

Nepal - Dental Students (3rd Year Students Only) Global Health Professions Student Survey (GHPSS)

FACT SHEET

The Nepal Dental students GHPSS includes data on prevalence of cigarette smoking and use of other tobacco products, knowledge and attitudes about tobacco use, exposure to second-hand smoke, desire for smoking cessation, and training received during Dental school regarding patient counseling on smoking cessation techniques. This information could be very useful in monitoring and developing Nepal's comprehensive tobacco control program.

The Nepal Dental students GHPSS was a census of 3rd year Dental students attending the 3 Dental schools in Nepal that was conducted in 2005. The school response rate was 96.0% and the student response rate was 85.3%. A total of 88 students participated in the Nepal Dental students GHPSS.

Prevalence

37.1% ever smoked cigarettes (Males = 75.0%, Females = 21.3%)
17.3% currently smoke cigarettes (Males = 45.4%, Females = 7.8%)
46.7% ever used any form of tobacco other than cigarettes (Males = 87.4%, Females = 31.5%)
19.1% currently use any form of tobacco other than cigarettes (Males = 48.3%, Females = 6.5%)
52.0% of ever smokers smoked on school premises/property during the past year.
42.9% of ever smokers smoked in school buildings during the past year.

Factors Influencing Tobacco Use

35.2% were exposed to second-hand smoke at home, during the past week.
54.1% were exposed to second-hand smoke in public places during the past week.
26.3% reported that their school had a ban on smoking in school buildings and clinics.
77.9% reported that their school enforced the ban on smoking in school buildings and clinics.
76.3% thought smoking should be banned in all enclosed public places.
86.4% thought tobacco sales to adolescents should be banned.
83.4% thought there should be a complete ban on advertising tobacco products.
86.8% were taught about the dangers of smoking during dental school training.

Role Model and Cessation Training

75.3% thought health professionals serve as role models for their patients.
95.3% thought health professionals have a role in giving advice about smoking cessation to patients.
11.8% received formal training in smoking cessation approaches during dental school.
89.0% thought health professionals should get specific training on cessation techniques.

Highlights

17.3% currently smoke cigarettes and 1 in 5 currently use other tobacco products

More than half were exposed to smoke in public places.

Over three-quarters support a ban on smoking in all enclosed public places.

11.8% received training to provide patients with cessation approaches.

Nine in 10 think health professionals should get specific training on cessation techniques to use with patients.