Topic 9: Hand Hygiene





Date of Training



- · Introduction
- · Hand Hygiene
- Reflection & Next Steps



 Describe two (2) reasons why having clean hands is especially important in healthcare.

 Discuss two (2) reasons why hands are a main way that germs can spread in the environment.



Definitions

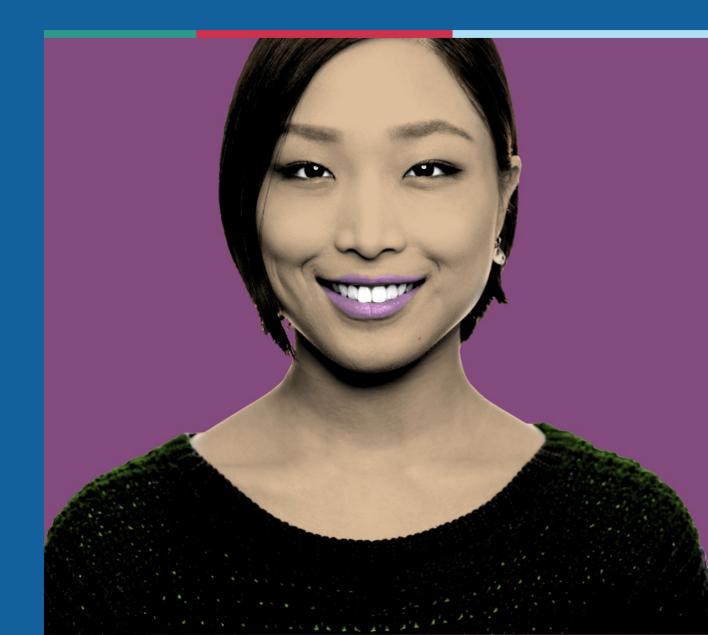
Hand Hygiene

Hand hygiene means cleaning your hands by using either handwashing (washing hands with soap and water), antiseptic hand wash, antiseptic hand rub (i.e., alcohol-based hand sanitizer including foam or gel), or surgical hand antisepsis.



Share Your Current Practice

 How many times do you wash your hands or use alcohol-based hand sanitizer throughout an average workday?



GERMS Can SPREAD From Surfaces





Inside Infection Control

INSIDE INFECTION CONTROL

DO WE REALLY HAVE TO TALK ABOUT HAND HYGIENE? AGAIN? YES!





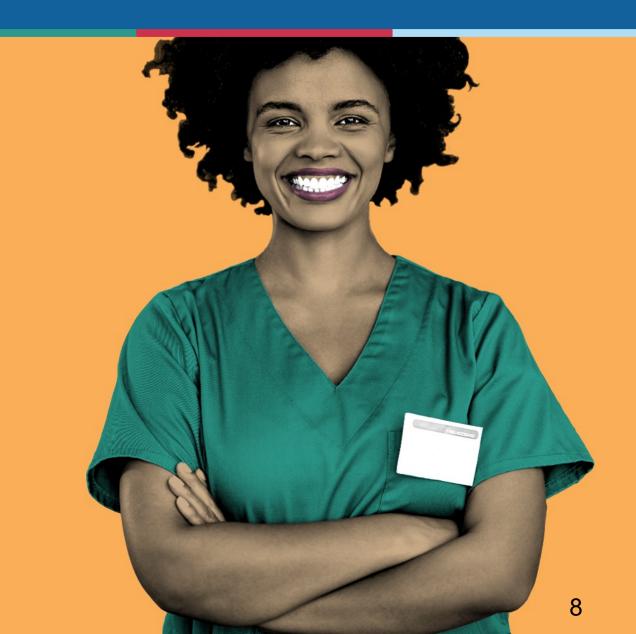




Discussion

 What did we learn from the nursing example?

 Healthcare workers touch a lot of items during their workday, so being diligent about hand hygiene matters.



Discussion

 What stands out as particularly important about hand hygiene in healthcare?



Reflection



Questions?

 Are there any remaining questions about hand hygiene?



CDC's Hand Hygiene in Healthcare Settings: https://www.cdc.gov/handhygiene/index.html

Project Firstline on CDC:

https://www.cdc.gov/infection control/projectfirstline/index.html

CDC's Project Firstline on Facebook:

https://www.facebook.com/CDCProjectFirstline

CDC's Project Firstline on Twitter:

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