# Topic 9: Hand Hygiene





Date of Training



- · Introduction
- · Hand Hygiene
- Reflection & Next Steps



 Describe two (2) reasons why having clean hands is especially important in healthcare.

 Discuss two (2) reasons why hands are a main way that germs can spread in the environment.



# Definitions

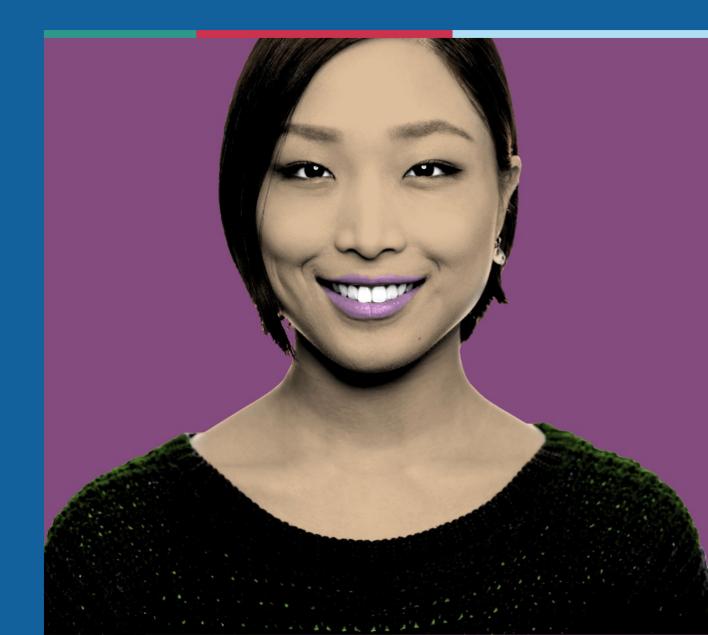
#### Hand Hygiene

Hand hygiene means cleaning your hands by using either handwashing (washing hands with soap and water), antiseptic hand wash, antiseptic hand rub (i.e., alcohol-based hand sanitizer including foam or gel), or surgical hand antisepsis.



# Share Your Current Practice

 How many times do you wash your hands or use alcohol-based hand sanitizer throughout an average workday?



### **GERMS Can SPREAD From Surfaces**





#### **Inside Infection Control**

# **INSIDE INFECTION CONTROL**

# DO WE REALLY HAVE TO TALK ABOUT HAND HYGIENE? AGAIN? YES!





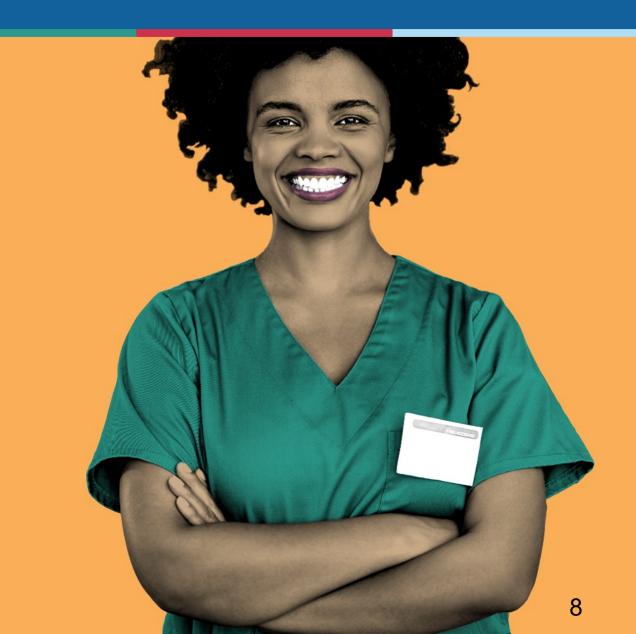




### Discussion

 What did we learn from the nursing example?

 Healthcare workers touch a lot of items during their workday, so being diligent about hand hygiene matters.



# Discussion

 What stands out as particularly important about hand hygiene in healthcare?



# Reflection



# **Questions?**

 Are there any remaining questions about hand hygiene?



CDC's Hand Hygiene in Healthcare Settings: https://www.cdc.gov/handhygiene/index.html

Project Firstline on CDC:

https://www.cdc.gov/infection control/projectfirstline/index.html

CDC's Project Firstline on Facebook:

https://www.facebook.com/CDCProjectFirstline

CDC's Project Firstline on Twitter:

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