

UNDERSTANDING THE DPRP EVALUATION REPORT

The National Diabetes Prevention Program
Diabetes Prevention Recognition Program (DPRP)



Diabetes Prevention
Recognition Program

NATIONAL
DIABETES
PREVENTION
PROGRAM

REPORTING DATA TO THE DPRP

- » All organizations must make a data submission every 6 months according to their data submission schedules.
- » Organizations will receive a report after each data submission.
 - **Progress report** if an evaluation has not been performed
 - Progress on ongoing participants (those who began 7-12 months before submission)
 - Progress on new participants (those who began 1-6 months before submission)
 - **Evaluation report** if an evaluation has been performed
 - Full evaluation on complete cohort(s)
 - Progress on ongoing participants (those who began 7-12 months before submission)
 - Progress on new participants (those who began 1-6 months before submission)
- » All reports evaluate program results under the current DPRP Standards

REPORT SUMMARY

CDC-Recognized Organization	Organization	Organization Code	123456
Current Submission Sequence: (the 6-month period the organization is currently submitting for)	3	Delivery Mode	In-person
Current Submission Sequence Dates	06/01/2022 – 11/30/2022	Approval Date	05/20/2021
Outcome of Current Evaluation	Full Plus	Effective Date	06/01/2021
Recognition Expiration Date	12/31/2027		

SEQUENCE MAPPING

Sequence Number	1	2	3
Sequence Dates	05/20/2021 – 11/30/2021	12/01/2021 – 05/31/2022	06/01/2022 – 11/30/2022
Number of Participants Whose Cohort Held Its First Session in the Sequence	50	46	22
Month/Year of Final Evaluation of Sequence Participants	12/2022	06/2023	12/2023
Report Participant Data Section	Concluded Participants	Ongoing Participants	New Participants

SUMMARY AND RECOMMENDATIONS

- » These notes are specific to the organization's outcomes and include:
 - A declaration of the recognition status that has been achieved.
 - A summary of which requirements, if any, were missed.
 - A list of strategies for meeting the various requirements.
 - Contact information for sending technical assistance requests.

EVALUATION RESULTS (1/4)

Evaluation is based on completers (eligible participants in the evaluation cohort who attended at least 8 sessions during months 1-6 and whose time from first session held by the cohort to last session attended was at least 9 full months) whose cohort started in Sequence 1 (05/20/2021 – 11/30/2021).

Requirement 5: Minimum Number of Program Completers*

Organizations must retain **at least 5 completers** in the evaluation cohort.

Minimum Number of Program Completers

Number of completers in the evaluation cohort

35 ✓

* Completers are eligible participants in the evaluation cohort who attended at least 8 sessions during months 1-6 and whose time from first session held by the cohort to last session attended was at least 9 full months.

EVALUATION RESULTS (2/4)

Requirement 6: Participant risk reduction at 12 months

Organizations must show that **at least 60%** of the completers in the evaluation cohort achieved one or more of the following outcomes:

- At least 5% weight loss.
- At least 4% weight loss and at least 150 minutes/week on average of physical activity.
- At least a 0.2% reduction in baseline HbA1c.

Participant risk reduction at 12 months

65% 

Percent of completers who achieved one or more of the following outcomes:

- *At least 5% weight loss*
- *At least 4% weight loss and at least 150 minutes/week on average of physical activity*
- *At least a 0.2% reduction in baseline HbA1c*

EVALUATION RESULTS (3/4)

Requirement 7: Program Eligibility

A minimum of 35% of all evaluated participants in a yearlong cohort must be eligible for the lifestyle change program based on either a blood test indicating prediabetes or a history of gestational diabetes mellitus (GDM).

Program Eligibility

Percent eligible based on either a blood test indicating prediabetes or a history of GDM

63% ✓

EVALUATION RESULTS (4/4)

Additional Retention Criterion

Organizations will be granted an additional 2 years of full recognition (for a total of 5 years) if, at the time full recognition is achieved, the following retention criterion is met. Eligible participants in the evaluation cohort must have been retained at the following percentages:

- A minimum of 50% at the beginning of the fourth month since the cohorts held their first sessions
- A minimum of 40% at the beginning of the seventh month since the cohorts held their first sessions
- A minimum of 30% at the beginning of the tenth month since the cohorts held their first sessions

Additional Retention Criterion

A minimum of 50% at the beginning of the fourth month since the cohorts held their first sessions	100%	✓
A minimum of 40% at the beginning of the seventh month since the cohorts held their first sessions	93%	✓
A minimum of 30% at the beginning of the tenth month since the cohorts held their first sessions	88%	✓

CONCLUDED PARTICIPANT SUMMARY

» The following information provides a summary of data submitted for the participants whose cohorts started in Sequence 1 (05/20/2021 – 11/30/2021). These are the participants who were fully evaluated in 12/2022, provided they met the requirements for evaluation.

Participant Summary (started program in Sequence 1, 05/01/2021 – 11/30/2021)	Count
Number of cohorts in evaluation	1
Total number of participants whose cohort held its first session during this sequence	50
Excluded participants:	10
Did not meet BMI threshold*	3
Based on outcome of blood test, score on the risk test, or history of GDM	7
Number of participants who met eligibility** requirements	40

* Met body mass index (BMI) threshold is defined as ≥ 25 kg/m²; ≥ 23 kg/m if Asian American

** Met eligibility requirements for BMI & prediabetes eligibility

CONCLUDED PARTICIPANT ATTENDANCE SUMMARY

Participant Attendance Summary	Count
Total number of participants who met eligibility* requirements	40
Number of participants who did not meet threshold (Non-Completers):	5
Attended less than 8 sessions in the first 6 months	3
Did not complete 9 full months	2
Number of participants who met threshold (Completers**)	35

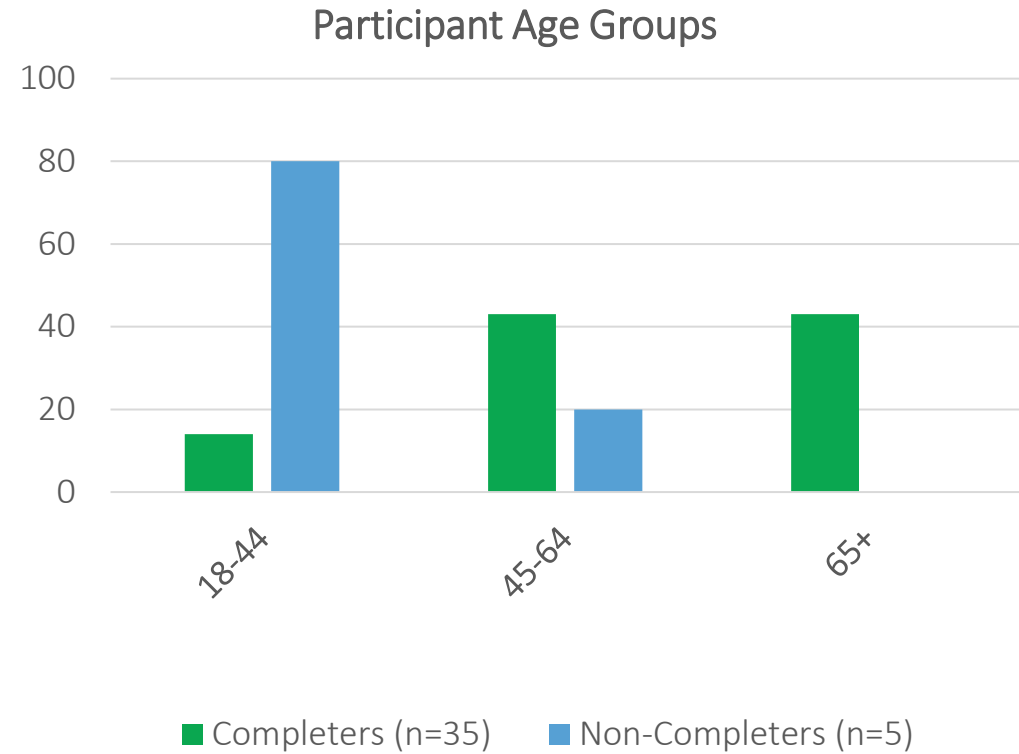
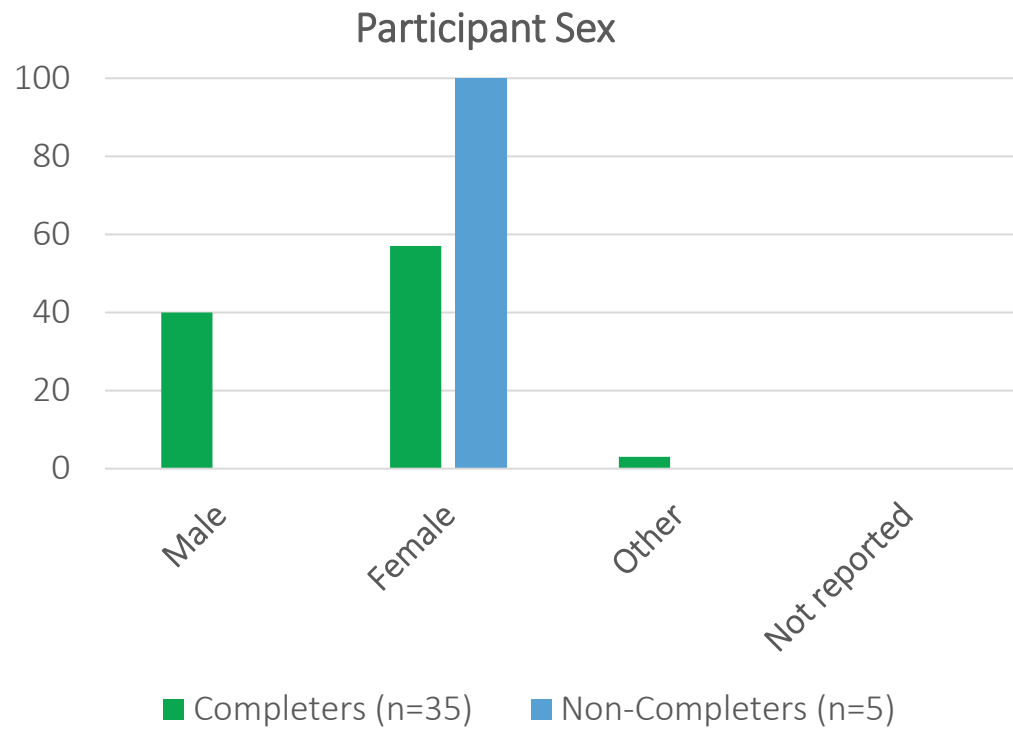
* Met eligibility requirements for BMI & prediabetes eligibility

** Completers are eligible participants in the evaluation cohort who attended at least 8 sessions during months 1-6 and whose time from first session held by the cohort to last session attended was at least 9 full months.

PROFILE OF NON-COMPLETERS

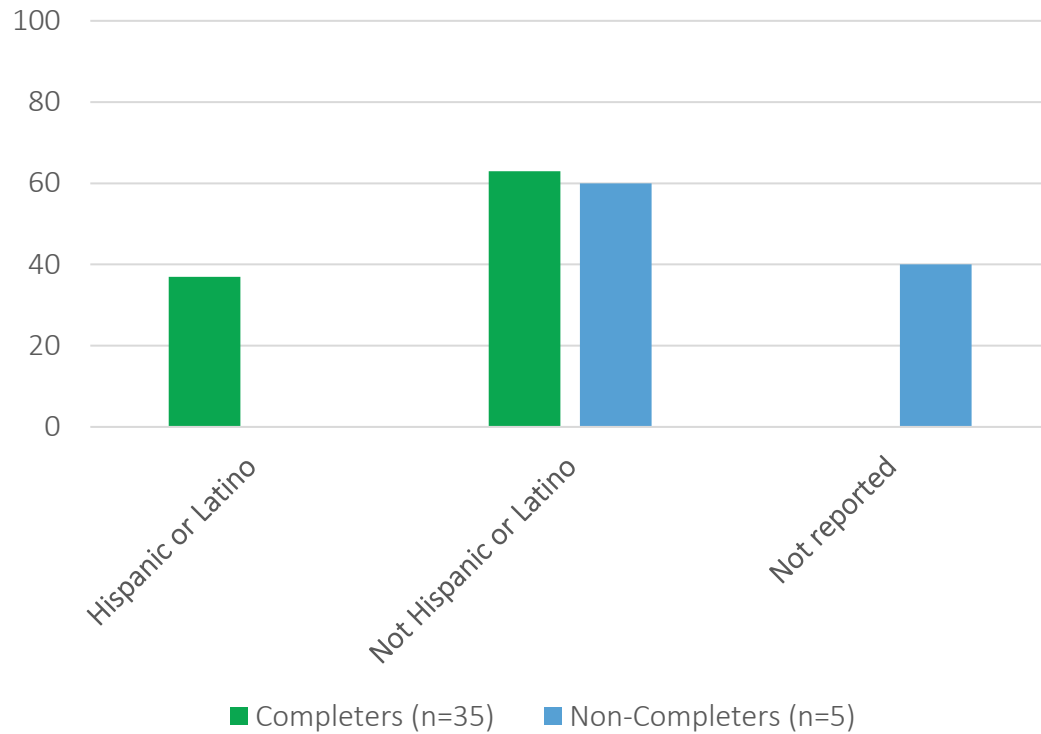
Program Month	Number of Non-Completer Participants
1	0
2	0
3	0
4	0
5	2
6	1
7	0
8	2
9	0
10	0
11	0
12	0

CONCLUDED PARTICIPANT CHARACTERISTICS: SEX, AGE

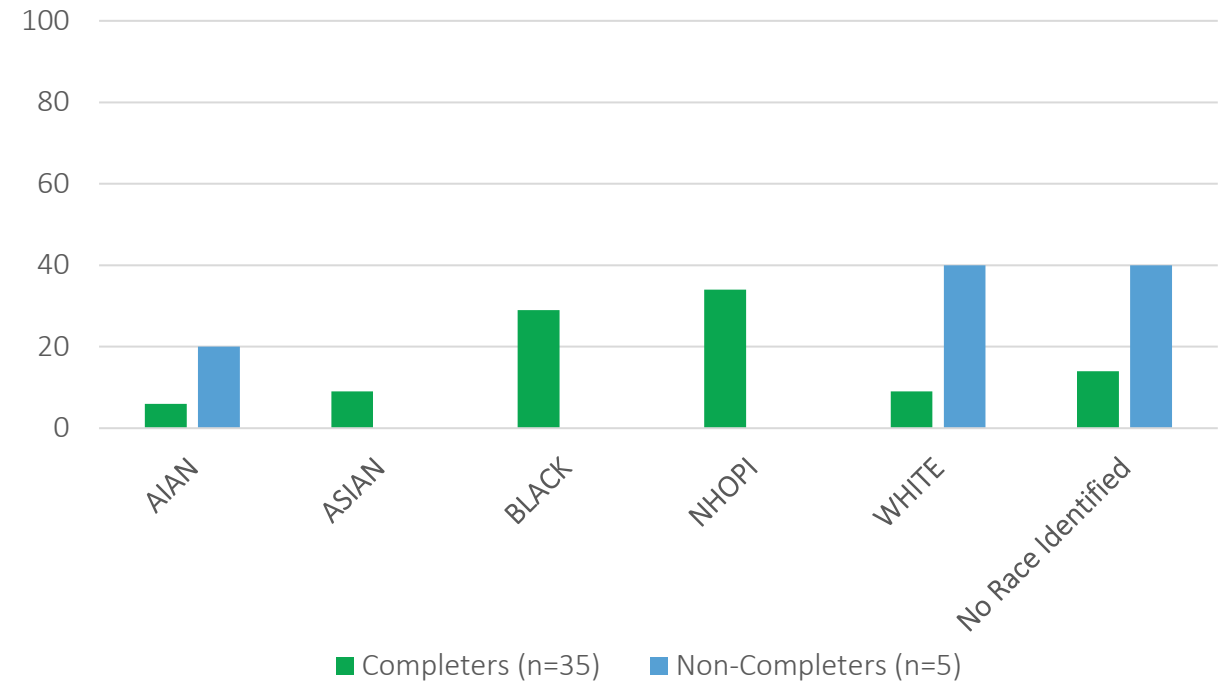


CONCLUDED PARTICIPANT CHARACTERISTICS: ETHNICITY, RACE

Participant Ethnicity



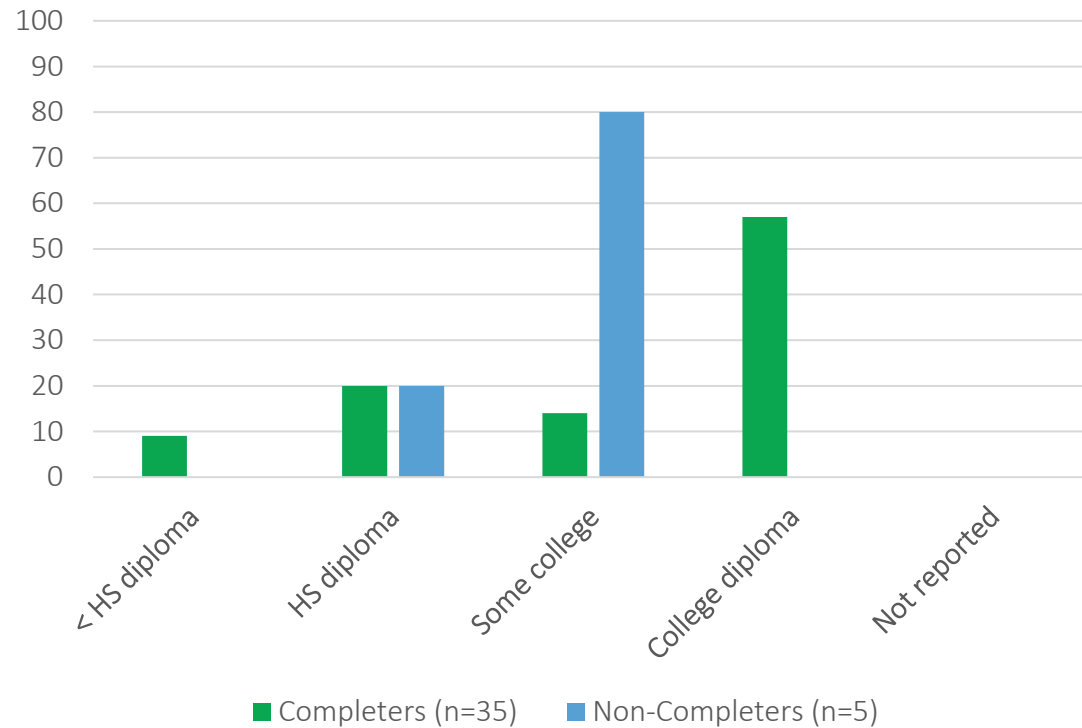
Participant Race*



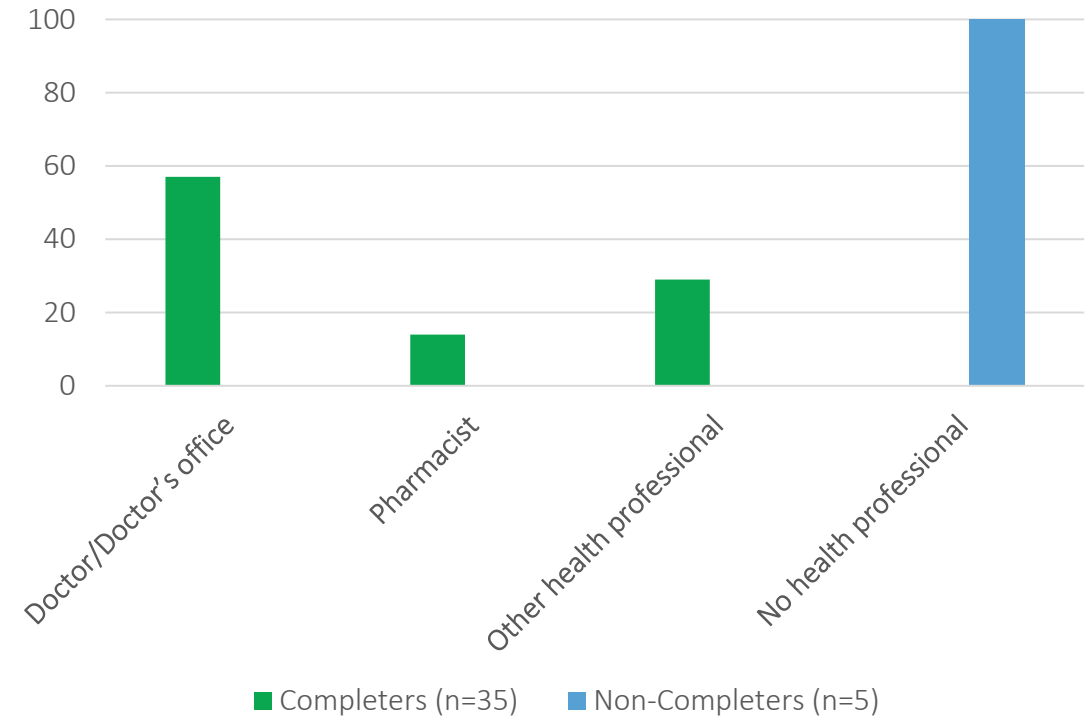
*DPRP Participant Race Variable Coding: AIAN=American Indian or Alaska Native, ASIAN=Asian or Asian American, BLACK=Black or African American, NHOPI=Native Hawaiian or other Pacific Islander, WHITE=White

CONCLUDED PARTICIPANT CHARACTERISTICS: EDUCATION, REFERRAL

Participant Education

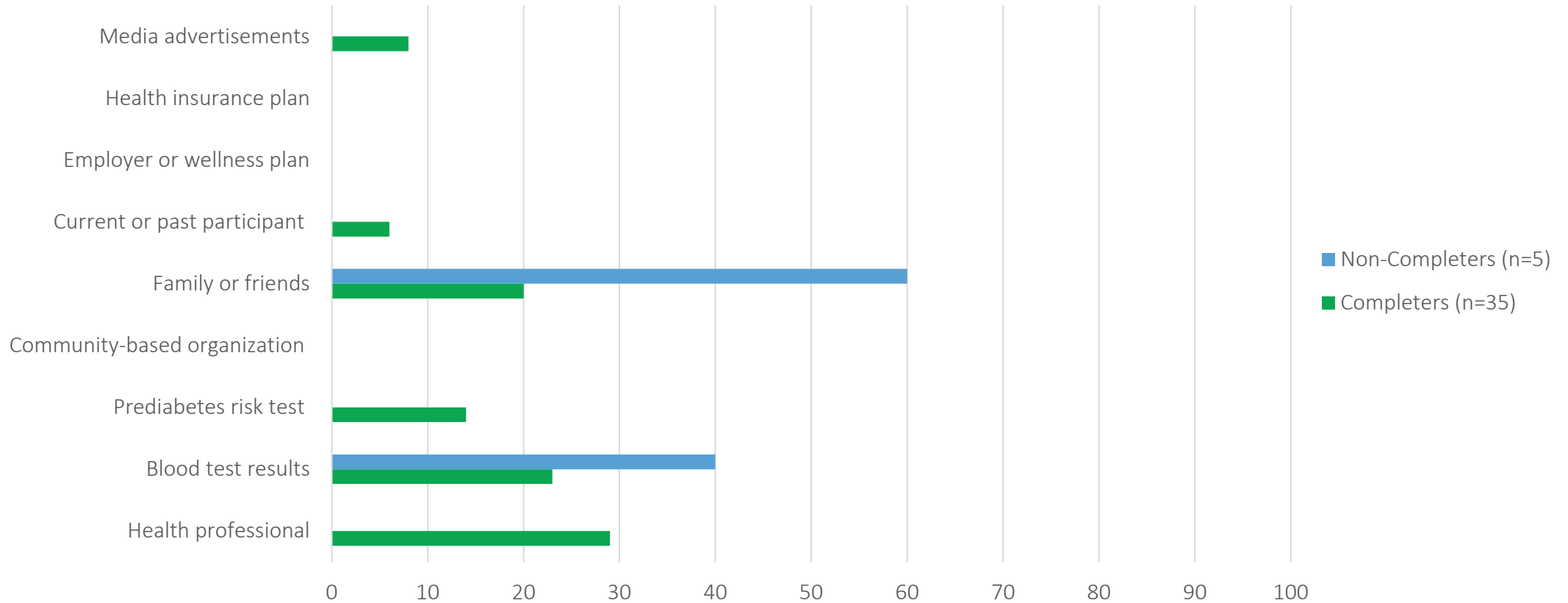


Participant Enrollment Referral by Healthcare Provider

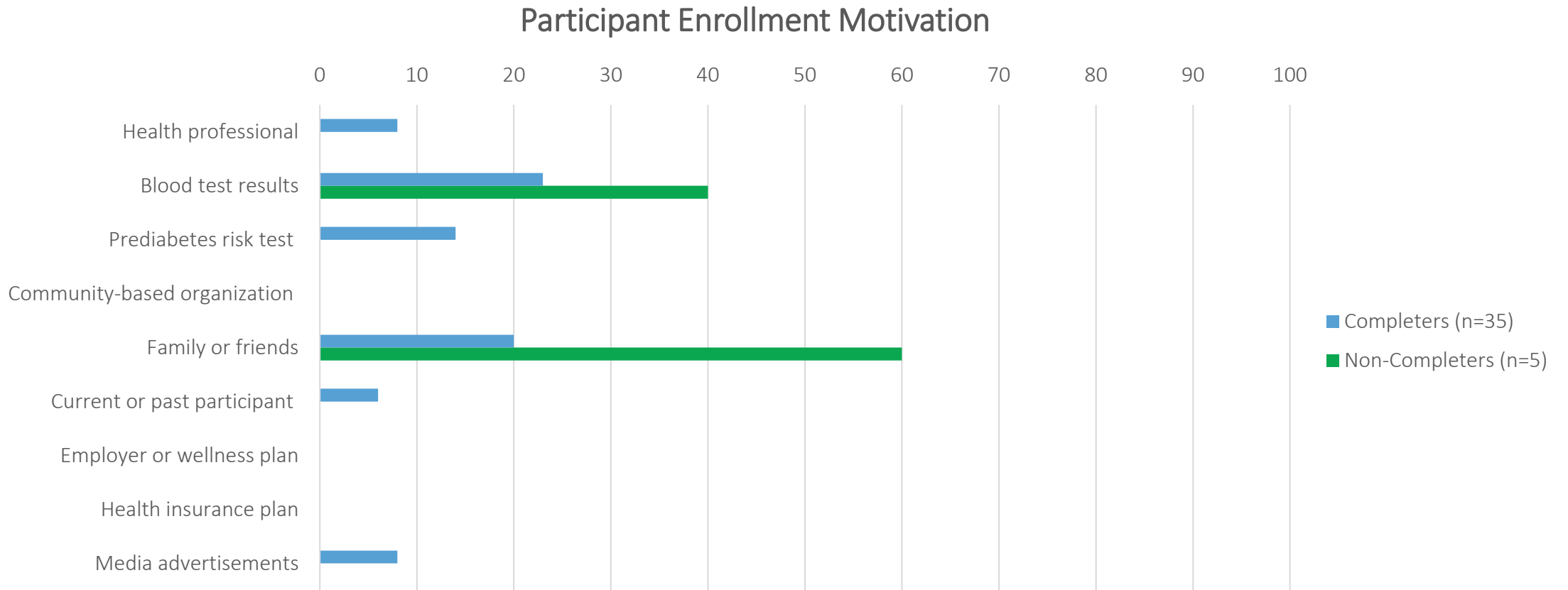


CONCLUDED PARTICIPANT CHARACTERISTICS: MOTIVATION (1/2)

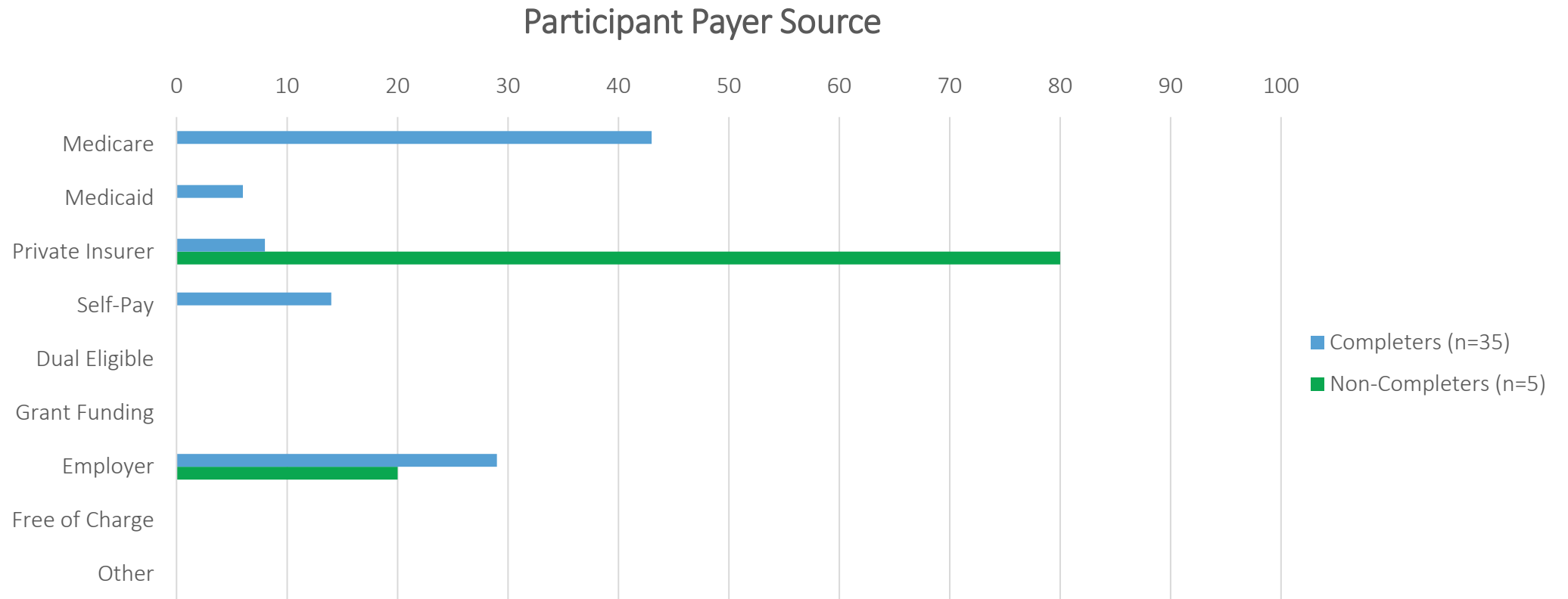
Participant Enrollment Motivation



CONCLUDED PARTICIPANT CHARACTERISTICS: MOTIVATION (2/2)



CONCLUDED PARTICIPANT CHARACTERISTICS: PAYER SOURCE



ONGOING PARTICIPANT SUMMARY

- » The following information provides an overview of data you have submitted for the participants whose cohorts started in Sequence 2 (12/01/2021 to 05/31/2022). These are the participants who will be fully evaluated in 06/2023, provided they meet the requirements for evaluation.

Participant Eligibility

Participant Eligibility	Count
Number of participants who attended their first session during this period (Sequence 2)	46
Number of participants who did not meet the BMI threshold	2
Percent of participants who met the BMI threshold and are eligible based on the results of a blood test or history of GDM	95%

ONGOING PARTICIPANT CHARACTERISTICS: GRAPHICAL REPRESENTATIONS

- » Sex
- » Age
- » Ethnicity
- » Race
- » Education
- » Enrollment Source
- » Enrollment Motivation
- » Payer Source

NEW PARTICIPANT SUMMARY

- » The following information provides an overview of data you have submitted for the participants whose cohorts started in Sequence 3 (06/01/2022 to 11/30/2022). These are the participants who will be fully evaluated in 12/2023, provided they meet the criteria for evaluation.

Participant Eligibility

Participant Eligibility	Count
Number of Participants who attended their first session during this period (Sequence 3)	22
Number of participants who did not meet the BMI threshold	0
Percent of participants who met the BMI threshold and are eligible based on a blood test or history of GDM	36%

NEW PARTICIPANT CHARACTERISTICS: GRAPHICAL REPRESENTATIONS

- » Sex
- » Age
- » Ethnicity
- » Race
- » Education
- » Enrollment Source
- » Enrollment Motivation
- » Payer Source

REPORT RETRIEVAL AND REVIEW

- » Reports are available to view and download in the “Evaluation and Reports” Module of the DPRP Portal.
- » Report reviews can be requested through the National DPP Customer Service Center.

THANK YOU

Thank you for participating in the Diabetes Prevention Recognition Program (DPRP).

Visit the **National DPP Customer Service Center** at NationalDPPCSC.cdc.gov for more resources and to submit any questions you may have.



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