

# Poland - Dental Students 2010 (3<sup>rd</sup> Year Students Only) Global Health Professions Student Survey (GHPSS)

## FACT SHEET . . . . .

The Poland dental students GHPSS includes data on prevalence of cigarette smoking and use of other tobacco products, knowledge and attitudes about tobacco use, exposure to second-hand smoke, desire for smoking cessation, and training received during dental school regarding patient counseling on smoking cessation techniques.

This information could be very useful in monitoring and developing Poland's comprehensive tobacco control program. The Poland dental students GHPSS was a sample of 3<sup>rd</sup> year dental students attending 5 dental schools in Poland conducted in 2010. A total of 399 3<sup>rd</sup> year students participated in the Poland dental students GHPSS. The overall response rate of all dental students surveyed was 89.9%.

### Prevalence

- 80.3% ever smoked cigarettes (Males = 81.0%, Females = 79.9%)
- 34.1% currently smoke cigarettes (Males = 39.0%, Females = 31.8%)
- 67.4% ever used any form of tobacco other than cigarettes (Males = 78.8%, Females = 62.0%)
- 16.9% currently use any form of tobacco other than cigarettes (Males = 20.4%, Females = 15.3%)
- 31.7% of ever smokers smoked on school premises/property during the past year
- 14.9% of ever smokers smoked in school buildings during the past year

### Factors Influencing Tobacco Use

- 58.3% were exposed to second-hand smoke at home, during the past week
- 79.1% were exposed to second-hand smoke in public places during the past week
- 70.5% reported that their school had a ban on smoking in school buildings and clinics
- 66.6% reported that their school enforced the ban on smoking in school buildings and clinics
- 73.5% thought smoking should be banned in all enclosed public places
- 93.8% thought tobacco sales to adolescents should be banned
- 57.9% thought there should be a complete ban on advertising tobacco products
- 67.2% of current smokers wanted to stop smoking
- 30.9% of current smokers ever received help/advice to stop smoking cigarettes
- 91.7% were taught about the dangers of smoking during dental school training

### Role Model and Cessation Training

- 85.0% thought health professionals serve as role models for their patients
- 85.5% thought health professionals have a role in giving advice about smoking cessation to patients
- 20.9% received formal training in smoking cessation approaches during dental school
- 77.3% thought health professionals should get specific training on cessation techniques

### Highlights

**34.1% currently smoke cigarettes and 16.9% currently use other tobacco products**

**Over two-thirds of the smokers indicated that they want to quit.**

**Almost four in five were exposed to smoke in public places**

**Almost three-quarters support a ban on smoking in all enclosed public places**

**Over one in five received training to provide patients with cessation approaches**

**Over three-quarters think health professionals should get specific training on cessation techniques to use with patients**