

SUPPLEMENTAL MATERIAL

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I. Think Tank Attendee Organizations

- Abt Associates
- Agency for Healthcare Research and Quality
- American Association of Cardiovascular and Pulmonary Rehabilitation
- American College of Cardiology
- Anthem
- Auburn University
- Blue Cross Blue Shield of Michigan
- Cardiovascular Management of Illinois
- Centers for Disease Control and Prevention, Division for Heart Disease and Stroke Prevention
- Centers for Medicare & Medicaid Services
- Duke University
- Grady Health System
- GRQ Consulting
- Henry Ford Health System
- Kaiser Permanente
- Kent State University
- Massachusetts General Hospital
- Mayo Clinic
- Mended Little Hearts
- Missouri Department of Health and Senior Services
- Montana Department of Public Health & Human Services
- National Association of Chronic Disease Directors
- National Committee for Quality Assurance
- National Heart, Lung, and Blood Institute
- NYU School of Medicine
- Patient is Partner
- Preventive Cardiovascular Nurses Association
- Rochester Regional Health
- Saint Joseph Health System
- South Texas Health System
- Sutter Health
- University Medical Center Health System
- University of Alabama at Birmingham
- University of California, San Francisco
- University of Colorado
- University of Michigan, Center for Value-Based Insurance Design,
- University of North Carolina
- University of Pittsburg Medical Center
- University of South Florida
- University of Vermont
- University of Washington
- US Office of Personnel Management
- US Office of the Surgeon General
- Veterans Administration
- Wake Forest Baptist Health
- Wake Forest University School of Medicine
- Wayne State University
- WellStar Health System
- William Beaumont Hospital
- WomenHeart
- YMCA of the USA
- York University

II. Community Resources

Reliable internet and internet-enabled devices

BroadbandUSA - <https://broadbandusa.ntia.doc.gov/ntia-common-content/how-we-can-help>

Exercise equipment and healthy lifestyle programs

YMCA of USA - <https://www.ymca.net/find-your-y>

Healthy foods for food insecure patients and their families

Feeding America - <https://www.feedingamerica.org>

Translation services

National Council on Interpreting in Healthcare: Interpreter Associations - <https://www.ncihc.org/interpreter-associations>

Peer support

Mended Hearts – <https://mendedhearts.org>

WomenHeart – <https://www.womenheart.org>

Health Insurance

<https://www.healthcare.gov>

Transportation

American Public Transportation Association - <https://www.apta.com/research-technical-resources/public-transportation-links/>

Medicaid Benefits: Non-Emergency Medical Transportation Services - <https://www.kff.org/medicaid/state-indicator/non-emergency-medical-transportation-services/?currentTimeframe=0&sortModel=%7B%22colId%22:%22Location%22,%22sort%22:%22asc%22%7D>

Housing

US Department of Housing and Urban Development - <https://www.hud.gov/states>

Physical activity programs

<https://millionhearts.hhs.gov/tools-protocols/tools/physical-activity.html>

Tobacco cessation programs

<https://smokefree.gov>

III. Implementation Resources

Million Hearts®/AACVPR Cardiac Rehabilitation Change Package

https://millionhearts.hhs.gov/files/Cardiac_Rehab_Change_Pkg.pdf

AACVPR Innovative Delivery Model Collaborative (IDMC)

<https://www.aacvpr.org/Innovative-Delivery-Model-Collaborative>

Henry Ford Home Based Cardiac Rehabilitation

[Home Based Cardiac Rehabilitation | Henry Ford Health System - Detroit, MI](#)

United Kingdom Heart Manual

<https://services.nhslothian.scot/TheHeartManual/Pages/default.aspx>

IV. Patient Selection Considerations

Patient selection for cardiac rehabilitation delivery models depends on individual patient assessment and should be conducted with input from the cardiac rehabilitation medical director, cardiac rehabilitation multi-disciplinary team, and patient. The following slide was presented at the Think Tank and represents the approach taken to patient selection at UCSF.

	Center	Hybrid	Home	Notes
Risk				
Low or Mod, HF+ICD, Dep+Rx	✓	✓	✓	
High	✓	⚠	✗	Can consider Hybrid after improvement with Center
Transportation/Work				
Lives < 1 hr drive	✓	✓	✓	
Lives > 1 hr drive, transport issues, work conflicts	✗	✓	✓	If not appropriate for Hybrid or Home, refer locally
Home/Community Exercise				
Challenging	✓	✗	✗	
Feasible	✓	✓	✓	
Phone/Video				
Challenging	✓	⚠	✗	
Feasible	✓	✓	✓	
Co-pay				
Can afford co-pay	✓	✓	✓	
Difficulty with co-pay	✗	✓	✓	

HF = Heart Failure, ICD = Implantable Cardioverter Defibrillator, Dep+Rx = Treated depression

V. Pre-Think Tank Webinar Recordings

- **New Cardiac Rehabilitation Delivery Models:** A review of the current alternative cardiac rehabilitation model landscape, as well as an update on the AACVPR Innovative Delivery Model Collaborative.

Recorded Monday, October 5, 2020.

<https://chronicdisease.zoom.us/rec/share/WnYZ6U0ETQMcf-eEhEI9-g7STCe7Gf4DqKTVJD5U-7vu1uULDAMqN9YFgACQ05SM.wXJMjaBq0rWoakHF>
Passcode: i?bHDc5C

- **Addressing New Cardiac Rehabilitation Delivery Evidence Gaps:** A review of cardiac rehabilitation evidence gaps and ongoing research projects.

Recorded Tuesday, October 13, 2020.

<https://chronicdisease.zoom.us/rec/share/fV9yiUWzXZlrtuwGZTI4IF7LAUH8B5RKmtWUmJHPY5-tZz-fof17AqFb2azlGzk9.hWFvfEHsygcuNWcz>
Passcode: g06H1D%i

- **Cardiac Rehabilitation 101: Needs and Opportunities to Address Disparities:** An overview of cardiac rehabilitation and a review of its supporting evidence, as well as discussion on the role social determinants of health and disparities play in utilization and delivery.

Recorded Tuesday, October 20, 2020.

<https://chronicdisease.zoom.us/rec/share/PsskbXU62kxA7MbUPRsFF-LSa3-IF4iBDzc5OGTLb8zR4f5CluqC2AnPdf75y1q.PXzabKqwdPvAC2-0>
Passcode: !fbf92w\$