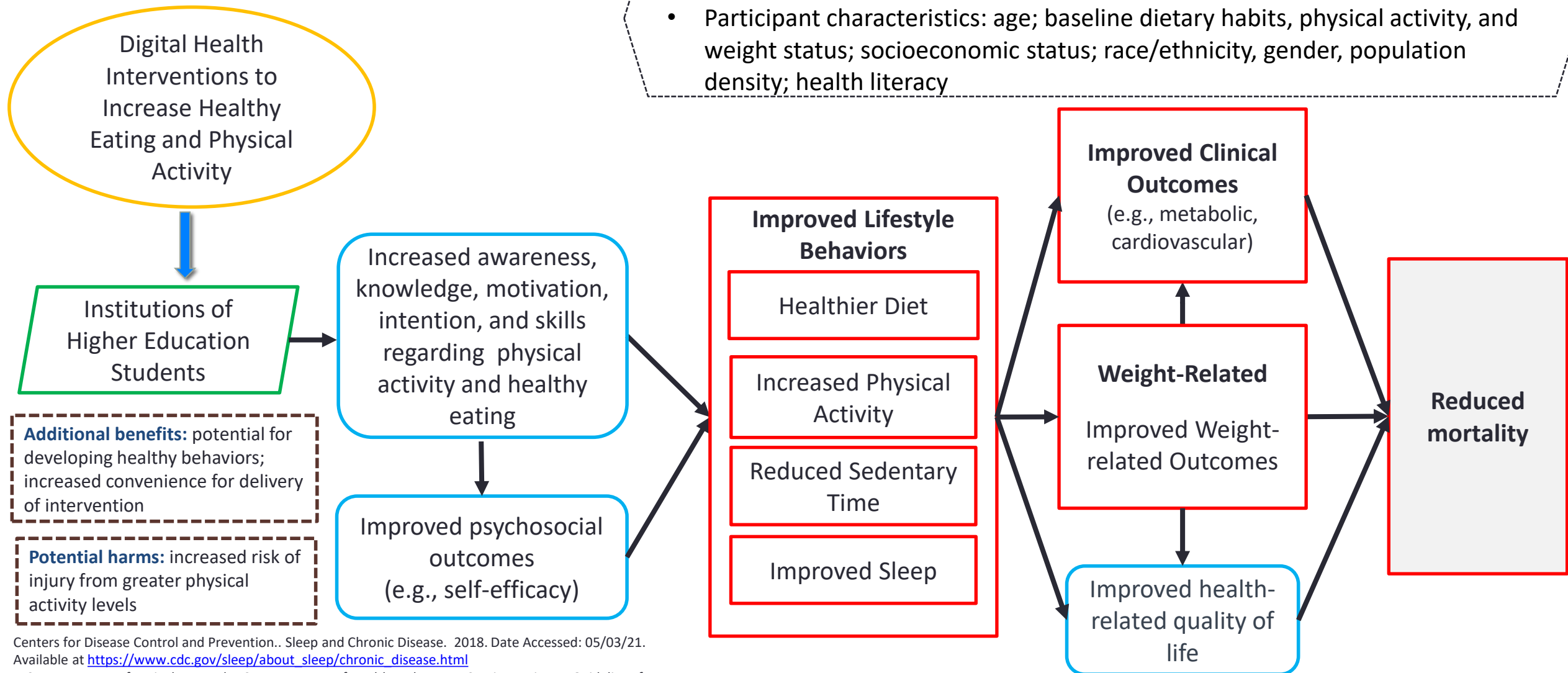


Analytic Framework: Digital Health and Telephone Interventions to Increase Healthy Eating and Physical Activity among Students at Institutions of Higher Education



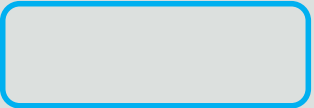






Accessible version: <https://www.thecommunityguide.org/sites/default/files/assets/AF-nutrition-pa-digital-health-ihe-508.pdf>



Centers for Disease Control and Prevention.. Sleep and Chronic Disease. 2018. Date Accessed: 05/03/21. Available at https://www.cdc.gov/sleep/about_sleep/chronic_disease.html
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Source (with narrative description): Guide to Community Preventive Services. Digital Health and Telephone Interventions to Increase Healthy Eating and Physical Activity among Students at Institutions of Higher Education. <https://www.thecommunityguide.org/findings/nutrition-and-physical-activity-digital-health-and-telephone-interventions-increase-healthy-eating-and-physical-activity-among-students-institutions-higher-education>

Icons in Community Guide Analytic Frameworks

Icon	Interpretation
	Intervention
	Outcomes considered for conclusions on effectiveness and recommendations regarding use
	Other intermediate outcomes/variables (not considered for conclusions on effectiveness and recommendations regarding use)
	Population
	Key potential effect modifiers (affecting causal relationships)
	Additional benefits/Potential harms/Disparities
	Unidirectional block arrows are applied between intervention and population icons
	Unidirectional arrows for causal relationships
	Bidirectional arrows show feedback loops