

# Obesity Prevention and Control: Provider Reminders

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## Task Force Finding

### Intervention Definition

These interventions use systematic reminders to improve providers' delivery of weight management screening and treatment to their clients. The reminders can be delivered in several ways, such as using chart stickers, vital sign stamps, medical record flow sheets, checklists, or electronic alerts. The following provider behaviors are generally targeted for improvement:

- Collection and recording of weight-related measures (e.g., weight, BMI)
- Delivery of advice about weight loss
- Efforts to assist clients in their weight loss attempts

### Task Force Finding (October 2007)

The Community Preventive Services Task Force finds insufficient evidence to determine the effectiveness of provider reminders alone to prevent and control obesity among child, adolescent, or adult clients based on the small number of available studies and inconsistent outcomes.

*The data presented here are preliminary and are subject to change as the systematic review goes through the scientific peer review process.*

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### Disclaimer

The findings and conclusions on this page are those of the Community Preventive Services Task Force and do not necessarily represent those of CDC. Task Force evidence-based recommendations are not mandates for compliance or spending. Instead, they provide information and options for decision makers and stakeholders to consider when determining which programs, services, and policies best meet the needs, preferences, available resources, and constraints of their constituents.

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