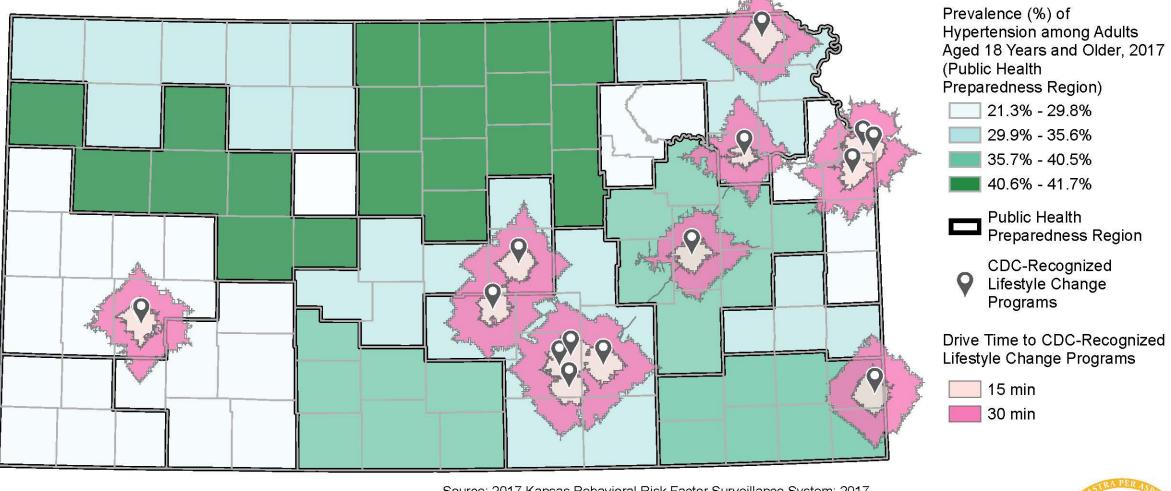
## Prevalence of Hypertension and Drive Time to CDC-Recognized Lifestyle Change Programs, Kansas

100 Miles

50



Approximately 61.5% of Kansas adults aged 18 years and older live within a 30-minute drive time to a CDC-recognized lifestyle change program. The northcentral and northwest regions of the state have the highest prevalence of hypertension in adults but do not have a CDC-recognized lifestyle program close by.



Source: 2017 Kansas Behavioral Risk Factor Surveillance System; 2017 American Community Survey (1-year estimates); CDC-recognized lifestyle change program data downloaded from CDC National Diabetes Prevention website. http://nccd.cdc.gov/DDT\_DPRP/Registry.aspx (Accessed 4/15/19). Updated October 23, 2019 Created by: Mengyi Li, MPH

