

Table A-3. Sample of economic summary table

–Authors		–Study location		–Reported currency and base year		
–Authors’ affiliation	–Analytic method	–Setting type		–Costs included	–Adjusted currency and base year	–Quality category
–Funding source	–Reported or	–Population		–Reported summary measure	–Adjusted value	–Quality score
–Publication Date	calculated	description	–Interventions studied	–Reported effect size	summary measure	–Notes
–Study Period	summary measure	–Follow-up period	–Comparisons		–Notes	
Individually-adapted Health Behavior Change Program						
–Sevick MA, Dunn AL, Morrow MS, Marcus BH, Chen GJ, Blair SN	–Cost-effectiveness analysis	–Dallas, Texas	–Center-based lifestyle exercise consisting of behavioral skills, and structured exercise consisting of supervised center-based exercise	–1994 U.S. dollars	–1997 U.S. dollars	–Good
–Wake Forest University; Cooper Institute for Aerobics Research	–Program cost per average unit of improvement for lifestyle intervention (C ₁)	–Fitness facility	–Baseline	–Costs included personnel, capital equipment, facilities and general supplies	–Program cost per average unit of improvement	–88
–National Institutes of Health, Nordic Track, Stair master, Cybex, PreCor and Yamax Corporation.	and structured intervention (C ₂)	–Adults aged 35–60 years		–Program cost per average unit of improvement ^a	C ₁ : \$0.05–\$3.93/average unit of improvement	–Study did not use societal perspective, did not define the analytic horizon, and did not report base-year for resource prices
–2000		–No follow-up		C ₁ : \$0.04–\$3.63/average unit of improvement	C ₂ : \$0.07–\$5.39/average unit of improvement	
–2 years				C ₂ : \$0.06–\$4.98/average unit of improvement		
				–Effect size included different measures of physical activity and cardiorespiratory fitness		

^aThe range values are for several outcome measures.

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The effectiveness of interventions to increase physical activity. Kahn EB, Ramsey LT, Brownson R, Heath GW, Howze EH, Powell KE, Stone EJ, Rajab MW, Corso P, Task Force on Community Preventive Services., American Journal of Prevention Medicine. Vol 22 No 4S, pp 73-107.