

Table A-3. Sample of economic summary table

-Authors	-Analytic method	-Study location	-Interventions studied	-Reported currency and base year	-Adjusted currency and base year	-Quality category
-Authors' affiliation	-Reported or calculated summary measure	-Setting type	-Comparisons	-Costs included	-Adjusted value summary measure	-Quality score
-Funding source	-Population description	-Follow-up period	-	-Reported summary measure	-Notes	-Notes
Individually-adapted Health Behavior Change Program						
-Sevick MA, Dunn AL, Morrow MS, Marcus BH, Chen GJ, Blair SN	-Cost-effectiveness analysis	-Dallas, Texas	-Center-based lifestyle exercise consisting of behavioral skills, and structured exercise	-1994 U.S. dollars	-1997 U.S. dollars	-Good
-Wake Forest University; Cooper Institute for Aerobics Research	-Program cost per average unit of improvement for lifestyle intervention (C ₁) and structured intervention (C ₂)	-Fitness facility -Adults aged 35–60 years -No follow-up	-Consisting of supervised center-based exercise -Baseline	-Costs included personnel, capital equipment, facilities and general supplies	-Program cost per average unit of improvement C ₁ : \$0.05–\$3.93/average unit of improvement C ₂ : \$0.07–\$5.39/average unit of improvement	-88
-National Institutes of Health, Nordic Track, Stair master, Cybex, PreCor and Yamax Corporation.						-Study did not use societal perspective, did not define the analytic horizon, and did not report base-year for resource prices
-2000						
-2 years						

^aThe range values are for several outcome measures.

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**The effectiveness of interventions to increase physical activity. Kahn EB, Ramsey LT,
Brownson R, Heath GW, Howze EH, Powell KE, Stone EJ, Rajab MW, Corso P, Task Force
on Community Preventive Services., American Journal of Prevention Medicine. Vol 22 No
4S, pp 73-107.**