

Health Center Visit Rates by Adults Aged ≥ 18 Years with Mental Health Disorder, or Substance Use Disorder, or Both, by Sex – United States 2023

Disorder and sex	Rates per 1,000 adults	95% Confidence Interval (CI)	
Total			
Mental Health Disorder only	52.6	36.1	69.1
Substance Use Disorder only	9.8	6.9	12.6
Both disorders	13.3	8.1	18.4
Men			
Mental Health Disorder only	30.2	21.0	39.3
Substance Use Disorder only	11.8	8.2	15.3
Both disorders	11.9	7.4	16.4
Women			
Mental Health Disorder only	73.0	49.6	96.4
Substance Use Disorder only	7.7	5.3	10.1
Both disorders	14.3	8.4	20.2

NOTES: Health centers are community-based clinics that offer access to primary care to underserved communities.

Visit rates are based on July 1, 2023 estimates of the civilian noninstitutionalized population of the U.S. developed by the U.S. Census Bureau.

Based on a sample of approximately 100.4 million visits made by adults. Mental health disorders are defined as visits with an International Classification of Diseases, 10th Revision, Clinical Modification (ICD–10–CM) code F01-F09 or F20-F99. Substance use disorders are defined as visits with an ICD–10–CM code F10-F19. Mental health disorder only and substance use disorder only are mutually exclusive categories.

SOURCE: National Center for Health Statistics, National Ambulatory Medical Care Survey Health Center Component, 2023