

# Visiting Friends and Family in India This Year?

## Protect Yourself and Your Family from Malaria!

- Even if you were born in India, you can still get malaria.
- Malaria occurs in most parts of India, including big cities.
- Malaria can cause severe, even fatal illness.



## How to Prevent Malaria:

- Visit your doctor 4-6 weeks before you travel.
- Buy your malaria pills before your trip.
- Take your malaria pills exactly as prescribed.
- Avoid mosquito bites, especially at night.
- If you become sick during or after your travel, make sure it is not malaria by seeing a doctor right away.

**More information at [www.cdc.gov/malaria](http://www.cdc.gov/malaria)**

