



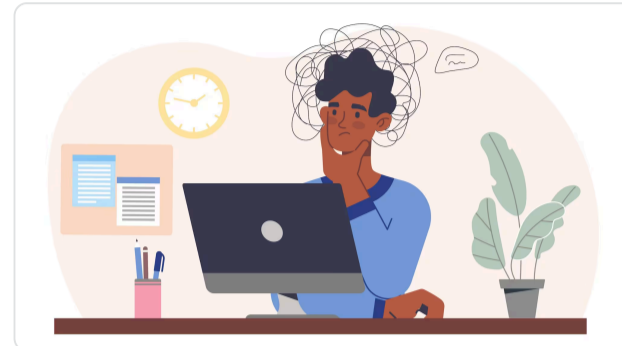
JUNE 10, 2024

NATIONAL INSTITUTE FOR OCCUPATIONAL SAFETY AND HEALTH (NIOSH) > TOTAL WORKER HEALTH

Total Worker Health[®] in Action! June 2024

AT A GLANCE

In this edition, we talk with NIOSH researchers about an urgent call to address psychosocial hazards. We share recommendations and resources for employers, including a new course on crisis preparedness. Keep reading for summer reading list suggestions and an important save-the-date!



Exclusive

Hear from NIOSH researchers about a recent article titled "[An urgent call to address work-related psychosocial hazards and improve worker well-being.](#)"

Why is this urgent?

Work-related psychosocial hazards may soon overtake many other on-the-job hazards as far as their impact on health, injury, disability, and costs. These hazards can cause physical and psychological harm for workers, like stress, strain, or relationship problems.

What can employers do?

Employers can use the [Hierarchy of Controls Applied to NIOSH Total Worker Health](#) as a framework to address these hazards. This framework highlights approaches that include both organizational- and individual-level interventions. In general, employers should start with interventions targeting working conditions and organizational-level solutions before using individual-level interventions.

What preventive actions are recommended?

The report recommends society-level actions that may help address work-related psychosocial hazards:

1. Increase awareness of this critical issue through a comprehensive public campaign
2. Increase etiologic, intervention, and implementation research
3. Begin or expand surveillance efforts
4. Increase turning research findings into guidance for employers and workers
5. Increase the number and diversity of professionals skilled in preventing and addressing these psychosocial hazards
6. Develop a national regulatory or consensus standard to control work-related psychosocial hazards

Learn more

Preventing and addressing work-related psychosocial hazards will help protect workers and promote their health and well-being. Read an overview of the article on the [NIOSH Science Blog](#).

News

Save the date!



The [4th International Symposium to Advance Total Worker Health](#) will be held **October 21-24, 2025**.

Employers: Prepare for crises and disasters

The Center for the Promotion of Health in the New England Workplace released a new [Employer Crisis Preparedness](#) online course. The free, self-paced course aims to help employers protect employee health, safety, and well-being in disaster preparedness planning. The course provides essential, flexible tools that can help bring about organizational change to create a culture of preparedness.

New Total Worker Health @CDC.gov

We are thrilled to announce the [new website](#) is live! The new site features streamlined web content, updated navigation, and a new look and feel. We hope you find it enriching to your work. Please contact TWH@cdc.gov if you have any feedback or questions.

Policy spotlight: Recovery friendly workplaces

Through the Center for Health, Work & Environment's efforts to establish [Recovery Friendly Workplaces](#), Colorado's Governor recently signed [Senate Bill 24-048](#). This bill helps establish workplace programs to support people in recovery from substance use disorders.

Sleep and heart health

Researchers from the Oregon Healthy Workforce Center presented at a workshop hosted by the National Institutes of Health. View the recorded session [System Level Approaches to Sleep and Cardiovascular Resilience](#) presented on the second day of the workshop.

Supporting working cancer survivors

The Center for Health, Work & Environment's [Well-Being and Cancer at Work](#) initiative is integrating cancer care with occupational health. A new service will refer cancer patients to occupational medicine providers during cancer treatment.

Stay connected

What's on your summer reading list?

Check out the latest NIOSH Science Blogs and articles featuring *Total Worker Health* research:

- [A Community Health-focused Certificate in Total Worker Health](#)
- [Framework for Protecting and Promoting Employee Mental Health Through Supervisor Supportive Behaviors](#)
- [Maintaining Brain Health: An Imperative for Successful Aging and Business Performance](#)
- [Supporting Mental Health in the Workplace](#)
- [The Role of Work Arrangements in the Future of Work](#)
- [What is Total Worker Health?](#)

What's on your calendar?

Find events on the [NIOSH Conferences, Meetings, Webinars, and Events](#) and [Society for Total Worker Health Events](#) webpages.

Connect with us

Follow us on social media [@NIOSH_TWH](#), visit our [website](#), or email us at TWH@cdc.gov.

Connect with our partners

Stay up to date on the research and events happening at the Centers of Excellence for *Total Worker Health*:

- [California Labor Laboratory](#)
- [Carolina Center for Healthy Work Design and Worker Well-being](#)
- [Center for Health, Work & Environment](#)
- [Center for the Promotion of Health in the New England Workplace](#)
- [Harvard T.H. Chan School of Public Health Center for Work, Health, & Well-being](#)
- [Healthier Workforce Center of the Midwest](#)
- [Johns Hopkins P.O.E. Total Worker Health Center in Mental Health](#)
- [Oregon Healthy Workforce Center](#)
- [University of Illinois at Chicago Center for Healthy Work](#)
- [Utah Center for Promotion of Work Equity](#)

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[Total Worker Health® in Action!](#) is the quarterly newsletter published by the NIOSH *Total Worker Health* Program. [Subscribe today!](#)

SOURCES

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National Institute for Occupational Safety and Health