

# Poland - Medical Students 2010 (3<sup>rd</sup> Year Students Only) Global Health Professions Student Survey (GHPSS)

## FACT SHEET . . . . .

The Poland medical students GHPSS includes data on prevalence of cigarette smoking and use of other tobacco products, knowledge and attitudes about tobacco use, exposure to second-hand smoke, desire for smoking cessation, and training received during medical school regarding patient counseling on smoking cessation techniques.

This information could be very useful in monitoring and developing Poland's comprehensive tobacco control program. The Poland medical students GHPSS was a sample of 3<sup>rd</sup> year Medical students attending 5 Medical schools in Poland conducted in 2010. A total of 1,219 3<sup>rd</sup> year students participated in the Poland medical students GHPSS. The overall response rate of all medical students surveyed was 87.7%.

### Prevalence

75.2% ever smoked cigarettes (Males = 79.2%, Females = 72.7%)  
26.9% currently smoke cigarettes (Males = 30.9%, Females = 24.4%)  
59.0% ever used any form of tobacco other than cigarettes (Males = 67.8%, Females = 54.4%)  
16.8% currently use any form of tobacco other than cigarettes (Males = 21.7%, Females = 14.2%)  
26.9% of ever smokers smoked on school premises/property during the past year  
7.4% of ever smokers smoked in school buildings during the past year

### Factors Influencing Tobacco Use

49.1% were exposed to second-hand smoke at home, during the past week  
71.2% were exposed to second-hand smoke in public places during the past week  
72.3% reported that their school had a ban on smoking in school buildings and clinics  
65.8% reported that their school enforced the ban on smoking in school buildings and clinics  
77.2% thought smoking should be banned in all enclosed public places  
93.7% thought tobacco sales to adolescents should be banned  
68.7% thought there should be a complete ban on advertising tobacco products  
75.1% of current smokers wanted to stop smoking  
42.0% of current smokers ever received help/advice to stop smoking cigarettes  
90.4% were taught about the dangers of smoking during medical school training

### Role Model and Cessation Training

88.4% thought health professionals serve as role models for their patients  
86.4% thought health professionals have a role in giving advice about smoking cessation to patients  
26.3% received formal training in smoking cessation approaches during medical school  
81.2% thought health professionals should get specific training on cessation techniques

### Highlights

**75.2% currently smoke cigarettes and 16.8% currently use other tobacco products**

**Three-quarters of the smokers indicated that they want to quit.**

**More than seven in 10 were exposed to smoke in public places**

**77.2% support a ban on smoking in all enclosed public places**

**More than one-quarter received training to provide patients with cessation approaches**

**Over four in five think health professionals should get specific training on cessation techniques to use with patients**