When an	nswering	these que	stions, j	please tl	hink abo	out yo	ur child	
who par	ticipated	in SEED,	referre	d to as '	the STU	U <b>DY</b> (	CHILD"	

Study to Explore Early Development COVID-19 Impact Study, 2020				
When answering these questions, please think about your child who participated in SEED, referred to as "the <b>STUDY CHILD</b> "				
DATE OF COMPLETION:				
1. What is your relationship to the study child?				
OBiological Mother OBiological Father				
Other → Please specify:				
2. In early March 2020, the U.S. began to experience a part Many of the following questions ask you to think about			•	
COVID, or COVID-19, caused many changes, such a wearing, and disruptions to work, school, and service questions about how such changes related to COVID in 2020.	s. We would	l like to be	egin with so	me
In 2020, how much did changes related to COVID in study child spent with their	crease or de	crease the	amount of	time the
Decreased a lot	Decreased somewhat	No change	Increased somewhat	Increased a lot
- fui and a in manage 2	_	_	_	_

	Decreased a lot	Decreased somewhat	No change	Increased somewhat	Increased a lot
afriends in person?	$\circ$	$\bigcirc$	$\circ$	$\circ$	$\circ$
<b>b.</b> friends remotely, such as online, social media or texting or video chats?	0	0	0	0	0
<b>c.</b> extended family in person?	$\circ$	$\circ$	$\circ$	$\circ$	$\circ$
<b>d.</b> extended family remotely, such as online, social media or texting or video chats?	0	0	0	0	0

3. In 2020, how much did changes related to COVID increase or decrease the study child's					
	Decreased a lot	Decreased somewhat	No change	Increased somewhat	Increased a lot
alevel of anxiety and irritability?	$\circ$	$\circ$	0	$\circ$	0
<b>b.</b> level of sadness and depression?	0	$\circ$	0	$\circ$	0
csocial and communication skills?	0	$\circ$	$\circ$	$\circ$	0
<b>d.</b> quality of sleep?	0	0	0	0	0
<b>e.</b> quality of diet or eating healthy food?	$\circ$	$\circ$	$\circ$	$\circ$	0
<b>f.</b> daily non-educational screen time?	0	0	0	0	0
gdaily physical activity?	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$

4. In 2020, did the study child ever experience distress, resistance, or anxiety related to						
						Not
				Yes	No	applicable
awearing a mask?				0	0	0
<b>b.</b> receiving a nose swab dur	0			0	0	0
<b>c.</b> social distancing or stayin	g 6 feet awa	y from otl	ners?	0	0	0
<b>d.</b> hand washing?				0	0	$\circ$
5. In 2020, due to either wearing			to others wea	ring ma	sks, did the stu	udy child
ever have problems communi	icating with	others?				
○Yes						
○No						
6. In 2020, to what extent did th	e study chile	d find the	following <u>ch</u>	anges re	elated to COV	ID to be
positive?	•		<u> </u>			
						Not
						known
						or not
	Not at all	A little	Somewhat	Very	Extremely	applicable
<b>a.</b> Having more time to relax	0	0	0	0	0	0
<b>b.</b> Having more time to sleep	0	0	0	0	0	0
c. Having more time to spend	0	0	0	0	0	0
with family			<u> </u>	Ü	<u> </u>	
<b>d.</b> Having more time to spend with pets	0	0	$\circ$	0	$\circ$	$\circ$
e. Having more time for						
hobbies, such as art,	0	0	0	0	$\circ$	$\circ$
music, writing or cooking	_	O	O	Ŭ	<u> </u>	<u> </u>
<b>f.</b> Having more time to play	0					
with toys	O	O	O	O	O	O
<b>g.</b> Having more time to	$\bigcirc$	$\circ$	0	$\bigcirc$	$\bigcirc$	$\circ$
exercise or go outside						
<b>h.</b> Having more access to phones, computers, TV						
and other digital devices	0	$\circ$	$\circ$	$\circ$	$\circ$	$\circ$
for recreation						
i. Having less stress or						
pressure from school	0	0	$\circ$	$\circ$	0	0
assignments		J				C
j. Having fewer problems with		0	0	0	0	$\circ$
other children in school						
<b>k.</b> Having the ability to take	_		•	_		
more breaks during	0	0	0	$\circ$	0	0
lessons						

7. The next questions ask about the study child's use of health serv	vices.		
In 2020, due to changes related to COVID, did the study child n	niss or de	elay any	
	Yes	No	Not applicab
aregular health care or dental visits?	0	0	0
<b>b.</b> specialty appointments or referral visits, such as behavior therapy, speech or language therapy, physical therapy, occupational therapy, social skills training, or mental health services?	0	0	0
cimmunizations?	$\circ$	$\circ$	0
durgent or emergency care?	0	0	0
. In 2020, did you ever have trouble getting healthcare services fo	or the stu	dy child beca	nuse
		Yes	No
<b>a.</b> the clinic or provider cancelled an appointment due to COVID	)?	0	0
<b>b.</b> the clinic or provider was closed due to COVID?		0	0
<b>c.</b> you or your child had symptoms of COVID so stayed home?		0	0
<b>d.</b> you cancelled an appointment to avoid being around others?		0	0
eyou were unable to pay for services due to COVID?		0	0
fyou lacked transportation due to COVID?		0	0
<b>g.</b> you were concerned public transportation might not be safe?		0	0
<b>h.</b> your child would not wear a mask and this was required?		$\circ$	0
iyou did not want to use telehealth for an appointment?		$\circ$	0
jyou were <u>unable</u> to use telehealth for an appointment?		0	0
k. Other reason? → Please tell us:			
. Has the study child ever been tested for COVID, either for curr	eant or ne	est infactions	)
- ○Yes	cht or pa	ist infections	
○No → Go to question 11			
. Has the study child ever had a positive COVID test?			
○Yes			
○No			
○Still waiting for results			
. Due to a suspected or confirmed infection with COVID, did the	study ch	ild ever	
		Yes	No
abecome hospitalized?		0	0
<b>b.</b> have to self-isolate at home?		0	$\circ$

different periods of 2020:	eriences during f	our
<ul> <li>Pre-COVID – January or February of 2020</li> </ul>		
• Spring – March, April and May of 2020		
Summer – June, July and August of 2020  Edl. September October Nevember and December of 2020.		
• Fall – September, October, November and December of 2020		
These first questions are about the study child's education.		
Pre-COVID, in January or February of 2020, did the study child atternoutside the home?	nd school or preso	chool
○Yes ○No → Go to question 31		
<b>↓</b>		
13. In 2020, pre-COVID, was the study child's school or preschool public	or private?	
OPublic		
Private		
14. In 2020, <u>because of COVID</u> , did the study child's school or preschool <u>learning</u> or shift to doing any remote learning?	ever close for in-p	oerson
<b>⊢</b> ○Yes		
○No <b>→ Go to question 27</b>		
<del></del>		
15. The following question is only interested in school closures related to previously scheduled breaks or holidays.	COVID, not closu	ires for
X 2020 1		
In 2020, <u>because of COVID</u> , did the study child's school or preschool learning for even <u>one day</u> in	close or have rem	ote
icarning for even one day in	* 7	<b>*</b> T
	Yes	No
<b>Spring 2020: a.</b> March?		
<b>b.</b> April?	0	0
<b>c.</b> May?	0	0
Summer 2020:	<u> </u>	
<b>d.</b> June?	0	0
eJuly?	Ö	O
fAugust?	O	0
Fall 2020:		
gSeptember?	0	0
hOctober?	0	0
iNovember?	0	0
jDecember?	$\circ$	$\circ$

Pre-COVID Spring 2020		Summer 2020	Fall 2020	
JAN – FEB	MAR – APR – MAY	JUN – JLY – AUG	SEP - OCT - NOV - DEC	

16.	Think about how the study child continued with schoolwork during school closures and remote
	learning, and when it happened.

In 2020, during any times the school was closed or had remote learning because of COVID...

				did this hap	_
	No	Yes	Spring	Summer	Fall
<b>a.</b> did the school ever send home printed assignments for the study child?	0	$\circ$	0	0	0
<b>b.</b> did the school ever send assignments for the study child to complete on-line?	0	$\circ$	0	0	0
<b>c.</b> did the school ever organize live classes for the study child to attend on-line?	0	$\circ$	0	0	0
ddid <u>you</u> sign the study child up for a different academic program conducted on-line?	0	○ →	0	0	0
<b>e.</b> did you ever hire a tutor for the study child to receive individual instruction?	0	$\circ$	0	0	0
<b>f.</b> did you ever provide any type of home schooling?	0	$\circ$	0	0	0
gdid you ever join with other parents to hire someone for the study child to receive instruction in a small group, or 'pod'?	0	$\circ$	0	0	0

17. In 2020, due to changes related to COVID, did you need additional childcare to help your with remote learning assignments or remote sessions while you were working or doing oth activities?	
○Yes ○No	

18. Think about the times in 2020 that the study child had <u>contact</u> with their teachers, in-person, by phone, or by live video. Think about times when the school was open for in-person learning, and also times when the school was closed or doing remote learning because of COVID.

In <u>2020</u>, about how many hours per week <u>on average</u> did the study child have <u>live</u> contact with their teachers, in-person, by phone or by live video during...

	Hours per week
aPre-COVID, that is, January and February 2020?	
<b>b.</b> Spring, that is, March, April and May 2020?	
cSummer, that is, June, July and August 2020?	
dFall, that is, September, October, November and December 2020?	

schoolwork.	g the study child with
In 2020, about how many hours per week on average, including we household members typically spend helping the study child with so	· · · · · · · · · · · · · · · · · · ·
	Hours per week
aPre-COVID, that is, January and February 2020?	
bSpring, that is, March, April and May 2020?	
cSummer, that is, June, July and August 2020?	
<b>d.</b> Fall, that is, September, October, November and December 2020	?
20. In 2020, following changes related to COVID, how often was a con available to the study child for educational purposes outside of the	•
<ul> <li>○Never → Go to question 24</li> <li>○Rarely</li> <li>○Sometimes</li> <li>○Usually</li> <li>○Always</li> </ul>	
21. In 2020, following changes related to COVID, who provided the produce that the study child used for educational purposes? Check a Child's school or school district  Someone in the household or family	• •
○Other source → Please tell us:	
22. In 2020, following changes related to COVID, how often was interinstruction available to the study child for educational purposes of  ○Never → Go to question 24 ○Rarely ○Sometimes	
- ○Usually - ○Always	
23. In 2020, following changes related to COVID, who paid for the pristudy child used for educational purposes?	imary internet service that the
<ul> <li>○ Child's school or school district</li> <li>○ Someone in the household or family</li> <li>○ Other source → Please tell us:</li> </ul>	

24.	Pre-COVID, in January or February of 2020, did the study child receive free or reduced-cost meals at school?
_	OYes
	○No → Go to question 27
¥	
25.	In 2020, during times the school was closed <u>due to COVID</u> , did the study child's school or preschool offer free or reduced-cost meals?
	○Yes ○No
26.	In 2020, during times the school was closed <u>due to COVID</u> , were you ever notified of other ways to get free or reduced-cost meals in your community?
	○Yes ○No
27.	Pre-COVID, in January or February of 2020, did the study child have an Individual Education Plan, also known as IEP, or a 504 Plan?
Г	y ○Yes
	○No → Go to question 29
+	
28.	In 2020, how did COVID affect the study child's progress in reaching their IEP or 504 plan goals?
	ODisrupted greatly
	ODisrupted somewhat
	○No effect
	○Improved somewhat
	○Improved greatly
29.	Accommodations in a classroom setting under the 'Individuals with Disabilities Education Act' or IDEA, might include the following aids for students with disabilities – extra assignments, hard copies of learning materials, enlarged font of learning materials, redirection techniques, small group learning or one-on-one instruction.
	Pre-COVID, in January or February of 2020, did the study child receive any IDEA accommodations in a classroom setting?
_	√Yes
igsquare	○No → Go to question 31
30.	In 2020, due to changes associated with COVID, did the study child's ability to receive IDEA accommodations in the classroom setting increase, decrease, or stay the same?
	○Increased
	ODecreased
	○Increased and decreased at different times
	○Stayed the same

Pre-COVID	Spring 2020	Summer 2020	Fall 2020
JAN – FEB	MAR - APR - MAY	JUN – JLY – AUG	SEP - OCT - NOV - DEC

31. The next questions are about services the study child received.

Pre-COVID, in January or February of 2020, did the study child receive any of the following services?

- Behavior therapy, including ABA (applied behavior analysis)
- Speech or language therapy
- Physical therapy
- Occupational therapy, including sensory therapy
- Social skills training
- Mental health therapy
- Medication management, that is consulting a professional to prescribe medication for behavioral symptoms

<b>−</b> ○Yes			
○No	$\rightarrow$	Go to question	69

32. First, please think about <u>all</u> such services the study child received in 2020 from the list above. These services could have been administered in-person or remotely.

In 2020, in each of the following periods, about how many hours per week on average did the study child receive any of these services from...

	Pre-COVID	Spring	Summer	Fall
	Hours	Hours	Hours	Hours
	per week	per week	per week	per week
<b>a.</b> a professional provider, such as from school, a clinic, or another source?				
<b>b.</b> their parents or other family members?				

33. Sometimes children receive therapy or intervention services from providers, other times, parents receive "parent training" to support their children at home.

In 2020, because of changes related to COVID, did you receive parent training, in person or by phone or video, to support the study child at home for...

	Yes	No	Not applicable
<b>a.</b> behavior therapy, including ABA (applied behavior analysis)?	0	0	0
<b>b.</b> speech or language therapy?	0	0	0
cphysical therapy?	$\circ$	$\circ$	$\circ$
doccupational therapy, including sensory therapy?	$\circ$	$\circ$	0
esocial skills training?	$\circ$	$\circ$	0

Pre-	-COVID	Sp	ring 2020		Summe	r 20	)20			-	Fall 20	20		
JAN	V – FEB	MAR -	APR – MAY	Л	JN – JL	Y –	AUG		SEP	- O	CT – N	101	V – DEC	
34. Pre-COVID, in January or February of 2020, did the study child receive any <u>behavior therapy</u> , <u>including ABA</u> (applied behavior analysis)?														
	OYes ○No ─	► Go to q	uestion 40											
+														_
35.	. In Januar	ry or Febr	uary of 2020, did	the s	tudy chil	d rec	eive b	ehav	vior tl	herap	y, inclu	din	g ABA	
	0		10								Yes		No	
	<b>a.</b> from										0		0	
	<b>b.</b> Irom	non-schoo	ol professionals?								0		0	
26	I., 2020 d	40	ages veleted to CO	NAID.		<b>C</b> A	L a a4	Jeval	L:1.17.	h a h a s				
36.	including		iges related to CO	JVID	, was any	οι τ	ne stud	ay ci	niia's	bena	vior tne	rap	у,	
	Ö										did this k all tha	-	-	1
					N	)	Yes		Spr		Summ	1	Fall	
	acondu	acted remo	tely with video?			)	0	→			0		0	1
	bcondu	ucted remo	tely without video	?	Č		Ö	<b>→</b>			Ö		Ö	l
														_
37.	_	_	rson behavior the child, or was the					s ren	note d	lelive	ry bette	r fo	r the	
						W	orse	В	Better		No		Not	
						for	child	for	r chilo	d diff	erence		applicable	,
			otely with video?				0		0		$\circ$		0	
	<b>b.</b> condi	ucted remo	otely without video	o?			0		0		0		0	
38.			nges in the delive ncluding ABA, cl						<u>D</u> , ho	w did	the tota	al h	ours of	
	OIncrease	ed												
	ODecreas	sed												
	OIncrease	ed and dec	reased at different	times	S									
	○No chai	nge												
														_
39.			the following peri behavior therapy	-			_	urs į	per w	eek <u>oı</u>	ı averaş	<u>ze</u> d	lid the	
					Pre-COV	/ID	Sp	ring	2	Sum	mer		Fall	
					Hour	S		ours		Но	urs		Hours	
					per we	ek	per	wee	ek	per	week	p	er week	
	atheir provi		other professional											
	<b>b.</b> their	parents or	other family mem	ber?										

				T		1						
Pre-	COVID	Spring 202	20	Su	ımmer 20	020		<u>Fall 2020</u>				
JAN	– FEB	MAR – APR –	MAY	JUN	– JLY –	AUG	SEP - O	CT - NO	V – DEC			
40.	40. Pre-COVID, in January or February of 2020, did the study child receive any speech or language therapy?											
	○Yes ○No → Go to question 45											
41. In 2020, did the study child receive speech or language therapy from												
41. In 2020, did the study child receive speech or language therapy from												
When did this happen?												
						Pre-	Check all	that apply.				
				No	Yes	COVID	Spring	Summer	Fall			
	atheir	school?		0	$\bigcirc$ $\rightarrow$	O	O	O	0			
		school professionals	?	0	$\bigcirc$ $\rightarrow$							
		nts or other family?		0	O →							
42.	In 2020, d therapy	ue to changes relat	ted to CC	OVID, w	as <u>any</u> of t	he study c	hild's speed	ch or langu	age			
							When	did this har	nen?			
								ck all that ap				
					No	Yes	Spring	Summer	Fall			
	acondu	acted remotely with	video?		$\circ$	$\circ$	0	0	0			
	bcondu	acted remotely with	out video	?	$\circ$	$\circ$	0	0	0			
43.	Compare	d to in-person spee	ch or laı	nguage tl	herapy, wa	as remote d	lelivery bet	tter for the	child.			
	_	the child, or was t			_ •		J		,			
					W	Vorse B	Better	No	Not			
							r child diff		applicable			
	acond	ucted remotely with	video?			0	0	0	0			
	<b>b.</b> cond	ucted remotely with	out video	?		0	0	0	0			
44.	services d	out all the sources lelivered in-person nals or a parent.	_	_	_	- •	<u> </u>					
		lue to changes in th language therapy					<u>ID</u> , how di	d the total	amount of			
	○Increas											
		ed and decreased at	different	times								

○No change

Pre-COVIDSpring 2020Summer 2020JAN - FEBMAR - APR - MAYJUN - JLY - AUGSEP -	<b>Fall 2020</b>								
IAN EED MAD ADD MAY HIN HY AUC CED									
JAN – FEB   MAR – APR – MAY   JUN – JLY – AUG   SEP –	OCT - NOV	/ - DEC							
45. Pre-COVID, in January or February of 2020, did the study child receive	any physical t	herapy?							
<b>⊢</b> ○Yes									
○No → Go to question 50									
One P do to question so									
46. In 2020, did the study child receive physical therapy from									
	. 1. 1								
	id this happen? all that apply.								
Pre-	an that apply.								
No Yes COVID Sprin	g Summer	Fall							
atheir school?	0	0							
bnon-school professionals?		0							
cparents or other family?									
47. In 2020, due to changes related to COVID, was <u>any</u> of the study child's physical therapy									
W.	hen did this hap	pen?							
	hen did this hap Check all that ap	open? oply.							
No Yes Sprin	hen did this hap Check all that ap g Summer	open? oply. Fall							
No Yes Sprin  aconducted remotely with video?	hen did this hap Check all that ap G Summer	ppen? pply. Fall							
No Yes Sprin	hen did this hap Check all that ap g Summer	open? oply. Fall							
aconducted remotely with video?  bconducted remotely without video?  No Yes Spring  O → O  O → O	hen did this hap Check all that ap g Summer	ppen? pply. Fall							
aconducted remotely with video?  bconducted remotely without video?  No Yes Spring  o → ○  the spring of the spring o	hen did this hap Check all that ap g Summer	ppen? pply. Fall O							
aconducted remotely with video?  bconducted remotely without video?  All Compared to in-person physical therapy, was remote delivery better for the child, or was there no difference when	hen did this hap Check all that ap g Summer O	Fall  o  e for the							
No Yes Spring aconducted remotely with video? bconducted remotely without video?  48. Compared to in-person physical therapy, was remote delivery better for eachild, or was there no difference when  Worse Better	hen did this hap Check all that ap g Summer O O the child, wors	Fall  continuous periodic peri							
aconducted remotely with video?  bconducted remotely without video?  48. Compared to in-person physical therapy, was remote delivery better for child, or was there no difference when  Worse Better for child	hen did this hap Check all that ap g Summer O O the child, wors	Fall  o e for the  Not applicable							
No Yes Sprin  aconducted remotely with video?  bconducted remotely without video?   48. Compared to in-person physical therapy, was remote delivery better for child, or was there no difference when  Worse Better for child for child  aconducted remotely with video?  □ □ □ □ □ □ □ □ □ □ □ □ □ □ □ □ □ □ □	hen did this hap Check all that ap g Summer  O O O O O O O O O O O O O O O O O O	Fall  Fall  O  e for the  Not  applicable							
aconducted remotely with video?  bconducted remotely without video?  48. Compared to in-person physical therapy, was remote delivery better for child, or was there no difference when  Worse Better for child	hen did this hap Check all that ap g Summer O O the child, wors	Fall  o e for the  Not applicable							
Asconducted remotely with video?  bconducted remotely without video?  48. Compared to in-person physical therapy, was remote delivery better for the child, or was there no difference when  Worse Better for child for child  aconducted remotely with video?  bconducted remotely without video?	hen did this hap Check all that ap g Summer  O the child, wors  No difference O O	Fall  Fall  Solution  Fall  Solution  Fall  Solution  Fall  Solution  Fall  Solution  Fall  Fall							
8. Compared to in-person physical therapy, was remote delivery better for child, or was there no difference when  Worse Better for child aconducted remotely with video?  bconducted remotely with video?  bconducted remotely with video?  conducted remotely with video?  bconducted remotely without video?  conducted remotely without video?	hen did this hap Check all that ap g Summer  Check all tha	refor the  Not applicable							
8. Compared to in-person physical therapy, was remote delivery better for child, or was there no difference when  Worse Better for child aconducted remotely with video?  bconducted remotely with video?  bconducted remotely with video?  conducted remotely with video?  bconducted remotely without video?  conducted remotely without video?	hen did this hap Check all that ap g Summer  Check all tha	refor the  Not applicable							
8. Compared to in-person physical therapy, was remote delivery better for child, or was there no difference when  Worse Better for child aconducted remotely with video?  bconducted remotely with video?  bconducted remotely with video?  conducted remotely with video?  bconducted remotely without video?  conducted remotely without video?	hen did this hap Check all that ap g Summer  Check all tha	refor the  Not applicable							
aconducted remotely with video?  bconducted remotely without video?  48. Compared to in-person physical therapy, was remote delivery better for child, or was there no difference when  Worse Better for child for child  aconducted remotely with video?  bconducted remotely without video?  Conducted remotely without video?  Description:  No Yes Spring  No Yes  Spring  On the study better for the child for child for child and the sources of physical therapy for the study child. This is delivered in-person or remotely, and services delivered by the school, nor a parent.	hen did this hap Check all that ap g Summer  Check all tha	rall							
8. Compared to in-person physical therapy, was remote delivery better for child, or was there no difference when  Worse Better for child aconducted remotely with video?  bconducted remotely with video?  bconducted remotely with video?  conducted remotely with video?  bconducted remotely without video?  conducted remotely without video?	hen did this hap Check all that ap g Summer  Check all tha	rall							
aconducted remotely with video? bconducted remotely without video?  48. Compared to in-person physical therapy, was remote delivery better for child, or was there no difference when  Worse Better for child aconducted remotely with video? bconducted remotely without video?  49. Think about all the sources of physical therapy for the study child. This idelivered in-person or remotely, and services delivered by the school, nor a parent.  In 2020, due to changes in the delivery of services related to COVID, how physical therapy change for the study child?	hen did this hap Check all that ap g Summer  Check all tha	rall							
Asconducted remotely with video?  bconducted remotely without video?  48. Compared to in-person physical therapy, was remote delivery better for child, or was there no difference when  Worse Better for child aconducted remotely with video?  bconducted remotely without video?  bconducted remotely without video?  49. Think about all the sources of physical therapy for the study child. This is delivered in-person or remotely, and services delivered by the school, nor a parent.  In 2020, due to changes in the delivery of services related to COVID, how	hen did this hap Check all that ap g Summer  Check all tha	rall							

ONo change

Pre-	COVID	Spring 2020	9	Summer 20	020		<b>Fall 2020</b>				
JAN	- FEB	MAR – APR – MAY	JU	N – JLY –	AUG	SEP - O	CT - NO	V – DEC			
			•								
50. Pre-COVID, in January or February of 2020, did the study child receive any <u>occupational therapy</u> , including sensory therapy?  OYes ONo → Go to question 55											
51.	In 2020, d	id the study child receive o	occupat	tional or sen	sory thera	py from					
	,	v	•			When did the	his happen? that apply.				
		1 10	No	Yes	Pre- COVID	Spring	Summer	Fall			
	atheir		0	○ →	0	0	0	0			
		school professionals?	0	$\bigcirc$ $\rightarrow$	0		0	0			
	<b>c.</b> parer	its or other family?	0	() →							
52.	In 2020, d therapy	ue to changes related to CO	OVID,	was <u>any</u> of t	he study c		pational or				
							ck all that ar				
				No	Yes	Spring	Summer	Fall			
		icted remotely with video?	0	0	$\bigcirc$ $\rightarrow$	0	0	0			
	bcondi	icted remotely without video	)?	0	$\bigcirc$ $\rightarrow$		0	0			
53.	worse for	d to in-person occupational the child, or was there no cucted remotely with video?		nce when	Vorse E	note deliver  Better  child diff	No	Not applicable			
	<b>b.</b> condu	acted remotely without video	?		0	0	0	0			
54.	In 2020, doccupatio		tely, an	nd services d ervices <u>relat</u>	lelivered b ed to COV	y the schoo	ol, non-scho	ool			

○No change

Pre-	COVID	S	pring 2020	S	ummer 20	020		Fall 2020		
JAN	– FEB	MAR	- APR - MAY	JUN	– JLY –	AUG	SEP -	OCT - NO	V – DEC	
		l .								
55. Pre-COVID, in January or February of 2020, did the study child receive any <u>social skills</u> training? <b>►</b> ○Yes										
	_	➤ Go to	question 60							
¥										
56.	In 2020, d	lid the st	udy child receive	social sk	ills training	g from				
								this happen? I that apply.	•	
						Pre-				
	.1 •	1 10		No	Yes	COVII	)   Spring	Summer	Fall	
	atheir		0 1 10	0	$\circ \rightarrow$	0		0		
		-	ofessionals?	0	$\circ$	0		0		
	cparer	nts or oth	er family?	0	$\circ \rightarrow$				0	
57.	In 2020, d	un to ohe	1 4 1 4 6							
		ue to cha	anges related to C	OVID, w	vas <u>any</u> of t	the study	child's soc	ial skills trai	ning	
		ue to cha	anges related to Co	OVID, w	vas <u>any</u> of t	he study	Who	ial skills trai en did this ha eck all that a	ppen?	
		ue to cha	anges related to C	OVID, w	vas <u>any</u> of t No	the study Yes	Who	en did this ha	ppen?	
	·		anges related to Constitution	OVID, w	_	·	Who Ch Spring	en did this ha	ppen? pply.	
	acondu	ucted rem	Ü	ŕ	No	Yes	Who Ch Spring	en did this ha eck all that a Summer	ppen? pply. Fall	
	acondu	ucted rem	notely with video?	ŕ	No O	Yes	Who Ch Spring	en did this ha eck all that a Summer	ppen? pply. Fall	
	acondu bcondu Compare	ucted rem ucted rem d to in-p	notely with video? notely without video erson social skills	o? training	No O O , was remo	Yes ○ →	Who Ch Spring	Summer	ppen? pply. Fall	
	acondu bcondu Compare	ucted rem ucted rem d to in-p	notely with video?	o? training	No O O , was remo	Yes ○ → te deliver	Spring  Spring  y  y  y  y  y  y  y  y  y  y  y  y  y	Summer  Control  Cont	ppen? pply. Fall O O vorse for	
	acondu bcondu Compare	ucted rem ucted rem d to in-p	notely with video? notely without video erson social skills	o? training	No O O , was remo	Yes ○ → te deliver	Who Ch Spring O Ty better fo	Summer  Summer  r the child, v	ppen? pply. Fall  o o vorse for	
	acondo bcondo Compare the child,	acted rem acted rem d to in-po or was the	notely with video? notely without video erson social skills here no difference	o? training	No O O , was remo	Yes  ○ →  te deliver  Vorse c child	Who Ch Spring Spring Sy better for child dispersion of the children of	Summer  Summer  r the child, v	ppen? pply. Fall  o o vorse for  Not applicable	
	acondo bcondo Compare the child,	ucted remucted rem	notely with video? notely without video erson social skills here no difference notely with video?	o? training when	No O O , was remo	Yes  ○ →  te deliver  Vorse child	Who Ch Spring Spring Sy better for child discontinuous continuous	Summer  Summer  The child, v	ppen? pply. Fall  o  vorse for  Not applicable	
	acondo bcondo Compare the child,	ucted remucted rem	notely with video? notely without video erson social skills here no difference	o? training when	No O O , was remo	Yes  ○ →  te deliver  Vorse c child	Who Ch Spring Spring Sy better for child dispersion of the children of	Summer  Summer  r the child, v	ppen? pply. Fall  o o vorse for  Not applicable	
58.	acondo bcondo Compare the child, acondo bcondo Think abo	ucted remucted remuct	notely with video? notely without video erson social skills here no difference notely with video?	o?  training when  o?	No O O O O O O O O O O O O O O O O O O O	Yes  O  te deliver  Vorse child O O  the study	who Ch Spring Sy better for child die child. This	s includes se	ppen? pply. Fall  o o vorse for  Not applicable o o rvices	
58.	acondo bcondo Compare the child,  acondo bcondo Think ab delivered a parent. In 2020, d	ucted remucted remuct	notely with video? notely without video erson social skills here no difference notely with video? notely without vide	o?  training when  o?  I skills tr d service	No O O O O O O O O O O O O O O O O O O O	Yes  O description  te deliver  Vorse c child from  the study by the s	Spring Spring Sy better for child diction child. This chool, non-	s includes se	ppen? pply. Fall  o o vorse for  Not applicable o o rvices ssionals or	

ODecreased

○No change

OIncreased and decreased at different times

Pre-COVID	Spring 2020	Su	mmer 20	)20		<b>Fall 2020</b>					
JAN – FEB	MAR – APR – MAY	JUN	– JLY –	AUG	SEP – O	CT - NO	V – DEC				
	,			<b>'</b>							
60. Pre-COVID, in January or February of 2020, did the study child receive any mental health therapy?  OYes ONe Costa question 65											
○No —	➤ Go to question 65										
<b>.</b>											
61. In 2020, o	lid the study child receive	mental he	alth thera	py from	•						
						his happen? that apply.					
				Pre-							
		No	Yes	COVID	Spring	Summer	Fall				
atheir		0	$\circ$	0	0	0	0				
<b>b.</b> non-	school professionals?	0	$\bigcirc$ $\rightarrow$	0		0	0				
acond	ucted remotely with video?	,	No	Yes ○ → ○ →	When	did this hap ck all that ap Summer	open?				
-	d to in-person mental heal ild, or was there no differe		, ,	ote delive	ry better fo	or the child	, worse				
					Better r child dif	No ference	Not applicable				
	ucted remotely with video?			0	$\circ$	0	0				
<b>b.</b> cond	ucted remotely without vide	o?		0	0	0	$\circ$				
delivered In 2020, o	out all the sources of mentain-person or remotely, and the to changes in the deliverable therapy change for the	d services ery of serv	delivered vices <u>relat</u>	by the scl	nool or non	-school pro	fessionals.				
ODecrea	sed										

OIncreased and decreased at different times

○No change

Pre-COVID	Spi	ring 2020	Sum	mer	2020		Fall 2020		
JAN – FEB	MAR -	APR - MAY	JUN -	JLY	- AUG	SEP	- OC	T – NO	V – DEC
Managem  ○Yes  ○No	ent, or con  → Go to q		a profession	ial to p	orescribe	medicine	e for <u>be</u>	ehavioral	symptoms?
66. In 2020, v	vhen did t	he study child r	eceive this m	iedica	tion mana	igement's	Chec	k all that	apply.
					Pre-COV	/ID Spr	ing S	Summer	Fall
					0			0	0
67. In 2020, due to changes related to COVID, was <u>any</u> of the study child's medication management  When did this happen? Check all that apply.							-		
				No	Yes	Spr	ing S	Summer	Fall
		tely with video?		$\circ$	O <b>-</b>	<b>→</b>		0	0
<b>b.</b> condu	acted remo	tely without vide	eo?	0	O <b>-</b>	<b>→</b>	)	0	0
for the ch	ild, or was	son medication there no differ tely with video? tely without vide	ence, when.	• •	Worse	Better for child	N I diffe	lo	Not applicable
Pre-COV any type o	ID, during	s are about chilg January or Fe re for the study uestion 74	bruary of 20	)20, no	ot includir	ig presch	iool or	school, d	id you use
70 I 2020 -	Ľ4 -h		VID - <b>CC</b> 4		11-21	1.1 0			
<b>⊢</b> ○Yes	na change	s related to CO	vid allect y	our re	guiar chi	iacare?			
<del>-</del>	➤ Go to q	uestion 74 hanges related t	4 COLUB	ee		1 21 15 7			

72. In 2020, due to changes related to COVID, did you		
	Yes	No
ahave difficulty arranging for childcare?	0	0
<b>b.</b> have to pay more for childcare?	0	0
chave to change your work schedules to care for your children?	$\circ$	0
73. In 2020, due to changes related to COVID, to fill in for interruptions in y was the study child cared for by	our regular ch	nildcare,
	Yes	No
athe child's grandparents?	$\circ$	0
<b>b.</b> another adult family member?	0	0
can older child in the family?	0	0
dfriends?	0	0
ea paid babysitter or nanny?	0	0
74. The next questions are about your household structure and changes in its In 2020, pre-COVID, during January and February, including yourself, and older lived in your home?  Adults  75. For this question please count children who lived in your home at least here.	how many adu	ılts aged 18
children, and those you or your partner supported financially.  In 2020, pre-COVID, during January and February, how many children in your home?	under the age	of 18 lived
Children		
<ul> <li>76. In 2020, due to changes related to COVID, were there <u>any changes</u> in the in your home?</li> <li></li></ul>	number of pe	ople living
77. In 2020, due to changes related to COVID, how did the number of <u>adults</u> change?	in your house	hold
<ul> <li>○ Increased</li> <li>○ Decreased</li> <li>○ Increased and decreased at different times</li> <li>○ Did not change due to COVID</li> </ul>		

78. In 2020, due to changes related to COVID, how did the number of depo	endent children	iii youi
<ul><li>○ Increased</li><li>○ Decreased</li><li>○ Increased and decreased at different times</li><li>○ Did not change due to COVID</li></ul>		
79. In 2020, after March 1, did you		
	Yes	No
aget engaged?	0	0
<b>b.</b> get married?	0	0
cmove in with a partner?	0	0
dseparate from a partner?	0	0
eget divorced?	0	0
<b>f.</b> have a spouse or partner die from COVID?	0	0
<b>g.</b> have a spouse or partner die from something other than COVID?	$\circ$	0
80. The next questions ask about changes in <u>your</u> employment, finances an		urces.
80. The next questions ask about changes in <u>your</u> employment, finances an <b>Pre-COVID</b> , in January or February of 2020, did <u>you</u> have a paying jo  OYes ONo		urces.
Pre-COVID, in January or February of 2020, did <u>you</u> have a paying jo		urces.
Pre-COVID, in January or February of 2020, did <u>you</u> have a paying jo		urces.
Pre-COVID, in January or February of 2020, did <u>vou</u> have a paying jo  OYes  ONo	b?	
Pre-COVID, in January or February of 2020, did <u>you</u> have a paying jo  Yes  No  81. In 2020, due to changes related to COVID, did <u>you</u>	b? Yes	No
Pre-COVID, in January or February of 2020, did <u>you</u> have a paying jo  Yes  No  81. In 2020, due to changes related to COVID, did <u>you</u> astart a new job?	Yes	No O
Pre-COVID, in January or February of 2020, did you have a paying jo  Yes  No  81. In 2020, due to changes related to COVID, did you  astart a new job? blose your job permanently?	Yes	No O
Pre-COVID, in January or February of 2020, did you have a paying jo  Yes  No  81. In 2020, due to changes related to COVID, did you  astart a new job? blose your job permanently? close your job temporarily?	Yes	No O
Pre-COVID, in January or February of 2020, did you have a paying jo  Yes  No  81. In 2020, due to changes related to COVID, did you  astart a new job? blose your job permanently? close your job temporarily? dhave your work hours reduced?	Yes	No O
Pre-COVID, in January or February of 2020, did you have a paying jo  Yes  No  81. In 2020, due to changes related to COVID, did you  astart a new job? blose your job permanently? close your job temporarily? dhave your work hours reduced? eneed to reduce your work hours to care for children?	Yes	No O O O O O
Pre-COVID, in January or February of 2020, did you have a paying jo  Yes  No  81. In 2020, due to changes related to COVID, did you  astart a new job? blose your job permanently? close your job temporarily? dhave your work hours reduced? eneed to reduce your work hours to care for children? fhave your salary reduced?	Yes	No O O O O O O
Pre-COVID, in January or February of 2020, did you have a paying jo  Yes  No  81. In 2020, due to changes related to COVID, did you  astart a new job? blose your job permanently? close your job temporarily? dhave your work hours reduced? eneed to reduce your work hours to care for children?	Yes	No O O O O O O O
Pre-COVID, in January or February of 2020, did you have a paying jo  Yes  No  81. In 2020, due to changes related to COVID, did you  astart a new job? blose your job permanently? close your job temporarily? dhave your work hours reduced? eneed to reduce your work hours to care for children? fhave your salary reduced? ghave your work hours increased?	Yes	No O O O O O O O O O
Pre-COVID, in January or February of 2020, did you have a paying jo  Yes  No  No  81. In 2020, due to changes related to COVID, did you  astart a new job? blose your job permanently? close your job temporarily? dhave your work hours reduced? eneed to reduce your work hours to care for children? fhave your salary reduced? ghave your work hours increased? hget furloughed with full or partial pay?	Yes  O O O O O O O O O O O O O O O O O O	No O O O O O O O O
Pre-COVID, in January or February of 2020, did you have a paying jo  Yes  No  No  81. In 2020, due to changes related to COVID, did you  astart a new job? blose your job permanently? close your job temporarily? dhave your work hours reduced? eneed to reduce your work hours to care for children? fhave your salary reduced? ghave your work hours increased? hget furloughed with full or partial pay? iget furloughed without pay?	Yes  O O O O O O O O O O O O O O O O O O	No O O O O O O O O O
Pre-COVID, in January or February of 2020, did vou have a paying jo  Yes  No  No  1. In 2020, due to changes related to COVID, did vou  astart a new job? blose your job permanently? close your job temporarily? dhave your work hours reduced? eneed to reduce your work hours to care for children? fhave your salary reduced? ghave your work hours increased? hget furloughed with full or partial pay? iget furloughed without pay? jhave your job designated as an essential service?	Yes  O O O O O O O O O O O O O O O O O O	No O O O O O O O O O O

○Yes ○No → Go to question 85		
<b>→</b>		
83. Pre-COVID, in January or February of 2020, did your spouse or partner	have a paying	g job?
○Yes		
○No		
○Not applicable – no spouse or partner in January or February of 2020		
84. In 2020, due to changes related to COVID, did your spouse or partner		
	<b>V</b> /	NT -
astart a new job?	Yes	No
<b>b.</b> lose their job permanently?	0	0
close their job temporarily?	0	0
dhave their hours reduced?	0	0
eneed to reduce work hours to care for children?	0	0
fhave their salary reduced?	0	0
ghave their hours increased?	0	0
hget furloughed with either full or partial pay?	0	0
iget furloughed without pay?		0
jhave their job designated as an essential service?	0	0
<b>k.</b> have a job that put them at increased risk for COVID?	0	0
lstart working remotely or from home?	0	0
<b>m.</b> increase the hours worked remotely or from home?	0	Ö
85. Pre-COVID, in January or February of 2020, were <u>you</u> covered by any of	the following	types of
health insurance or health coverage?		
	Yes	No
a. Insurance through a current or former employer or union, through yourself or another family member	0	0
<b>b.</b> Insurance purchased directly from an insurance company, including marketplace coverage, through yourself or another family member	0	0
c. Medicare, for people with certain disabilities	0	0
<b>d.</b> Medicaid, Medical Assistance, or any kind of government-assistance plan for those with low incomes or a disability	0	0
e. TRICARE or other military health care	0	$\circ$
<b>f.</b> Veterans Administration, VA, including those who have ever used or enrolled for VA health care	0	0
g. Indian Health Service	$\circ$	$\bigcirc$
h. Other health insurance? → Please tell us:		

82. At any time in 2020, did you have a spouse or partner?

86. In 2020, after March 1, did you experience changes in health insurance or	health covers	age plans?
►○Yes		
○No → Go to question 88		
<del> </del>		
87. Did your health insurance or health coverage change in the following way	s? Did you	
	Yes	No
<b>a.</b> gain coverage after not having insurance?	$\bigcirc$	0
<b>b.</b> lose coverage after having insurance?	0	0
cswitch to a plan with more coverage?	0	
dswitch to a plan with less coverage?	0	0
eswitch to a plan that was more expensive?	Ö	0
fswitch to a plan that was less expensive?	0	0
-		
88. Pre-COVID, in January or February of 2020, was the study child covered	hv any of the	following
types of health insurance or health coverage?	by any of the	lonowing
o, pro os comos como os comos os nego.	Vac	Na
<b>a.</b> Insurance through a family member's current or former employer or union	Yes	No
<b>b.</b> Insurance purchased directly from an insurance company, including	0	0
marketplace coverage	0	0
c. Medicare, for people with certain disabilities	0	0
<b>d.</b> Medicaid, Medical Assistance, or any kind of government-assistance plan	0	0
for those with low incomes or a disability	0	
e. TRICARE or other military health care	O	O
<b>f.</b> Veterans Administration, VA, including those who have ever used or enrolled for VA health care	0	0
g. Indian Health Service	0	0
h. Other health insurance? → Please tell us:		
89. In 2020, after March 1, did the study child's health insurance or health co	verage plans	change?
	, <b>g</b> . <b>F</b>	<b>-</b>
C Yes		
○No → Go to question 91		
90. Did the study child's health insurance or health coverage change in the fo study child	llowing ways's	? Did the
Study Cilia	<b>X</b> 7	<b>N</b> T
<b>a.</b> gain coverage after not having insurance?	Yes	No
<b>b.</b> lose coverage after having insurance?	0	0
cswitch to a plan with more coverage?	0	0
dswitch to a plan with hole coverage?	0	0
eswitch to a plan that was more expensive?	0	0
fswitch to a plan that was less expensive?	0	0

91. These next questions are about possible COVID infections among you and the people you live with.
Have you ever been tested for COVID, either for current or past infections?
○Yes ○No → Go to question 93
92. Have you ever had a positive COVID test?
<ul> <li>○Yes</li> <li>○No</li> <li>○Still waiting for results</li> </ul>
93. Including yourself, have any of the people who live in your household ever been diagnosed with COVID?
○Yes ○No → Go to question 96
<b>▼</b>
94. Including yourself, how many of the people who live in your household have ever been diagnosed with COVID?
Household members
95. Thinking about the person living in your household who was most sick from COVID, what was the outcome of their illness?
the outcome of their illness?  ONo symptoms OSymptoms managed at home
the outcome of their illness?  One symptoms One symptoms managed at home One nequired hospitalization, but not in the ICU (intensive care unit)
the outcome of their illness?  ONo symptoms OSymptoms managed at home ORequired hospitalization, but not in the ICU (intensive care unit) ORequired care in the ICU
the outcome of their illness?  One symptoms One symptoms managed at home One nequired hospitalization, but not in the ICU (intensive care unit)
the outcome of their illness?  ONo symptoms OSymptoms managed at home ORequired hospitalization, but not in the ICU (intensive care unit) ORequired care in the ICU
the outcome of their illness?  ○No symptoms ○Symptoms managed at home ○Required hospitalization, but not in the ICU (intensive care unit) ○Required care in the ICU ○Died due to COVID → Go to question 97  96. Do you personally know anyone who has died from COVID?  ○Yes
the outcome of their illness?  ○ No symptoms ○ Symptoms managed at home ○ Required hospitalization, but not in the ICU (intensive care unit) ○ Required care in the ICU ○ Died due to COVID → Go to question 97  96. Do you personally know anyone who has died from COVID?
the outcome of their illness?  ○No symptoms ○Symptoms managed at home ○Required hospitalization, but not in the ICU (intensive care unit) ○Required care in the ICU ○Died due to COVID → Go to question 97  96. Do you personally know anyone who has died from COVID?  ○Yes ○No → Go to question 98
the outcome of their illness?  ○No symptoms ○Symptoms managed at home ○Required hospitalization, but not in the ICU (intensive care unit) ○Required care in the ICU ○Died due to COVID → Go to question 97  96. Do you personally know anyone who has died from COVID?  ○Yes

D CO11	TD 0 1 00	• 0		2020		E 11 404	•		
Pre-COVI	1 8		Summer			Fall 2020			
JAN – FE	B MAR – APR –	MAY	JUN – JLY	– AUG	SEP -	OCT - NO	V – DEC		
98. Many people have found life during COVID challenging. These next questions are about how changes related to COVID may have affected <u>you</u> during 2020.  In 2020, how much did changes related to COVID increase or decrease your access to medical health care, including dental care									
	Decreased Decreased No Increased Increased Not								
		a lot	somewhat		somewhat	a lot	applicable		
<b>a.</b> iı	n the Spring?	0	0	0	0	0	0		
<b>b.</b> iı	n the Summer?	0	0	0	0	Ö	0		
<b>c.</b> iı	n the Fall?	0	0	0	0	0	0		
			-		-				
	20, how much did char treatment		to COVID in	ocrease or	decrease yo		mental Not		
		a lot	somewhat		somewhat	a lot	applicable		
<b>a.</b> iı	n the Spring?	0	0	0	0	0	0		
	n the Summer?	Ö	Ö	0	0	Ö	0		
<b>c.</b> iı	n the Fall?	Ö	Ö	Ö	Ö	Ö	Ö		
	20, how much did char and non-family socia	~		icrease or	decrease yo	ur access to	extended		
				d Decrease			Increased		
	41 C ' 9		a lot	somewh		somewhat	a lot		
	n the Spring?		0	0	0	0	0		
	n the Summer?		O	0	0	0	0		
<b>c.</b> 11	n the Fall?		0	0	0	0			
101. In 202	20, how much did char	nges related		icrease or	·		food Increased		
			a lot	somewh		somewhat			
<b>a.</b> iı	n the Spring?		0	0		0	0		
	n the Summer?		0	0	0	0	0		
<b>c.</b> iı	n the Fall?		0	Ö	Ö	Ö			
							J		
102. In 202	20, how often did you l	nave difficu	lty paying yo	ur bills					
			NI <sub>a</sub>	Damil	Com sti-	Very	Extremely		
a ;	n January and February	2	Never	Rarely	_	_	often		
	n the Spring?	•	0	0	0	0			
	n the Summer?		0	0	0	0	0		
<b>C.</b> II				/ \	/ \	/ \			
d i	n the Fall?		0	0	0	0	0		

Pre-COVID Spring 2020		Summer 2020	Fall 2020	
JAN – FEB	MAR – APR – MAY	JUN – JLY – AUG	SEP - OCT - NOV - DEC	

103.	In 2020, how often did you fear you might	lose your h	ome due t	to lack of mon	iey	
		Never	Rarely	Sometimes	Very often	Extremely often
	ain January and February?	$\circ$	$\circ$	$\circ$	$\circ$	$\circ$
	<b>b.</b> in the Spring?	0	0	$\circ$	$\circ$	0
	<b>c.</b> in the Summer?	0	$\circ$	$\circ$	$\circ$	$\circ$
	din the Fall?	0	0	0	0	0

104. In 2020, during a typical week, on average on how many days did you feel nervous, anxious or on edge					
		Never or less than 1 day	1 to 2 days	3 to 4 days	5 to 7 days
	ain January or February?	0	Ö	Ō	Ö
	<b>b.</b> in the Spring?	$\circ$	0	0	0
	<b>c.</b> in the Summer?	$\circ$	$\circ$	$\circ$	0
	din the Fall?	0	0	0	0

105. In 2020, during a typical week, on average on how many days did you feel depressed						
	Never or less than 1 day	1 to 2 days	3 to 4 days	5 to 7 days		
ain January or February?	0	O	O	O		
<b>b.</b> in the Spring?	$\circ$	0	0	0		
<b>c.</b> in the Summer?	$\circ$	$\circ$	$\circ$	$\circ$		
din the Fall?	0	0	0	0		

106. In 2020, during a typical week, on average on how many days did you feel lonely					
		Never or less than 1 day	1 to 2 days	3 to 4 days	5 to 7 days
	ain January or February?	$\circ$	$\circ$	$\circ$	0
	<b>b.</b> in the Spring?	$\circ$	0	0	0
	cin the Summer?	$\circ$	$\circ$	$\circ$	0
	din the Fall?	0	0	0	0

<b>Pre-COVID</b>	Spring 2020	Summer 2020	Fall 2020
JAN – FEB	MAR – APR – MAY	JUN – JLY – AUG	SEP - OCT - NOV - DEC

107.	7. In 2020, during a typical week, on average on how many days did you feel hopeful about the future					
		Never or less than 1 day	1 to 2 days	3 to 4 days	5 to 7 days	
	ain January or February?	0	O	0	O	
	<b>b.</b> in the Spring?	0	0	0	0	
	<b>c.</b> in the Summer?	$\circ$	0	$\circ$	$\circ$	
	<b>d.</b> in the Fall?	0	0	0	0	

108	108. In 2020, during a typical week, on average on how many days did you have a physical reaction – such as sweating, trouble breathing, nausea, or a pounding heart – when thinking about your experience with COVID				
		Never or less than 1 day	1 to 2 days	3 to 4 days	5 to 7 days
	ain January or February?	$\circ$	0	O	O
	<b>b.</b> in the Spring?	$\circ$	0	0	0
	<b>c.</b> in the Summer?	$\circ$	$\circ$	$\circ$	0
	<b>d.</b> in the Fall?	0	0	0	0

. In 2020, to cope with stress related to COVID, did you		
	Yes	No
aengage in meditation or mindfulness practices?	0	$\circ$
<b>b.</b> increase time spent outdoors?	0	0
ctake long walks?	$\circ$	$\circ$
<b>d.</b> increase time exercising?	0	0
edo volunteer work?	$\circ$	$\circ$
ftalk with friends and family by phone, text, or video?	0	0
gengage in more family activities such as games or sports?	$\circ$	$\circ$
<b>h.</b> increase television watching or other "screen time" activities such as video games or social media?	0	0
ieat more often, including snacking?	$\circ$	$\circ$
<b>j.</b> increase time reading books, or doing activities like puzzles or crosswords?	0	0
<b>k.</b> talk to your healthcare providers more frequently, including mental healthcare provider such as a therapist, psychologist or counselor?	0	0
<b>l.</b> seek or receive prescription medication from a healthcare provider?	0	0
mincrease drinking of alcohol?	0	$\circ$
<b>n.</b> increase use of tobacco or <u>nicotine</u> products?	0	0
o. Other?   Please tell us:		

110. Is there anything else about your experience with COVID or its impact on your family that you would like to share?				
Thank you for your help with this important study!				
Places return your completed questionnaires in the nostage ne	aid anvalona providad			

If you have any questions, please contact:

[SITE SPECIFIC CONTACT INFORMATION]