

Appendix A. Calculating tapering rates.

Rapid tapering was identified using an approach determined by Fenton *et al.* (2019) (1), which calculates a rate of tapering based on the mean starting and ending dosages at two time points, and the corresponding duration of taper. We defined the baseline dosage, D_b , as the mean daily dosage during the final 30-day window of the baseline period (month 3). We calculated the overall monthly taper rate, $V_{overall}$, between this baseline dosage and either the first 30-day window during the follow-up period with zero MME daily dosage, or the final 30-day window (month 12) during the follow-up period, defined as D_f . A small daily dosage of two MME was added to both D_f and D_b to avoid an undefined logarithm for patients who were tapered to zero MME at the end of the follow-up period. This taper occurred over either the time between the end of the baseline period (i.e., month 3) and first 30-day observation period with zero MME, or an effective duration of T=9 months (to the end of the follow-up period), respectively.

$$V_{overall} = 100 * (1 - e^{\frac{\log\left(\frac{D_f+2}{D_b+2}\right)}{T}}) \%$$

Appendix B. Payment types in the LRx database.

Primary payer was determined based on the most frequent payer type across all prescriptions for a patient during the 12-month study period. Payment types captured in the LRx database were combined into six payer categories: private/commercial, self-pay, Medicaid, Medicare, assistance, and unknown. Private/commercial included prescriptions paid for by several forms of employer-sponsored health insurance, plans purchased through health insurance exchanges, and those administered by pharmacy benefit managers. Self-pay indicates a prescription was paid for entirely with cash. Medicaid includes prescriptions paid by Medicaid managed care or fee-for-service Medicaid. Medicare includes prescriptions paid by Medicare Part D. Assistance indicates prescriptions paid for using a discount card (including non-Medicare senior discount cards), a coupon, or a voucher. The unknown category was comprised of prescriptions that were missing payer information or had a payer type of “unspecified third party” or “unknown” in the data (7.7% of the study population). For a small number of patients, we could not determine a primary source of payment due to multiple, equally common payer types across all prescriptions and payer type was not reported for these patients (1.2% of the study population).

Appendix C. Characteristics of individuals in population compared to analytic sample, by mean daily baseline dosage category.

| Characteristic | Mean Daily Baseline Dosage, N (%) | | | | | | | |
|------------------|--------------------------------------|----------------------|-------------------------------------|----------------------|------------------------------------|----------------------|------------------------------------|----------------------|
| | <50 MME | | 50-89 MME | | 90-149 MME | | ≥150 MME | |
| | Population (n=194,942; 70.1%*) | Sample (n=10,000) | Population (n=40,774; 14.7%*) | Sample (n=10,000) | Population (n=22,276; 8.0%*) | Sample (n=10,000) | Population (n=19,975; 7.2%*) | Sample (n=10,000) |
| Sex | | | | | | | | |
| Male | 82,304 (42.2%) | 4,226 (42.3%) | 18,494 (45.4%) | 4,510 (45.1%) | 10,538 (47.3%) | 4,728 (47.3%) | 10,206 (51.1%) | 5,041 (50.4%) |
| Female | 111,969 (57.4%) | 5,743 (57.4%) | 22,140 (54.3%) | 5,461 (54.6%) | 11,646 (52.3%) | 5,230 (52.3%) | 9,672 (48.4%) | 4,910 (49.1%) |
| Age Group | | | | | | | | |
| 18-35 | 15,241 (7.8%) | 765 (7.6%) | 3,039 (7.5%) | 762 (7.6%) | 1,714 (7.7%) | 770 (7.7%) | 1,457 (7.3%) | 709 (7.1%) |
| 36-65 | 120,058 (61.6%) | 6,199 (62.0%) | 28,442 (69.8%) | 6,910 (69.1%) | 16,083 (72.2%) | 7,218 (72.2%) | 14,773 (74.0%) | 7,446 (74.5%) |
| 66+ | 59,643 (30.6%) | 3,036 (30.4%) | 9,293 (22.8%) | 2,328 (23.3%) | 4,479 (20.1%) | 2,012 (20.1%) | 3,745 (18.7%) | 1,845 (18.4%) |

MME = oral morphine milligram equivalent.

*Percentages reported as a proportion of the total study cohort (n = 277,967).

Appendix D. Results of sensitivity analysis on number of clusters identified across ten random samples, by mean daily baseline dosage category.

| Mean Baseline Daily Dosage | | | | |
|---|-------------|--------------|-------------|-------------|
| | <50 MME | 50-89 MME | 90-149 MME | ≥150 MME |
| Silhouette width, mean (proportion of samples with highest avg. Silhouette width) | | | | |
| <i>No. of clusters, n</i> | | | | |
| n = 2 | 0.504 (90%) | 0.527 (100%) | 0.506 (90%) | 0.433 (50%) |
| n = 3 | 0.402 (10%) | 0.412 (0%) | 0.426 (10%) | 0.382 (20%) |
| n = 4 | 0.348 (0%) | 0.376 (0%) | 0.376 (0%) | 0.376 (0%) |
| n = 5 | 0.346 (0%) | 0.337 (0%) | 0.326 (0%) | 0.364 (20%) |
| n = 6 | 0.315 (0%) | 0.278 (0%) | 0.305 (0%) | 0.322 (10%) |

MME = oral morphine milligram equivalent.

REFERENCES

1. Fenton JJ, Agnoli AL, Xing G, Hang L, Altan AE, Tancredi DJ, et al. Trends and Rapidity of Dose Tapering Among Patients Prescribed Long-term Opioid Therapy, 2008-2017. *JAMA Network Open*. 2019;2(11):e1916271.