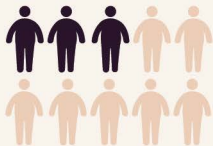


A Dangerous Combination: Arthritis & Obesity



Over

30%

of obese Americans
have arthritis.



The combination of obesity and arthritis makes these adults **44% more likely to be inactive** than adults with obesity only.

To learn more about managing arthritis,
please visit www.cdc.gov/arthritis.



Centers for Disease
Control and Prevention
National Center for Chronic
Disease Prevention and
Health Promotion