Survey of syringe services programs in the United States (2020—2021) shows use of best practices but challenges remain

## **OVERVIEW**

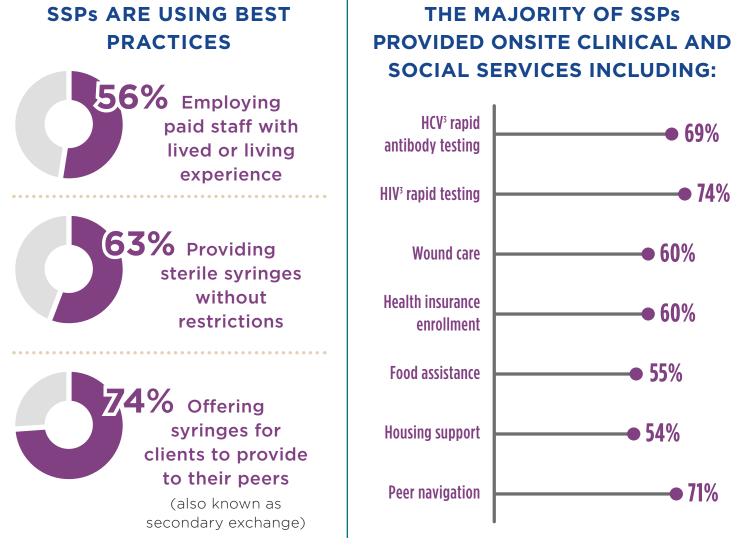
Funded by CDC<sup>1</sup> and implemented by the University of Washington, the National Syringe Services Program (SSP) Evaluation Survey, also known as the Dave Purchase Memorial Survey (2020–2021),<sup>2</sup> is a national, cross-sectional survey of SSPs operating during 2020 or 2021.

> Centers for Disease Control and Prevention

National Center for HIV, Viral Hepatitis, STD, and TB Prevention

CDC

- SSPs known to the North American Syringe Exchange Network (NASEN) were invited to participate.
- 158 SSPs completed the survey.



<sup>1</sup>Funding for this project was provided by the Centers for Disease Control and Prevention under cooperative agreement PS19-1909, National Harm Reduction Technical Assistance and Syringe Services Program Monitoring and Evaluation, award number NU65PS923685.

<sup>2</sup>Centers for Disease Control and Prevention. Program and Operational Characteristics of Syringe Services Programs in the United States—2020 and 2021. National Syringes Services Programs Report 1. Published August 1, 2023. https://stacks.cdc.gov/view/cdc/131788.

<sup>3</sup>Abbreviations: HCV = hepatitis C virus, HIV = human immunodeficiency virus.

# THE NUMBER OF PEOPLE PARTICIPATING IN SYRINGE SERVICES INCREASED





SSPs reported serving an average of about **1,600 people annually**.

From 2020 to 2021, the average number of **syringes distributed increased 3%** from 464,000 to 480,000.

Among those SSPs that were open both in 2020 and 2021, the **number of participants increased 26%**.

# CHALLENGES AND OPPORTUNITIES FOR ADDITIONAL SUPPORT

### Fewer than 50% of SSPs provided:



HCV laboratory-based testing (47%)

medications for opioid use disorder treatment (32%), and

non-COVID-19 vaccination (40%)<sup>4</sup>

Ensuring **continuous and reliable access to naloxone and syringes** would enable SSPs to have greater impact.



More than 60% of SSPs reported at least one barrier to naloxone distribution in 2021, including a shortage of naloxone (39%).

Limited or lack of law enforcement support and local policies that restrict program services continue to be a challenge for SSPs.



#### <sup>4</sup>Includes influenza, hepatitis A, hepatitis B, and human papilloma virus vaccinations.

# COVID-19 Pandemic-specific Challenges

Many SSPs that operated in both 2020 and 2021 indicated specific impacts of the COVID-19 pandemic on their services during that period.

Approximately one-quarter (27%) of SSPs reported site closures and 51% reduced their hours or days of operation.

Many programs also reported changes in their physical space (57%), staff shortage or loss (51%), and reductions in funding (20%).

40% of SSPs experienced disruptions in the supply of syringes due to the pandemic.