Topic 9:
Hand Hygiene

PROJECT FIRST LINE
CDC's National Training Collaborative
for Healthcare Infection Prevention & Control

Date of Training

Agenda

· Introduction

· Hand Hygiene

· Reflection & Next Steps

Learning Objectives

- Describe two (2) reasons **why having clean hands is especially important in healthcare**.

- Discuss two (2) reasons **why hands are a main way that germs can spread** in the environment.

Definitions

Hand Hygiene   Hand hygiene means cleaning your hands by using either handwashing (washing hands with soap and water), antiseptic hand wash, antiseptic hand rub (i.e., alcohol-based hand sanitizer including foam or gel), or surgical hand antisepsis.

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GERMS Can SPREAD From Surfaces

Key Takeaways

· Healthcare workers touch a lot of items during their workday, so being diligent about hand hygiene matters.

· Some parts of the hands make it easier for germs to grow, like between fingers, under the fingernails, and in breaks in the skin. That's why we need to clean our hands very well.

Reflection

Resources and Future Training sessions

Project Firstline Resources

Project Firstline on CDC:

https://www.cdc.gov/infection control/projectfirstline/index.html

CDC's Project Firstline on Facebook:

https://www.facebook.com/CDCProjectFirstline

CDC's Project Firstline on Twitter:

https://twitter.com/CDC_Firstline

Project Firstline *Inside Infection Control* on YouTube:

https://www.youtube.com/playlist?list=PLvrp9iOILTQZQGtDnSDGViKDdRtlc13VX

To sign up for Project Firstline e-mails, click here:
https://tools.cdc.gov/campaignproxyservice/subscriptions.aspx?topic_id=USCDC_2104

CDC Hand Hygiene Resources

CDC's Hand Hygiene in Healthcare Settings:
https://www.cdc.gov/handhygiene/index.html

Clean Hands Count for Healthcare Providers:
https://www.cdc.gov/handhygiene/providers/index.html

Clean Hands Count for Patients:
https://www.cdc.gov/handhygiene/patients/index.html

Clean Hands Save Lives:
https://www.cdc.gov/handwashing/index.html
 (Community-Focused resource)

Feedback Form

Hand Hygiene