



# HHS Public Access

Author manuscript

*Clin Infect Dis.* Author manuscript; available in PMC 2024 February 20.

Published in final edited form as:

*Clin Infect Dis.* 2023 July 05; 77(Suppl 1): S1–S3. doi:10.1093/cid/ciad226.

## Antibiotic Resistance: A Global Problem and the Need to Do More

**Fernanda C. Lessa,**

**Dawn M. Sievert**

Division of Healthcare Quality Promotion, US Centers for Disease Control and Prevention, Atlanta, Georgia, USA

### Keywords

antibiotic resistance; transmission; colonization; multidrug-resistance; antimicrobial stewardship

The discovery of penicillin in 1928 and its initial use in the 1940s to treat serious infections marked a turning point in modern medicine saving millions of lives [1]. However, antibiotic resistance (AR) has long threatened the advances of modern medicine. Widespread use of penicillin in clinical therapy started in 1943, and a decade later penicillin resistance had already become a major clinical problem [2]. This same phenomenon has been seen with each new antibiotic that has been approved for clinical use. A landmark study recently published showed that in 2019 AR killed more people than any other infectious diseases including human immunodeficiency virus (HIV) and malaria [3]. One in 8 deaths globally are linked to bacterial infections, the second leading cause of death after ischemic heart disease [4].

In the midst of the ongoing AR crisis in 2020, the global population was faced with another major public health crisis resulting from the emergence of a new virus, severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2), leading to 6.6 million deaths due to coronavirus disease 2019 (COVID-19) so far and one of the worst pandemics in history [5]. As a result of this pandemic, many reports have been published from high-income countries (HIC) on increased use of antibiotics and growing resistance [6, 7]. In the United States, the Centers for Disease Control and Prevention (CDC) reported increases in multidrug-resistant

This work is written by (a) US Government employee(s) and is in the public domain in the US.

Correspondence: F. C. Lessa, Division of Healthcare Quality Promotion, US Centers for Disease Control and Prevention, 1600 Clifton Road NE, Atlanta, GA 30333 (dta3@cdc.gov); D. Sievert, Division of Healthcare Quality Promotion, US Centers for Disease Control and Prevention, 1600 Clifton Road NE, Atlanta, GA 30333 (alz1@cdc.gov).

(See CID supplement titled “The Evolving Challenge of Antibiotic Resistance in Low- and Middle-Income Countries: Priorities and Solutions.”)

**Disclaimer.** The findings and conclusions in this report are those of the authors and do not necessarily represent the official position of the Centers for Disease Control and Prevention.

**Supplement sponsorship.** This article appears as part of the supplement “The Evolving Challenges of Antibiotic Resistance in Low- and Middle-Income Countries: Priorities and Solutions,” sponsored by the U.S. Centers for Disease Control and Prevention, and Health Security Partners.

**Potential conflicts of interest.** The authors: No reported conflicts of interest. Both authors have submitted the ICMJE Form for Disclosure of Potential Conflicts of Interest.

infections during the COVID-19 pandemic driven by hospital-onset infections, reverting the recent progress the country had made toward AR prevention of priority pathogens as previously reported [8]. The negative impact on AR during the COVID-19 pandemic was not restricted to HIC; this *Clinical Infectious Diseases* Supplement, titled “The Evolving Challenge of Antibiotic Resistance in Low- and Middle-Income Countries: Priorities and Solutions,” now brings a series of articles from low- and middle-income countries (LMICs) showing substantial increases in broad-spectrum antibiotics and multidrug-resistant (MDR) infections during the COVID-19 pandemic with increases in antibiotic resistance genes previously uncommon in these countries.

Patel et al [9] reports 31.3%–82.5% increases in use of  $\beta$ -lactam antibiotics with activity against *Pseudomonas aeruginosa* across hospitals in South America during the first year of the pandemic. Outpatient prescribing data from Brazil demonstrates an increase of up to 360% in azithromycin and 90% in ceftriaxone prescriptions among adults [10]. Kiffer et al [11] using data from the Brazilian national AR surveillance system show an increase of 65.2%, 77.7%, and 61.3% in the total number of isolates of Enterobacterales, *Acinetobacter baumannii* complex, and *P. aeruginosa*, respectively, referred to the national laboratory after the pandemic onset. However, more concerning is the increase Kiffer et al [11] observed from 2015 to 2022 in prevalence of New Delhi metallo- $\beta$ -lactamase (*bla*<sub>NDM</sub>) among Enterobacterales and *P. aeruginosa* isolates from 4.1% to 39.4% and from 0.3% to 6.9%, respectively. A similar increase in *bla*<sub>NDM</sub> was observed in Chile by Allel et al [12] among carbapenem-resistant *Klebsiella pneumoniae* isolates, with whole genome sequencing demonstrating appearance and rapid expansion of ST45 lineage in 2021. It will be important to understand if the emergence of *bla*<sub>NDM-7</sub> ST45 in Chile is related to increases in *bla*<sub>NDM</sub> among Enterobacterales and *P. aeruginosa* isolates in Brazil and in other countries in Latin America. In October 2021, the Pan American Health Organization issued an alert on the emergence and increase of new combinations of carbapenemases in Enterobacterales in the region making treatment of these infections even more challenging [13]. Genomic analysis of the Brazilian and other Latin American carbapenem-resistant Enterobacterales isolates is an important next step.

This supplement also contains manuscripts showing, even before the pandemic, the high burden of MDR-organism colonization in hospitals and communities among children and adults across 6 countries (Bangladesh [14], Botswana [15], Chile [16], Guatemala [17], India [18, 19], and Kenya [20]). Colonization with extended-spectrum cephalosporin-resistant Enterobacterales (EsCRE) and carbapenem-resistant Enterobacterales (CRE) in hospitalized patients was as high as 82% and 37%, respectively. In communities, EsCRE and CRE colonization was as high as 78% and 15%, respectively. Robinson et al [19] demonstrated that maternal colonization is not the main driver of drug resistant gram-negative bacteremia among neonates in a neonatal intensive care unit (NICU) in India, but rather healthcare transmission suggesting that infection prevention and control practices such as hand hygiene and environmental cleaning along with early identification and isolation of patients infected with drug-resistant organisms should be reinforced.

The data presented across these papers highlight several concerns, including: (1) high baseline rates of AR in both hospitals and communities with potential spill over from

the former to the latter [14–20]; (2) increases in inappropriate use of antibiotics during the pandemic [9, 10, 12]; (3) healthcare transmission of drug-resistant organisms among vulnerable populations even before the pandemic; and (4) rapid horizontal transmission of AR genes in hospitals during the pandemic, as demonstrated by the rapid dissemination of *bla*<sub>NDM-7</sub> ST45 in Chile [12]. The increases in AR infection reported by several countries during the pandemic [8, 12, 13] highlights the importance of surveillance among pediatric and adult populations and make us wonder whether the global burden of AR-attributable deaths in the pandemic years may have surpassed the latest estimates of 1.27 million based on 2019 data [3]. On a global scale the COVID-19 pandemic overwhelmed healthcare systems. The significant increase in antibiotic use and resistance was likely driven by increased volumes of patients with severe illness, supply challenges, healthcare personnel shortages, and longer hospital stays during the pandemic. These unprecedented challenges likely led to difficulty in following infection prevention and control guidance and contributed to suboptimal infection prevention and antibiotic stewardship practices, which are key to combating AR.

Despite the challenges of AR, two papers in this supplement present data on opportunities to control the spread of AR. Salomao et al [21] showed that an intervention in their overcrowded emergency department consisting of empiric contact precautions for patients staying >24 hours in the emergency department (ED), CRE colonization screening, and rapid communication of CRE screening results to the ED staff resulted in a 74% decrease in CRE acquisition rates. Fabre et al [22] identified barriers for implementation of antimicrobial stewardship programs (ASPs) in LMICs that have relatively easy solutions.

CDC recognizes the vital need to support efforts to combat the global spread of AR. To help fill critical detection and response gaps globally, CDC launched the Global Antimicrobial Resistance Laboratory and Response Network (Global AR Lab & Response Network) (US & Global Antimicrobial Resistance Lab Networks | CDC) in 2021, a comprehensive, One Health-focused network to improve the detection of AR threats and prevent their spread globally. This network spans nearly 50 countries and works with close to 20 organizations worldwide to build laboratory capacity to detect AR organisms, prevent infections in healthcare and the community through proven infection control practices, and apply new and innovative ways to respond to antimicrobial resistance threats. The Global AR Lab & Response Network also helps support the CDC collaborative work with the World Health Organization (WHO) in its role as an AR Network collaborating center, supporting countries in building capacity to track AR by strengthening international collaboration and improving coordination. Through these efforts, CDC also works to support country reporting into WHO's Global Antimicrobial Resistance and Use Surveillance System (GLASS) [23].

Through the Global AR Lab & Response Network, CDC is also implementing the Global Action in Healthcare Network (GAIHN) (GAIHN | Global Safe Healthcare | Infection Control | CDC) with the objective to rapidly detect, prevent, and contain emerging infectious diseases threats, including AR, in healthcare settings. GAIHN has 2 modules, healthcare-associated infections and AR, and is working with 6 partners across more than 27 healthcare facilities (HCFs) in 13 countries around the world. Rapid detection and communication of AR threats is critical to trigger appropriate measures to stop the spread of the pathogen.

GAIHN-AR module seeks to enhance laboratory capacity in HCFs, national and regional reference laboratories for a set of common priority AR threats, to prevent transmission of AR threats in HCFs through implementation of evidence-based strategies and functional infection prevention and control programs, to improve rapid communication of these threats within and across HCFs, and finally to work collaboratively across institutions, countries, regions, and global partners to rapidly respond to emerging AR threats. GAIHN-AR includes detection, prevention, and response of AR threats in pediatric and adult populations.

Resource-limited HCFs may lack expertise, laboratory capacity, data systems, and educational tools to combat AR spread. Being part of these CDC networks can provide distinct advantages including access to laboratory, infection prevention and control and stewardship expertise, training resources, standardized laboratory, prevention and containment protocols, new laboratory technology, and shared data infrastructure that can further optimize network activities. The ongoing and evolving work within the CDC networks helps slow the spread of AR and ensure these threats are stopped when and where they emerge. *Going together* instead of *going alone* is critical in the fight against AR.

## References

1. Ventola CL. The antibiotic resistance crisis: part 1: causes and threats. *P T* 2015; 40:277–83. [PubMed: 25859123]
2. Spellberg B, Gilbert DN. The future of antibiotics and resistance: a tribute to a career of leadership by John Bartlett. *Clin Infect Dis* 2014; 59(Suppl 2):S71–5. [PubMed: 25151481]
3. Antimicrobial Resistance Collaborators. Global burden of bacterial antimicrobial resistance in 2019: a systematic analysis. *Lancet* 2022; 399:629–55. [PubMed: 35065702]
4. GBD 2019 Antimicrobial Resistance Collaborators. Global mortality associated with 33 bacterial pathogens in 2019: a systematic analysis for the Global Burden of Disease Study 2019. *Lancet* 2023; 400:2221–48.
5. WHO Coronavirus (COVID-19) Dashboard. WHO Coronavirus (COVID-19) Dashboard | WHO Coronavirus (COVID-19) Dashboard With Vaccination Data. Accessed 8 January 2023.
6. Calderón-Parra J, Muiño-Miguez A, Bendala-Estrada AD, et al. Inappropriate antibiotic use in the COVID-19 era: factors associated with inappropriate prescribing and secondary complications. Analysis of the registry SEMI-COVID. *PLoS One* 2021; 16:e0251340. [PubMed: 33974637]
7. Vaughn VM, Gandhi TN, Petty LA, et al. Empiric antibacterial therapy and community-onset bacterial coinfection in patients hospitalized with coronavirus disease 2019 (COVID-19): a multi-hospital cohort study. *Clin Infect Dis* 2020; 72: e533–41.
8. CDC. 2022 SPECIAL REPORT: COVID-19 U.S. impact on antimicrobial resistance ([cdc.gov](https://www.cdc.gov)). Accessed 8 January 2023.
9. Patel TS, McGovern OL, Mahon G, et al. Trends in inpatient antibiotic use among adults hospitalized during the coronavirus disease 2019 pandemic in Argentina, Brazil, and Chile, 2018–2021. *Clin Infect Dis* 2023; 77(Suppl 1):S4–11. [PubMed: 37406043]
10. Solanky D, McGovern OL, Edwards JR, et al. Prescribing of outpatient antibiotics commonly used for respiratory infections among adults before and during the coronavirus disease 2019 pandemic in Brazil. *Clin Infect Dis* 2023; 77(Suppl 1):S12–9. [PubMed: 37406052]
11. Kiffer CRV, Rezende TFT, Costa-Nobre DT, et al. A 7-year Brazilian national perspective on plasmid-mediated carbapenem resistance in enterobacterales, *Pseudomonas aeruginosa*, and *Acinetobacter baumannii* complex and the impact of the coronavirus disease 2019 pandemic on their occurrence. *Clin Infect Dis* 2023; 77(Suppl 1):S29–37. [PubMed: 37406041]
12. Allel K, Peters A, Conejeros J, et al. Antibiotic consumption during the coronavirus disease 2019 pandemic and emergence of carbapenemase-producing *Klebsiella pneumoniae* lineages among

- inpatients in a Chilean hospital: a time-series study and phylogenomic analysis. *Clin Infect Dis* 2023; 77(Suppl 1):S20–8. [PubMed: 37406053]
13. Pan American Health Organization. Epidemiological alert: emergence and increase of new combinations of carbapenemases in Enterobacterales in Latin America and the Caribbean - 22 October 2021. 2021-October\_PHE-EpiAlert\_carbapenemases\_EN(1).pdf. Accessed 8 January 2023.
  14. Chowdhury F, Mah-E-Muneer S, Bollinger S, et al. Prevalence of colonization with antibiotic-resistant organisms in hospitalized and community individuals in Bangladesh, a phenotypic analysis: findings from the antibiotic resistance in communities and hospitals (ARCH) study. *Clin Infect Dis* 2023; 77(Suppl 1): S118–24. [PubMed: 37406054]
  15. Lautenbach E, Mosepele M, Smith RM, et al. Risk factors for community colonization with extended-spectrum cephalosporin-resistant enterobacterales (ESCrE) in Botswana: an antibiotic resistance in communities and hospitals (ARCH) study. *Clin Infect Dis* 2023; 77(Suppl 1):S89–96. [PubMed: 37406040]
  16. Araos R, Smith RM, Styczynski A, et al. High burden of intestinal colonization with antimicrobial-resistant bacteria in Chile: an antibiotic resistance in communities and hospitals (ARCH) study. *Clin Infect Dis* 2023; 77(Suppl 1):S75–81. [PubMed: 37406045]
  17. Ramay BM, Castillo C, Grajeda L, et al. Colonization with antibiotic-resistant bacteria in a hospital and associated communities in Guatemala: an antibiotic resistance in communities and hospitals (ARCH) study. *Clin Infect Dis* 2023; 77(Suppl 1):S82–8. [PubMed: 37406049]
  18. Kumar CPG, Bhatnagar T, Narayanan S, et al. High-level colonization with antibiotic-resistant enterobacterales among individuals in a semi-urban setting in South India: an antibiotic resistance in communities and hospitals (ARCH) study. *Clin Infect Dis* 2023; 77(Suppl 1):S111–7.
  19. Robinson ML, Johnson J, Naik S, et al. Maternal colonization versus nosocomial transmission as the source of drug-resistant bloodstream infection in an Indian neonatal intensive care unit: a prospective cohort study. *Clin Infect Dis* 2023; 77(Suppl 1):S38–45. [PubMed: 37406039]
  20. Omulo S, Ita T, Mugoh R, et al. Risk factors for colonization with extended-spectrum cephalosporin-resistant and carbapenem-resistant Enterobacterales among hospitalized patients in Kenya: an antibiotic resistance in communities and hospitals (ARCH) study. *Clin Infect Dis* 2023; 77(Suppl 1):S97–103. [PubMed: 37406042]
  21. Salomão MC, Freire MP, Lázari CS, et al. Transmission of carbapenem-resistant *Enterobacterales* in an overcrowded emergency department: controlling the spread to the hospital. *Clin Infect Dis* 2023; 77(Suppl 1):S46–52. [PubMed: 37406046]
  22. Fabre V, Secaira C, Cosgrove SE, et al. Deep dive into gaps and barriers to implementation of antimicrobial stewardship programs in hospitals in Latin America. *Clin Infect Dis* 2023; 77(Suppl 1):S53–61. [PubMed: 37406044]
  23. Global Antimicrobial Resistance and Use Surveillance. World Health Organization. Global Antimicrobial Resistance and Use Surveillance System (GLASS) ([who.int](https://www.who.int)). Accessed 31 March 2023.