



# Mapping Heart Disease, Stroke and Other Chronic Diseases: A Program to Enhance GIS Capacity within Health Departments

Map Highlights from State Health Departments: Alaska, Arizona, New Jersey, North Dakota, and West Virginia; and Local Health Departments: California Counties- Merced and Stanislaus; Kansas Counties- Douglas, Johnson, and Wyandotte.

Submitted to the US Centers for Disease Control and Prevention, Division for Heart Disease and Stroke Prevention, and the National Association of Chronic Disease Directors

Prepared by the Children's Environmental Health Initiative, Rice University, July 2017

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## INTRODUCTION

**G**eographic Information Systems (GIS) offer powerful tools for enhancing the ability of health departments to address the public health burden of heart disease, stroke, and other chronic diseases. In order to build the capacity of health departments to utilize GIS for the surveillance and prevention of chronic diseases, the Division for Heart Disease and Stroke Prevention at the National Centers for Disease Control and Prevention (CDC) funds a collaborative training project with the National Association of Chronic Disease Directors (NACDD), and The Children’s Environmental Health Initiative (CEHI). The central objective of this GIS Surveillance Training Project is to enhance the ability of health departments to integrate the use of GIS into daily operations that support existing priorities for surveillance and prevention of heart disease, stroke, and other chronic diseases. Staff members from health departments receive training regarding the use of GIS surveillance and mapping to address four major purposes:

- Documenting geographic disparities
- Informing policy and program decisions
- Enhancing partnerships with external agencies
- Facilitating collaboration within agencies

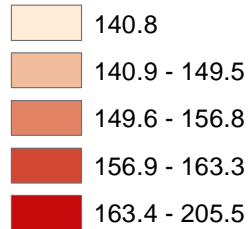
In 2016, the following state health departments were competitively selected to participate in this GIS Surveillance Training Project: State Health Departments: Alaska, Arizona, New Jersey, North Dakota, and West Virginia; and Local Health Departments: California Counties - Merced and Stanislaus; Kansas Counties - Douglas, Johnson, and Wyandotte.

The project is intentionally designed to develop a GIS infrastructure that can serve a vast array of chronic disease areas, yet with a focus on heart disease and stroke. The maps displayed in this document highlight examples of how each participating health department produced maps to support their chronic disease priorities by documenting the burden, informing program and policy development, and enhancing partnerships. The extent of collaboration among chronic disease units within each health department is evident in the diversity of the teams that participated in the training and have continued to work to strengthen GIS infrastructure within their respective health departments.

# ALASKA

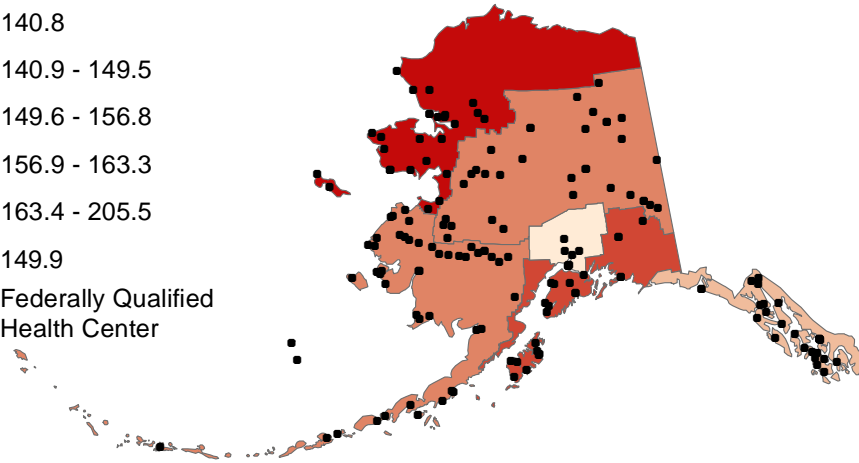
## Heart Disease Death Rates in Alaska by Gender & Public Health Region, 2008-2012

### Total Population Death Rate\*



State: 149.9

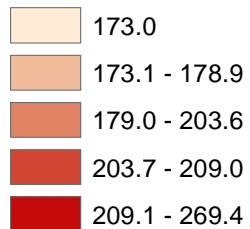
● Federally Qualified Health Center



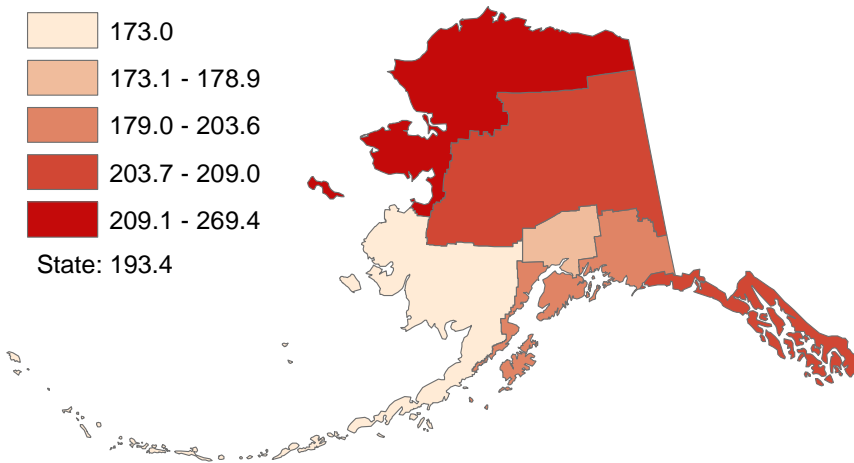
### Key Points

- Heart disease is the second leading cause of death in Alaska from 2000 - 2013, behind cancer.
- Heart Disease most commonly affects adults after middle age. Though the population in Alaska has historically been younger, an increasing elderly population in Alaska puts health programs across the state in a unique position to address heart disease.
- The purpose of this map is to display heart disease mortality rates by gender and public health region, in relation to the location of Federally Qualified Health Centers (FQHCs). FQHCs provide services to underserved areas or populations, offering a sliding fee scale, and are critical to rural areas receiving healthcare.

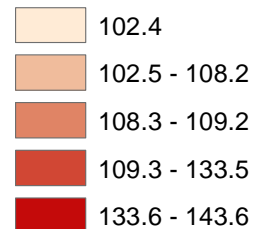
### Men



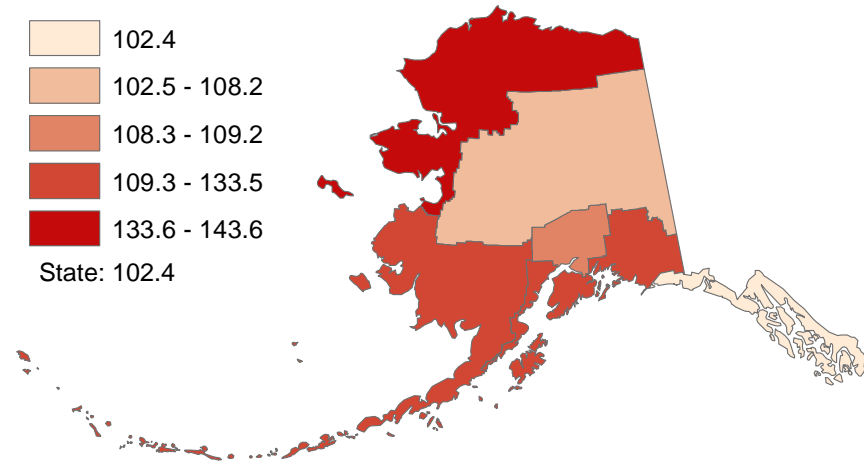
State: 193.4



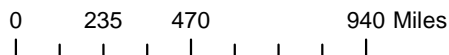
### Women



State: 102.4

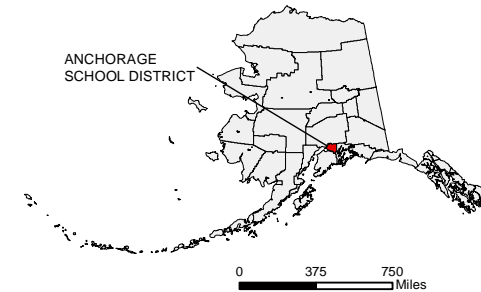
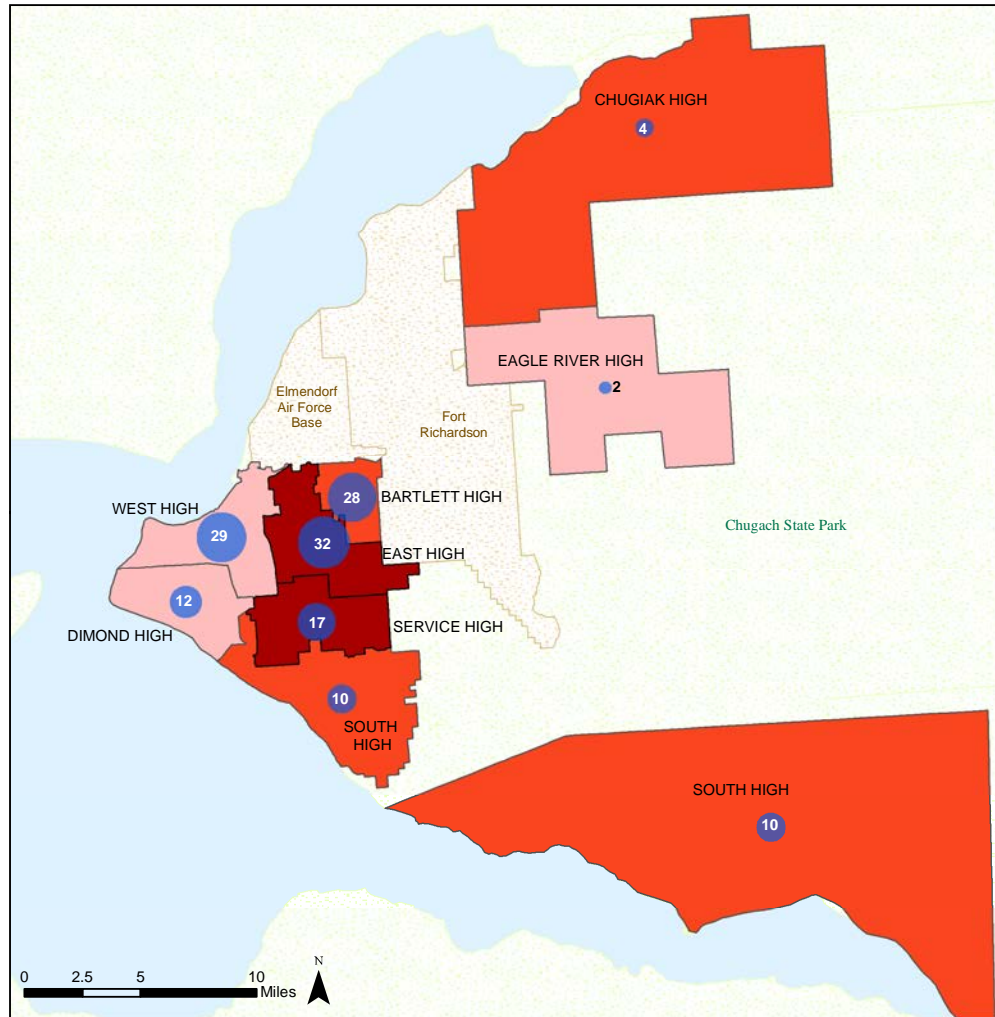


\*All rates are per 100,000 & age-adjusted to the 2000 US Standard Population  
Source: CDC/National Center for Health Statistics National Mortality Database accessed with SEER\*Stat statistical software, HRSA Data Warehouse

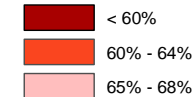


# ALASKA

## Language as a Potential Barrier to Obtaining Parental Permission to Participate in the Alaska Youth Risk Behavior Survey (YRBS) by School District in Anchorage, 2015



Parental Permission to Participate in the YRBS



% Percentage of Students Speaking a Non-English Primary Language\*

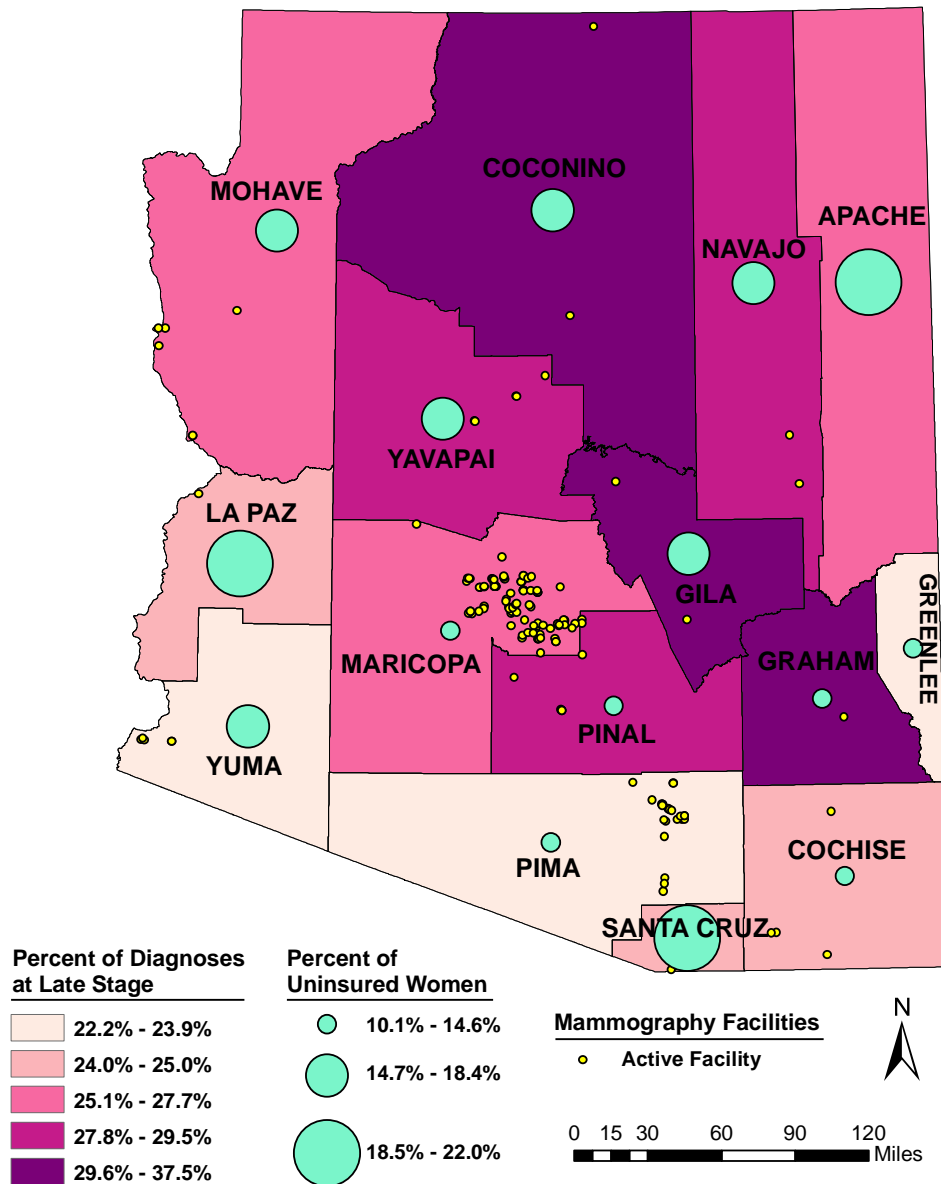
### Key Points

- The Youth Risk Behavior Survey (YRBS) is a biennial survey of adolescent health-risk behaviors established by the Centers for Disease Control and Prevention (CDC) and first implemented in Alaska in 1995.
- Due to a state statute requiring written parental permission to survey, Alaska struggles to meet the 60% overall participation rate required for weighted, or representative, data. In the Anchorage School District (ASD), Alaska's largest and most racially and ethnically diverse district, language is thought to be one potential barrier to obtaining parental permission.
- This map displays YRBS parental permission rates and the percentage of students who speak a primary language other than English, as a proxy for the percentage of non-English speaking parents, by ASD high school. This map has been used in discussions with ASD about student registration processes and parent outreach, and it continues to inform 2017 YRBS planning.

\*Data from the 2015-2016 school year  
Sources: Anchorage School District: Assessment and Evaluation Department, English Language Learners Program, Demographics-GIS Services

# ARIZONA

## Female Late Stage Breast Cancer Diagnosis, Percent of Uninsured Women and Mammography Facilities by County



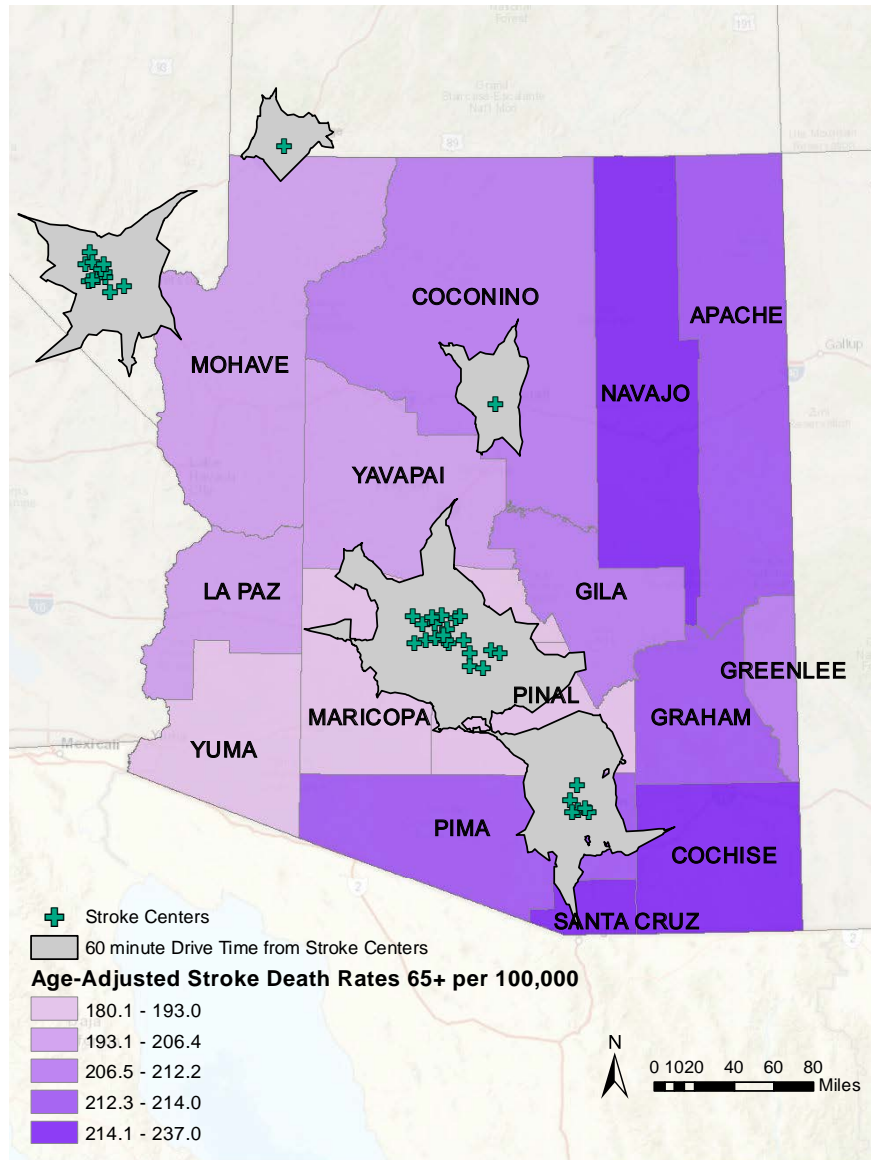
### Key Points

- Several factors that could influence delayed diagnosis include a lack of insurance and the lack of proximate screening locations; the purpose of this map is to show how these factors intersect in Arizona.
- Interestingly, the three counties with the highest percentage of late stage diagnoses (Graham, Gila, and Coconino) are not in the highest category of uninsured women but they do have very few mammography facilities.
- Some counties have a high percentage of late stage diagnoses even though they have multiple licensed mammography facilities as well as a small percentage of uninsured women while other counties have a low percentage of late stage diagnoses with limited to no mammography facilities and varying levels of uninsured women.
- This map provides a visual representation of where there is room for improvement diagnosis of breast cancer at an earlier stage and increasing access to insurance, and the locations of mammography units in relationship to towns and other populated areas.

Source: Arizona Cancer Registry, 2010-2013; U.S. Census- Small Area Health Insurance Estimates, 2013; Arizona Radiation Regulatory Agency, Data current as of 6/29/2016

# ARIZONA

## Stroke Death Rates and 60 Minute Drive Time Areas to an Accredited Stroke Center, Arizona, 2011-2013



### Key Points

- This map displays stroke death rates for ages 65 year and older along with 60 minutes' drive time to any accredited stroke center located in Arizona, and neighboring counties in Nevada and Utah.
- Additional analyses indicate that in Arizona, 74% of the population aged 65+ live within 60 minutes of an accredited stroke center.
- Of the 15 counties in Arizona, Navajo, Cochise, and Santa Cruz counties have the highest stroke death rates. The majority of the people living in Cochise and Santa Cruz counties are not within a 60-minute drive time of an accredited stroke center.
- The counties with the lowest stroke death rates include Yuma, Maricopa, and Pinal. Maricopa and Pinal counties have more accredited stroke centers than any other county, and the largest percentage of people living within a 60 minute drive time to an accredited stroke center.

Data Source: CDC Interactive Atlas for Heart Disease and Stroke, 2011-2013. Age standardized to 2000 US Standard Population per 100,000 population. Accredited stroke centers were compiled from Joint Commission, DNV GL, and Health Facilities Accreditation Program (HFAP).

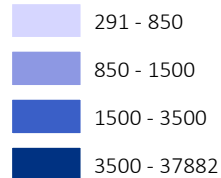
# NORTH DAKOTA

## Demand vs. Capacity for Colorectal Cancer Screening

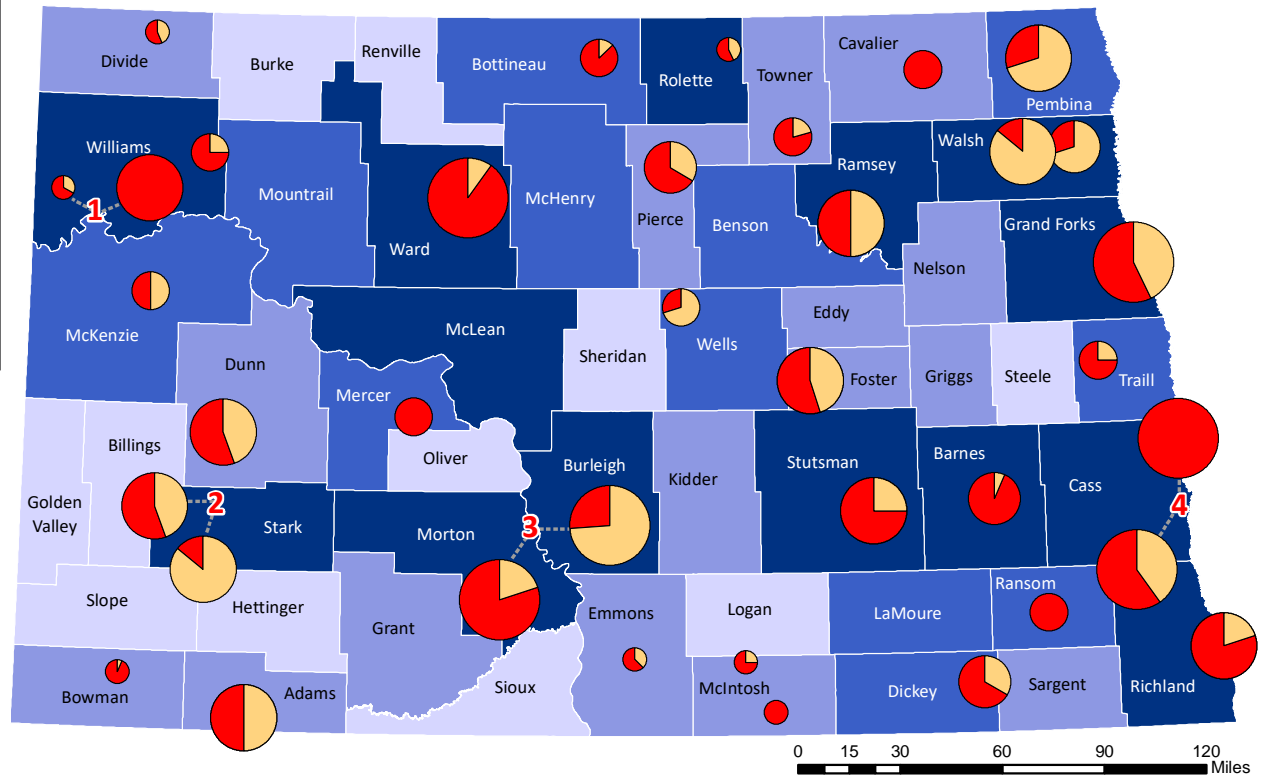
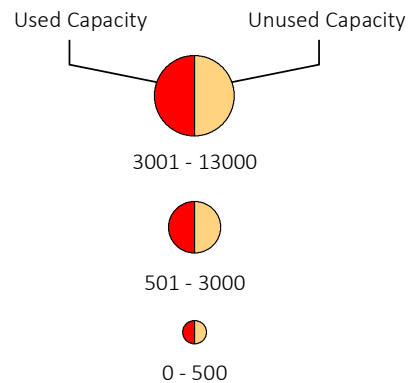
### Key Points

- Colorectal cancer screening is recommended for all adults beginning at age 50 and continuing until age 75.
- The U.S. Preventative Services Task Force recommends screening for colorectal cancer using colonoscopy, sigmoidoscopy, or fecal occult blood testing.
- This maps shows that while a number of facilities in high demand settings are meeting their full capacity for colonoscopy screening, many are not. This map will help to identify opportunities to build capacity for colorectal screening, and guide strategic planning to address caps in services.

### Total Population Age 50-75 By County, 2014

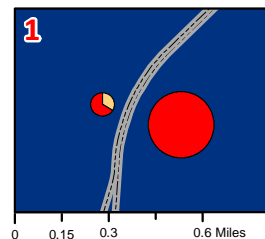


### Maximum Annual Colonoscopy Capacity By Facility, 2016

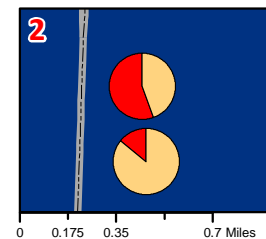


### Insets of Metropolitan Areas

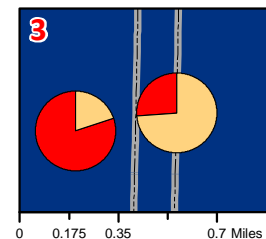
Williams County: Williston



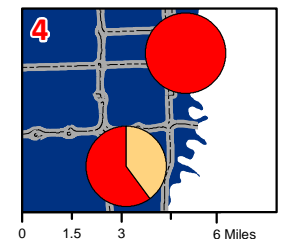
Stark County: Dickinson



Burleigh County: Bismarck



Cass County: Fargo



Data Sources: 2014 American Community Survey 5-year; North Dakota Department of Health; U.S. Preventative Services Task Force



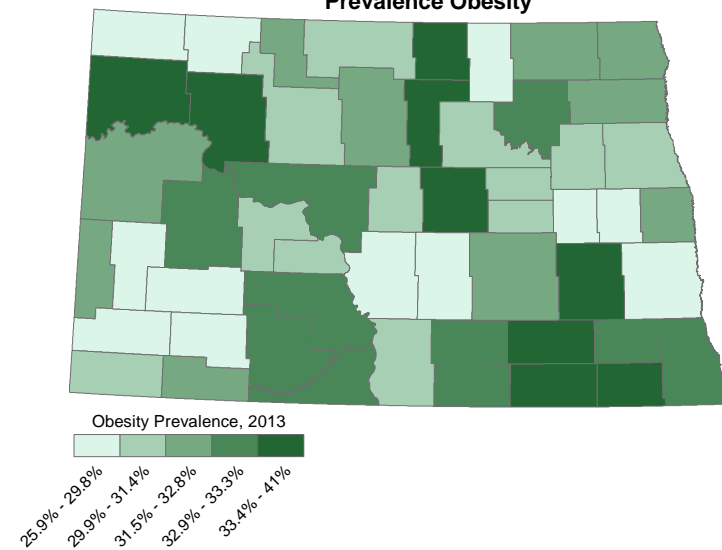
# NORTH DAKOTA

## Heart Disease Mortality and Risk Factors in North Dakota

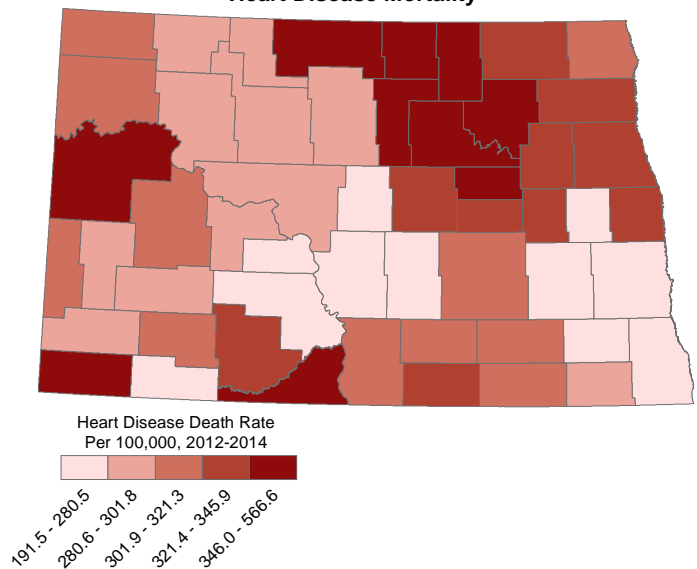
### Key Points

- Heart disease was the leading cause of death in North Dakota from 2012 to 2014.
- Obesity is a risk factor for cardiovascular disease and has been strongly associated with diabetes. The prevalence of obesity in North Dakota in 2013 was 31.0%.
- According to the National Institute of Diabetes and Digestive and Kidney Diseases, people with diabetes are at least twice as likely as people without diabetes to have heart disease or a stroke. Diabetes prevalence in North Dakota in 2013 was 8.9%.

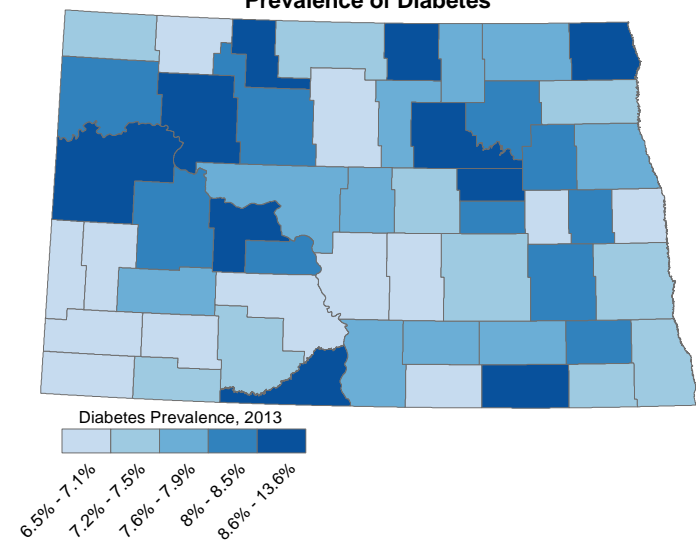
Prevalence Obesity



Heart Disease Mortality



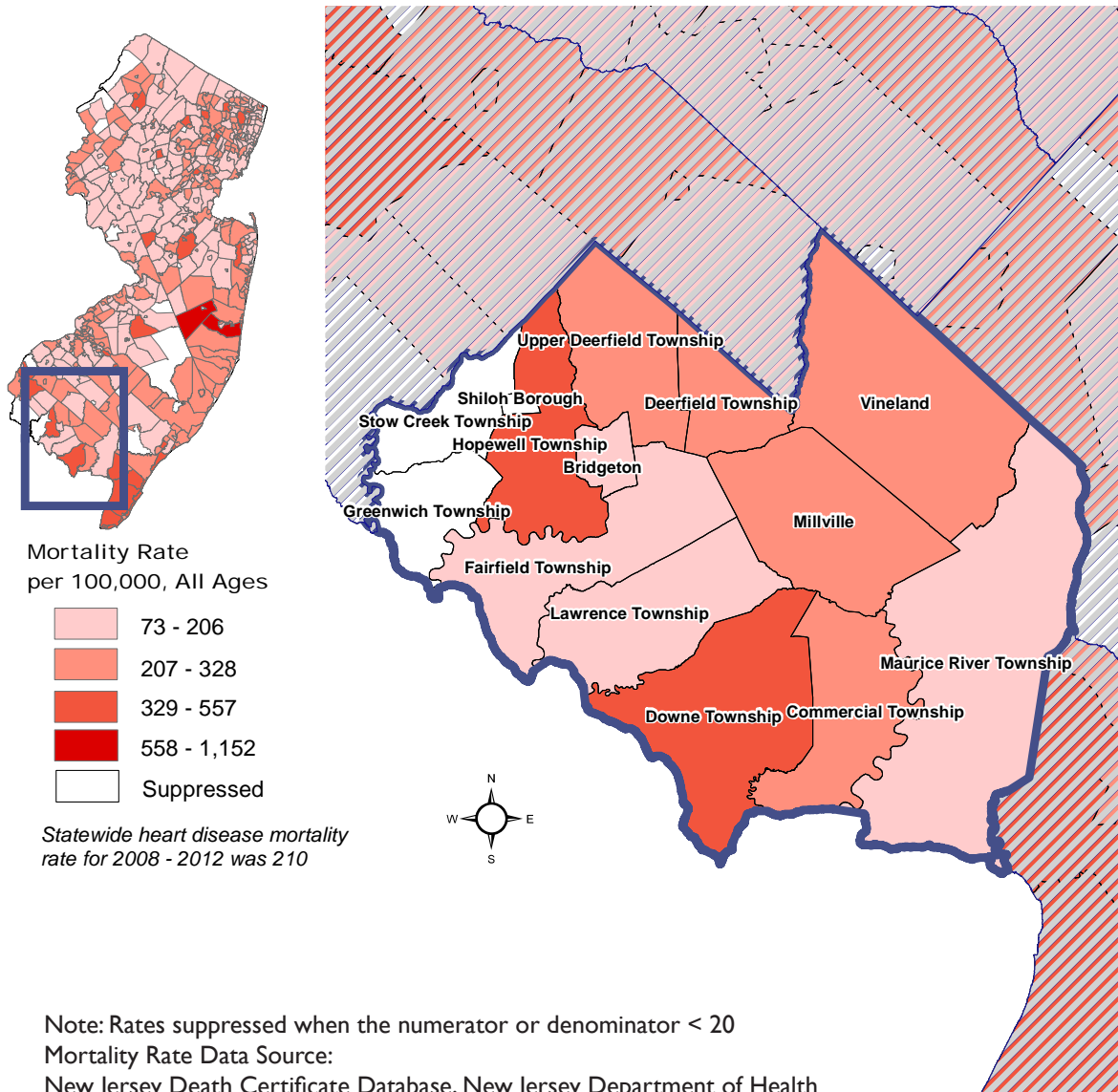
Prevalence of Diabetes



Sources: CDC Interactive Atlas of Heart Disease and Stroke; CDC Diabetes Interactive Atlas.  
All data are by county.

# NEW JERSEY

## Heart Disease Mortality Rate by Municipality of Residence, Cumberland County, New Jersey 2008-2012



**Key Points**

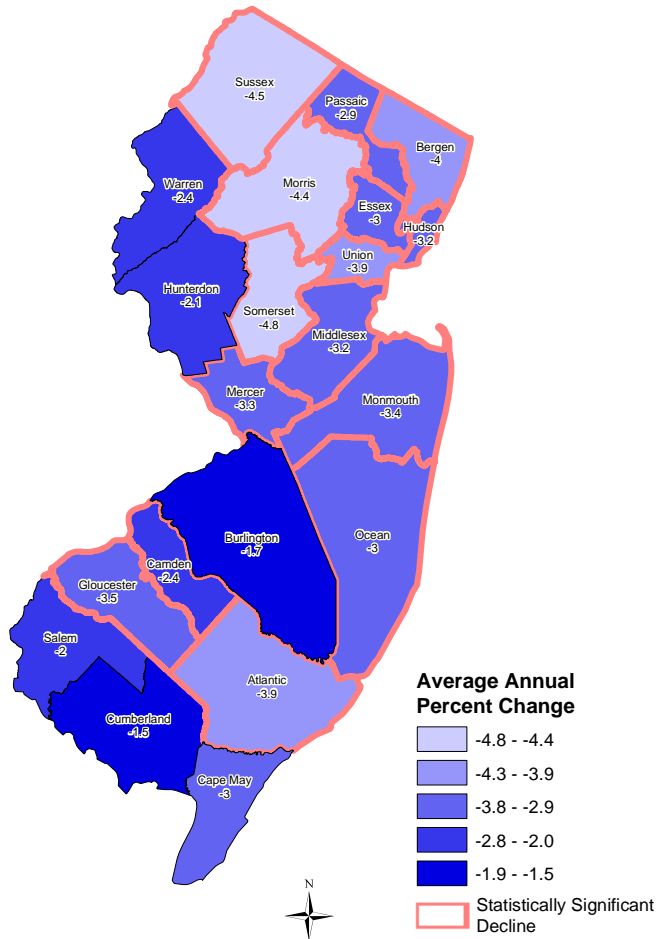
- Cumberland County ranks last for health outcomes and health factors in New Jersey according to the 2016 County Health Rankings.
- This map displays the 2008-2012 heart disease mortality rates by municipality of residence within the county.
- Since these mortality rates are not age-adjusted, the higher heart disease death rates in some municipalities may be a reflection of older populations – for instance the percentage of residents aged 65+ years was 22.2% in Hopewell Township and 21.7% in Downe Township, compared to 13.0% for Cumberland County overall.

Note: Rates suppressed when the numerator or denominator < 20  
 Mortality Rate Data Source:  
 New Jersey Death Certificate Database, New Jersey Department of Health

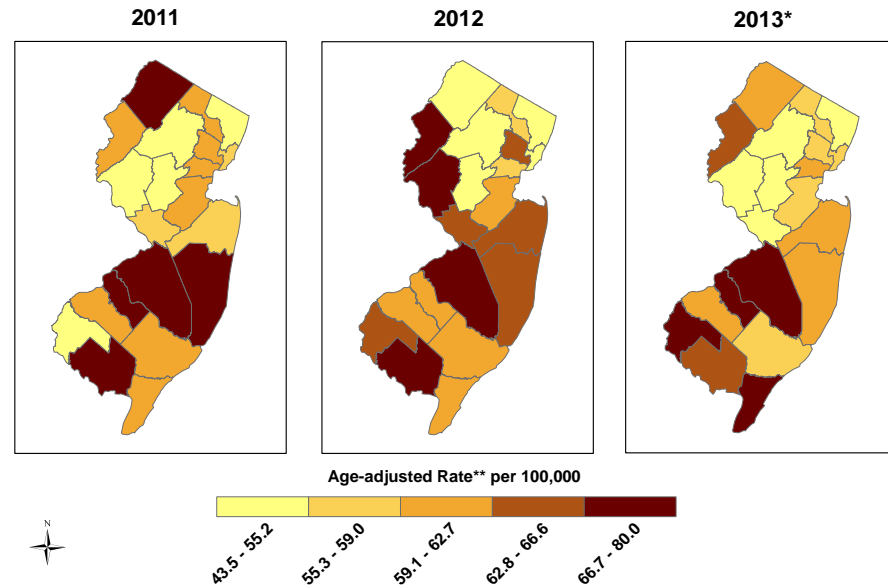
# NEW JERSEY

## Colorectal Cancer Incidence in New Jersey

Annual Percent Change of Colorectal Cancer Incidence  
Ages 20+, by County, New Jersey, 2004-2013



Colorectal Cancer Incidence Rates 2011-2013, Ages 20+, by County, New Jersey



### Key Points

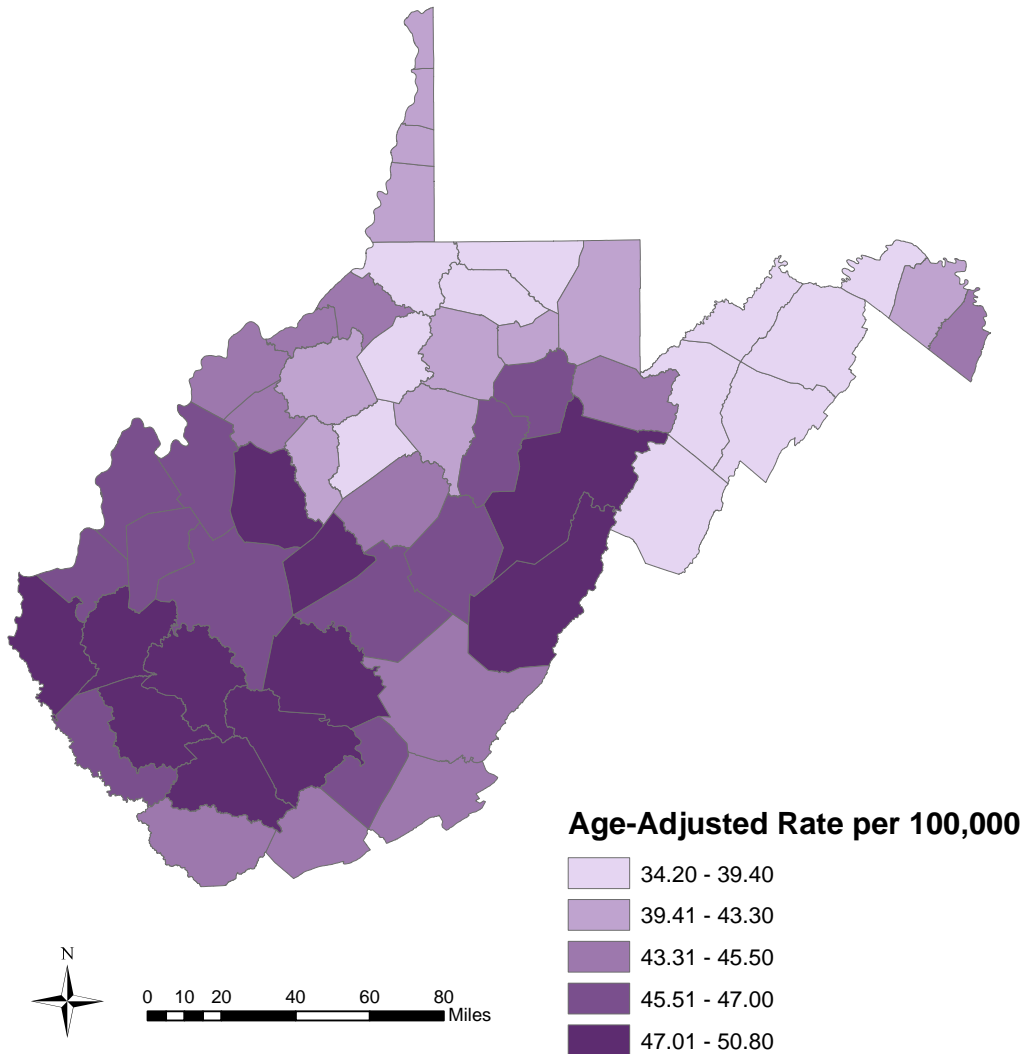
- From 2011-2013, counties had age-adjusted colorectal cancer incidence rates ranging from 43.5 to 80 per 100,000.
- From 2004 to 2013, all counties showed a decline in colorectal cancer incidence rates; 15 out of 21 counties showed a statistically significant decline.
- As a next step, analysis could be performed to examine county-level screening rates and colorectal cancer incidence by stage. Higher screening could result in lower colorectal cancer incidence by the detection and removal of polyps. Higher screening could also result in a higher proportion of colorectal cancers diagnosed at early stage.

\*2013 data are preliminary.

\*\*Rates are per 100,000 and age-adjusted to the 2000 US population standard.  
Data source: New Jersey State Cancer Registry January 2016 file, New Jersey Department of Health.

# WEST VIRGINIA

## Stroke Death Rates, 2011-2013



2011-2013, 3 years combined

Age-standardized to 2000 U.S. standard population, rate per 100,000 population.

Rate for adults ages 35 and older

Deaths National Vital Statistics System. Bridged-Race Postcensal Population Estimates from National Center for Health Statistics.

### Key Points

□ Stroke was the third leading cause of death in West Virginia in 2014.

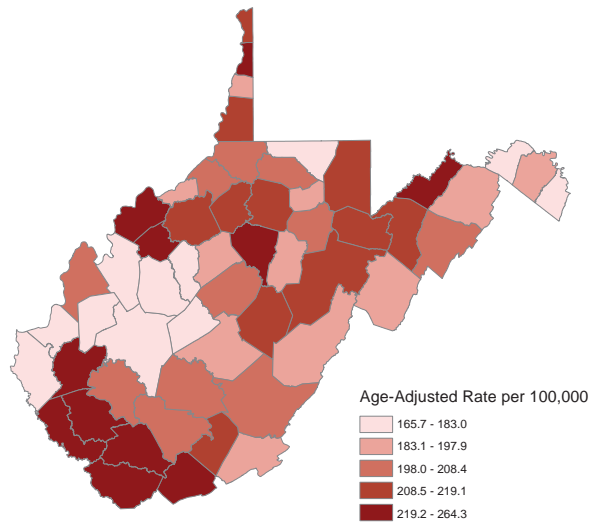
□ The total cost of stroke—health care services, treatment medications, and missed days of work—in the United States is roughly \$34 billion each year (Mozaffarian et al, 2016).

□ Counties with the highest stroke death rates in West Virginia were concentrated primarily in the southern region of the state.

# WEST VIRGINIA

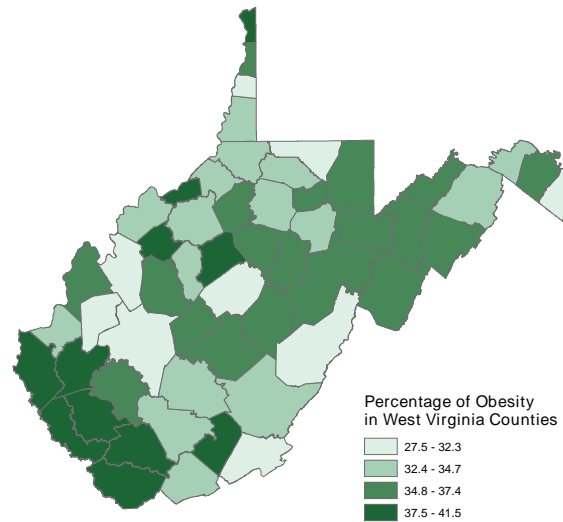
## Heart Disease Mortality and Risk Factors in West Virginia

Heart Disease Death Rates, 2011-2013



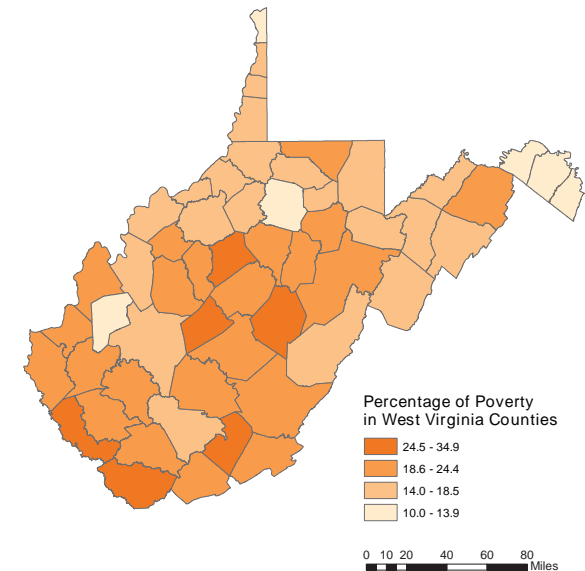
Data from the National Vital Statistics System for Mortality, 2011-2013  
3 years combined Rate Age-standardized to 2000 U.S. standard population.  
Spatially smoothed rate per 100,000 population. Rate for all ages.  
CDC Interactive Atlas of Heart Disease and Stroke.

Prevalence of Obesity, 2012



Obesity data from the CDC Diabetes Atlas of Interactive Data.  
County data from United States Census Bureau, 2010.

Percent of Population in Poverty, 2014



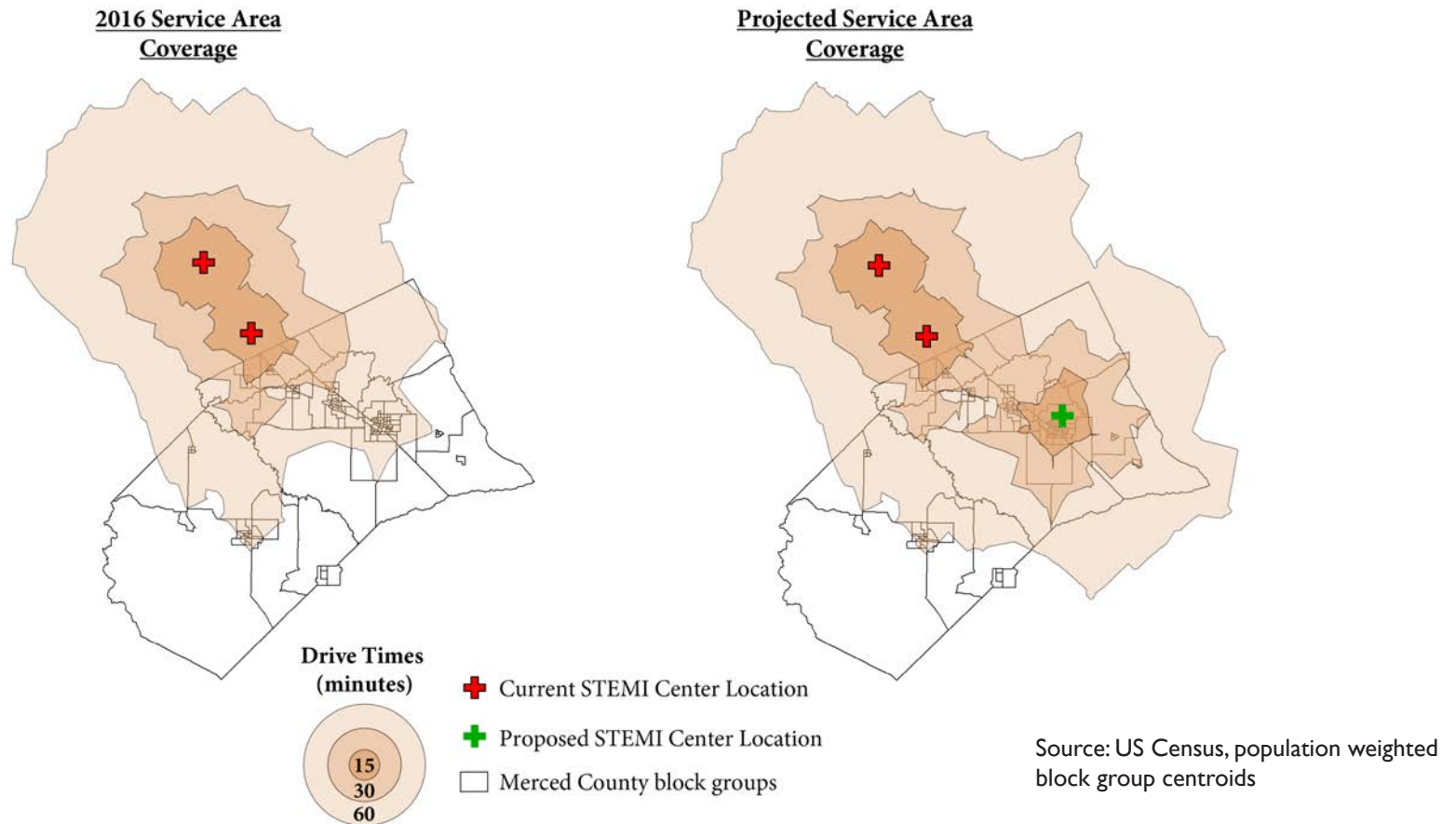
Data from US Department of Agriculture, Economic Research Service Database,  
County Level Data, United States Census Bureau 2010

### Key Points

- Heart disease was the second leading cause of death in West Virginia in 2014.
- According to the American Heart Association, obesity is a major risk factor for cardiovascular disease; obesity prevalence in West Virginia in 2015 was 35.6%. Social Economic Status (SES) accounts for disparity in mortality rates for major diseases including cardiovascular disease (Cohen, Farley, and Mason, 2003). In 2013, 18.5 % of West Virginians had incomes below the poverty line (\$23,834 for a family of four).
- A number of counties with high heart disease death rates, particularly in the southwestern portion of the state, also show high prevalences of obesity and high percentages of population in poverty.

# MERCED COUNTY, CALIFORNIA

## Geographic Accessibility to STEMI Centers: Existing and with the Addition of Mercy Medical Center

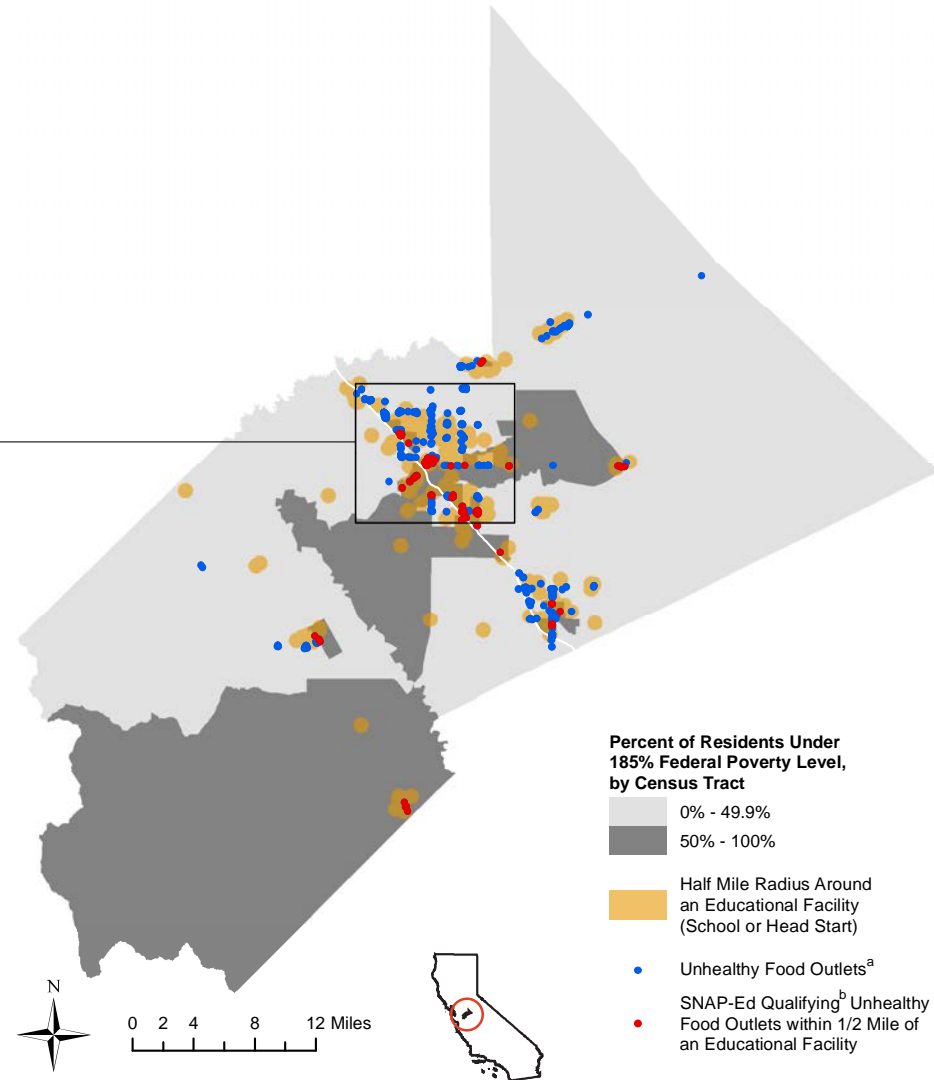
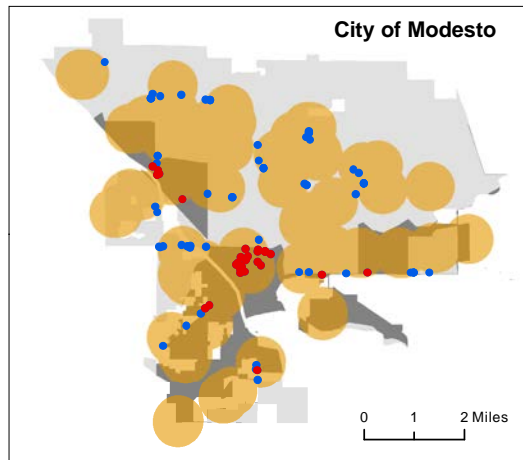


### Key Points

- As of July 2016, there were not STEMI centers within Merced County. The closest STEMI centers were in neighboring Stanislaus County.
- Only 3.2% of the population in Merced County is within a 15-minute drive to a STEMI center; 12.5% of the population is within a 30-minute drive; and the majority of the population (89.2%) are within a 60-minute drive time.
- If a STEMI Center was added to the Mercy Medical Center, 42.6% of the population would be within a 15-minute drive to a STEMI facility; 72.8% would be within a 30-minute drive time; and 93.3% would still be within an hour drive time

# STANISLAUS COUNTY, CALIFORNIA

## Prevalence of Unhealthy Food Locations within a Walkable Distance of a School or Head Start Facility in Stanislaus County, 2013



### Key Points

- This map represents the density of unhealthy food outlets in relation to school and Head Start facilities, as well as identifying the number of locations that qualify for SNAP-Ed retail interventions.
- Surveys and observations indicate that students with greater access to stores selling unhealthy foods are more likely to purchase unhealthy food items in their travel to and from school, considered in this map as a half mile walkable distance.
- Based on this analysis, roughly 60 percent of unhealthy food outlets in Stanislaus County are within a half mile of an educational facility, and approximately 35 percent of those near schools qualify for SNAP-Ed programming<sup>b</sup>.

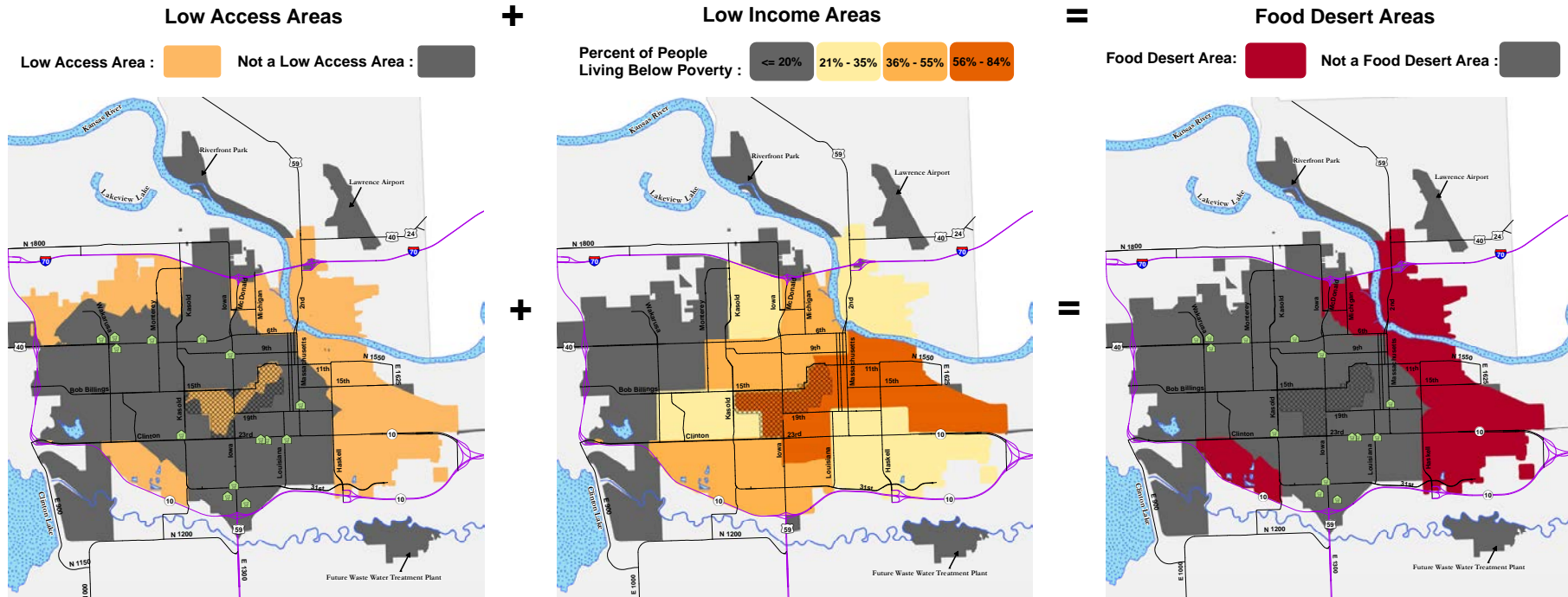
<sup>a</sup>Unhealthy Food Outlets were determined using 2013 NAICS data and consist of locations for Unhealthy Food Retail Outlets and Fast Food Outlets. NAICS codes contributing to the locations are: Unhealthy Food Retail Outlets: 445120, 445310, 446110, 447190; Fast Food Outlets: 722511, 722513

<sup>b</sup>SNAP-Ed Qualifying food outlets are defined as retail locations contained within a census tract with greater than 50 percent of residents under 185% of the Federal Poverty Level, based on 2010-2014 ACS estimates.

Data Source: California Department of Public Health Nutrition Education & Obesity Prevention Branch, US Census Bureau ACS Estimates, NAICS

# DOUGLAS COUNTY, KANSAS

## Where are the 2016 Food Deserts in Lawrence, Kansas?



Areas with low access to healthy food are areas where the majority of population lives more than 1 mile away from a supermarket, supercenter or grocery store.

A low income area is an area where more than 20% of people live below 200% poverty. A family of four living below 200% poverty earns less than \$48,600 in 2016. People living at or below 200% poverty level may qualify for government assistant programs (i.e. SNAP, WIC).

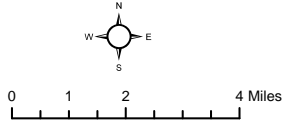
A food desert is an area with both low access to healthy food and low income.

### Key Points

- Research shows that living closer to healthy food retail is among the factors associated with better eating habits and decreased risk for obesity and diet-related diseases.
- This food desert map incorporates new information available after publication of the USDA 2010 food desert map (e.g. new grocery store locations and current 2014 census data).
- Within Douglas County, the majority (75.5%) of residents live in the city of Lawrence, KS. Within Lawrence, 28% of the population lives in a food desert (n=24,385).

### Legend

- 2016 Grocery/Supermarket
- Major Street
- Highway
- Water Bodies
- Majority of Population Living in Student Housing
- Rural Area

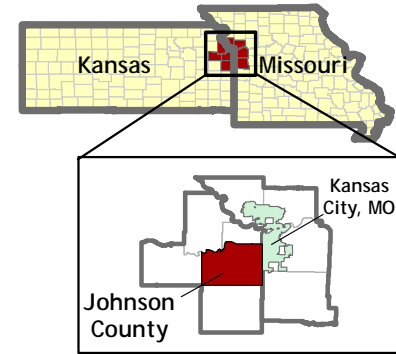
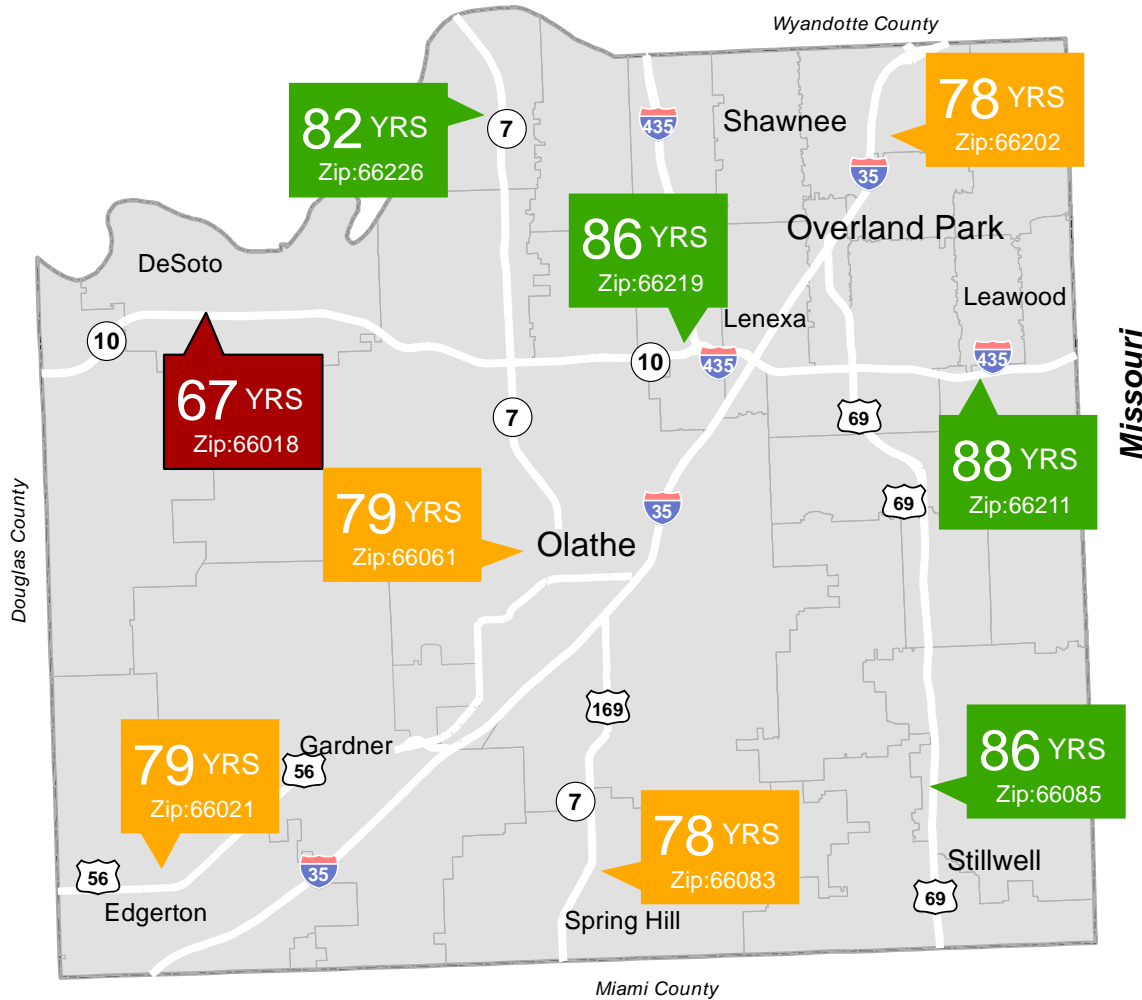


Data source: American Community Survey 2014 5-year Estimates Modified by Margaret Gathunguri; Douglas County GIS 2016; ReferenceUSA, US Business Database 2015 Modified by Douglas County Food Policy Council and Margaret Gathunguri



# JOHNSON COUNTY, KANSAS

## Life Expectancy at Birth in Johnson County, 2009-2013



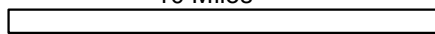
Douglas County

Missouri

Miami County



10 Miles



**Johnson County Life Expectancy: 81 years**

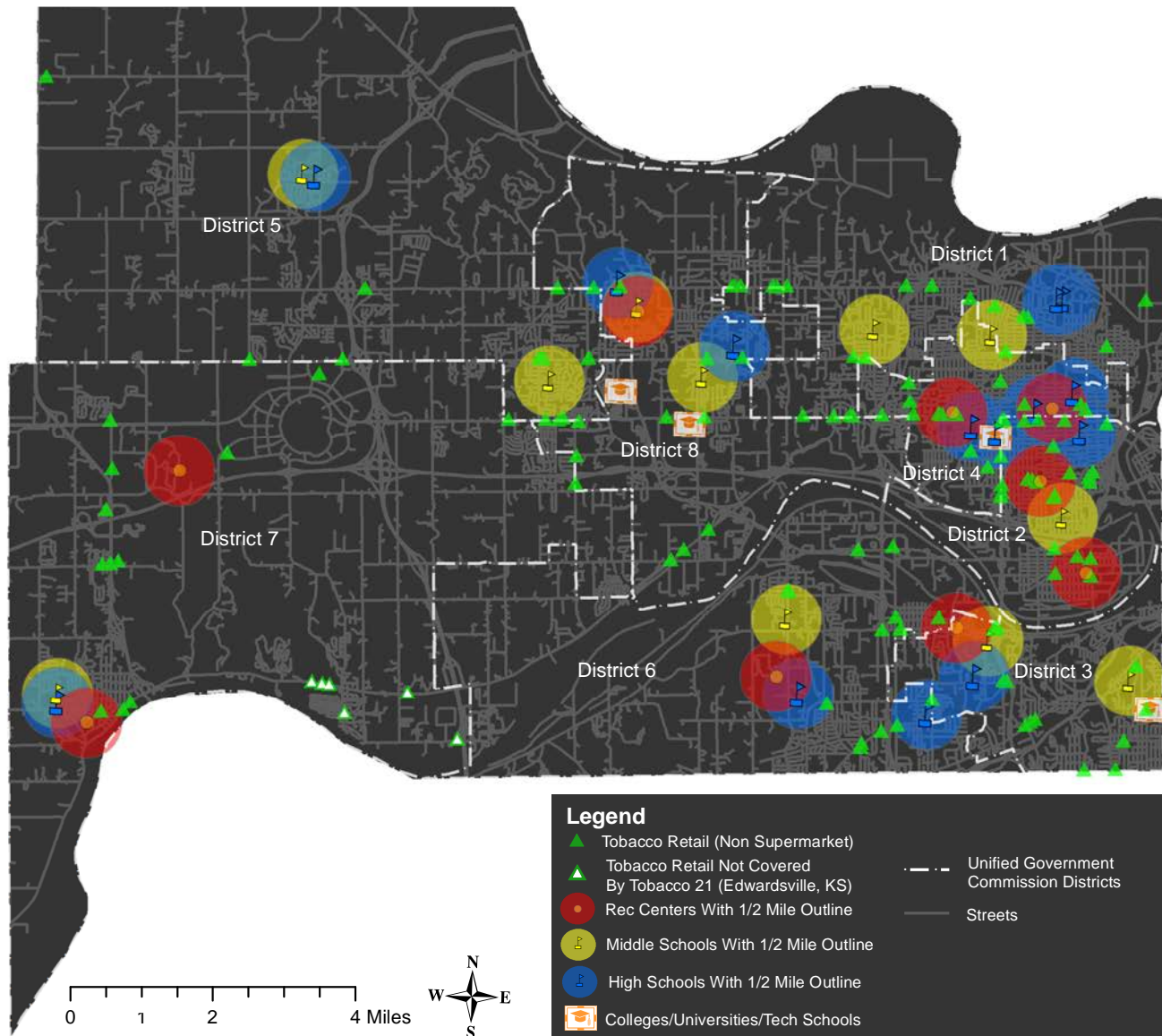
### Key Points

- Life expectancy at birth is defined as the estimated number of years a newborn can expect to live if current age-specific death rates in that population remained the same over time.
- This measure is particularly useful for examining community-level disparities because it reflects the impact of major illnesses and injuries and their underlying causes, enables direct comparisons across geographies and time, and is simpler and more intuitive to the public and policy makers than are other measures of death.
- Life expectancy in Johnson County ranges from 67 years in DeSoto to 88 years in Leawood – a distance of 19 miles.

Data Source: Kansas Department of Health and Environment Vital Statistics

# WYANDOTTE COUNTY, KANSAS

## Stores Selling Tobacco near Middle, High, and Post-Secondary Schools and Rec Centers in Wyandotte County, Kansas (2016)



### Key Points

- In late 2015 and early 2016, the cities of Kansas City, Kansas and Bonner Springs passed laws raising the legal purchase age of tobacco products from 18 years to 21 years of age.
- Raising the legal purchasing age has been shown to reduce smoking by teens by up to 15%.
- This map shows where tobacco can be purchased within a walking distance of a half mile from places where teens spend a substantial amount of time.
- Of the locations where children spend time (rec centers, high and middle schools) 9 do not have any tobacco retail within 1/2 mile. 6 sites have 6 or more tobacco retail stores within a 1/2 mile, 8 have 3 to 4 within 1/2 mile and 13 have either 1 or 2 sites within 1/2 mile.

Data Sources: 2016 Kansas Department of Revenue Cigarette/Tobacco Active Licensees and Unified Government of Wyandotte County school data

# Facilitating Collaboration Within State Health Departments

The GIS Surveillance Training Program was intentionally designed to develop a GIS infrastructure that would facilitate collaboration among an array of chronic disease units within each health department, yet with a focus on heart disease and stroke. To that end, the staff members from each health department that participated in the training represented different chronic disease units. Each health department was led by a member of the heart disease and stroke unit (**bold**). The following lists the chronic disease units that were represented in each of the participating health departments:

## Alaska Department of Health and Social Services

<u>Name</u>	<u>Chronic Disease Unit</u>
Jessie Doherty	Women's Children's and Family Health
Tazlina Mannix	Chronic Disease Prevention and Health Promotion
David O'Brien	Alaska Cancer Registry
Marie Jackman	Department of Health and Social Services
Cheley Grigsby	Women's Children's and Family Health
Rochelle Greenley	Department of Health and Social Services
<b>Janice Gray</b>	<b>Heart Disease and Stroke Prevention</b>
Ray Troche	Surveillance and Evaluation Team
Ann Lovejoy	Mountain-Pacific Quality Health
Lauren Kelsey	Obesity Prevention and Control
Amy Shaw	Department of Health and Social Services
Charles Utermohle	Surveillance and Evaluation Team
Jopeel Quimpo	Emergency Programs: Health Emergency Response
Deborah Hull-Jilly	Injury Surveillance Program
MJ Danison	Finance & Management Services
Todd McDowell	Emergency Programs: Health Emergency Response
Jeff May	Tobacco Prevention and Control
Abigail Newby-Kew	Maternal & Child Health
Jared Parrish	Maternal & Child Health
Nelly Ayala (not pictured)	



## Arizona Department of Health Services

<u>Name</u>	<u>Chronic Disease Unit</u>
Alexandria Drake	Bureau of Health Systems Development
Amanda White	Bureau of Nutrition and Physical Activity
Jillian Papa	Bureau of Nutrition and Physical Activity
Omar Contreras	Chronic Disease



# Facilitating Collaboration Within State Health Departments

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## New Jersey Department of Health

### Name

**Melita Jordan**

Pamela Agovino

Lisa A. Asare

Jie Li

### Chronic Disease Unit

**Chronic Disease Prevention & Control Services Unit**

Consumer, Environmental, and Occupational Health Service

Public Health Services Branch

Cancer Epidemiology Services



## North Dakota Department of Health

### Name

Jesse Tran

Cheri Kiefer

Grace Njau

**Clint Boots**

Milan Vu (not pictured)

### Chronic Disease Unit

Cancer Prevention and Control Division

Chronic Disease Division

Family Health Division

**Chronic Disease Division**

Cancer Prevention and Control Division



## West Virginia Department of Health and Human Resources

### Name

Tony Leach

**Keaton Hughes**

Lora Lipscomb

Scott Eubank

### Chronic Disease Unit

Division of Health Promotion and Chronic Disease

**Division of Health Promotion and Chronic Disease**

Division of Health Promotion and Chronic Disease

Division of Health Promotion and Chronic Disease



# Facilitating Collaboration Within Local Health Departments

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## Douglas County, KS

Margaret Gathunguri  
Dee Vernberg  
**Vince Romero**  
Charlie Bryan



## Johnson County, KS

Ashley Follett  
**Elizabeth Holzschuh**  
Caitlin Walls



## Wyandotte County, KS

Wesley McKain  
**Kari Neill**  
Joanna Sabally



## Merced County, CA

Ileisha Sanders  
Kristynnn Sullivan  
**Kathryn Jeanfreau**  
Katy Oestman

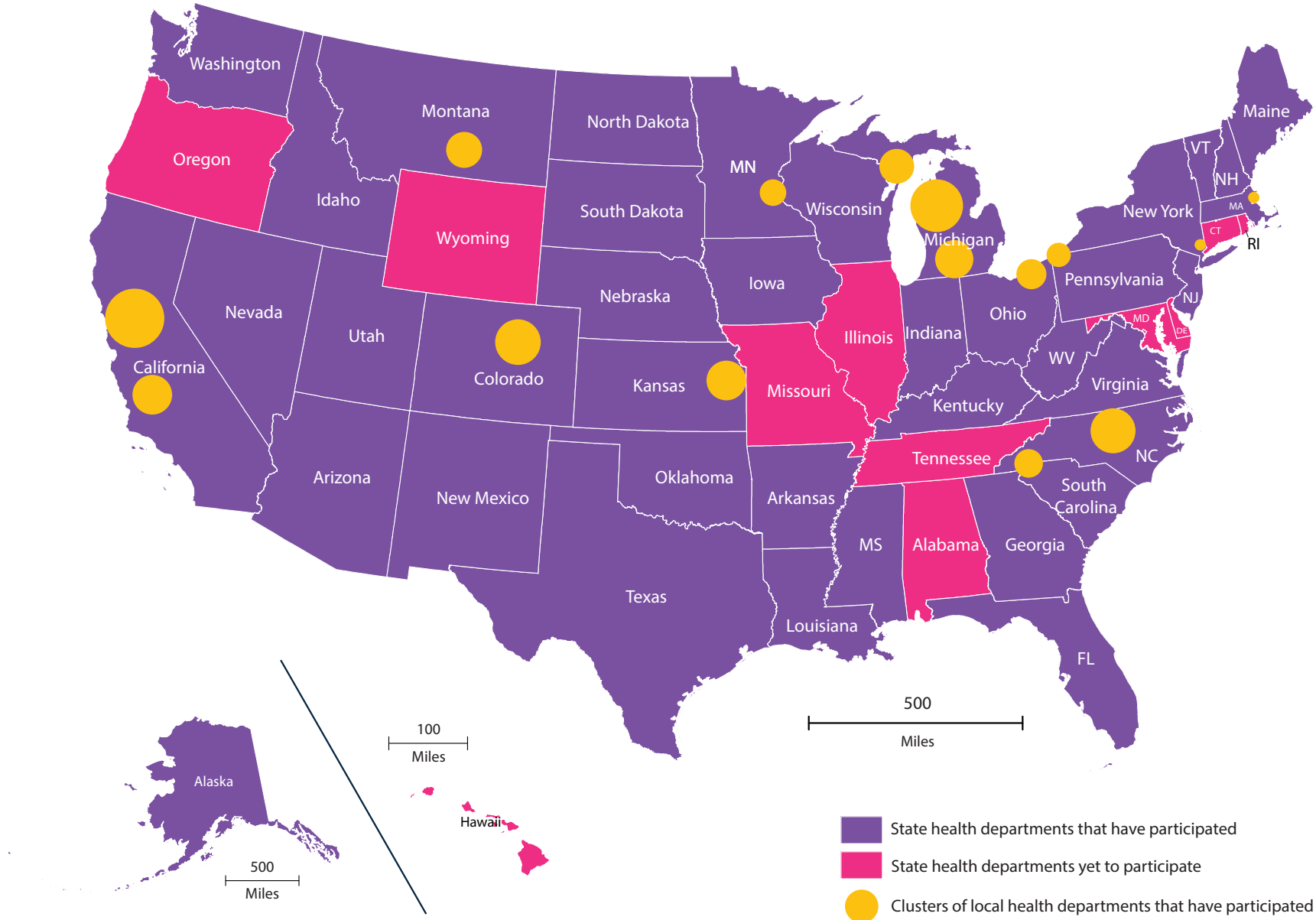


## Stanislaus County, CA

Aaron Wilson  
Kyle Fliflet  
**Greg Shuping**  
Kathryn Norman



# PARTICIPATING HEALTH DEPARTMENTS TO DATE



# NOTES

# NOTES



# USING GIS AND MAPS FOR HEART DISEASE AND STROKE SURVEILLANCE

The CDC Division for Heart Disease and Stroke Prevention provides a number of useful tools and resources for using maps and GIS to address geographic disparities in heart disease and stroke. Learn more about this work here: <https://www.cdc.gov/dhdsp/maps/>.

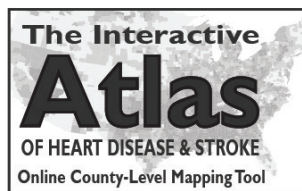
## BUILDING GIS CAPACITY FOR CHRONIC DISEASES



[https://www.cdc.gov/dhdsp/programs/gis\\_training/](https://www.cdc.gov/dhdsp/programs/gis_training/)

This project builds GIS capacity within state and local health departments for the surveillance and prevention of heart disease, stroke and other chronic diseases.

## THE INTERACTIVE ATLAS OF HEART DISEASE & STROKE



<https://www.cdc.gov/dhdsp/maps/atlas>

An online mapping tool that allows users to create and customize county-level maps of heart disease and stroke, along social and economic factors and health services.

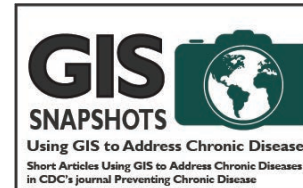
## CHRONIC DISEASE GIS EXCHANGE



<https://www.cdc.gov/dhdsp/maps/gisx/>

An online community forum for public health professionals and community leaders to learn and share techniques for using GIS to enhance chronic disease prevention and treatment.

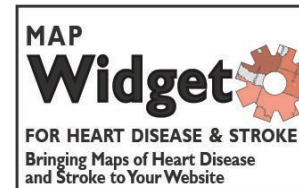
## GIS SNAPSHOTS



[https://www.cdc.gov/dhdsp/programs/gis\\_training/gis\\_snapshots.htm](https://www.cdc.gov/dhdsp/programs/gis_training/gis_snapshots.htm)

Maps from many participants have been published as GIS Snapshots in CDC's Preventing Chronic Disease Journal. Several one page fact sheets were also disseminated.

## MAP WIDGET FOR HEART DISEASE & STROKE



<https://www.cdc.gov/dhdsp/maps/hds-widget.htm>

The new Map Widget allows state and local health departments and other organizations to easily display state- and county-level maps of heart disease and stroke mortality on their web sites.



<http://cehi.rice.edu>

