

instillation in rats. These studies suggested that silica inhalation may stimulate apoptosis and that apoptosis may play a role in the silicotic process. A first step in investigating these questions would be to establish the temporal relationship between silica exposure, apoptosis and lung inflammation and damage. Thus, rats were exposed to filtered air (control) or silica aerosol of 15 mg/m³ (6 hr/day, 5 days/week) and apoptosis in bronchoalveolar lavage cells (BALC) or lung tissue were determined during a 116 day exposure. The lung inflammatory response to inhaled silica was monitored by determining polymorphonuclear leukocyte and alveolar macrophages (AM) in BALC while lung damage was assessed by measuring acellular bronchoalveolar lavage fluid albumin. In silica-exposed rats, all three parameters were elevated versus controls from 5-41 days of exposure, then dramatically increased thereafter versus controls. Apoptosis in BALC was measured with a commercial ELISA assay kit, and values from silica-exposed rats were normalized to controls. The BALC data indicate that apoptosis was evident after only 5 days of exposure, increased steadily until 20 days of exposure, remained relatively constant through 79 days of exposure and then decreased. Lungs, removed from both control and silica-exposed rats, were fixed with 10% neutral buffered formalin and embedded in paraffin for further examination. Apoptosis was assessed in lung tissue slices using the TdT-mediated dUTP biotin nick end-labeling (TUNEL) assay. The TUNEL assay results were consistent with the observed trends in apoptosis measured in BALC and also indicated that the apoptotic cells were AM. These data indicate that the inhalation of silica stimulates apoptosis as predicted, and the magnitude of the apoptotic response changed during the silica exposure. Finally, the observed acceleration of lung inflammation and damage was associated with a decline in apoptosis, suggesting that apoptosis may play a role in the silicotic process.

618 TEMPORAL RELATIONSHIPS BETWEEN BIOCHEMICAL MEDIATORS OF LUNG DAMAGE AND FIBROSIS AFTER SILICA INHALATION IN RATS.

D W Porter¹, V Castranova¹, V A Robinson¹, J Y C Ma¹, M Barger¹, A F Hubbs¹, D Ramsey², A Khan² and J L McLaurin². ¹HELD, NIOSH, Morgantown, WV; ²DBBS, NIOSH, Cincinnati, OH.

Crystalline silica (quartz) is a well established inflammatory and fibrogenic occupational dust. Past studies have established numerous biochemical mediators of these processes, but the temporal relationships between them have not been determined. To investigate these temporal relationships, rats were exposed to filtered air (control) or silica aerosol of 15 mg/m³ (6 hr/day, 5 days/week) and assays were conducted after 5, 10, 16, 20, 30, 41, 79 and 116 days of exposure. Rat lungs were lavaged to isolate bronchoalveolar lavage cells (BALC) and acellular bronchoalveolar lavage fluid (BALF). Pulmonary inflammation was monitored by measuring BALC polymorphonuclear leukocytes (PMN) and alveolar macrophages (AM) differential cell counts. Compared to control, PMN in BALC isolated from silica-exposed rats were significantly increased after 5 days exposure, remained elevated until 41 days, then increased further. BALC AM also were increased in silica-exposed rats, but only after 41 days exposure. Silica cytotoxicity was monitored by analysis of BALF for lactate dehydrogenase (LDH) and albumin. In silica-exposed rats, both LDH and albumin levels were increased versus control after 5 days exposure, remained relatively constant until day 41, then increased further. AM chemiluminescence, a measure of AM activation and reactive oxygen species production, was higher in silica-exposed rats when compared to control. After 41 days of exposure, lung lipid peroxidation was also higher in silica-exposed rats. BALC secretion of TNF- α and IL-1, when considered on a per cell basis, was higher in silica-exposed versus control rats by 116 days exposure. Lung fibrosis was confirmed by increased hydroxyproline levels in the lungs of silica-exposed but not control rats after 116 days exposure. These data indicate that a progressively severe inflammatory reaction occurs in response to inhaled silica and begins to establish the temporal relationships between the various components of the inflammatory response and the development of pulmonary fibrosis.

619 PULMONARY RESPONSES TO SINGLE VERSUS MULTIPLE INTRATRACHEAL INSTILLATIONS OF SILICA IN RATS.

M J Reasor¹ and J M Antonini². ¹Department of Pharmacology & Toxicology, West Virginia University; ²NIOSH/HELD, Morgantown, WV.

The pulmonary toxicity of particles is often studied using a single intratracheal (I.T.) instillation of the material. Criticism has been levied that this procedure is not representative of inhalation exposure. In this study, we com-

pared the pulmonary responses in male F344 rats to a single I.T. instillation of crystalline silica (5 mg/100 gm BWt) given on day 0 with those resulting from 5 consecutive daily I.T. instillations of the dust (1 mg/100 gm BWt per day) with the initial dose given on day 0. Controls received the sterile saline vehicle I.T.. The multiple instillation protocol was used as an experimental surrogate for inhalation exposure. The total amount of silica instilled was the same in the two protocols. Responses were assessed on day 14. The indices of response were cellular differentials recovered by bronchoalveolar lavage (BAL) and the level of albumin in BAL fluid (BALF). With both instillation protocols, the total cells, PMNs, and lymphocytes recovered and albumin levels in BALF were increased significantly in the silica-treated rats versus the respective controls. There were no significant differences between the single and multiple instillation protocols for any of these values for either controls or silica-treated rats. Therefore, at this high dose of silica, where particle overload may be occurring, the single and multiple instillation protocols gave similar pulmonary responses using these endpoints. Responses at other doses of silica and the use of additional endpoints are being investigated.

620 HUMAN BRONCHOEPITHELIAL CELLS CAN DIRECTLY INDUCE LUNG FIBROBLAST GENE EXPRESSION OF EXTRACELLULAR MATRIX PROTEINS AND FIBROGENIC CYTOKINES FOLLOWING ASBESTOS EXPOSURE IN VITRO.

D S Lang, H Schocker and S Hockertz. *Fraunhofer Gesellschaft, Dept. of Toxicology and Environmental Medicine, Hamburg, Germany.* Sponsor: H Marquard.

Direct interactions between human pulmonary epithelial cells and lung fibroblasts, representing two cell types of central regulatory potential in (chronic) lung disease, were studied in a coculture system in vitro as a model for chemical-induced pulmonary lesions such as fibrosis. Membrane cultures of human bronchoepithelial cells (BEAS-2B) were exposed to crocidolite asbestos (2-100 μ g/cm²) for 24 h or 96 h and subsequently cocultivated with human lung fibroblast (WISTAR-38) cultures in collagen gels for 48 h or 70 h, respectively. Gene expression of procollagens type I and III, fibronectin (FN) and of the fibrogenic cytokines IL-6 and GM-CSF was determined by RT-PCR. Gene expression of procollagens and FN showed slight but consistent increases less than twofold above control levels after 48 h or 70 h of cocultivation with bronchoepithelial cells pretreated with 50 and 100 μ g/cm² crocidolite, which was most evident for procollagen type III and FN. Cytokine mRNA levels were already enhanced at the lowest fibre concentration and dose-dependently increased more than twofold above control values after 48 h cocultivation. Constitutive expression of steady-state mRNA levels of both cytokines appeared almost maximally induced in fibroblasts when cocultivated with epithelial cells for 70 h and therefore further enhancement by increasing asbestos concentrations remained less than twofold above controls. 24 h pretreatment of bronchoepithelial cells with nonfibrogenic titanium dioxide could only induce mRNA expression of the cytokines in fibroblasts which occurred to a considerably lower extent and only at concentrations above 50 μ g/cm² TiO₂. Our preliminary results suggest that bronchoepithelial cells can mediate enhanced fibroblast activity in vitro by interacting with fibrogenic agents and thus directly contribute to the development of long-term lung lesions such as fibrosis.

621 CELLULAR INJURY AND REPAIR: REVERSIBILITY OF PULMONARY FIBROTIC LESIONS IN RATS INHALING p-ARAMID RFP.

K E Pinkerton¹, A A Elliot¹, M A Hartsy², S R Frame² and D B Warheit². ¹Univ. California Davis, Davis, CA; ²DuPont Haskell Lab, Newark, DE.

Inhalation of asbestos and other fiber-types can induce lung fibrosis. This is considered to be a permanent cellular effect characterized by a progressive tissue thickening response. This study was conducted to assess injury and repair at sites of fiber deposition following high dose inhalation exposures to p-aramid RFP in rats. Rats were exposed to 419 and 772 p-aramid respirable-sized fiber-shaped particulates (RFP) per cubic centimeter (f/cc) for two weeks. Animals were sacrificed and tissue effects analyzed immediately after a 2-week exposure as well as 1, 4, 12, 26, and 52 weeks postexposure. Bronchiole alveolar duct junctions (BADJ) were identified, magnified, and morphometrically analyzed. The volume to surface area ratio (i.e., tissue density or thickness) of BADJs from both exposure groups were compared with sham control rats exposed to filtered air. The results showed that exposures to 419 and 772 p-aramid RFP/cc induced initial increases in tissue density at BADJs for the early postexposure time points. These increases in alveolar tissue volume were most prominent at the 1-4 week postexposure

All Official Journal of the
Society of Toxicology
Supplement

20th
ANNUAL MEETING

TOXICOLOGICAL SCIENCES
Formerly Fundamental and Applied Toxicology

The Toxicologist



Oxford University Press

Volume 48, Number 1-S, March 1999

The Toxicologist

An Official Publication of the Society of Toxicology

and

Abstract Issues of

TOXICOLOGICAL SCIENCES

An Official Journal of the Society of Toxicology

Published by Oxford University Press, Inc.

*Abstracts of the
38th Annual Meeting
Volume 48, Number 1-S
March 1999*

Preface

This issue of *The Toxicologist* is devoted to the abstracts of the presentations for the symposium, platform, poster / discussion, workshop, roundtable, and poster sessions of the 38th Annual Meeting of the Society of Toxicology, held at the Ernest N. Morial Convention Center, New Orleans, Louisiana, March 14-18, 1999.

An alphabetical Author Index, cross referencing the corresponding abstract number(s), begins on page 419.

The issue also contains a Keyword Index (by subject or chemical) of all the presentations, beginning on page 444.

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