

# MODELING OF THE DYNAMIC MUSCLE FORCE IN AN INDEX FINGER DURING TAPPING

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## INTRODUCTION

Since musculoskeletal disorders of the upper extremities are believed to be associated with repetitive excessive muscle force production in the hands, understanding the time-dependent muscle forces during key tapping will help to explore the mechanisms of disease initiation and development. Because the experimental evaluation of the dynamic loading in individual muscles of the hand during typing is technically difficult and expensive, researchers have studied the dynamic contact force between the fingertip and keypad, and joint angle motions, and assumed that these indices are related to the muscle/tendon excursions. The goal of the current study is to analyze the dynamic muscle forces in an index finger during typing using a universal finger model developed on a platform of the commercial software package AnyBody (AnyBody Technology Inc., Aalborg, Denmark).

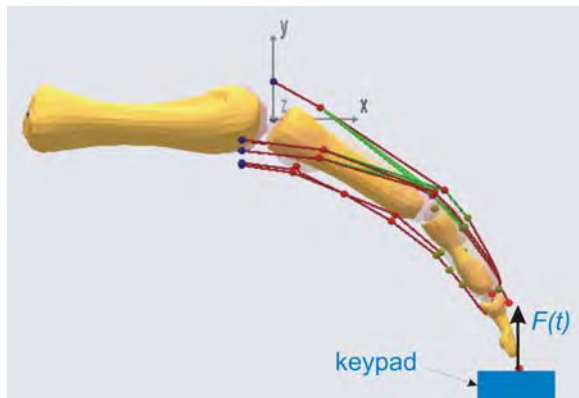
## METHODS

The index finger model consists of four phalanges: distal, middle, proximal, and metacarpal phalanges. These four phalanges are connected by three joints: distal interphalangeal joint (DIP), proximal interphalangeal joint (PIP), and metacarpophalangeal joint (MCP), as shown in Fig. 1. The dimensional scale of the normative finger model (An et al., 1979) is adopted into the current model. Seven muscles were included in the proposed

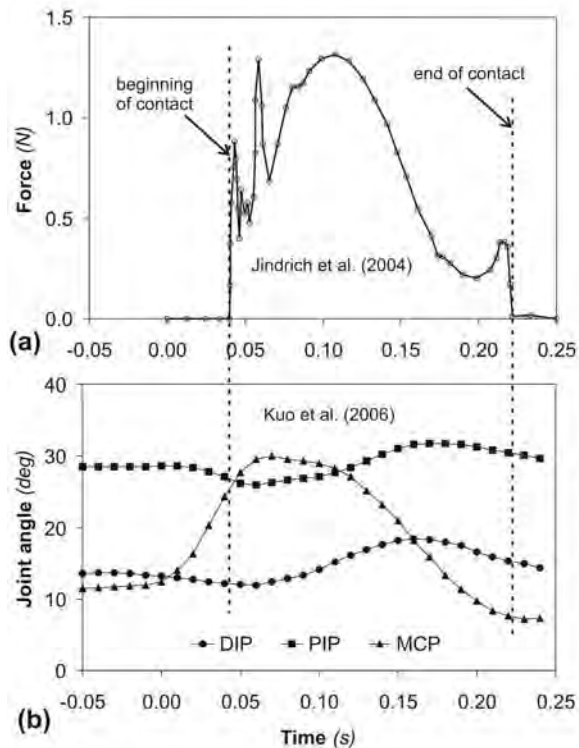
model: flexor digitorum profundus (FP), flexor digitorum superficialis (FS), extensor indicis (EI), extensor digitorum communis (EC), radial interosseous (RI), ulnar interosseous (UI), and lumbrical (LU). The responses of the index finger to tapping are simulated using an inverse dynamic technique. The time histories of impact force at the fingertip (Fig. 2a) reported by Jindrich et al. (2004) and the time-histories of DIP, PIP, and MCP joint angles during tapping reported by Kuo et al. (2006) (Fig. 2b) are applied to drive the model. The joint torques/power and muscle loading/power are predicted as a function of time.

## RESULTS AND DISCUSSION

The predicted time-histories of power generated in each individual muscle as well as the total muscle power are depicted in Fig. 3(a). The predicted time-histories of the power in each joint and the total joint power are shown in Fig. 3(b). The sum of the power generated in the muscles agrees well with that in the joints, confirming that all muscle forces are transferred to the joints. Our analysis further indicates that the power generated by FP, EC, and EI muscles are predominant among all muscles, while the power transferred through MCP joint is predominant among all three joints. The predicted time-histories of muscle forces agree well with the EMG measurements made by Kuo et al. (2006) in time sequence (results not shown).



**Figure 1:** The finger is in contact with the keypad during tapping. The interface impact force  $F(t)$  is treated as external loading applied on the fingertip.

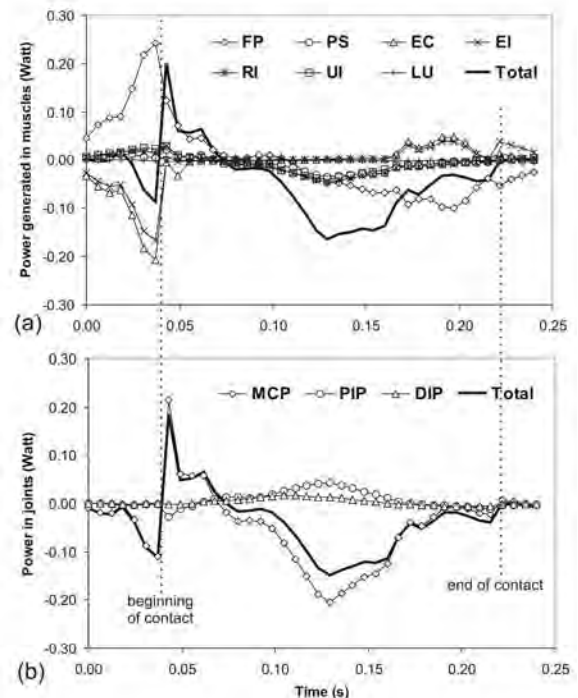


**Figure 2:** Time histories of representative force at fingertip (a) and joint angles (b) of an index finger during keypad strike reported by the previous researchers (Jindrich et al., 2004; Kuo et al., 2006).

## SUMMARY/CONCLUSIONS

In the present study, we have theoretically analyzed the muscle forces and power

generated by the muscles in an index finger during a tapping task. Our results suggested that the powers generated by FP, EC, and EI muscles are predominant among all muscles, while the power generated in MCP joint is predominant among all three joints.



**Figure 3:** Predicted time-histories of power generated in each individual muscle (a) and joint (b).

## REFERENCES

- An, K.N., Chao, E.Y., Cooney, W.P., Linscheid, R. L. (1979). *J Biomech*, 12(10):775–88.
- Kuo, P. L., Lee, D. L., Jindrich, D. L., Dennerlein, J. T. (2006). *J Biomech* 39(16): 2934–42.
- Jindrich, D. L., Balakrishnan, A. D., Dennerlein, J. T. (2004). *J Biomech*. 37(10):1589–96.

## DISCLAIMER

The findings and conclusions in this report are those of the authors and do not necessarily represent the views of the National Institute for Occupational Safety and Health.

**2:30** Maximising the resolution of EMG characteristics from dynamic contractions by combining a muscle model and wavelet analysis  
Steph Forrester, Matt Pain  
Corresponding Author: Matt Pain  
*Loughborough University*

**2:45** The effect of temperature on residual force enhancement in single skeletal muscle fibers  
Walter Herzog, Eun-Jeong Lee  
Corresponding Author: Eun-Jeong Lee  
*University of Calgary*

**Friday, August 24, 2007 1:45 - 3:00 PM**  
**Podium 21: Ergonomics and Occupational Biomechanics II**  
**Cubberley Auditorium**  
*Chair: Joseph Crisco*

**1:45** Modeling of the dynamic muscle force in an index finger during tapping  
Kai-Nan An, Robert G Cutlip, Ren G Dong, Kristine Krajnak, John Z Wu  
Corresponding Author: John Z Wu  
*National Institute for Occupational Safety and Health*

**2:00** Hammering and dart throwing are kinematically different  
Joseph Crisco, Patrick Curran, Douglas Moore, Michael Rainbow  
Corresponding Author: Joseph Crisco  
*Brown University*

**2:15** Sagittal lumbar intervertebral angles in seated postures using fluoroscopy  
Jack Callaghan, Nadine Dunk, Tom Jenkyn, Angela Kedgley  
Corresponding Author: Nadine Dunk  
*University of Waterloo*

**2:30** Predicting slow changes in muscle fatigue from kinematics  
David Chelidze, Jonathan Dingwell, David Segala, Miao Song  
Corresponding Author: Jonathan Dingwell  
*University of Texas*

**2:45** Modeling 3D knee torque surfaces for males and females  
Laura Frey Law, Andrea Laake  
Corresponding Author: Andrea Laake  
*University of Iowa*

**Friday, August 24, 2007**

**3:15 - 4:30 PM**

**Podium 22: Neuromechanics**  
**Memorial Auditorium**

*Chair: Jonathan Dingwell*

**3:15** \*Clinical Biomechanics Award Finalist  
Evidence of gender specific motor templates to resist a valgus perturbation at the knee  
Martha Cammarata, Tobey DeMott, Yasin Dhaher  
Corresponding Author: Martha Cammarata  
*Northwestern University*

**3:30** Visual perturbation of walking balance  
Arthur Kuo, Shawn O'Connor  
Corresponding Author: Shawn O'Connor  
*University of Michigan*

**3:45** Effect of neuromuscular resistance training on multi-finger synergy  
Jeffrey Hsu, Sohit Karol, Jae Kun Shim  
Corresponding Author: Jeffrey Hsu  
*University of Maryland*

**4:00** Effects of repetitive drop jumps on lower extremity landing mechanics  
Eric Dugan, Holmes Finch, Jeremy Smith, Joshua Weinhandl  
Corresponding Author: Joshua Weinhandl  
*Ball State University*

**4:15** Torque coupling post stroke: implication for gait  
Yasin Dhaher, Theresa Hayes  
Corresponding Author: Theresa Hayes  
*Northwestern University*

**Friday, August 24, 2007**

**3:15 - 4:30 PM**

**Podium 23: Muscle**  
**Annenberg Auditorium**

*Chair: Kevin Keenan*

**3:15** Passive element responsible for the enhancement of isometric muscle force following active stretch?  
Sharon Bullimore, Walter Herzog  
Corresponding Author: Sharon Bullimore  
*University of Calgary*

**3:30** Crouched gait postures reduce the capacity of uni-articular muscles to extend the hip and knee joints  
Scott Delp, Jennifer Hicks, Michael Schwartz  
Corresponding Author: Jennifer Hicks  
*Stanford University*





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