Washing your hands stops MRSA.

Why wash?

- MRSA germs live on skin.
- Germs can spread quickly in jails and prisons.
- Washing hands removes germs.

How?

- Wash hands with soap and water for 20 seconds.
- Rinse well and dry with a clean towel.

When?

- After touching or blowing your nose.
- Before and after touching broken or infected skin.
- Before and after changing bandages.
- After touching soiled or wet laundry.
- After using the restroom.

www.cdc.gov/niosh
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Stop MRSA in Jails and Prisons