

Albania - Nursing Students 2011 (3rd Year Students Only) Global Health Professions Student Survey (GHPSS)

FACT SHEET

The Albania nursing students GHPSS includes data on prevalence of cigarette smoking and use of other tobacco products, knowledge and attitudes about tobacco use, exposure to second-hand smoke, desire for smoking cessation, and training received during nursing school regarding patient counseling on smoking cessation techniques.

This information could be very useful in monitoring and developing Albania's comprehensive tobacco control program. The Albania nursing students GHPSS was a census of third year nursing students attending 10 nursing schools in Albania that was conducted in 2011. A total of 1,026 3rd year students participated in the Albania nursing students GHPSS. The overall response rate of all nursing students surveyed was 83.9%.

Prevalence

72.3% ever smoked cigarettes (Males = 91.8%, Females = 67.4%)
28.5% currently smoke cigarettes (Males = 56.4%, Females = 21.4%)
14.2% ever used any form of tobacco other than cigarettes (Males = 34.4%, Females = 9.0%)
6.2% currently use any form of tobacco other than cigarettes (Males = 15.5%, Females = 3.8%)
23.2% of ever smokers smoked on school premises/property during the past year
17.8% of ever smokers smoked in school buildings during the past year.

Factors Influencing Tobacco Use

63.9% were exposed to second-hand smoke at home, during the past week
84.6% were exposed to second-hand smoke in enclosed public places during the past week
88.5% were exposed to second-hand smoke in outdoor public places during the past week
98.5% reported that their school had a ban on smoking in school buildings and clinics
46.0% reported that their school enforced the ban on smoking in school buildings and clinics
98.1% thought smoking should be banned in all enclosed public places.
96.7% thought tobacco sales to adolescents should be banned
90.8% thought there should be a complete ban on advertising tobacco products
43.7% of current smokers wanted to stop smoking
49.0% of current smokers ever received help/advice to stop smoking cigarettes
95.0% were taught about the dangers of smoking during nursing school training

Role Model and Cessation Training

95.0% thought health professionals serve as role models for their patients
91.1% thought health professionals have a role in giving advice about smoking cessation to patients
44.5% received formal training in smoking cessation approaches during nursing school
98.5% thought health professionals should get specific training on cessation techniques

Highlights

28.5% currently smoke cigarettes and 6.2% currently use other tobacco products

43.7% of the smokers indicated that they want to quit

84.6% were exposed to smoke in enclosed public places

Almost all support a ban on smoking in all enclosed public places

44.5% received training to provide patients with cessation approaches

Almost all think health professionals should get specific training on cessation techniques to use with patients