MMNR

MORBIDITY AND MORTALITY WEEKLY REPORT

ACIP Recommendation

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Recommendation of the Public Health Service
Advisory Committee on Immunization Practices

Rubella Vaccine

Changes in the ACIP recommendation for the use of rubella vaccine focus on more effective delivery of the vaccine to older individuals and, in particular, to females in the childbearing age group. All comments related to the vaccine and its use pertain both to the HPV-77 DE5 (Meruvax) and to the RA 27/3 (Meruvax II) strains of vaccine virus. The RA 27/3 vaccine—like the HPV-77 DE5 vaccine—is licensed for subcutaneous administration only and is expected to be available in January 1979.

INTRODUCTION

Rubella is a common childhood rash disease that is often overlooked or misdiagnosed. Signs and symptoms vary. The most common features—postauricular and suboccipital lymphadenopathy, arthralgia, and transient erythematous rash with low fever—may not be recognized as rubella. Moreover, subclinical infection occurs frequently. Transient polyarthralgia and polyarthritis sometimes accompany or follow rubella illness. This occurs in women in particular, but it is also seen in men and in children. Central nervous system disorders and thrombocytopenia have been reported, but they are rare.

By far the most important consequences of rubella are the fetal anomalies that frequently result from rubella infection in early pregnancy, especially in the first trimester. Preventing infection of the fetus and consequent congenital rubella syndrome is a major objective of rubella immunization programs.

Postinfection immunity appears to be long-lasting. However, as with other viral diseases, re-exposure to natural rubella occasionally results in reinfection without clinical illness. The only reliable evidence of rubella immunity is specific antibody, best determined by hemagglutination-inhibition (HI) antibody technique. Laboratories that regularly perform this test are generally the most reliable because of better standardization of reagents and procedures.

Before rubella vaccine was available, most cases of rubella occurred in school-age children. Now, most cases are in adolescents and young adults. In 1977, 70% of cases occurred in those 15 years of age and older. Of persons in these age groups, 10%-20% are susceptible. Since licensure of rubella vaccine in 1969, the incidence of reported rubella in adolescents and young adults has not decreased appreciably because vaccine was primarily used for preschoolers and elementary school children. Through 1977, more than 80 million doses of live attenuated rubella virus vaccine were distributed in the United States. Despite the considerable vaccination effort in young children, outbreaks of rubella continue to be reported in junior and senior high schools, colleges, the military, and places of employment—most notably hospitals.

LIVE RUBELLA VIRUS VACCINE

Live rubella virus vaccine* available in the United States is prepared either in duck embryo cell culture or human diploid cell culture. It is produced in monovalent (rubella only) form and in combinations: measles-rubella (MR) and measles-mumps-rubella (MMR) vaccines. MMR is encouraged for use in routine infant-vaccination programs. In all situations in which rubella vaccine is to be used, consideration should be given to using a combination vaccine if recipients are likely to be susceptible to measles and/or mumps as well as to rubella.

A single dose of rubella vaccine at 12 months of age or older induces antibodies in approximately 95% of susceptible persons. Although antibody titers are generally lower than those following rubella infection, vaccine-induced immunity protects against clinical illness from natural exposure. Antibody levels have declined little during the more than 9 years of follow-up of children who were among the first to receive the vaccine. Long-term, even life-long, protection against both clinical rubella and subclinical viremia is expected.

Rubella reinfection without illness can occur in persons with low levels of antibody whether the antibodies resulted from vaccination or from natural rubella. Reinfection, however, does not cause detectable viremia or significant pharyngeal excretion of virus and thus poses no recognized risk to susceptible contacts. Further study is needed to evaluate the clinical and epidemiologic significance of reinfection, but the apparent absence of viremia suggests that immune females reinfected during pregnancy would be unlikely to infect their fetuses.

VACCINE USAGE

General Recommendations

Rubella vaccine is recommended for all children, many adolescents, and some adults, particularly females, unless it is otherwise contraindicated. Vaccinating children protects them against rubella and prevents their subsequently spreading it. Vaccinating susceptible postpubertal females confers individual protection against rubella-induced fetal injury. Vaccinating adolescent or adult males and females in population groups such as those in colleges, places of employment, or military bases, protects them against rubella and reduces the chance of epidemics in partially immune groups.

Dosage: A single dose of vaccine in the volume specified by the manufacturer should be administered subcutaneously.

Individuals at Risk

Live rubella virus vaccine is recommended for all children when 12 months of age or older. It should not be administered to younger infants because persisting maternal antibodies may interfere with seroconversion. When the rubella vaccine is part of a combination vaccine that includes the measles antigen, it should be administered to children about 15 months of age or older to achieve the maximum rate of measles seroconversion. Children who have not received rubella vaccine at the optimum age should be vaccinated promptly. Because a history of rubella is not a reliable indicator of immunity, all children for whom vaccine is not contraindicated should be vaccinated.

Increased emphasis should be placed on vaccinating unimmunized prepubertal girls and susceptible adolescent and adult females in the childbearing age group. Because of the

^{*}Official name: Rubella Virus Vaccine, Live

theoretical risk to the fetus, females of childbearing age should receive vaccine only if they are not pregnant and understand that they should not become pregnant for 3 months after vaccination. In view of the importance of protecting this age group against rubella, asking females if they are pregnant, excluding those who are, and explaining the theoretical risks to the others are reasonable precautions in a rubella immunization program. When practical, serologic testing of potential vaccinees in the childbearing age group may be undertaken to show susceptibility to rubella.

Educational and training institutions such as colleges, universities, and military bases should seek proof of rubella immunity (a positive serologic test or documentation of previous rubella vaccination) from all female students and employees in the childbearing age. Non-pregnant females who lack proof of immunity should be vaccinated unless contraindications exist.

When reliable laboratory services are available, routine premarital serology for rubella immunity would enhance efforts to identify susceptible females before pregnancy. Prenatal or ante partum screening for rubella susceptibility should be undertaken and vaccine administered in the immediate postpartum period—prior to discharge. Previous administration of anti-Rho (D) immune globulin (human) or blood products is not a contraindication to vaccination; however, 6- to 8-week postvaccination serologic testing should be done on those who have received the globulin or blood products to ascertain that sero-conversion has occurred. Obtaining laboratory evidence of seroconversion in other vaccinees is not necessary.

In order to protect susceptible female patients and female employees, persons working in hospitals and clinics who might contract rubella from infected patients or who, if infected, might transmit rubella to pregnant patients should be immune to rubella.

Individuals Exposed to Disease

Use of vaccine following exposure: There is no evidence that live rubella virus vaccine given after exposure will prevent illness or that vaccinating an individual incubating rubella is harmful. Since a single exposure may not result in infection and postexposure vaccination would protect an individual in the event of future exposure, vaccination is recommended unless otherwise contraindicated.

Use of immune serum globulin following exposure: Immune serum globulin (ISG) given after exposure to rubella will not prevent infection or viremia, but it may modify or suppress symptoms. The routine use of ISG for postexposure prophylaxis of rubella in early pregnancy is not recommended. (Infants with congenital rubella have been born to women who were given ISG shortly after exposure.) The only time when ISG might be used is when rubella occurs in a pregnant woman who would not consider termination of pregnancy under any circumstances. Serologic testing for rubella immunity is useful if an exposure in early pregnancy is suspected.

SIDE EFFECTS AND ADVERSE REACTIONS

Vaccine side effects such as rash and lymphadenopathy occasionally occur in children. Joint pain, usually of the small peripheral joints, has been noted in up to 40% of vaccinees in large-scale field trials, although frank arthritis is reported in fewer than 1%. Arthralgia and transient arthritis occur more frequently and tend to be more severe in susceptible women than in children. When joint symptoms or non-joint-associated pain and paresthesia do occur, they generally begin 2-10 weeks after immunization, persist for 1-3 days, and rarely recur. The persistent arthritic symptoms that have occasionally been described probably represent coincidental disease rather than a vaccine compli-

cation. Transient peripheral neuritic complaints such as paresthesia and pain in the hands and feet have also occurred but are very uncommon.

Some vaccinees intermittently shed small amounts of virus from the pharynx 7-28 days after vaccination. However, studies of more than 1,200 susceptible household contacts have yielded no evidence that vaccine virus has been transmitted. These data strongly suggest that vaccinating susceptible children whose mothers or other household contacts are pregnant does not present a risk.

Although vaccine is safe and effective for all ages over 12 months, its safety for the developing fetus is not fully known. Thus, rubella vaccine is **NOT** suitable for pregnant women because of the theoretical risk of fetal abnormality caused by the vaccine virus, which does cross the placenta. Although no recognizable malformations attributable to rubella have been seen in infants born to more than 60 susceptible women who inadvertently received rubella vaccine during early pregnancy and continued their pregnancies to term, the theoretical risk remains.

PRECAUTIONS AND CONTRAINDICATIONS

Pregnancy

Pregnant women should not be given rubella vaccine. If a pregnant woman is inadvertently vaccinated or if she becomes pregnant within 3 months of vaccination, she should be counseled on the theoretical risks to the fetus. (Continued on page 459)

TABLE I. Summary — cases of specified notifiable diseases, United States (Cumulative totals include revised and delayed reports through previous weeks.)

	45th WE	EK ENDING		COMOI	ATIVE, FIRST 45	WEEKS
DISEASE	November 11, 1978	November 12, 1977*	MEDIAN 1973-1977**	November 11, 1978	November 12, 1577*	MEDIAN 1973-1977**
Aseptic meningitis	159	83	80	5,273	4,120	3,569
Brucellosis	3	7	7	133	195	195
Chickenpox	1,464	1,463	1,463	130,048	167,687	149,602
Diph theria	_		4	64	76	161
ncephalitis: Primary (arthropod-borne & unspec.)	19	24	25	873	1,006	1,279
Post-infectious Post-infectious	2	3	3	177	182	238
lepatitis, Viral: Type B	204	314	224	12.726	14,203	10,085
Type A	441	573)	25,106	26,486	30,221
Type unspecified	185	200	588	7.743	7.605	30.22
Malaria	12	10	6	631	473	365
Neasles (rubeola)	176	132	175	24.954	53.778	25.130
Meningococcal infections: Total	29	27	27	2.027	1.500	1,257
Civilian	29	27	27	2.006	1.489	1.230
Military	_	_	_	21	11	26
Mumps	223	473	631	14.554	18.304	48.370
ertussis	46	72	2	1.787	1,614	
Rubella (German measles)	86	122	122	17.044	19,287	15,482
letanus	1	2	1	70	65	79
Tuberculosis	479	559	605	25,515	26,101	27.101
l'ularemia	4	3	2	119	145	129
Typhoid fever	10	8	6	447	345	366
Typhus fever, tick-borne (Rky. Mt. spotted)	4	5	4	982	1,085	786
/enereal diseases:						
Gonorrhea: Civilian	19, 218	18.393	18,393	678,479	865.749	865.749
Military	347	358	495	22,209	23,379	25,290
Syphilis, primary & secondary: Civilian	372	312	378	18,747	17,707	20.882
Military	2	5	5	255	262	299
Rabies in animals	58	64	47	2,738	2,715	2,615

TABLE II. Notifiable diseases of low frequency, United States

	CUM. 1978		CUM. 1978
Anthrax	5	Poliomyelitis: Total	3
Botulism	65	Parelytic	1
Cholera	11	Psittacosis	93
Congenital rubella syndrome	25	Rabies in man	
Leprosy (Ups. N.Y. 1, Texas 1)	134	Trichinosis	47
Leptospirosis † (Hawaii 1)	57	Typhus fever, flea-borne (endemic, murine)	36
Plague	7	Typhas loval, has borne (angulina, marine)	

^{*}Delayed reports received for calendar year 1977 are used to update last year's weekly and cumulative totals.

^{*}Medians for gonorrhea and syphilis are based on data for 1975-1977.

[†]The following delayed report will be reflected in next week's cumulative total: Leptospirosis: Oreg. +2

TABLE III. Cases of specified notifiable diseases, United States, weeks ending November 11, 1978, and November 12, 1977 (45th week)

	ASEPTIC	BRU-	CHICKEN-				ENCEPHALI	TIS	HEPATI	TIS (VIRA	L), BY TYPE	-	
REPORTING AREA	MENIN- GITIS	CEL. Losis	POX	DIPHT	HERIA	Pı	imary	Post-in- fectious	В	A	Unspecified	MAI	ARIA
	1978	1978	1978	1978	CUM. 1978	1978	1977*	1978	1978	1978	1978	1978	CUM. 1978
UNITED STATES	159	3	1,464		64	19	24	2	204	441	185	12	631
NEW ENGLAND	2	_	281	_	-	_		_	2	18	18	-	29
Maine	-	-	52	-	-	-	-	-	-	6	-	-	1
N.H. Vt. †	_	-	5 1	-	_	-	-	-	-	3	_	-	4
Mass.	2	_	92	_				_	_	4	- 18	- H	7
R.I.	_	_	63	_	_	_	_	_		ī	10		5
Conn.†	-	-	6.8	-	-	-	-	-	2	4	100	-	12
MID. ATLANTIC	25	-	90	-	1	6	-	-	15	41	11	2	1 36
Upstate N.Y. N.Y. City	16 7	-	68 5	_	7.5	1	-	-	6	16	5	-	18
N.J. †	í	_	NN	_	1	3	_	_	5	8 17	3	ī	61 27
Pa.†	i	-	17	-	-	2	-	_	NA	NA	AN	1	30
E.N. CENTRAL	26	_	707	_	_	_	11	· 1	21	75	11	3	44
Ohio t	-	-	81	-	-	-	9		4	21	-	2	7
Ind. † III.	1	0.3	146	_	_ =	Ī	= -	-	1	3	4	-	3
Mich.	5 16	_	62 264		_			_	9	26	7	-	14
Wis. †	4	-	154	-		11 -	1 1	ī	7	21		1	18 2
W.N. CENTRAL	8	2	79		2	1	1	_	18	23	7	1-6	22
Minn.	-	-	-	-	-	-	-	-	6	7	2	_	4
lowa	3	2	32	-	-	-	1	-	4	2	-	-	-
Mo.† N. Dak,†	4	_	12	-	1	_	_		1	- 4	-	-	8
S. Dak.	_	_	33 2	_	_	_		- 1		7	=	-	-
Nebr.	1	_	_	_	1	_	_		1	4	_	-	1 4
Kans.	=	-	-	_	-	-	_	-	6	6	5	-	5
& ATLANTIC	14	_	65	-	-	1	2	7/-	31	58	25	1	111
Del.	7	•	~		H	-	-	-	-	-	-	-	1
Md. D.C.	7	_	2		-	1	_	-	-	-	_	1	25
Va. t	1	_	1 9				2	-	- 6	5	10	_	6
W. Va.	_	_	эí	_	_	-		_	-	2	-	_	20
N.C.	_	-	NN	-	-	-	-	_	NA	NA	NA	_	10
S.C.† Ga,	1	_	3	-	-	-	-	-	5	3	4	-	4
Fla.	5	-	19		*			= =	2 18	15 31	11	_	10 34
E.S. CENTRAL	10	_	10	12	_		5	1	5	23	7		
Ky.	_	_	9	_	_		_	_	11.2	4		_	6
Tenn.	6	-	NN	-	_	_	-	-	5	11	6	_	1
Ala. Miss.	4	- 5	1	-	-	=	- 5	_	-	1	1	1	1
				_	_			-		7	-		2
W.S. CENTRAL Ark.	28 1	1	49	Ξ	1	- 6	1 -	-	21 1	65	38	4	33 1
La.	9	_	NN	-	_	3	1	-	11	14	10	_	3
Okla.† Tex. †	3 15	1	49	_		3	-	-	1 8	46	1 20	4	2
						,						•	27
MOUNTAIN Mont.	Ξ	_	49 25	_	4	_	_		12	42	17		8
Idaho	_	_	23		_		_	_	1	4	2	1	_
Wyo.	-	_	-	_	_	_	_	_	0.00	-	- <u>-</u>	_	
Colo.	-	-	19	-	2	-	-	-	6	А	4	-	4
N. Mex.	_	-		_		-	-	-	1	3 .	_	-	1
Ariz. Utah	_	_	NN 5		1	- 1	-	_		14	2 A	_	2
Nev.	Ξ	_	-	Ξ	1	Π Ξ	-		1 3	10	8	_	1
PACIFIC	46	_	134		56	6	4	1	79	96	51	2	242
Wash.	4	-	69		52	-	_	-	1	9	4	-	8
Oreg.†	16	-	1	-	_	-	-	-	6	11	i	_	9
Calif.† Alaska	26	_	57		1	6	3	1	71	74	43	-	199
Hawaii	=	_	7	_	3 -	_	1	-	1	1	1 2	2	22
Guam	NA	NA	NA	NA NA	-	NΔ	-	:±0	NA	N A	NA	NA	-
Pac. Trust Terr. P.R.	N A	NΑ	NA 3	NA.		NA 1	NΔ	NA	NA 2	NA 3	NA 7	NA _	-
V.I.	=	-	-	_		1	_	_	2	3			4

NN: Not notifiable.

NN: Not notifiable. NA: Not available.

*Delayed reports received for 1977 are not shown below but are used to update last year's weekly and cumulative totals.

Delayed reports received for 1977 are not shown below but are used to update last year's weekly and cumulative totals.

The following delayed reports will be reflected in next week's cumulative totals: Asep. meng. N.J. + 4, Ohio +4, Wis. –1; Bruc.: Mo. +1, S.C. +1; Chicken-Dox: Conn. +6, S.C. +2, Tex. +1, Calif. +38; Enceph., prim.: N.J. +1, Ind. +2, Wis. +2; Enceph, post other: Wis. +1; Hep B: Vt +1, Pa. +21, Mo. +1, Okla, –2, Tex. +1; Hep. A. Vt -1, Pa. +17, Wis. –1, Mo. –19, N.Dak. +5, Va. –1, Okla. –3, Oreg. +1; Hep. unsp.: Pa. +5, Mo. +6, Va. –3, Okla. –5, Tex. –1, Oreg. –1; Malaria: Mo. +2, Okla. –1.

TABLE III (Cont.'d). Cases of specified notifiable diseases, United States, weeks ending November 11, 1978, and November 12, 1977 (45th week)

MMWR

REPORTING AREA	M	IEASLES (RU	BEOLA)	MENING	GOCOCCAL IN TOTAL	FECTIONS	,	MUMPS	PERTUSSIS	RUB	ELLA	TETANUS
HEFORTING AHEA	1978	CUM. 1978	CUM. 1977*	1978	CUM. 1978	CUM. 1977*	1978	CUM. 1978	1978	1978	CUM. 1978	CUM. 1978
UNITED STATES	176	24,954	53,778	29	2,027	1,500	223	14,554	46	86	17,044	70
NEW ENGLAND	9	2,024	2,504	1	114	61	9	789	_	14	774	3
Maine t	-	1,316	173	1	9	3	1	512	-	ı	154	-
N.H.†	5	63 51	511		8	3		15	-	1	105	
Vt. Mass.†	4	258	294 629	_	2 42	6 18	1 2	6 92	=	12	27 242	2
R.I.	_	230	64	_	19	2	í	48	Ξ	12	42	_
Conn.	=	328	833	-	34	29	4	116	-	-	204	1
MID. ATLANTIC	3	2,217 1,411	8,418	4	340	198	2	672	5	5	3,032	5
Upstate N.Y. N.Y. City	2	374	753	1	110 78	44 52	1	2 20 1 58	4	1	534 141	2
N.J.	_	74	197		61	48	_	1 42	-	2	1,612	_
Pa.	-	358	3,619	-	91	54	-	152	_	1	745	3
E.N. CENTRAL Ohio	5 I	11,166 493	11,516 1,859	7	222 72	172	127	5,940	21	34	8,527	3
Ind.	7	213	4,349	1	39	61 13	72 10	1,091	5 1	1 5	1,377 612	1
III.	В	1,180	1,815	_	30	38	10	1,916	14	12	1,749	i
Mich.	35	7,794	1,041	5	68	45	24	1,471	i	13	3,233	140
Wis.	-	1,486	2,452	1	13	15	11	1,123	-	3	1,556	-
W.N. CENTRAL Minn.	1	402 38	9,522	-	72	63	3	1,984		-	688	- 8
lowa		55	2,630 4,315	_	2 1 5	19	_	22 153	_	-	129 62	2
Mo.†	_	15	1,046	_	29	23	1	1,173			109	1
N. Dak.	1	199	28	_	3	1	ì	17	_	_	82	-
S. Dak.	-	-	75	-	3	4	-	7	_	_	112	1
Nebr. Kans.	_	5 90	214 1,214	_	11	2 5	ī	25 587	-	_	34 160	-
C ATLANTIC	33											
S. ATLANTIC Del.†	-	5,233	4,674 22	6	506 16	334 22	15	8 8 4 5 6	3	9	1,056 36	17
Md.	-	51	372	2	37	22	1	72	-	-	7	2
D.C. Va.	_	2.830	14		2			2	_	-	1	
W. Va.†	3	1,062	2.747 259	1	59 14	32	1 2	177 182	_	2	247 330	1
N.C.	1	122	65	-	95	71	2	75	1	6	196	3
S.C.†	-	199	156	-	30	35	_	17	-	=	28	4
Ga. Fla.	29	34 927	768 271	2	5 8 195	48 95	_ 9	70 233	1	- 1	27 184	7
E.S. CENTRAL	3	1,431	2,034	3	160	156	2		_	10	524	
Ky.	2	122	1,191	-	30	32	1	1.182 215		10	144	3
Tenn.	1	961	727	-	41	41	-	453	_	-	206	_
Ala.		101	78	2	49	53	1	4 30	-	-	22	-
Miss.	-	247	38	1	40	30	_	84		-	152	1
W.S. CENTRAL	30	1,208	2,148	3	288	289	42	1,811	2	3	952	14
Ark.	-	16	29	1	23	16	4	606	-	-	58	1
La. Okla.	1	344 15	80 66	-	119	132	_	65	-	_	486	1
Tex.t	29	833	1,973	2	17 129	14 127	38	1,136	2	3	16 392	3 9
MOUNTAIN	_	263	2,542	,	.,	27	•	4 30			222	-
Mont.	_	105	1,162	2	46	37 4	2 1	4 30 1 46	1	1	222 18	3
Idaho	_	1	163	1	5	6		20	1	_	2	1
Wyo.	-	_	19	-	_	2	-	1	-	-	~	_
Colo.	-	37	504	-	3	1	_	101	-	-	49	1
N. Mex. Ariz.	_	56	257 323	_	8 15	10 10	_ =	16 19	-	-	3 99	-
Utah	_	44	21	_	15	3	1	119	_ =	1	38	ī
Nev.	-	20	93	1	6	1	-	8	-	_	13	-
PACIFIC	46	1,010	10,420	3	279	190	21	862	14	10	1,269	14
Wash.	40	266	548	-	44	27	2	194	-	_	119	1
Oreg. Calif.	-	148	366	-	29	18	. 6	117			126	-
Alaska	6	583 1	9,411	3	192	111 31	12	512 12	14	10	1,004	13
Hawaii	-	12	35	-	5	3	-	27	-	-	8 12	-
Guam t Pac. Trust Terr.	N A	24	ç	()	1	1	NΔ	38	NA	NA	4	1
P.A.	NA 6	27 285	NA 996	1	i.	NA 1	NA 19	1.423	NΑ	NA	2 17	9
V.I.		6	14	•	ì	•	. ,	1 423	100	-	1,	-

NA: Not available.

*Delayed reports received for 1977 are not shown below but are used to update last year's weekly and cumulative totals.

†The following delayed reports will be reflected in next week's cumulative totals: Measles: Mass. -2, Guam +1; Men. inf.: Maine +1, Mo. +1, W.Va. -1, S.C. +3, Tex. +4; Mumps: N.H. +2; Pertussis: Mo. -1; Rubella: Mo. -2, Del. +1, S.C. +1.

TABLE III (Cont.'d). Cases of specified notifiable diseases, United States, weeks ending November 11, 1978, and November 12, 1977 (45th week)

		RCULOSIS	OSIS TULA: TYPHOID REMIA FEVER			(Tick	YPHUS FEVER VENEREAL DISEASES (Civilian) (Tick-borne) (RMSF) GONORRHEA SYPHILI						IC (B-i A C)		
REPORTING AREA		CUM.	REMIA CUM.	-	CUM.	(RI			GONORRHEA CUM.	CUM.		PHILIS (Pri.	& Sec.) CUM.	Animal	
	1978	1978	1978	1978	1978	1978	1978	1978	1978	1977*	1978	1978	1977*	1978	
INITED STATES	479	25,515	119	10	447	4	982	19.218	878,479	965,749	372	18,747	17,707	2,73	
IEW ENGLAND	12	835	2	1	78	-	13	487	22,412	23,298	12	514	700		
laine	-	64	-	-	Ξ	_	-	38	1.831	1,742	1	9	26	7	
l,H.†	2	15 35	_	-	5	-	-	11	1,017	967 580	_	3	7		
/t. Nass.	3	485		1	1 60		- 5	12 262	9,789	9,845	4	313	488		
nass. 3.1.	3	60	_	_	4	_	í	18	1,604	1,858	2	22	8		
Conn.†	4	176	2	-	8	-	7	146	7,631	8,306	5	162	167		
MID. ATLANTIC	72	4,230	5	1	60	-	55	2,188	94,868	90,410	52	2,465	2,499		
Jpstate N.Y.	37	684	4	1	8	-	31	578	16,230	15,581	-	163	230		
N.Y. City	14	1,537	1	-	38	-	4	627	35.747	34,978	35	1.715	1.574		
N.J. Pa.	21 NA	897 1,112	_	_	7	_	12 8	448 535	17,843 25,048	16,139 23,712	10	306 281	326 369		
TAL OFFITRAL		. 044			38			3,749			55	2,155	1,809		
E.N. CENTRAL Ohio†	102 25	4,064 754	1	_	6	1	48	1,230	137,226 35,884	137,437 36,560	12	389	421		
Ind.	- 9	477	-	_	2	_	1	117	14,042	12,712	5	150	139		
III.	32	1,516	-	_	17	_	25	1.316	43,562	44.454	26	1,367	936		
Mich.†	18	1,110	-	-	13	-		718	31,706	31,671	L 1	193	218		
Vis.	18	207	-	-	-	-	-	368	12,032	12,040	1	56	95		
N.N. CENTRAL	10	826	23	-	19	-	44	853	44,328	45,053	11	402	395		
Ainn.	1	140	-	-	7	-	-	190	7,476	8.045	6	143	129		
owa	1	96	. 1	_	3	_	1	98	4,864	5.272	2	42	39		
Vlo.† N. Dak.	6	368 31	18	_	4		20	216 24	19,521 804	18,678	2	129	150		
N. Dak. S. Dak.	_	65		_		_	,	33	1,514	1,365		3	3		
s, Dak, Vehr	2	23	110	_	1	_	10	57	3,193	3,862		13	25		
Cans. †		103	4	-	4	-	5	235	6,956	6,985	1	69	40		
. ATLANTIC	104	5,452	9	2	60	3	531	4,115	213,272	212,806	95	4,958	4, 813	4	
Del.	2	50	-	-	3	-	5	66	2,999	2,945	-	10	19		
Md.	19	826	5	-	11	-	105	605	27,431	26,250	6	375	297		
D.C.	9	268	-	-	1 5	_	1	311	14,397	13,931	6	392 413	484		
Va. † W. Va.	î	571 211	4	1	7	_	111	362	20,602	22,216	2	27	465 3		
N.C.T	15	850	_		ż	3	197	742	30.387	32,121	13	523	655		
S.C. †	3	460	_	1	9		56	566	21,057	20,031	6	255	213		
Ga.	20	756	-	_	4	-	45	827	41,066	40,987	27	1,240	1,071		
Fla. t	27	1,460	-	-	18	-	-	592	52,421	51,439	29	1,733	1,606		
E.S. CENTRAL	43	2,419	7	-	9	-	180	1,646	74,269	76.886	11	986	690		
Ky. t	22	557	3	-	2	-	42	211	9,944	10,357	3	131	93		
Tenn. Ala.	2	738	3	_	3	-	111	461	27,167	30 . 889	_	334	223		
via. Viss.	3 16	576 548	1	-	3 1	-	13 14	422 552	21,206 15,952	21,018 14,622	2	166 353	146 228		
V.S. CENTRAL	55	2,998	58	2	45		96	2,301	117,716	138,968	57	2,995	2,565	8	
Ark.	íí	356	39	_	9	_	15	168	8,856	8,349	- 13	65	63		
La.	- 9	529	6	_	4	-	1	400	19,092	16,426	í	631	593		
Okla.	5	291	9	-	5	-	54	212	11,038	10.581	-	81	69	1	
Гех.	30	1,822	4	2	27	-	26	1.521	78,730	73,612	53	2,218	1,840	4	
MOUNTAIN	33	762	10	1	20	-	11	841	33,696	34,994	7	400	370		
Mont.	-	53	-	-	3	-	2	48	1,901	1,842	-	8	5		
daho	-	30	3	-	5	-	3	39	1,378	1,592		13	12		
Nyo.		14	2	-	-	-	1	43	639	818	1	125	3		
Colo. N. Mex.	12	93 123	1	_	4 2		2	268 31	9,285	9,115	3	125 76	109		
Ariz.	14	350	1	1	4		1	198	4,860 8,690	5,142 9,690		91	76 140		
Jtah	3	35	3		ĩ	-	-	60	1,830	2,102	_	12	10		
Vev.	_	64	-	-	ì	-	2	154	4,913	4,693	3	66	15		
ACIFIC	48	3,929	4	3	118	-	4	3,038	140,692	135,897	72	3,872	3,866	3	
Vash.	NA	273	-	-	7	-	1	231	11,567	10,580	NA	214	230		
Oreg.	4	153	1	_	1	-	2	1 42	9,682	9,357	3	146	126		
Calif.	42	2.982	3	3	99	-	1	2,528	112.662	108,719	69	3,462	3,451		
Alaska Hawaii	- 2	59 462	-	_	11			79 58	4,307 2,474	4,402 2,839	_	11 39	25 34		
	_														
Guam †	N A	53	-	NA	-	NA	-	NA	186	197	NA	-	2		
		6	-	NA	-	NA	-	NA.	32	N A	NΑ	-	N A		
Pac. Trust Terr P.R.	NA 18	349			3			37	1,947	2,789	16	434	456	. :	

NA: Not available.
*Delayed reports received for 1977 are not shown below but are used to update last year's weekly and cumulative totals.

[†]The following delayed reports will be reflected in next week's cumulative totals: TB: Mich. -4, Mo. -8, Kans. -1, N.C. -1, Fla. -10, Ky. -1; Tularemia: Mo. +4; Typhoid fever: Mo. +1; RMSF: Ohio -1, Mo. +3, Va. -1; GC: N.H. +8 civ., Conn. +12 mil., Guam -93 civ. +93 mil.; An. rabies: Mo. -1, S.C. +3.

TABLE IV. Deaths in 121 U.S. cities,* week ending November 11, 1978 (45th week)

ALL AGES ASS 4564 2544 <1 TOTAL AGES AGES			ALL CAUS	ES, BY AGE	(YEARS)			(A)(4)()		ALL CAU	SES, BY AG	E (YEARS)		
Botton, Mass. 149 88 46 55 5 6 Ratinmon, Mass. 149 88 46 55 5 6 Ratinmon, Mass. 149 88 46 55 5 6 Ratinmon, Mass. 159 86 59 7 8 88 17 88 88 17 18 11 12 12 16 11 12 18 18 18 18 18 18 18 18 18 18 18 18 18	REPORT!NG AREA		>65	45-64	25-44	<1		REPORTING AREA		>65	45-64	25-44	<1	P & TO
Beston, Mass. 149 88 46 5 5 5 6 Microphory, Com. 45 27 10 6 1 2 3 Microphory, Com. 45 27 10 6 1 2 3 Microphory, Com. 46 28 7 10 6 1 2 3 Microphory, Com. 47 28 6 1 1 4 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	NEW ENGLAND		404	159	26	18	33	S. ATLANTIC	1,138	683	325	70	33	•
Sambridge, Mass. 25 23 1 1 - 3 Lacksorwille, File 64 25 20 8 6 1 4 1 1 1 1 1 1 1 1					5		6			86	59	7		1
Section Sect						1								
Sarrierd Conn.	ambridge, Mass.			1		-								
.owell, Mass.														
yon, Mas. 15 6 7 1 1														
Non-Bardford, Mass. 11 10 Swammah, Ga. 36 22 10 1 -						1								
New Haven, Conn. 50 22 21 6 - -	lew Bedford Mass												1	
Tempa, Fia. 4 2 13 4 4 6 1				21		_		St Petersburg Fla						
Somerarille, Mass. 43 29 12 2 2 3 4 5 5 1 1 5 5 5 1 1 5 5	rovidence, R.I.					4							- 1	
pringfield, Mass. 43 29 12 - 2 3 4 Wilmington, Del. 32 24 5 1 1 1 wilmington, Col. 34 29 5 3 8 Vilmington, Col. 34 29 5 3 Vilmington, Col. 34 29 5 4 Vilmington, Col. 34 29 5 4 Vilmington, Col. 34 29 5 4 Vilmington, Col. 34 29 5 2 Vilmington, Col. 34 29 5 4 Vilmington, Col. 34 29 5	omerville, Mass.	11			_						-			
Manufary, Conn. 34 29 5 - 3	pringfield, Mass.	43	29	12	_	2	3							
BLO. ATLANTIC 2,110 1,378 486 137 56 90 100, 100, 100, 100, 100, 100, 100, 1					-	_	3							
MID. ATLANTIC 2,110 1,378 486 137 56 90 150 140	Vorcester, Mass.	67	45	18	-	1	8							
MID. ATLANTIC								E.S. CENTRAL					20	
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USMY, N.Y. 30 34 14 4	IID. ATLANTIC					56		Chattanooga, Tenn.					-	
uffalo, N.Y. 100 65 22 8 4 7 7 8 8 90 23 8 2 8 8 90 8 97 8 97 1 9 98 90 97 1 9 98 97 1	UDENTY, IN.Y.					-	_	Knoxville, Tenn.					_	
amden, N.J. 33 21 10 - 2 2 2 Mobile, Aia iziabeth, N.J. 18 10 7 7 1 - 2 2 3 6 3 4 4 12 interport, N.J. 45 33 10 2 - 3 13 10 2 - 3 14 interport, N.J. 45 33 10 2 - 3 13 14 29 6 15 7 14 6 11 intellediphia, Pa.† 313 12 20 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	uffalo N V							Louisville, Ky.						
Lizabeth, N.J. 18					8							8		
rise, Pa.† 38 22 12 2 - 3	lizabeth, N.J				ī				7 -			-	4	
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sading, Pa	ttsburgh, Pa.1			20	-	-					9			
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Conkers, N.Y. 39 25 12 2 - 1								New Orleans, La.						
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		55	31	15	5	4	6	TOTAL	-3,071	-,207	-1-76	ررن	,,,,	-

^{*}Mortality data in this table are voluntarily reported from 121 cities in the United States, most of which have populations of 100,000 or more. A death is reported by the place of its occurrence and by the week that the death certificate was filed. Feral deaths are not included.

Pneumonia and influence.

¹⁸ecause of changes in reporting methods in these 4 Pennsylvania cities, there will now be 117 cities involved in the generation of the expected values used to monitor pneumonia and influenza activity in the United States. Data from these 4 cities will appear in the tables but will not be included in the totals for the United States and the Middle Atlantic Region.

Febrile Illness

Persons with febrile illness should not be vaccinated until they have recovered. Minor illnesses such as upper respiratory infections, however, do not preclude vaccination.

Allergies

Live rubella virus vaccine is produced in duck embryo cell culture or in human diploid cell culture. It has not been reported to be associated with allergic reactions and can be given to all who need it, including persons with allergies to eggs, ducks, and feathers. Live rubella virus vaccine does not contain penicillin. Some vaccines do contain trace amounts of other antibiotics, however, to which patients may be allergic. Those administering vaccines should review the label information carefully before deciding whether patients with known allergies to such antibiotics can be vaccinated safely.

Altered Immunity

Replication of the rubella vaccine virus may be potentiated in patients with immune deficiency diseases and by the suppressed immune responses that occur with leukemia, lymphoma, or generalized malignancy or with therapy with corticosteroids, alkylating drugs, antimetabolites, or radiation. Patients with such conditions should not be given live rubella virus vaccine.

Simultaneous Administration of Certain Live Virus Vaccines

See "General Recommendations on Immunization," MMWR 25:349-350, 355, 1976.

OUTBREAK MANAGEMENT

To prevent the spread of rubella in outbreaks, susceptibles at risk should be vaccinated promptly. Women at risk of exposure who are not aware of being pregnant and agree to prevent conception for 3 months should be vaccinated. Although prevaccination serologic testing is not necessary, it may be useful to collect a blood specimen at the time of vaccination. Later, it can be tested if the woman had been pregnant at the time of vaccination or should become pregnant in the next 3 months.

SURVEILLANCE

Accurate diagnosis and reporting of rubella, congenital rubella syndrome, and vaccine complications are of great importance in assessing the progress in rubella control. Furthermore, all cases of birth defects suspected of being related to rubella should be thoroughly investigated and reported to state health departments.

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Current Trends

Teenage Childbearing and Abortion Patterns, 1976

In 1976, teenagers* of all ages continued to have fewer births and more abortions when compared to previous years.

Births to teenagers, the birth rate for teenagers, and the percentage of all births occurring to female teenagers all decreased when compared to 1975 figures. Births among 15-to 19-year-old women numbered 558,744 (down from 582,238 in 1975) or 17.6% of all births. Births to females under age 15 also declined—down from 12,642 in 1975 to 11,928. The birth rate for females aged 15-19 fell to 53.5 births per 1,000 females from 58.2 in 1975, among 12- to 14-year-old teenagers, the rate fell to 2.0 births per 1,000 women from 2.1 in 1975. This is the first time in many years that the birth rate for girls 14 and younger has declined.

The number of reported and estimated abortions continued to increase. For females aged 14 and under there were 13,291 abortions, compared to 11,639 in 1974. For 15-to 19-year-old women there were 300,956 (up from 237,294 in 1974). The 1976 abortion ratio for females aged 14 and under was 1,114 abortions per 1,000 live births. For 15- to 19-year-old women, the rate was 539 abortions per 1,000 live births.

Eight states showed an increase in births to 15- to 19-year-olds between 1974 and 1976, while 42 states and the District of Columbia showed a decrease (Table 1). Actual figures ranged from a 13.4% increase in Utah to a 19.1% decrease in the District of Columbia.

Reported by Family Planning Evaluation Div. Bur of Epidemiology, CDC.

Editorial Note: A number of recent trends are relevant to teenage fertility patterns. The number of teenagers will decline in future years due to low birth rates in the late 1960s and 1970s. The number of women 10 to 14 years old is expected to decline from 9.7 to 8.5 million between 1976 and 1981; the number of 15- to 19-year-olds should decrease from 10.4 to 9.7 million (1).

National surveys of 15- to 19-year-old women in 1971 and 1976 have indicated a trend toward greater sexual experience and greater contraceptive use. However, one-third of sexually active respondents in 1976 had used no method the last time they had intercurse. The majority (over 70%) of out-of-wedlock conceptions were unintended. Between 1971 and 1976, abortion was increasingly used by survey respondents; 31% of out-of-wedlock first pregnancies were terminated by induced abortion (2-4).

Because the majority of teenage out-of-wedlock pregnancies are unintended, and because fertility of married women is currently very low, teenage pregnancies continue to constitute a large share of all unplanned pregnancies.

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^{*}Teenagers were defined as those 12 to 19 years old.

TABLE 1. Births* to teenage females in 1976, with percent change from 1974, and abortions** to teenage females in 1976. United States, by state and HEW region

	Fe	males aged 14 and	younger		Females aged 15	i-19
7	Births 1 1976	% change in births 1974-1976	Abortions ²	Births ¹ 1976	% change in births 1974-1976	Abortions ²
REGION I TOTAL	270	1.9	543	18,581	-10.2	17,461
Connecticut	74	-14.0	141	4,253	-8.9	4,134
Maine3	22	- 18.5	19	2,589	-4.3	602
Massachusetts3	133	25.5	316	7,684	-12.8	10,167
New Hampshire	10	-16.7	21	1,506	-10.0	702
Rhode Island	21	-4.5	28	1,565	-9.3	
Vermont	10	-16.7	18	984	-9.3 -11.2	1,107 749
REGION II TOTAL	994	6.5	1,923	41,903	-6.0	43,753
New Jersev ⁴ New York	310 684	5.4 7.0	444 1,479	12,008 29,895	-6.7 -5.7	7,186 36,567
		1				
REGION III TOTAL	1,197	-2.3	2,405	55,554	-7.3	42,301
Delaware ³	56	16.7	46	1,616	-5.5	817
District of Columbia	85	-3.4	599	2,199	19.1	8,535
Maryland	241	-8.0	404	9,095	-5.4	7,754
ennsylvania	434	5.1	925	23,660	7.3	17,149
'irginia	268	-17.3	413	12,515	-10.9	7,729
Vest Virginia ³	113	25.6	18	6,469	2.2	317
REGION IV TOTAL	3,491	-11.5	2,403	120,770	-10.8	40,901
Nabama3	407	-4.0	141	13,793	-10.8	2,392
lorida ³	723	-11.4	680	22,099	-9.5 -13.5	11,576
Beorgia	546	- 22.2	485	17,927	-12.5	7,582
Centucky	269	8.5	282	12,860	-1.4	3,025
1 ississi ppi	358	-25.1	35	11,207	9.9	483
lorth Carolina	454	-11.2	426	17,934	-13.6	8,109
outh Carolina	348	5.8	87	10,680	10.7	1,882
ennessee	386	-11.7	267	14,270	- 10.5	5,852
EGION V TOTAL	2,110	-7.7	1,453	111,907	-8.1	50,689
llinois	702	-3.4	391	29,109	- 5.2	16,046
ndiana	312	5.8	143	15.970	-9.7	2,916
Nichigan3	401	-20.0	337	22,630	-13.0	11,768
/innesota	68	-20.0	155	6,900	-13.0	
						5,350
Ohio Visconsin ³	503	-9.9	314	28,233	-8.3	10,664
	124	-8.8	113	9.065	5.2	3,945
REGION VI TOTAL	2,016	0.6	1,297	83,694	-1.3	23,740
Arkansas	243	8.5	70	8,514	-3.6	1,235
ouisiana	439	7.1	102	16,053	2.3	1,912
lew Mexico ³	77	28.3	89	4,389	1.1	1,636
klahoma ³	177	-4.8	135	9,792	2.7	2,466
exas3	1,080	-3.8	901	44,946	-2.1	16,491
EGION VII TOTAL	442	-10.9	579	28,653	-5.5	11,022
pwa ³	55	-21.4	100	6,168	2.4	1,905
Sansas	99	30.3	212	6,203	0.7	3,662
Aissouri	262	-14.7	193	13,041	-8.7	3,901
Nebraska	26	-39.5	74	3,241	-8.5	1,554
	WHEN A ST.			ì	ŧ	1
EGION VIII TOTAL	150 66	-3.2	224	16,797	-2.9	6,531
Colorado		-13.2	138	6,429	-6.1	3,900
/lontana	16 14	-20.0	17	1,939	- 10.4	632
Incale Delineard	14	75.0	20	1,478	- 1.8	585
	/	0.0	16	1,696	-13.5	546
outh Dakota			29	4,035	13.4	744 124
outh Dakota Itah	26	8.3			-3.0	17/
outh Dakota Itah Vyoming ³	26 11	10.0	4	1,220		
outh Dakota Itah Wyoming ³ REGION IX TOTAL	26 11 1,043	10.0 0.7	4 2,005	64,319	0.9	51,183
outh Dakota Itah Wyoming ³ REGION IX TOTAL Krizona	26 11 1,043 136	10.0 0.7 -13.9	2,005 50	64,319 7,350	0.9 -5.8	51,183 1,635
iouth Dakota Itah Vyoming ³ REGION IX TOTAL Arizona Galifornia	26 11 1,043 136 865	10.0 0.7 -13.9 6.3	4 2,005	64,319	0.9 -5.8 2.1	51,183
outh Dakota Juah Wyoming ³ REGION IX TOTAL krizona Galifornia Jawaii	26 11 1, 043 136 865 14	10.0 0.7 -13.9 6.3 -58.8	2,005 50 1,868 53	64,319 7,350	0.9 -5.8	51,183 1,635 47,654 1,142
iouth Dakota Juah Vyoming ³ REGION IX TOTAL Arizona Galifornia dawaii	26 11 1,043 136 865	10.0 0.7 -13.9 6.3	2,005 50 1,868	64,319 7,350 53,025	0.9 -5.8 2.1	51,183 1,635 47,654
iouth Dakota Jiah Vyoming ³ REGION IX TOTAL Arizona Jalifornia Jalifornia Jevada	26 11 1, 043 136 865 14	10.0 0.7 -13.9 6.3 -58.8	2,005 50 1,868 53	64,319 7,350 53,025 2,232	0.9 -5.8 2.1 -1.7	51,183 1,635 47,654 1,142
iouth Dakota Jiah Vyoming ³ REGION IX TOTAL Arizona Jalifornia Jalifornia Jevada	26 11 1,043 136 865 14 28	10.0 0.7 -13.9 6.3 -58.8 -6.7	2,005 50 1,868 53 34	64,319 7,350 53,025 2,232 1,712	0.9 -5.8 2.1 -1.7 -1.6	51,183 1,635 47,654 1,142 752
iouth Dakota Jitah Wyoming ³ REGION IX TOTAL Arizona Jalifornia Hawaii Jevada REGION X TOTAL Alaska	26 11 1,043 136 865 14 28 215	10.0 0.7 -13.9 6.3 -58.8 -6.7 16.8	4 2,005 50 1,868 53 34 459	64,319 7,350 53,025 2,232 1,712 16,566	0.9 -5.8 2.1 -1.7 -1.6 -1.7	51,183 1,635 47,654 1,142 752 13,375
North Dakota ³ South Dakota Utah Nyoming ³ REGION IX TOTAL Arizona California -lawaii Nevada REGION X TOTAL Alaska daho ³ Oregon	26 11 1,043 136 865 14 28 215	10.0 0.7 -13.9 6.3 -58.8 -6.7 16.8 -33.3	2,005 50 1,868 53 34 459 17	64,319 7,350 53,025 2,232 1,712 16,566 1,024 2,668	0.9 -5.8 2.1 -1.7 -1.6 -1.7 -6.6 6.0	51,183 1,635 47,654 1,142 752 13,375 356 345
South Dakota Jitah Nyoming ³ REGION IX TOTAL Arizona California Hawaii Nevada REGION X TOTAL Alaska, daho ³	26 11 1,043 136 865 14 28 215 8	10.0 0.7 -13.9 6.3 -58.8 -6.7 16.8 -33.3 20.8	4 2,005 50 1,868 53 34 459	64,319 7,350 53,025 2,232 1,712 16,566 1,024	0.9 -5.8 2.1 -1.7 -1.6 -1.7 -6.6	51,183 1,635 47,654 1,142 752 13,375 356

by state of residence

^{**} by state of occurrence

^{1.} Preliminary tabulations are provided by the National Center for Health Statistics.

^{2.} Data are those reported by states in the 1976 Abortion Surveillance Report (5), except as noted for individual states.

^{3.} These states did not report abortions by age in 1976. The estimate was derived by assuming that the percentage of abortions occurring to females of each age group was the same as the average for known states in the region.

^{4.} Numbers are estimates based on partial reporting, by age.

Influenza — Texas, Worldwide

Texas: Throat swabs taken from 4 patients in Houston between October 18 and 31, 1978. have grown influenza viruses that were antigenically characterized as A/USSR/77(H1N1)like viruses at the Influenza Research Center, Baylor College of Medicine. The first patient, a 63-year-old woman with sore throat, malaise, and temperature of 100.6 F (38.1 C) was seen on October 18; she had not been out of the Houston area for 2 months. Two other patients were a 23-month-old boy and his 4-year-old sister; they had symptoms of a common cold and fever and were seen at a public clinic on October 31. The fourth isolate was obtained at Methodist Hospital from a 3-year-old boy with a history of respiratory illness and febrile convulsions who was admitted directly upon his arrival from Mexico City on October 22. Three of his siblings had also recently had fever and headaches. In Houston there has been no increase in school absenteeism or incidence of febrile respiratory disease seen at pediatric clinics.

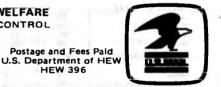
An influenza B isolate was obtained from a patient with respiratory illness seen at the U.S. Air Force Hospital, Bergstrom Air Force Base, Texas, on September 28.

Worldwide: Sporadic outbreaks of influenza caused by A/USSR/77-like viruses were reported in September from Australia and in October from Malaysia. During this same period sporadic outbreaks of influenza B were reported in New Zealand, Hong Kong, and Australia

Reported by RB Couch, MD, WP Glezen, MD, Influenza Research Center, Baylor College of Medicine, Houston; S Greenberg, MD, Virus Diagnostic Laboratory, Methodist Hospital, Houston; USAF Hospital, Bergstrom Air Force Base, Texas; Epidemiology Div, USAF School of Aerospace Medicine, Brooks Air Force Base, Texas; the World Health Organization in the Weekly Epidemiological Record 53:314, 319, 1978.

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