

Trinidad & Tobago - Nursing Students (3rd Year Students Only)

Global Health Professions Student Survey (GHPSS)

FACT SHEET

The Trinidad & Tobago nursing students GHPSS includes data on prevalence of cigarette smoking and use of other tobacco products, knowledge and attitudes about tobacco use, exposure to second-hand smoke, desire for smoking cessation, and training received during nursing school regarding patient counseling on smoking cessation techniques. This information could be very useful in monitoring and developing Trinidad & Tobago's comprehensive tobacco control program.

The Trinidad & Tobago nursing students GHPSS was a census of 3rd year nursing students attending the 8 nursing schools in Trinidad & Tobago conducted in 2008. The school response rate was 100% and the student response rate was 86.9%. A total of 352 students participated in the Trinidad & Tobago nursing students GHPSS.

Prevalence

- 52.2% ever smoked cigarettes (Males = 66.6%, Females = 50.7%)
- 5.7% currently smoke cigarettes (Males = 16.1%, Females = 4.8%)
- 6.4% ever used any form of tobacco other than cigarettes (Males = 26.3%, Females = 4.7%)
- 1.1% currently use any form of tobacco other than cigarettes (Males = 3.0%, Females = 1.0%)
- 3.5% of ever smokers smoked on school premises/property during the past year.
- 1.7% of ever smokers smoked in school buildings during the past year.

Factors Influencing Tobacco Use

- 33.2% were exposed to second-hand smoke at home, during the past week.
- 59.4% were exposed to second-hand smoke in public places during the past week.
- 73.6% reported that their school had a ban on smoking in school buildings and clinics.
- 74.6% reported that their school enforced the ban on smoking in school buildings and clinics.
- 96.7% thought smoking should be banned in all enclosed public places.
- 94.5% thought tobacco sales to adolescents should be banned.
- 85.7% thought there should be a complete ban on advertising tobacco products.
- 100.0% of current smokers wanted to stop smoking.
- 64.5% of current smokers ever received help/advice to stop smoking cigarettes.
- 88.1% were taught about the dangers of smoking during nursing school training.

Role Model and Cessation Training

- 64.0% thought health professionals serve as role models for their patients.
- 97.4% thought health professionals have a role in giving advice about smoking cessation to patients.
- 20.2% received formal training in smoking cessation approaches during nursing school.
- 93.1% thought health professionals should get specific training on cessation techniques.

Highlights

5.7% currently smoke cigarettes and 1.1% currently use other tobacco products.

All smokers indicated that they want to quit.

Nearly 3 in 5 were exposed to smoke in public places.

Over 9 in 10 support a ban on smoking in all enclosed public places.

One in 5 received training to provide patients with cessation approaches.

More than 9 in 10 think health professionals should get specific training on cessation techniques to use with patients.