

# Turkey - Medical Students 2010 (3<sup>rd</sup> Year Students Only) Global Health Professions Student Survey (GHPSS)

## FACT SHEET . . . . .

The Turkey Medical students GHPSS includes data on prevalence of cigarette smoking and use of other tobacco products, knowledge and attitudes about tobacco use, exposure to second-hand smoke, desire for smoking cessation, and training received during Medical school regarding patient counseling on smoking cessation techniques. This information could be very useful in monitoring and developing Turkey's comprehensive tobacco control program.

The Turkey Medical students GHPSS was a sample of 3<sup>rd</sup> year Medical students attending 12 Medical schools in Turkey conducted in 2010. A total of 1,889 students participated in the Turkey Medical students GHPSS of which 1,217 were 3<sup>rd</sup> year students. The overall response rate of all Medical students surveyed was 86.4%.

### Prevalence

- 57.2% ever smoked cigarettes (Males = 66.7%, Females = 49.4%)
- 19.3% currently smoke cigarettes (Males = 29.3%, Females = 11.1%)
- 53.7% ever used any form of tobacco other than cigarettes (Males = 64.3%, Females = 45.2%)
- 17.9% currently use any form of tobacco other than cigarettes (Males = 23.8%, Females = 12.9%)
- 43.2% of ever smokers smoked on school premises/property during the past year
- 13.3% of ever smokers smoked in school buildings during the past year

### Factors Influencing Tobacco Use

- 46.9% were exposed to second-hand smoke at home, during the past week.
- 42.2% were exposed to second-hand smoke in public places during the past week
- 89.5% reported that their school had a ban on smoking in school buildings and clinics
- 97.7% reported that their school enforced the ban on smoking in school buildings and clinics
- 91.5% thought smoking should be banned in all enclosed public places
- 92.6% thought tobacco sales to adolescents should be banned
- 86.4% thought there should be a complete ban on advertising tobacco products
- 56.2% of current smokers wanted to stop smoking
- 16.4% of current smokers ever received help/advice to stop smoking cigarettes
- 87.2% were taught about the dangers of smoking during medical school training

### Role Model and Cessation Training

- 91.7% thought health professionals serve as role models for their patients
- 95.3% thought health professionals have a role in giving advice about smoking cessation to patients
- 48.2% received formal training in smoking cessation approaches during medical school
- 91.1% thought health professionals should get specific training on cessation techniques

### Highlights

**19.3% currently smoke cigarettes and 17.9% currently use other tobacco products**

**46.9% were exposed to smoke at home**

**Nine in 10 reported that their school had a ban on smoking in school buildings and clinics**

**Nine in 10 thought smoking should be banned in all enclosed public places**

**More than 9 in 10 think health professionals should get specific training on cessation techniques to use with patients, but less than half had received formal training in cessation approaches**