

Criteria meeting national consensus	
Pregnancy complication	Criteria
	1a Increased pain directly attributable to pregnancy or postpartum events leading to self-harm or drug use
	1b Traumatic event in pregnancy or postpartum with a temporal relationship between the event leading to self-harm or increased drug use
	1c Pregnancy-related complication likely exacerbated by drug use
Chain of events initiated by pregnancy	Criteria
	2a.1 Cessation or attempted taper of medications for pregnancy-related concerns of neonatal or fetal risk, leading to maternal destabilization or drug use
	2a.2 Cessation or attempted taper of medications during pregnancy due to fear of Child Protective Service involvement, leading to maternal destabilization or drug use
	2b Inability to access inpatient or outpatient drug or mental health treatment due to pregnancy
	2c Perinatal depression, anxiety, or psychosis resulting in maternal destabilization or drug use
Aggravation of underlying condition	Criteria
	3a Worsening of underlying depression, anxiety, or other psychiatric condition in pregnancy or the postpartum period with documentation that mental illness led to drug use or self-harm
	3b Exacerbation, undertreatment, or delayed treatment of pre-existing condition in pregnancy or postpartum leading to use of prescribed or illicit drugs