

What is Sepsis?

Sepsis is the body's overwhelming and life-threatening response to infection which can lead to tissue damage, organ failure, and death.





Sepsis can occur even after a minor infection. 

Sepsis is difficult to diagnose and treat. 

Sepsis is dangerous and can be DEADLY. 

Over **1 million** cases of sepsis occur each year and up to half of the people who get sepsis will die.

What can you do to PREVENT sepsis?

- 1** Get **vaccinated** against the flu, pneumonia, and any other infections that could lead to sepsis. Talk to your doctor for more information. 
- 2** **Prevent infections** that can lead to sepsis by:
 - **Cleaning** scrapes and wounds 
 - Practicing good **hygiene** (e.g., hand washing, bathing regularly) 
- 3** If you have an infection, **look for signs like:** fever, chills, rapid breathing and heartrate, rash, confusion, and disorientation. 

What should you do if you think you have sepsis?

Seek medical treatment if you have signs of sepsis following an infection.



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