

# Bosnia & Herzegovina - Pharmacy Students (3<sup>rd</sup> Year Students Only) Global Health Professions Student Survey (GHPSS)

## **FACT SHEET . . . . .**

The Bosnia & Herzegovina pharmacy students GHPSS includes data on prevalence of cigarette smoking and use of other tobacco products, knowledge and attitudes about tobacco use, exposure to second-hand smoke, desire for smoking cessation, and training received during pharmacy school regarding patient counseling on smoking cessation techniques. This information could be very useful in monitoring and developing Bosnia & Herzegovina's comprehensive tobacco control program.

The Bosnia & Herzegovina pharmacy students GHPSS was a census of 3<sup>rd</sup> year pharmacy students attending the 2 pharmacy schools in Bosnia & Herzegovina conducted in 2006. The school response rate was 100% and the student response rate was 96.9%. A total of 188 students participated in the Bosnia & Herzegovina pharmacy students GHPSS.

### **Prevalence**

- 77.5% ever smoked cigarettes (Males = 79.2%, Females = 77.2%)
- 29.4% currently smoke cigarettes (Males = 25.0%, Females = 30.1%)
  - 9.3% ever used any form of tobacco other than cigarettes (Males = 12.4%, Females = 8.8%)
  - 5.5% currently use any form of tobacco other than cigarettes (Males = 4.2%, Females = 5.7%)
- 42.7% of ever smokers smoked on school premises/property during the past year.
- 34.6% of ever smokers smoked in school buildings during the past year.

### **Factors Influencing Tobacco Use**

- 54.6% were exposed to second-hand smoke at home, during the past week.
- 95.2% were exposed to second-hand smoke in public places during the past week.
- 36.6% reported that their school had a ban on smoking in school buildings and clinics.
- 19.1% reported that their school enforced the ban on smoking in school buildings and clinics.
- 57.4% thought smoking should be banned in all enclosed public places.
- 93.6% thought tobacco sales to adolescents should be banned.
- 71.1% thought there should be a complete ban on advertising tobacco products.
- 58.8% of current smokers wanted to stop smoking.
- 57.6% of current smokers ever received help/advice to stop smoking cigarettes.
- 35.5% were taught about the dangers of smoking during pharmacy school training.

### **Role Model and Cessation Training**

- 54.2% thought health professionals serve as role models for their patients.
- 77.7% thought health professionals have a role in giving advice about smoking cessation to patients.
  - 1.6% received formal training in smoking cessation approaches during pharmacy school.
- 78.8% thought health professionals should get specific training on cessation techniques.

### **Highlights**

**Three in 10 currently smoke cigarettes and 5.5% currently use other tobacco products.**

**Almost 3 in 5 of the smokers indicated that they want to quit.**

**Over 9 in 10 were exposed to smoke in public places.**

**Nearly 6 in 10 support a ban on smoking in all enclosed public places.**

**1.6% received training to provide patients with cessation approaches.**

**Almost 4 in 5 think health professionals should get specific training on cessation techniques to use with patients.**