## Appendix

Appendix Table 1: Definitions of Working Hour Characteristics in the American Manufacturing Cohort (AMC) 51 Plant Shift Work Cohort

| Domain | Working Hour Characteristic | Definition |
| :---: | :---: | :---: |
| Working | Work shift | A shift $\geq 3$ hours and $<18$ hours of active work |
| Time | Work week | A week, beginning on Monday and ending on Sunday that includes at least one work shift |
|  | Time off-work | A scheduled shift with non-active work time assigned, which included shifts not worked due to sick leave, vacation, occupational injury and other unpaid or paid time off. |
| Shift Type | Morning | A shift that starts after 03:00 and not later than 05:30, and is not a night or evening shift |
|  | Day | A shift that starts after 05:30 and ends no later than 21:00, and is not a night or evening shift |
|  | Evening | A shift with three hours between 18:00 and <02:00, and is not a night shift |
|  | Night | A shift with three hours between 23:00 and 06:00 |
|  | Non-day | A shift that is classified as morning, evening, or night |
|  | Non-night | A shift classified as morning, evening, or day |
| Intensity | Quick return <br> Very quick return | A shift with $\leq 11$ hours between the previous shift and current shift A shift with $\leq 8$ hours between the previous shift and current shift |
| Duration | Long shift | A shift $\geq 12$ hours in duration |
|  |  | A shift $\geq 13$ hours in duration |
|  | Long work week | A work week with $\geq 40$ hours; based on start time |
|  |  | A work week with $\geq 48$ hours; based on start time |
|  |  | A work week with $\geq 60$ hours; based on start time |
| Rotation <br> Pattern | Rotation | A shift with $\geq 6$ hour difference in start times between the previous shift and current shift and $\geq 6$ hours since the end time of the previous shift |
| Rotation Direction | Forward | A rotational shift with a difference in start times between 6 and 10 hours |
|  | Backward | A rotational shift with a difference in start times between -6 and 10 hours |
|  | Flipped | A rotational shift with a shift time difference is between 10 and 12 or -10 and 12 hours |
| Social Aspects | Weekend shift | Shift that began on a Saturday or Sunday |

Supplemental Figure 1: Distribution of Annual Shift Schedule by Age in the American Manufacturing Cohort; 51 Plant Sub-Cohort 2003-2014, USA (N= 98,771 person-years)


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## Supplemental Figure Captions

Supplemental Figure 1: Distribution of Annual Shift Schedule by Age in the American Manufacturing Cohort; 51 Plant Sub-Cohort 2003-2014, USA (N= 98,771 person-years)


[^0]:    - Day/Evening/Night
    = Evening/Night
    = Day/Night
    = Day/Evening
    - Permanent Night
    $=$ Permanent Evening
    - Permanent Day

