



### Respiratory Illnesses

# Respiratory Virus Activity Levels

Provides an update on how COVID-19, influenza, and RSV may be spreading nationally and in your state.

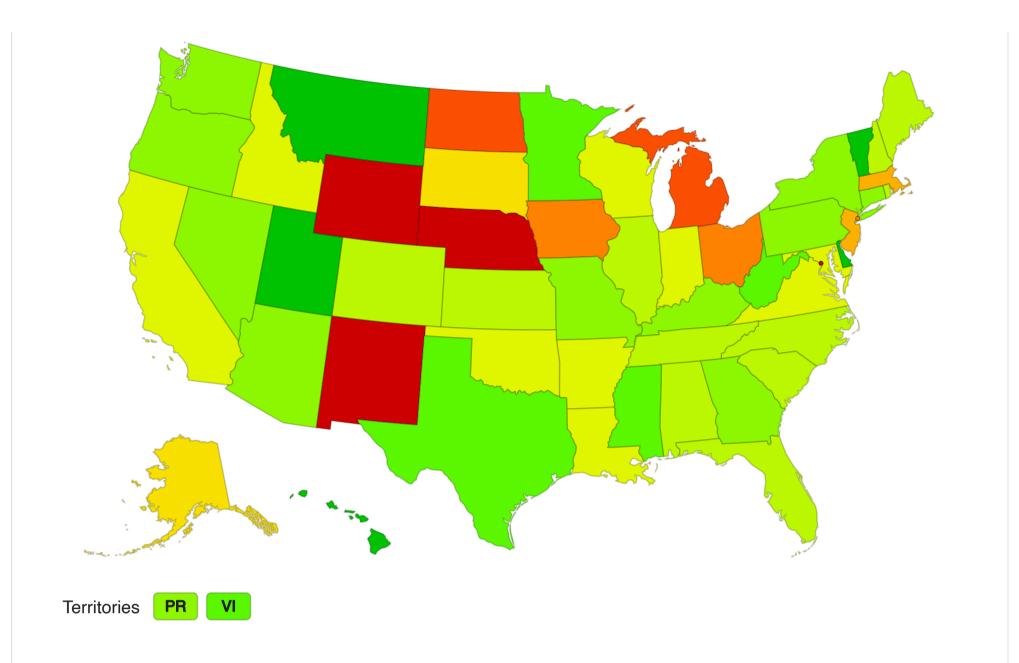
#### **Activity Levels Update:**

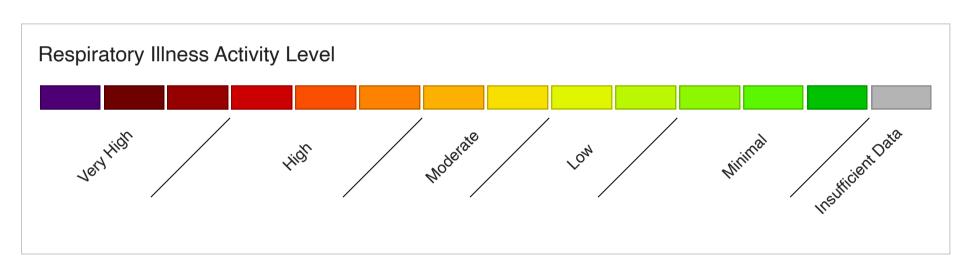
- The amount of respiratory illness (fever plus cough or sore throat) causing people to seek healthcare remains elevated nationally but is decreasing across many areas of the country. This week, 9 jurisdictions experienced high activity compared to 10 jurisdictions experiencing high or very high activity the previous week. This week no jurisdictions experienced very high activity.
- Nationally, emergency department visits with diagnosed COVID-19, influenza, and RSV are decreasing.
- Nationally, COVID-19, influenza, and RSV test positivity decreased compared to the previous week.
- Nationally, COVID-19 wastewater viral activity levels, which reflects both symptomatic and asymptomatic infections, remains low.

Reported on Friday, March 29th, 2024.

## Level of Respiratory Illness Activity

Activity levels determined weekly based on the percentage of visits to enrolled outpatient healthcare providers or emergency departments for fever and cough or sore throat reported to ILINet. Visits can be attributed to a variety of respiratory pathogens that cause these symptoms. Activity levels reflect how the percentage in the most recent week compares to what that jurisdiction typically experiences during low circulation periods. Trend information for the percentages used to calculate activity levels can be found at: National, Regional, and State Level Outpatient Illness and Viral Surveillance (cdc.gov).





Data presented through: 03/23/2024; Data as of: 03/28/2024

Dataset on data.cdc.gov I Link to Dataset

Data Table		_
Location	▲ Respiratory Illness Level	Respiratory Illness Level
<ul><li>Alabama</li></ul>	Level 4	Low
<ul><li>Alaska</li></ul>	Level 6	Moderate
Arizona	Level 3	Minimal
Arkansas	Level 5	Low
<ul><li>California</li></ul>	Level 5	Low
Colorado	Level 4	Low
Connecticut	Level 3	Minimal
<ul><li>Delaware</li></ul>	Level 1	Minimal
<ul><li>District Of Columbia</li></ul>	Level 10	High
Florida	Level 4	Low
Georgia	Level 3	Minimal
Hawaii	Level 1	Minimal
Idaho	Level 5	Low

Location	Respiratory Illness Level	Respiratory Illness Level
Illinois	Level 4	Low
Indiana	Level 5	Low
lowa	Level 8	High
Kansas	Level 4	Low
Kentucky	Level 3	Minimal
Louisiana	Level 5	Low
Maine	Level 4	Low
Maryland	Level 5	Low
Massachusetts	Level 7	Moderate
Michigan	Level 9	High
Minnesota	Level 2	Minimal
Mississippi	Level 2	Minimal
Missouri	Level 3	Minimal
Montana	Level 1	Minimal
Nebraska	Level 10	High
Nevada	Level 3	Minimal
New Hampshire	Level 4	Low
New Jersey	Level 7	Moderate
New Mexico	Level 10	High
New York	Level 3	Minimal
New York City	Level 8	High
<ul><li>North Carolina</li></ul>	Level 4	Low
North Dakota	Level 9	High
Ohio	Level 8	High
<ul><li>Oklahoma</li></ul>	Level 5	Low
Oregon	Level 3	Minimal
<ul><li>Pennsylvania</li></ul>	Level 3	Minimal
<ul><li>Puerto Rico</li></ul>	Level 3	Minimal
<ul><li>Rhode Island</li></ul>	Level 4	Low
<ul><li>South Carolina</li></ul>	Level 4	Low
<ul><li>South Dakota</li></ul>	Level 6	Moderate
Tennessee	Level 4	Low
Texas	Level 2	Minimal
U.S. Virgin Islands	Level 2	Minimal
Utah	Level 1	Minimal
Vermont	Level 1	Minimal
Virginia	Level 5	Low
Washington	Level 3	Minimal
<ul><li>West Virginia</li></ul>	Level 2	Minimal
Wisconsin	Level 5	Low
Wyoming	Level 10	High

#### Data Notes: Level of Respiratory Illness Activity

State

**United States** 

County

All

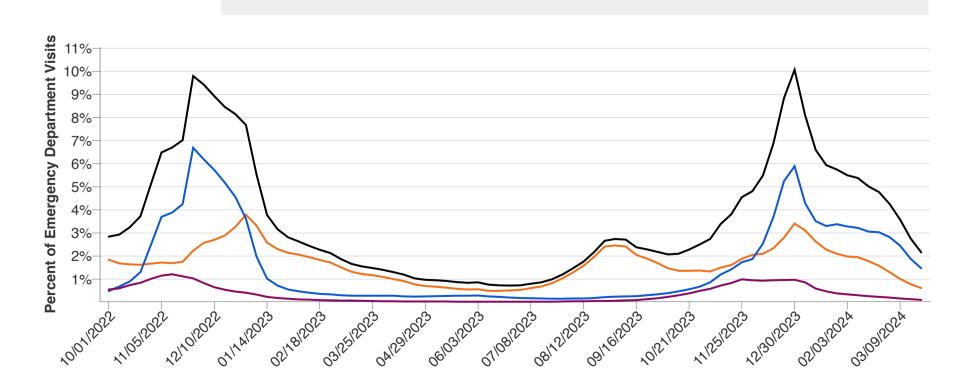
ΑII

- Source: U.S. Outpatient Influenza-Like Illness Surveillance Network (ILINet).
- Additional information available at: Outpatient Illness Surveillance methods section.
- This system monitors visits for respiratory illness that includes fever plus a cough or sore throat, (also referred to as influenza-like illness, or ILI), not laboratory confirmed infections; therefore, patient visits due to a variety of respiratory pathogens that cause similar symptoms may be captured.
- The activity levels compare the mean reported percent of visits due to ILI during the current week to the mean reported percent of visits due to ILI during non-influenza weeks. The 13 activity levels correspond to the number of standard deviations below, at, or above the mean for the current week compared with the mean during non-influenza weeks.
- This map uses the proportion of visits to enrolled outpatient healthcare providers or emergency departments for respiratory illness to measure the activity level within a state. It does not, however, measure the extent of geographic spread of respiratory illness within a state. Therefore, outbreaks occurring in a single city could cause the state to display high activity levels.
- Data collected in ILINet may disproportionately represent certain populations within a state depending on enrolled providers, and therefore may not accurately depict the full picture of respiratory virus activity for the whole state.
- The data presented in this map is preliminary and may change as more data is received.
- Differences in the data presented by CDC and state health departments likely represent differing levels of data completeness with data presented by the state likely being the more complete.

## **Emergency Department Visits for Viral Respiratory Illness**

Weekly percent of total emergency department visits associated with COVID-19, influenza, and RSV.

Selection: Counties included in this area More Info
United States



Data presented through: 03/23/2024; Data as of: 03/27/2024

### Dataset on data.cdc.gov I Link to Dataset

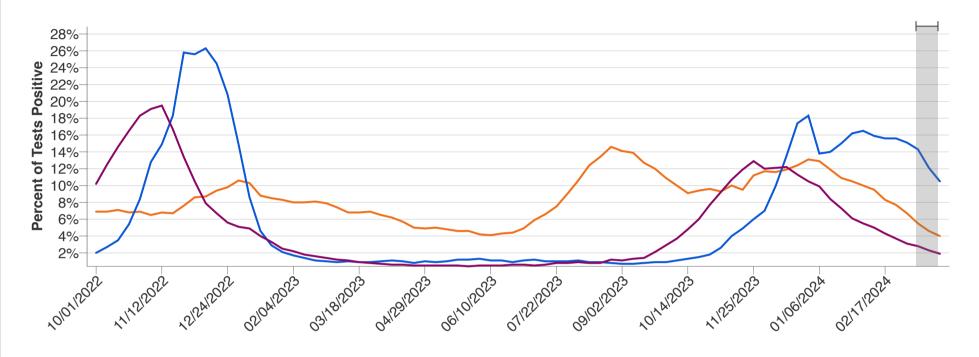
Data Table				_
Week Ending	Combined	COVID-19	Influenza	RSV
10/01/2022	2.8%	1.8%	0.5%	0.6%
10/08/2022	2.9%	1.7%	0.7%	0.6%
10/15/2022	3.3%	1.6%	0.9%	0.7%
10/22/2022	3.7%	1.6%	1.3%	0.8%
10/29/2022	5.1%	1.7%	2.5%	1.0%
11/05/2022	6.5%	1.7%	3.7%	1.2%
11/12/2022	6.7%	1.7%	3.9%	1.2%
11/19/2022	7.0%	1.8%	4.3%	1.1%
11/26/2022	9.8%	2.2%	6.7%	1.0%
12/03/2022	9.4%	2.6%	6.2%	0.8%
12/10/2022	8.9%	2.7%	5.7%	0.7%
12/17/2022	8.5%	2.9%	5.2%	0.5%
12/24/2022	8.2%	3.3%	4.6%	0.5%
12/31/2022	7.7%	3.8%	3.6%	0.4%
01/07/2023	5.5%	3.3%	2.0%	0.3%
01/14/2023	3.8%	2.6%	1.0%	0.2%
01/21/2023	3.2%	2.3%	0.7%	0.2%
01/28/2023	2.8%	2.1%	0.6%	0.2%
02/04/2023	2.6%	2.1%	0.5%	0.1%
02/11/2023	2.4%	2.0%	0.4%	0.1%
02/18/2023	2.3%	1.8%	0.4%	0.1%
02/25/2023	2.1%	1.7%	0.3%	0.1%
03/04/2023	1.9%	1.5%	0.3%	0.1%
03/11/2023	1.7%	1.3%	0.3%	0.1%
03/18/2023	1.6%	1.2%	0.3%	0.1%
03/25/2023	1.5%	1.2%	0.3%	0.1%
04/01/2023	1.4%	1.1%	0.3%	0.0%
04/08/2023	1.3%	1.0%	0.3%	0.0%
04/15/2023	1.2%	0.9%	0.3%	0.0%
04/22/2023	1.0%	0.8%	0.2%	0.0%
04/29/2023	1.0%	0.7%	0.3%	0.0%
05/06/2023	1.0%	0.7%	0.3%	0.0%
05/13/2023	0.9%	0.6%	0.3%	0.0%
05/20/2023	0.9%	0.6%	0.3%	0.0%
05/27/2023	0.8%	0.6%	0.3%	0.0%
06/03/2023	0.9%	0.6%	0.3%	0.0%
06/10/2023	0.8%	0.5%	0.3%	0.0%
06/17/2023	0.7%	0.5%	0.2%	0.0%
06/24/2023	0.7%	0.5%	0.2%	0.0%

Week Ending	Combined	COVID-19	Influenza	RSV
07/01/2023	0.7%	0.5%	0.2%	0.0%
07/08/2023	0.8%	0.6%	0.2%	0.0%
07/15/2023	0.9%	0.7%	0.2%	0.0%
07/22/2023	1.0%	0.8%	0.2%	0.0%
07/29/2023	1.2%	1.0%	0.2%	0.0%
08/05/2023	1.5%	1.3%	0.2%	0.0%
08/12/2023	1.8%	1.6%	0.2%	0.0%
08/19/2023	2.2%	2.0%	0.2%	0.1%
08/26/2023	2.7%	2.4%	0.2%	0.1%
09/02/2023	2.7%	2.5%	0.2%	0.1%
09/09/2023	2.7%	2.4%	0.3%	0.1%
09/16/2023	2.4%	2.1%	0.3%	0.1%
09/23/2023	2.3%	1.9%	0.3%	0.1%
09/30/2023	2.2%	1.7%	0.3%	0.2%
10/07/2023	2.1%	1.5%	0.4%	0.2%
10/14/2023	2.1%	1.4%	0.5%	0.3%
10/21/2023	2.3%	1.4%	0.6%	0.4%
10/28/2023	2.5%	1.4%	0.7%	0.5%
11/04/2023	2.7%	1.3%	0.9%	0.6%
11/11/2023	3.4%	1.5%	1.2%	0.7%
11/18/2023	3.8%	1.6%	1.4%	0.8%
11/25/2023	4.6%	1.9%	1.7%	1.0%
12/02/2023	4.8%	2.1%	1.9%	1.0%
12/09/2023	5.5%	2.1%	2.5%	0.9%
12/16/2023	6.9%	2.3%	3.7%	1.0%
12/23/2023	8.9%	2.8%	5.3%	1.0%
12/30/2023	10.1%	3.4%	5.9%	1.0%
01/06/2024	8.1%	3.1%	4.3%	0.9%
01/13/2024	6.6%	2.6%	3.5%	0.6%
01/20/2024	5.9%	2.3%	3.3%	0.5%
01/27/2024	5.8%	2.1%	3.4%	0.4%
02/03/2024	5.5%	2.0%	3.3%	0.3%
02/10/2024	5.4%	2.0%	3.2%	0.3%
02/17/2024	5.0%	1.8%	3.1%	0.3%
02/24/2024	4.8%	1.6%	3.0%	0.2%
03/02/2024	4.3%	1.3%	2.8%	0.2%
03/09/2024	3.6%	1.0%	2.5%	0.2%
03/16/2024	2.8%	0.8%	1.9%	0.1%
03/23/2024	2.2%	0.6%	1.5%	0.1%

- Source: National Syndromic Surveillance Program: https://www.cdc.gov/nssp/index.html
- There are no data available for the following states/territories: Guam, Missouri, New Hampshire, and South Dakota.
- Combined is the sum of COVID-19, influenza, and respiratory syncytial virus (RSV) emergency department visits.
- Additional information available at: Companion Guide: NSSP Emergency Department Data on Respiratory Illness

## Percent of Tests Positive for Respiratory Viruses

Weekly percent of tests positive for the viruses that cause COVID-19, influenza, and RSV at the national level. Preliminary data are shaded in gray.



**Week Ending** 

OVID-19 ■ Influenza ■ RSV

Data presented through: 03/23/2024; Data as of: 03/28/2024

Dataset on data.cdc.gov I Link to Dataset

Data Table			_
Week Ending	COVID-19	Influenza	RSV
10/01/2022	6.9%	2.0%	10.2%
10/08/2022	6.9%	2.7%	12.5%
10/15/2022	7.1%	3.5%	14.6%
10/22/2022	6.8%	5.4%	16.5%
10/29/2022	6.9%	8.4%	18.3%
11/05/2022	6.5%	12.8%	19.1%
11/12/2022	6.8%	14.9%	19.5%
11/19/2022	6.7%	18.3%	16.7%
11/26/2022	7.6%	25.8%	13.4%
12/03/2022	8.6%	25.6%	10.5%
12/10/2022	8.7%	26.3%	7.9%
12/17/2022	9.4%	24.5%	6.7%
12/24/2022	9.8%	20.8%	5.6%
12/31/2022	10.6%	14.9%	5.1%
01/07/2023	10.3%	8.6%	4.9%

Week Ending	COVID-19	Influenza	RSV
01/14/2023	8.8%	4.6%	4.0%
01/21/2023	8.5%	2.9%	3.3%
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03/18/2023	6.8%	0.9%	0.9%
03/25/2023	6.9%	0.9%	0.8%
04/01/2023	6.5%	1.0%	0.7%
04/08/2023	6.2%	1.1%	0.6%
04/15/2023	5.7%	1.0%	0.6%
04/22/2023	5.0%	0.8%	0.5%
04/29/2023	4.9%	1.0%	0.5%
05/06/2023	5.0%	0.9%	0.5%
05/13/2023	4.8%	1.0%	0.5%
05/20/2023	4.6%	1.2%	0.5%
05/27/2023	4.6%	1.2%	0.4%
06/03/2023	4.2%	1.3%	0.5%
06/10/2023	4.1%	1.1%	0.5%
06/17/2023	4.3%	1.1%	0.5%
06/24/2023	4.4%	0.9%	0.6%
07/01/2023	4.9%	1.1%	0.6%
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09/16/2023	12.7%	0.8%	1.4%
09/23/2023	12.0%	0.9%	2.1%
09/30/2023	10.9%	0.9%	2.9%
10/07/2023	10.0%	1.1%	3.7%
10/14/2023	9.1%	1.3%	4.8%
10/21/2023	9.4%	1.5%	6.0%
10/28/2023	9.6%	1.8%	7.7%
11/04/2023	9.3%	2.6%	9.2%
11/11/2023	10.0%	4.0%	10.7%

Week Ending	COVID-19	Influenza	RSV
11/18/2023	9.5%	4.9%	11.9%
11/25/2023	11.2%	6.0%	12.9%
12/02/2023	11.7%	7.0%	12.0%
12/09/2023	11.6%	9.9%	12.1%
12/16/2023	11.9%	13.5%	12.2%
12/23/2023	12.4%	17.4%	11.3%
12/30/2023	13.1%	18.3%	10.5%
01/06/2024	12.9%	13.8%	9.9%
01/13/2024	11.9%	14.0%	8.4%
01/20/2024	10.9%	15.0%	7.3%
01/27/2024	10.5%	16.2%	6.1%
02/03/2024	10.0%	16.5%	5.5%
02/10/2024	9.5%	15.9%	5.0%
02/17/2024	8.3%	15.6%	4.3%
02/24/2024	7.7%	15.6%	3.7%
03/02/2024	6.7%	15.1%	3.1%
03/09/2024	5.5%	14.3%	2.8%
03/16/2024	4.6%	12.1%	2.3%
03/23/2024	4.0%	10.5%	1.9%

### Data Notes: Percent of Tests Positive for Viral Respiratory Pathogens

- Sources: COVID-19 and RSV: National Respiratory and Enteric Virus Surveillance System (NREVSS), a sentinel network of laboratories located through the US, includes clinical, public health and commercial laboratories; additional information available at: https://www.cdc.gov/surveillance/nrevss/index.html. Influenza: Clinical laboratory test results from NREVSS and U.S. World Health Organization collaborating laboratories; more details about influenza virologic surveillance are available here: https://www.cdc.gov/flu/weekly/overview.htm.
- Data for recent weeks in gray may be incomplete due to delays in reporting. These preliminary may change as more data become available.
- Data represent laboratory tests performed, not individual people.
- The data are from across the country in all regions.
- The percent of tests positive is calculated by dividing the number of positive tests by the total number of tests administered, then multiplying by 100 [(# of positive tests/total tests) x 100].
- COVID-19: The condition caused by infection with severe acute respiratory syndromic coronavirus type-2 (SARS-CoV-2).
- RSV and COVID-19 are limited to nucleic acid amplification tests (NAATs), also listed as polymerase chain reaction tests (PCR).
- Participating laboratories report weekly to CDC the total number of RSV tests performed that week and the number of those tests that were positive. The RSV trend graphs display the national average of the weekly % test positivity for the current, previous, and following weeks in accordance with the recommendations for assessing RSV trends by percent (https://academic.oup.com/jid/article/216/3/345/3860464 ].
- COVID-19 laboratory data are available for download here: https://data.cdc.gov/Laboratory-Surveillance/Percent-Positivity-of-COVID-19-Nucleic-Acid-Amplif/gvsb-yw6g

• RSV laboratory data are available for download here: https://data.cdc.gov/Laboratory-Surveillance/Percent-Positivity-of-Respiratory-Syncytial-Virus-/3cxc-4k8q

### **COVID-19 Wastewater Trends**

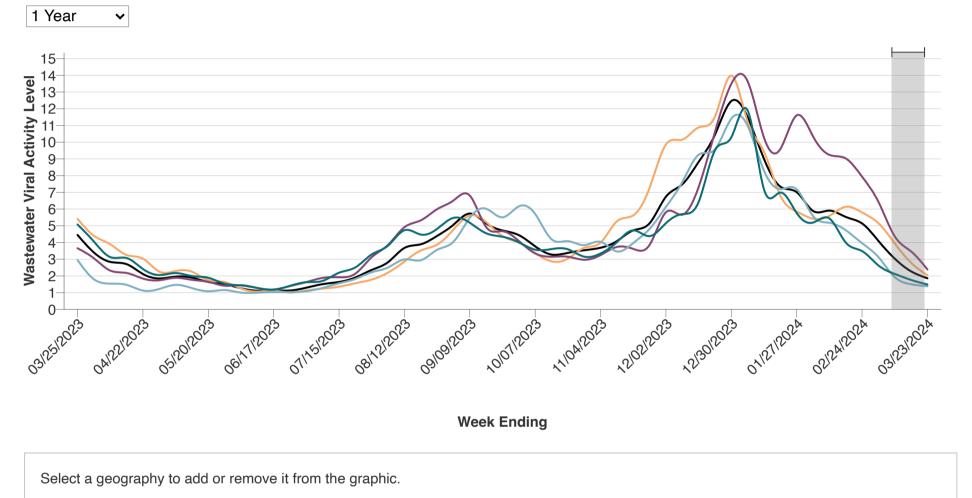
COVID-19 Wastewater Monitoring at the national and regional level. Preliminary data are shaded in gray.

Wastewater (sewage) can be tested to detect traces of infectious diseases circulating in a community, even if people don't have symptoms. You can use these data as an early warning that levels of infections may be increasing or decreasing in your community. Wastewater trends may differ from some health outcome findings, such as hospitalization trends, as COVID-19 is causing severe disease less frequently than earlier in the pandemic.

Make a selection from the filters to change the time frame.

South

Northeast



Data from the most recent two weeks may be incomplete due to delays in data reporting. These data sets are subject to change and are indicated by the gray shading.

Data last updated 03/28/2024

NationalMidwest

Dataset on data.cdc.gov I Link to Dataset

Data Table					
	▲ National	Midwest	South	Northeast	West
03/25/2023	4.45	5.42	3.65	2.95	5.08
04/01/2023	3.40	4.40	3.06	1.80	4.06
04/08/2023	2.84	3.90	2.32	1.54	3.13
04/15/2023	2.71	3.25	2.18	1.47	3.07
04/22/2023	2.12	3.04	1.84	1.13	2.42
04/29/2023	1.85	2.26	1.74	1.22	2.06
05/06/2023	1.96	2.29	1.89	1.47	2.17
05/13/2023	1.90	2.25	1.77	1.27	2.00
05/20/2023	1.64	1.74	1.65	1.08	1.89
05/27/2023	1.51	1.63	1.41	1.16	1.54

_	National	Midwest	South	Northeast	West
06/03/2023	1.26	1.25	1.45	1.00	1.43
06/10/2023	1.11	1.06	1.28	1.00	1.28
06/17/2023	1.13	1.12	1.19	1.03	1.18
06/24/2023	1.13	1.00	1.40	1.04	1.41
07/01/2023	1.30	1.13	1.63	1.09	1.62
07/08/2023	1.51	1.24	1.88	1.29	1.71
07/15/2023	1.64	1.36	1.92	1.56	2.19
07/22/2023	1.91	1.56	2.14	1.82	2.51
07/29/2023	2.36	1.78	3.12	2.22	3.29
08/05/2023	2.83	2.20	3.86	2.51	3.82
08/12/2023	3.67	2.86	4.92	2.99	4.73
08/19/2023	3.89	3.52	5.32	2.94	4.48
08/26/2023	4.39	3.87	5.99	3.56	4.81
09/02/2023	5.06	4.77	6.51	4.05	5.47
09/09/2023	5.73	5.61	6.81	5.48	5.18
09/16/2023	5.14	5.23	4.92	6.02	4.55
09/23/2023	4.72	4.38	4.67	5.51	4.35
09/30/2023	4.44	3.99	4.09	6.16	4.01
10/07/2023	3.77	3.37	3.35	5.71	3.57
10/14/2023	3.28	2.87	3.15	4.20	3.61
10/21/2023	3.38	3.04	3.15	4.08	3.60
10/28/2023	3.54	3.68	2.97	3.84	3.15
11/04/2023	3.69	3.99	3.25	4.04	3.34
11/11/2023	4.08	5.27	3.73	3.46	4.02
11/18/2023	4.72	5.62	3.62	3.97	4.73
11/25/2023	5.15	7.27	3.86	4.81	4.38
12/02/2023	6.74	9.86	5.81	6.13	5.16
12/09/2023	7.48	10.15	5.66	7.61	5.70
12/16/2023	8.82	10.88	7.32	9.25	6.42
12/23/2023	10.45	11.53	10.61	9.57	9.52
12/30/2023	12.46	13.98	13.49	11.41	10.29
01/06/2024	11.50	11.23	13.64	10.98	11.90
01/13/2024	9.00	9.43	10.28	8.30	7.18
01/20/2024	7.34	6.81	9.59	7.20	6.99
01/27/2024	7.01	5.85	11.60	7.19	5.76
02/03/2024	5.89	5.42	10.35	5.59	5.19
02/10/2024	5.91	5.59	9.24	5.18	5.44
02/17/2024	5.53	6.14	9.03	4.74	4.00
02/24/2024	5.14	5.80	7.94	3.96	3.49
03/02/2024	4.10	5.16	6.44	3.13	2.63
03/09/2024	3.03	3.95	4.37	1.93	2.12
03/16/2024	2.28	2.79	3.47	1.50	1.76
03/23/2024	1.86	2.04	2.39	1.38	1.49

#### Data Notes: COVID-19 Wastewater Trends

This chart shows national and regional trends over time of the levels of SARS-CoV-2 (the virus that causes COVID-19) activity levels present in samples of wastewater taken from sites across the United States. Wastewater monitoring can detect viruses spreading from one person to another within a community earlier than clinical testing, and before people who are sick go to their doctor or hospital. It can also detect infections without symptoms. If you see increased Wastewater Viral Activity Levels of SARS-CoV-2, it might indicate that there is a higher risk of infection. See how to protect yourself from respiratory viruses like COVID-19.

The Wastewater Viral Activity Level shows changes in SARS-CoV-2 virus levels in wastewater compared to the baseline level for each wastewater treatment plant. National and regional data represent the median values across all wastewater treatment plants in the respective area. The Wastewater Viral Activity Levels are categorized into minimal, low, moderate, high, or very high as follows:

- Less than 1.5 Minimal
- Greater than 1.5 and up to 3 Low
- Greater than 3 and up to 4.5 Moderate
- Greater than 4.5 and up to 8 High
- Greater than 8 Very High

For more information, see Data Methods.

States and territories are grouped into the following U.S Census Bureau regions:

- West: Alaska, Arizona, California, Colorado, Guam, Hawaii, Idaho, Montana, Nevada, New Mexico, Oregon, Utah,
   Washington, Wyoming (N=14)
- Midwest: Illinois, Indiana, Iowa, Kansas, Michigan, Minnesota, Missouri, Nebraska, North Dakota, Ohio, South Dakota, Wisconsin (N=12)
- Northeast: Connecticut, Maine, Massachusetts, New Hampshire, New Jersey, New York, Pennsylvania, Puerto Rico, Rhode Island, Vermont (N=10)
- South: Arkansas, Alabama, Delaware, District of Columbia, Florida, Georgia, Kentucky, Louisiana, Maryland,
   Mississippi, North Carolina, Oklahoma, South Carolina, Tennessee, Texas, Virginia, West Virginia (N=17)

### Explore deeper data

State Map o	f Outpatient I	Respiratory	Illness Activity
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Outpatient Illness and Viral Surveillance

State Map of Emergency Department Use for COVID-19

COVID-19 Testing, Hospitalization, and Death Trends
Weekly U.S. Influenza Surveillance Report
RSV Testing Trends in the U.S.
Current Wastewater Viral Activity Level
PREVIOUS
Weekly Viral Respiratory Illness Snapshot
NEXT

Severe Viral Respiratory Illness