

Cuba - Havana - Nursing Students (3rd Year Students Only)

Global Health Professions Student Survey (GHPSS)

FACT SHEET

The Cuba - Havana nursing students GHPSS includes data on prevalence of cigarette smoking and use of other tobacco products, knowledge and attitudes about tobacco use, exposure to second-hand smoke, desire for smoking cessation, and training received during nursing school regarding patient counseling on smoking cessation techniques. This information could be very useful in monitoring and developing Cuba - Havana's comprehensive tobacco control program.

The Cuba - Havana nursing students GHPSS was a census of 3rd year nursing students attending the 7 nursing schools in Cuba - Havana that was conducted in 2008. The school response rate was 100% and the student response rate was 78.6%. A total of 255 students participated in the Cuba - Havana nursing students GHPSS.

Prevalence

- 60.6% ever smoked cigarettes (Males = 77.1%, Females = 59.7%)
- 39.8% currently smoke cigarettes (Males = 62.5%, Females = 38.2%)
- 8.4% ever used any form of tobacco other than cigarettes (Males = 26.6%, Females = 7.0%)
- 7.6% currently use any form of tobacco other than cigarettes (Males = 6.1%, Females = 7.8%)
- 55.4% of ever smokers smoked on school premises/property during the past year.
- 69.0% of ever smokers smoked in school buildings during the past year.

Factors Influencing Tobacco Use

- 79.8% were exposed to second-hand smoke at home, during the past week.
- 88.5% were exposed to second-hand smoke in public places during the past week.
- 58.0% reported that their school had a ban on smoking in school buildings and clinics.
- 42.8% reported that their school enforced the ban on smoking in school buildings and clinics.
- 97.7% thought smoking should be banned in all enclosed public places.
- 93.1% thought tobacco sales to adolescents should be banned.
- 86.7% thought there should be a complete ban on advertising tobacco products.
- 70.5% of current smokers wanted to stop smoking.
- 30.3% of current smokers ever received help/advice to stop smoking cigarettes.
- 88.4% were taught about the dangers of smoking during nursing school training.

Role Model and Cessation Training

- 98.0% thought health professionals serve as role models for their patients.
- 100.0% thought health professionals have a role in giving advice about smoking cessation to patients.
- 24.0% received formal training in smoking cessation approaches during nursing school.
- 96.6% thought health professionals should get specific training on cessation techniques.

Highlights

Two in 5 currently smoke cigarettes and 7.6% currently use other tobacco products.

Seven in 10 of the smokers indicated that they want to quit.

Almost 9 in 10 were exposed to smoke in public places.

More than 9 in 10 support a ban on smoking in all enclosed public places.

Nearly one-quarter received training to provide patients with cessation approaches.

Nearly all think health professionals should get specific training on cessation techniques to use with patients.