

Age-Adjusted Percentage* of Adults Aged ≥ 18 Years with Hypertension[†], by Sex and Race and Hispanic Origin – United States, August 2021 – August 2023

Sex	Race and Hispanic Origin	Sample Size	Percent	95% Confidence Interval
All	All	6048	44.5	42.1-46.9
	Asian	342	41.6	34.8-48.7
	Black	733	58.0	52.8-63.1
	Hispanic	1045	41.6	35.5-47.8
	White	3565	43.3	40.8-45.9
Women	All	3308	40.1	37.2-43.1
	Asian	188	37.3	30.4-44.6
	Black	402	56.5	47.7-64.9
	Hispanic	563	34.7	27.9-42.1
	White	1956	39.0	36.4-41.7
Men	All	2776	48.8	46.2-51.4
	Asian	154	47.3	38.3-56.5
	Black	331	59.8	51.8-67.4
	Hispanic	482	48.0	41.9-54.2
	White	1609	47.3	44.1-50.5

* All estimates are age-adjusted by the direct method to the U.S. Census 2000 population using age groups 18–39, 40–59, and 60 and over.

[†]Hypertension is defined as systolic blood pressure greater than or equal to 130 mmHg or diastolic blood pressure greater than or equal to 80 mmHg, or currently taking medication to lower blood pressure.

Note: Analyses exclude pregnant women. Those reporting more than one race are included in the totals but are not reported separately.

Source: National Center for Health Statistics, National Health and Nutrition Examination Survey, August 2021–August 2023. <https://www.cdc.gov/nchs/nhanes/index.htm>