

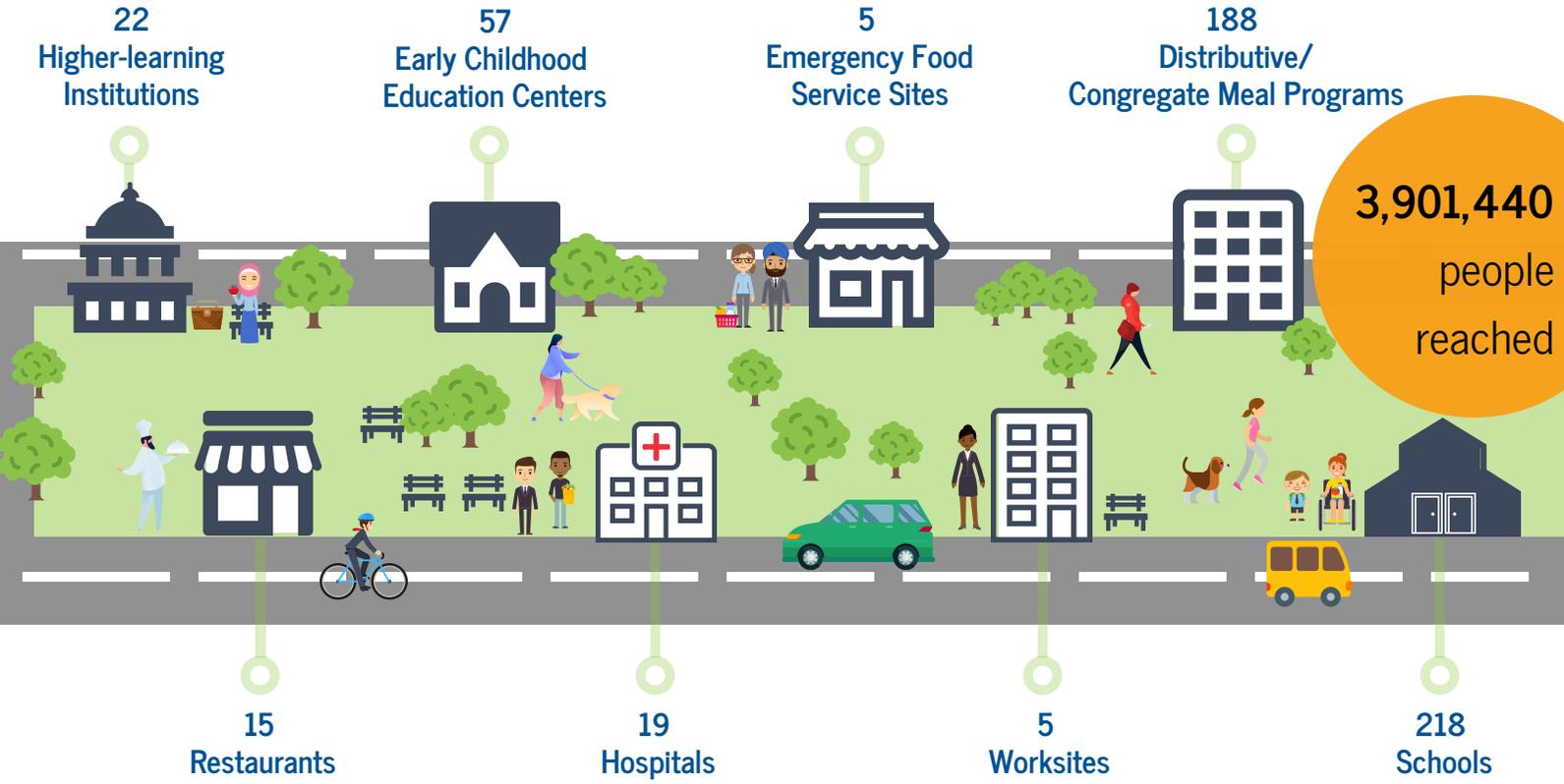
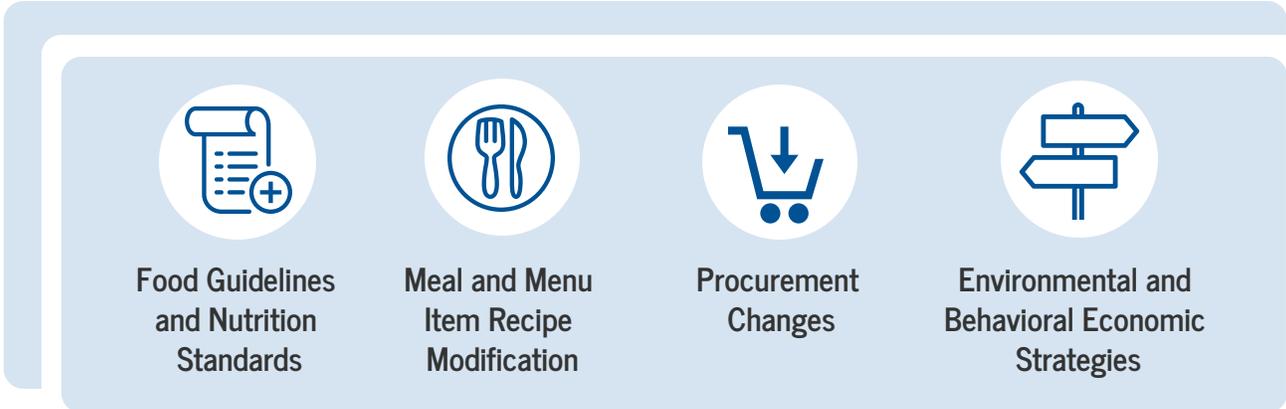
Sodium Reduction in Communities Program (SRCP)

Performance Measure Snapshot: 2016–2021



High sodium intake can lead to high blood pressure and an increased risk for heart disease and stroke. The Centers for Disease Control and Prevention’s 2016–2021 Sodium Reduction in Communities Program (SRCP) supports eight recipients, including state and local health departments and a research university. SRCP recipients are partnering with organizations to implement sodium-reduction strategies in eight kinds of venues to increase the availability and purchase of lower-sodium foods and drinks. This snapshot reflects data reported by SRCP recipients from baseline through program year 5 (2016–2021).

SRCP Strategies



This profile provides an overview of activities and key achievements through Year 5 (September 30, 2016–September 29, 2021) of SRCP. Data comes from recipient performance measure reporting and annual performance reports.





Implementation of Sodium Reduction Strategies



209 food service organizations implemented comprehensive nutrition standards and practices that include sodium (15 venues reporting)



6,033 menu items were modified to reduce sodium content (17 venues reporting)



11,432 products/ingredients were replaced with a lower sodium alternative (13 venues reporting)



255 food service organizations implemented environmental choice architecture and placement interventions for lower sodium foods (12 venues reporting)



Availability of Lower Sodium Food



246mg reduction in the average sodium content of foods (11 venues reporting)



175 food service organizations implemented sodium reduction interventions (10 venues reporting)



29% increase in meals/menu items available in lower sodium form by food service organization (5 venues reporting)



Purchase of Lower Sodium Food Items



129,265 people bought or selected lower sodium foods each week (9 venues reporting)

SRCP strategies work together to achieve the long-term goal of reducing sodium intake to within the Dietary Guidelines for Americans recommended maximum