

# Bosnia & Herzegovina - Dental Students (3<sup>rd</sup> Year Students Only) Global Health Professions Student Survey (GHPSS)

## **FACT SHEET . . . . .**

The Bosnia & Herzegovina dental students GHPSS includes data on prevalence of cigarette smoking and use of other tobacco products, knowledge and attitudes about tobacco use, exposure to second-hand smoke, desire for smoking cessation, and training received during dental school regarding patient counseling on smoking cessation techniques. This information could be very useful in monitoring and developing Bosnia & Herzegovina's comprehensive tobacco control program.

The Bosnia & Herzegovina dental students GHPSS was a census of 3<sup>rd</sup> year dental students attending the 3 dental schools in Bosnia & Herzegovina conducted in 2006. The school response rate was 100% and the student response rate was 94.4%. A total of 170 students participated in the Bosnia & Herzegovina dental students GHPSS.

### **Prevalence**

- 84.1% ever smoked cigarettes (Males = 87.6%, Females = 82.4%)
- 36.1% currently smoke cigarettes (Males = 34.1%, Females = 37.1%)
- 6.3% ever used any form of tobacco other than cigarettes (Males = 10.5%, Females = 4.5%)
- 2.5% currently use any form of tobacco other than cigarettes (Males = 2.1%, Females = 2.7%)
- 51.3% of ever smokers smoked on school premises/property during the past year.
- 26.0% of ever smokers smoked in school buildings during the past year.

### **Factors Influencing Tobacco Use**

- 58.7% were exposed to second-hand smoke at home, during the past week.
- 93.5% were exposed to second-hand smoke in public places during the past week.
- 52.7% reported that their school had a ban on smoking in school buildings and clinics.
- 43.0% reported that their school enforced the ban on smoking in school buildings and clinics.
- 64.7% thought smoking should be banned in all enclosed public places.
- 91.1% thought tobacco sales to adolescents should be banned.
- 67.1% thought there should be a complete ban on advertising tobacco products.
- 53.7% of current smokers wanted to stop smoking.
- 52.1% of current smokers ever received help/advice to stop smoking cigarettes.
- 57.1% were taught about the dangers of smoking during dental school training.

### **Role Model and Cessation Training**

- 59.4% thought health professionals serve as role models for their patients.
- 87.2% thought health professionals have a role in giving advice about smoking cessation to patients.
- 8.3% received formal training in smoking cessation approaches during dental school.
- 88.9% thought health professionals should get specific training on cessation techniques.

### **Highlights**

**Over one-third currently smoke cigarettes and 2.5% currently use other tobacco products.**

**Over half the smokers indicated that they want to quit.**

**More than 9 in 10 were exposed to smoke in public places.**

**Almost two-thirds support a ban on smoking in all enclosed public places.**

**8.3% received training to provide patients with cessation approaches.**

**Nearly 9 in 10 think health professionals should get specific training on cessation techniques to use with patients.**