

# HIV TREATMENT WORKS

LIVE A LONGER, HEALTHIER LIFE

## GET IN CARE

FIND THE RIGHT HEALTH CARE PROVIDERS. THEY CAN MAKE ALL THE DIFFERENCE AND HELP YOU STAY INFORMED ABOUT YOUR HIV CARE AND GET CONNECTED TO OTHER SERVICES.



## STAY IN CARE

MAKE HIV CARE AND TREATMENT A PART OF YOUR DAILY ROUTINE. GET TO APPOINTMENTS AND TAKE YOUR MEDICINES AS DIRECTED. IT WILL KEEP YOU HEALTHIER, LONGER.

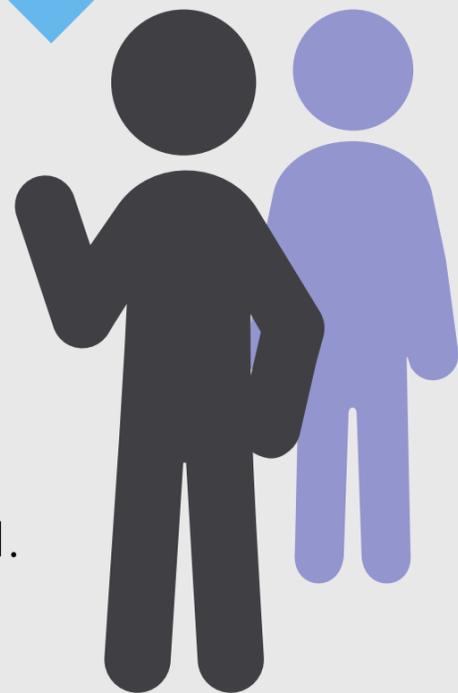


## LIVE WELL

TAKE CARE OF YOUR HEALTH. EXERCISE, EAT RIGHT, AND ASK FOR SUPPORT WHEN YOU NEED IT.

## HIV DOES NOT DEFINE YOU

TALK TO YOUR HEALTH CARE PROVIDER ABOUT ANY CHALLENGES YOU MAY HAVE. WORK TOGETHER TO MANAGE YOUR TREATMENT PLAN.



[CDC.GOV/HIVTREATMENTWORKS](https://www.cdc.gov/hivtreatmentworks)