

DATING MATTERS®

STRATEGIES TO PROMOTE HEALTHY TEEN RELATIONSHIPS

DATING MATTERS TRAINING FOR EDUCATORS: AT-A-GLANCE

Dating Matters: Training for Educators is an online training for teachers and other individuals who work with youth, such as school personnel, coaches, and youth mentors. The training provides information about teen dating violence as well as skills and strategies for preventing violence based on the latest research. The training also provides educators with proven resources to help them set up violence prevention activities in their schools. The training follows a school administrator throughout his day, defines teen dating violence, and explains how to prevent it through a mixture of illustrations, exercises, and information from experts. The Dating Matters Training for Educators is one component of the Dating Matters comprehensive teen dating violence prevention model.

WHY IS TRAINING EDUCATORS IMPORTANT?

Between going to school and participating in other activities, many teens spend as much of their time in adult-led groups as they do at home. Educators, including teachers and counselors, along with coaches, mentors, and other individuals who work with youth can be important points of influence, positive role models, and safe havens for teens at risk. Dating Matters Training for Educators provides all of these youth-serving professionals with the knowledge, strategies, skills, and resources they need to recognize the warning signs of teen dating violence; to carry out prevention activities in their school or organization; and to join or lead violence prevention efforts in their school or community. The training also encourages educators to share this information with their peers.

Dating Matters: Strategies to Promote Healthy Teen Relationships

is a comprehensive teen dating violence prevention model. Dating Matters focuses on 11- to 14-year-olds and is based on the best available evidence on what works to prevent teen dating violence. It includes multiple components that target individuals, peers, families, schools, and neighborhoods. These components work together to promote respectful, nonviolent teen dating relationships.

In addition to the Training for Educators, the Dating Matters model also includes:

- Capacity Assessment and Planning Tool
- Parent Programs
- Youth Programs
- Guide to Informing Policy
- i2i Youth Communications Program
- Guide to Using Indicator Data



Centers for Disease
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Prevention and Control



WHAT ARE THE GOALS OF THE DATING MATTERS TRAINING FOR EDUCATORS?

Dating Matters Training for Educators is designed to help educators and other individuals who work with youth:

- **Build Knowledge** by providing educators with information on
 - Characteristics of healthy, unhealthy, and unsafe teen dating relationships;
 - Early warning signs and factors that may increase a teen's risk for teen dating violence; and
 - Statistics, examples, and consequences of teen dating violence.
- **Take Action** by empowering educators with ways to promote healthy relationships and prevent unhealthy and violent ones.
- **Access Resources** by directing educators to teen dating violence prevention information, tools, and other resources.
- **Obtain Continuing Education Units (CEUs)** by completing the post-test and evaluation. The Centers for Disease Control and Prevention (CDC) is an authorized provider of CEUs by the International Association of Continuing Education and Training. Participants can receive 0.2 CEU credits.



HOW IS THE TRAINING DELIVERED?

Based on insights from teachers, this online course uses expert interviews, creative visuals, interactivity, and compelling storytelling to communicate the relevance of teen dating violence prevention to anyone working with youth. CDC developed the Dating Matters Training for Educators to be used by all school staff members to help ensure that youth will hear consistent messages and receive support from adults throughout the school community.

Staffing Requirements

Anyone who works with youth or is interested in learning more about preventing teen dating violence can elect to complete the Dating Matters for Educators Training at any time.

When the Dating Matters Training for Educators is implemented as part of a community's comprehensive Dating Matters prevention program, lead staff at the local health department or other community organization should coordinate with school administrators to help ensure that all designated educators and school staff complete the training.

Time Required

The Dating Matters Training for Educators takes approximately one hour to complete. CDC designed the training modules for users to complete in sequential order, as each lesson builds upon knowledge and skills developed and learned in previous modules.

Access

The Dating Matters Training for Educators is available online at <https://vetoviolenecdc.gov/apps/dating-matters-toolkit/training-educators#/>.

Space

This online training can be completed anywhere, but it is completed best in a quiet setting that supports learning.

Cost

CDC provides the educator training at no cost to schools or communities. Schools may incur costs associated with staff time for completion.

LEARN MORE ABOUT DATING MATTERS!

The Dating Matters Toolkit—with all of the materials, guidance, and tools you need to implement Dating Matters — is available on CDC's VetoViolence website at <https://vetoviolenecdc.gov/apps/dating-matters-toolkit/#>. The Toolkit is your one-stop-shop for everything Dating Matters.