

Topic 9: Hand Hygiene



Date of Training

Agenda

- Introduction
- Hand Hygiene
- Reflection & Next Steps

Learning Objectives

- Describe two (2) reasons **why having clean hands is especially important in healthcare.**
- Discuss two (2) reasons **why hands are a main way that germs can spread** in the environment.

Definitions

Hand Hygiene

Hand hygiene means cleaning your hands by using either handwashing (washing hands with soap and water), antiseptic hand wash, antiseptic hand rub (i.e., alcohol-based hand sanitizer including foam or gel), or surgical hand antisepsis.

Share Your Current Practice

- How many times do you wash your hands or use alcohol-based hand sanitizer throughout an average workday?



GERMS Can SPREAD From Surfaces



INSIDE INFECTION CONTROL

**DO WE REALLY HAVE TO
TALK ABOUT HAND
HYGIENE? AGAIN? YES!**

EPISODE 21



Discussion

- What did we learn from the nursing example?
- **Healthcare workers touch a lot of items during their workday, so being diligent about hand hygiene matters.**



Discussion

- What stands out as particularly important about hand hygiene in healthcare?



Reflection

Questions?

- Are there any remaining questions about hand hygiene?



Resources and Future Training sessions

CDC's Hand Hygiene in Healthcare Settings:

<https://www.cdc.gov/handhygiene/index.html>

Project Firstline on CDC:

<https://www.cdc.gov/infection-control/projectfirstline/index.html>

CDC's Project Firstline on Facebook:

<https://www.facebook.com/CDCProjectFirstline>

CDC's Project Firstline on Twitter:

https://twitter.com/CDC_Firstline

Project Firstline Inside Infection Control on YouTube:



Feedback Form

