

# Nepal - Nursing Students 2011 (3<sup>rd</sup> Year Students Only) Global Health Professions Student Survey (GHPSS)

## FACT SHEET . . . . .

The Nepal Nursing students GHPSS includes data on prevalence of cigarette smoking and use of other tobacco products, knowledge and attitudes about tobacco use, exposure to second-hand smoke, desire for smoking cessation, and training received during Nursing school regarding patient counseling on smoking cessation techniques. This information could be very useful in monitoring and developing Nepal's comprehensive tobacco control program.

The Nepal Nursing students GHPSS was a census of 3<sup>rd</sup> year Nursing students attending 9 Nursing schools in Nepal that was conducted in 2011. A total of 157 students participated in the Nepal Nursing students GHPSS out of which 151 were 3<sup>rd</sup> year students. The overall response rate of all Nursing students surveyed was 86.7%.

### Prevalence of Tobacco Use

- 19.4% ever smoked cigarettes (Males –, Females = 19.5%)
- 1.2% currently smoke cigarettes (Males –, Females = 1.2%)
- 17.6% ever used any form of tobacco other than cigarettes (Males –, Females = 17.8%)
- 3.2% currently use any form of tobacco other than cigarettes (Males –, Females = 3.2%)

### Factors Influencing Tobacco Use

- 30.9% were exposed to second-hand smoke at home, during the past week
- 45.5% were exposed to second-hand smoke in enclosed public places during the past week
- 68.7% were exposed to second-hand smoke in outdoor public places during the past week
- 25.5% reported that their school had a ban on smoking in school buildings and clinics
- 82.6% reported that their school enforced the ban on smoking in the whole perimeter of the school buildings and clinics
- 98.1% thought smoking should be banned in all enclosed public places
- 91.3% thought tobacco sales to adolescents should be banned
- 90.0% thought there should be a complete ban on advertising tobacco products
- 92.3% were taught about the dangers of smoking during nursing school training

### Role Model and Cessation Training

- 76.2% thought health professionals serve as role models for their patients
- 98.0% thought health professionals have a role in giving advice about smoking cessation to patients
- 15.8% received formal training in smoking cessation approaches during nursing school
- 96.8% thought health professionals should get specific training on cessation techniques

### Highlights

**1.2% currently smoke cigarettes and 3.2% currently use other tobacco products**

**45.5% were exposed to smoke in enclosed public places**

**Almost all support a ban on smoking in all enclosed public places**

**15.8% received training to provide patients with cessation approaches**

**96.8% think health professionals should get specific training on cessation techniques to use with patients**