specialized microscopes to improve visibility.^{25, 47} For example, high signal-to-noise darkfield based imaging was recently demonstrated to scatter more light from multi-walled carbon nanotubes than from the surrounding tissue, enhancing contrast and detection in tissue sections.⁵³ The microvasculature and lymphatics are often targets of NP-induced tissue injury and specialized techniques, such as immunofluorescence, may help to visualize them in tissue sections.^{36, 48}

Opportunities for Toxicologists and Toxicologic Pathologists

NPs are useful tools for understanding environmental and occupational exposures to particulates. Importantly, particulates with a dimension less than 100 nm are an important component of combustion products and other environmental exposures.⁵⁴ Much of the scientific foundation for understanding nanotoxicology actually began with studies of ultrafine particulates, which include environmental NPs.¹⁸ What has changed is the ability to engineer particulates with specific composition and shape. Because of these improvements in nanotechnology, nanotoxicology is now providing data relevant to engineered NPs as well as those naturally occurring NPs or NPs produced as combustion products. The ability to engineer particulates with specific dimensions provides toxicologic pathologists with critical tools for understanding the pathogenesis of diseases associated with particulate exposures. For example, long, thin, durable, respirable asbestos fibers have greater carcinogenicity and cytotoxicity than short, thick, durable, respirable asbestos fibers.^{55, 56} The ability to engineer fibrous and nonfibrous particulates with specific physical dimensions, suggests that scientists will soon have much needed tools for addressing mechanisms for particulate-induced neoplasia and interstitial lung disease.^{25, 55} Characterizing engineered NPs also allows comparable structures to be recognized in environmental samples.⁵⁴ Thus, characterizing the physical and chemical properties of carbon nanotubes may have enabled their subsequent identification in the dust samples from the World Trade Center attacks and from the lungs of responders with lung disease.⁵⁷

The cytopathologic and histopathologic changes produced by well-characterized NPs are particularly important in understanding the pathogenesis of particulate-induced lung disease, cardiovascular disease, and neoplasia. Single-walled carbon nanotubes disrupt the orderly process of chromosomal segregation and cause aneuploidy through interactions with DNA, microtubules and centrosomes.^{58, 59} Single-walled carbon nanotubes, fullerene NPs, and titanium dioxide NPs are all mutagenic.^{51, 60} Both single-walled and multi-walled carbon nanotubes induce free radical generation, inflammation, and fibrosis in exposed lungs.^{48, 51, 53} Multi-walled carbon nanotubes can cause lymphangiectasia and penetrate the pleura of exposed lungs.^{48, 61} Titanium dioxide NPs are much more effective than fine particulates in causing microvascular dysfunction.^{36, 37, 62-64} The translocation of NPs to the lymph nodes, vasculature and the brain all suggest the potential for extrapulmonary effects of inhaled NPs.⁶⁵⁻⁷³

Our understanding of the pathology of NPs is still emerging. However, the findings in this emerging field are incredibly exciting. Some of the greatest opportunities and the greatest challenges for toxicologic pathologists will be identifying physicochemical properties which make NPs more safe, allowing the promise of nanomedicine to be harnessed.

Disclaimer

The findings and conclusions in this report are those of the authors and do not necessarily represent the views of the National Institute for Occupational Safety and Health.

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