

HHS Public Access

Author manuscript

Environ Res Lett. Author manuscript; available in PMC 2020 October 29.

Published in final edited form as:

Environ Res Lett. 2020 September; 15(9): . doi:10.1088/1748-9326/ab86f4.

Work Adaptations Insufficient to Address Growing Heat Risk for U.S. Agricultural Workers

Michelle Tigchelaar^{1,2,*}, David S. Battisti¹, June T. Spector^{3,4}

¹Department of Atmospheric Sciences, University of Washington, Seattle, WA

²now at: Center for Ocean Solutions, Stanford University, Palo Alto, CA

³Department of Environmental and Occupational Health Sciences, University of Washington, Seattle, WA

⁴Department of Medicine, University of Washington, Seattle, WA

Abstract

The over one million agricultural workers in the United States (U.S.) are amongst the populations most vulnerable to the health impacts of extreme heat. Climate change will further increase this vulnerability. Here we estimate the magnitude and spatial patterns of the growing heat exposure and health risk faced by U.S. crop workers and assess the effect of workplace adaptations on mitigating that risk. We find that the average number of days spent working in unsafe conditions will double by mid-century, and, without mitigation, triple by the end of it. Increases in rest time and the availability of climate-controlled recovery areas can eliminate this risk but could affect farm productivity, farm worker earnings, and/or labor costs much more than alternative measures. Safeguarding the health and well-being of U.S. crop workers will therefore require systemic change beyond the worker and workplace level.

Introduction

The \$45 billion worth of fruits, nuts, and vegetables produced annually in the United States (U.S.) (1) are planted, harvested, and processed by laborers at high risk of adverse health effects from heat exposure. In fact, U.S. crop workers are twenty times more likely to die from illnesses related to heat stress than U.S. civilian workers overall (2). Their elevated risk derives both from the nature of the work – outdoors and with high physical demands – and from compounding vulnerabilities such as poverty, migrant status, language barriers, and barriers to acceptable health care (3-5). Climate change will further increase the exposure of outdoor workers to extreme heat (6,7). A better understanding of the magnitude and spatial

Data availability

Everyone is permitted to use all or part of the original content in this article, provided that they adhere to all the terms of the licence https://creativecommons.org/licences/by/3.0As the Version of Record of this article is going to be / has been published on a gold open access basis under a CC BY 3.0 licence, this Accepted Manuscript is available for reuse under a CC BY 3.0 licence immediately.

^{*}corresponding author: mtigch@stanford.edu.

The data used in this study are freely available online. The data that support the findings of this study are also available from the corresponding author upon request.

patterns of this growing heat exposure and health risk is necessary to guide adaptation planning (8).

Working in high heat poses a health risk because heat stress is an established cause of heat-related illnesses, including heat rash, heat cramps, heat syncope (fainting), and heat exhaustion (9). When human thermoregulatory responses are overwhelmed, severe heat-related illness and death from exertional heat stroke can occur (10). In addition to heat-related illness, occupational heat stress has been linked with increased risk for traumatic injuries (11) and acute kidney injury (12). Heat events have also been linked to adverse mental health outcomes (13). Already in present-day climate, reports from California, Florida, North Carolina, Oregon, and Washington suggest an increased risk of dehydration, kidney injury, and symptoms of heat-related illness among crop workers (12,14-17).

Heat stress is ultimately a function of the net exposure of workers to heat, which includes the ambient environment (air temperature, humidity, solar radiation, and wind speed), clothing, and the metabolic heat generated by physical activity. On an individual level, factors like age, chronic diseases, use of some medications, and certain beliefs about the treatment and prevention of heat-related illness may increase risk (9,18). Modifiable workplace factors generate additional risk for agricultural workers; for example, the absence of shade, limited opportunities to adequately hydrate, and payment structures such as piecerate payment, which incentivizes working harder and minimizing breaks (19). Agricultural workers may be subject to hazardous working conditions, harmful living conditions, non-livable wages, and unfair labor management, with power structures and other structural vulnerabilities preventing workers from exerting control over workplace safety and health practices (20-22).

In the U.S., it is estimated there are over a million distinct hired crop workers, not counting the self-employed and unpaid (family) work (23,24). More than three-quarters of hired agricultural workers are foreign-born, predominantly in Mexico, and only about half of the workers are legally authorized to work in the U.S. (5). For those on work visas, the employer typically controls housing and travel arrangements (25). The average education level amongst U.S. crop workers is eighth grade, and 71% report not speaking English well. Fewer than half of workers have health insurance, and the cost of health care is the most-cited barrier to accessing health care: a third of farmworkers have family incomes below the federal poverty line (5).

Whereas studies of present-day heat exposure and response – e.g. in the U.S. (12,14-17), India (26), Central America (27,28), and Africa (29,30) – have largely been conducted at the local level, future projections have been mostly global or regional in scope (31-34). However, as highlighted above, the context-dependence of vulnerability and exposure calls for the development of more granular projections at policy-relevant scales (35,36). Furthermore, most projections have used declining labor productivity as the impact metric, but farm-level studies in the U.S. have found that crop workers often do not have control over work organization and are more likely to risk their health than to reduce their work effort (37,38), suggesting that in certain geographies heat risk is a more appropriate metric. In this study we focus on the U.S. and calculate increases in heat health risk for agricultural

workers with 2 and 4 °C of global warming. We then, for the first time, quantify the effect of various adaptations at the workplace level on mitigating this increased risk.

Methods

Agricultural workers & vulnerability

County-level employment data were obtained from the Bureau of Labor Statistics (BLS) Quarterly Census of Employment and Wages (QCEW), which provides monthly employment levels in the categories defined by the North American Industry Classification System (NAICS) (24). For the purposes of this study, we used NAICS codes 111 (Crop production) and 1151 (Support activities for crop production). For each county, we averaged monthly employment levels from 2009-2018 and calculated the maximum number of workers over the May through September (MJJAS) growing season.

The BLS estimates that the QCEW represents only half of all agricultural workers (39). The QCEW employment data are derived from tax reports of employers subject to State unemployment insurance. It therefore excludes proprietors, the unincorporated self-employed, unpaid family members, and farm workers not covered by State insurance law, including undocumented workers (39,40). In 2017 for example, the QCEW recorded 1.3 million wage and salary agricultural workers, but did not cover an additional 0.4 million waged workers and 0.8 million self-employed workers (23,39). Other national surveys, such as the U.S. Department of Agriculture Census, have similar methodological shortcomings. As such, our study underestimates the absolute number of exposed workers. However, the QCEW data remain the best available employment numbers at the county level.

Most of the demographic characteristics of crop workers associated with elevated heat vulnerability are included in the Social Vulnerability Index developed by the U.S. Centers for Disease Control and Prevention to identify high-priority areas for improving disaster preparedness and response, including for climate-related hazards (41). We described the spatial distribution of U.S. agricultural workers using QCEW data and overlaid the Social Vulnerability Index at the county level.

Climate data

'Heat' can be measured in multiple ways. For the purposes of health impacts in working populations, the Wet Bulb Globe Temperature (WBGT) is considered the gold standard, used by government agencies and professional organizations including the National Institute for Occupational Safety and Health (NIOSH) (42) and the American Conference of Governmental Industrial Hygienists (ACGIH) (43). However, WBGT is difficult to measure, difficult to estimate from climate projections (44), and difficult to incorporate into risk communication. The Heat Index (HI), which is a function of only temperature and relative humidity (45), is therefore often used as a simpler alternative, including for heat advisories by the National Weather Service and public service campaigns by the U.S. Occupational Safety and Health Administration (OSHA) (46).

Similarly, 'extreme' heat can be defined in many ways: as relative or absolute; as daily minimum, mean, or maximum; and as single or multi-day events (47-49). Because of

regional differences in sensitivity to heat, relative thresholds are preferable over absolute ones when defining extremes over large spatial scales (49), with the 95th-percentile level a commonly used measure (47,48). As we are primarily interested in workplace exposure, we used daytime statistics – the 95th-percentile of the MJJAS daily maximum HI and the frequency of 3-day heat waves above this level – as our measure of extreme heat. However, it is worth noting that nighttime conditions play an important role in modulating recovery rates (20,49), and are changing at different rates than daytime conditions (50).

Historical heat exposure

To calculate past exposure to levels of extreme heat, we used 1979-2013 3-hourly surface air temperature and relative humidity data from the NCEP North American Regional Reanalysis (NARR) (51). The NARR data are available on a Lambert conformal grid, which we regridded to a $0.25^{\circ} \times 0.25^{\circ}$ rectilinear grid through bilinear interpolation. County-level values were calculated as the average of all grid points contained within a county, leading to a few missing values for very small counties. The Heat Index was calculated using the National Weather Service HI algorithm (52). We first calculated 3-hourly HI and then estimated daily mean, minimum, and maximum to preserve the co-variability between temperature and relative humidity.

Future projections

Future climate projection data were obtained from 19 models¹ in the Coupled Model Intercomparison Project 5 database (53) for the business-as-usual scenario Representative Concentration Pathway (RCP) 8.5. From this, we constructed a global warming temperature pattern (54) for each of the models by linearly regressing monthly-mean temperature against global annual mean temperature over the period 2006-2100. We then took the multi-model mean of these spatial patterns and scaled these to get the global warming pattern associated with a 2°C or 4°C global mean warming compared to late 20th-century. Under business-asusual emissions (RCP8.5), 2 °C of global annual mean warming is projected to occur by 2055 (2042-2068), and 4 °C of warming by 2097 (2075-2132). Even in an emissions scenario aiming to stabilize greenhouse gas concentrations by mid-21st century (RCP4.5), global mean temperature could rise by 2°C as early as 2052 (55). For relative humidity there is much larger inter-model spread in the spatial patterns of change (56), so instead we assumed a spatially uniform decrease in relative humidity of 1%/°C global warming (Supplementary Fig. 1). The conclusions of our study are robust across scenarios of relative humidity change ranging from -2%/°C to +2%/°C of global annual mean temperature change (Supplementary Fig. 7).

Because observed and projected changes in the diurnal temperature range are small compared to changes in daily average temperature (57,58), we assumed that future changes in temperature and relative humidity are distributed evenly throughout the day. We therefore added the change in the (2°C or 4°C warmer) temperature climatology and uniform relative humidity decrease to the observed (1979-2013) sub-daily NARR data, thus preserving the

¹ACCESS1-0, ACCESS1-3, CanESM2, CNRM-CM5, CSIRO-Mk3-6-0, GFDL-CM3, GFDL-ESM2G, GFDL-ESM2M, GISS-E2-H, GISS-E2-R, HadGEM2-AO, inmcm4, IPSL-CM5A-MR, IPSL-CM5B-LR, MIROC5, MIROC-ESM, MRI-CGCM3, MRI-ESM1, NorESM1-M

present-day variability on sub-daily to interannual time scales. From these 3-hourly data we again estimate daily mean, minimum, and maximum HI.

Risk levels for heat exposure & adaptation measures

Guidance on human heat exposure in working populations, including from the World Health Organization and ACGIH (which is similar to NIOSH guidance), is based on maintaining the core body temperature within a safe range (e.g., within 1 °C of normal [37 °C] for unacclimatized individuals) (42,43,59). The recommended heat exposure levels, such as the ACGIH Threshold Limit Value (TLV) for heat stress – that is, the heat level to which nearly all heat-acclimatized, hydrated, and healthy workers can be exposed day after day without adverse health effects – are based on findings from human laboratory studies that examined the effect of exposure to different ambient temperature and humidity conditions under different physical activity and clothing scenarios on the ability to maintain the core body temperature within a safe range (43). We used an implementation of the ACGIH TLV intended for computing time-weighted average exposure levels and adapted for use with the HI assuming sun exposure (60), to compute heat stress TLVs under different scenarios.

For the baseline scenario, we assumed – based on the literature (61) – that workers are acclimatized and perform work activities in a 90% work/rest cycle at a moderate metabolic rate (300 Watt), spend breaks in the shade, and wear double-layer protective clothing. This resulted in a baseline TLV of 83.4 $^{\circ}$ F.

Short of stopping work altogether in places of high ambient HI, work practices can be modified in several ways that would lower heat stress and the risk for adverse health outcomes (62). With the understanding that these modifications may be costly or impractical, we considered the following options: slowing down the pace of work to a low metabolic demand; reducing work effort to a work/rest cycle of 50% (i.e. working half of the time); changing clothing ensembles to a more breathable single-layer garment; and taking breaks in an air-conditioned environment. The associated TLVs are shown in Table 1; plots of hourly work allowances for all the different scenarios are shown in Supplementary Fig. 2.

Next we calculated the number of days that daily mean MJJAS HI is above recommended TLV, for present-day and future climates, based on the baseline scenario and combinations of different adaptations. We used daily mean instead of daily maximum HI because worker exposure is spread out over multiple hours, and workplaces may already shift workers' schedules to limit exposure during the hottest parts of the day (9,17).

Results

Agricultural workers in the United States

As shown in Fig. 1, U.S. counties with the highest number of agricultural works are primarily along the West Coast (California, Oregon, Washington) and in Florida. Many of the counties with the highest levels of social vulnerability are also counties with high numbers of crop workers.

Current and future heat extremes

Between 1979 and 2013, the average U.S. crop worker experienced summertime heat extremes of 94.7 °F HI – which OSHA considers to be of moderate risk – but the spatial variability in these extremes is high (Fig. 2a). Extreme heat is, not surprisingly, most severe in the South, southern Midwest, central California, and the coastal Southwest. Amongst the twenty counties with the most workers, heat extremes range from 78.1 to 109.2 °F (Table 2). Of all 233 counties with more than 500 crop workers, 24 have heat extremes above the OSHA 'high risk' level (105 °F; Fig. 3a).

With 2 °C of global annual mean warming, the levels of extreme summer heat will increase markedly (Fig. 2b). The average U.S. crop worker will face heat extremes of 101.4 °F HI. In the top twenty high-employment counties, the highest heat extremes are found in Imperial County, California, where they exceed the OSHA 'very high/extreme' risk level (115 °F); the only counties with heat extremes below the OSHA risk levels (<90 °F) will be located in Oregon and Washington (Table 2). Half of the 233 counties with 500 workers would have heat extremes at the OSHA 'high risk' level or above.

In a 4 °C warmer world, most of the continental U.S. east of the Rockies will have summertime levels of heat that are considered 'very high/extreme' by OSHA (Fig. 2c). The Mississippi Delta region in particular stands out for its high heat. It is worth noting that even though relatively few crop workers are located here, this area is one of general high vulnerability to extreme events (Fig. 1), making this a high-priority area for implementing heat resilience measures. Assuming current employment patterns, a majority of crop workers will experience 'very high/extreme' heat risk in the summertime growing season (Fig. 3). Of the twenty high-employment counties listed in Table 2, only one (Chelan, Washington) will have heat extremes that do not exceed OSHA risk levels.

Presently, in most counties, multi-day heat events only occur about once or twice a year (Fig. 3). With 2 °C of global warming, they will occur on average five times more often. With 4 °C of global warming, all counties will experience these types of events at least twice and up to ten times per year. Notably, in the Southeast of the U.S. the number of distinct heat events starts to decrease with higher degrees of warming, as longer and longer heat waves string together into single events (Supplementary Fig. 3).

Days not fit for work

The heat risk levels used by OSHA provide a first order estimate of when workers and employers should pay heed to worker safety, but recommendations based on these levels are generic, and fatalities have occurred at levels considered to be low risk by OSHA (<91° F) (63). To estimate heat risk in a more conservative and granular way, we calculated the number of days the mean HI is above the ACGIH TLV (see Methods). At present, primarily southern California and the Southeast have high numbers of days above the TLV (Fig. 4a,d). The average U.S. crop worker is exposed to 21 unsafe working days each summer growing season (out of 153 total) (Fig. 5). Of the twenty counties with the highest number of crop workers, Riverside CA has on average more than one month of unsafe working days, and

both Imperial CA and Hillsborough FL have over three months of unsafe heat levels (Table 2).

In a 2 °C warmer world, more northern growing regions such as eastern Washington and New Jersey will also begin to see unsafe heat environments regularly, resulting in high numbers of exposure across the country (Fig. 4b,e). On average, crop workers will experience 39 days above safe heat levels (Fig. 5). Of the top twenty high-employment counties, four more (Kern, Merced and Stanislaus in California, and Benton in Washington) will have on average over a month of unsafe working days (Table 2).

With 4 °C of global annual mean warming, all high-employment counties will have at least one unsafe working day (Table 2). In the southernmost U.S., the daily mean HI will exceed the TLV on all days of the growing season (Fig. 4c,f). Assuming no spatial or seasonal modifications to cropping patterns, the average agricultural worker will labor 62 days in an unsafe thermal environment. High worker exposure in California, Arizona, Florida, and Washington in particular warrants attention (Fig. 5).

Effect of adaptation measures

Work practices can be modified in several ways to lower heat stress and the risk for adverse health outcomes (62). Of the individual adaptive measures that we tested (Table 1), switching to more breathable clothing is most effective at reducing the exposure to unsafe heat levels, closely followed by reducing either pace or effort (Fig. 5). Switching to single-layer clothing more than halves the average worker exposure to 13 days (down from 39) in a 2 °C warmer world, and reduces it to 26 days (down from 62) in a 4 °C warmer world, though the Southeast in particular remains a hotspot for unsafe thermal environments (Supplementary Fig. 4-6).

When two adaptive measures are jointly implemented, the combination of resting more and resting in air-conditioning eliminates heat risk entirely (Fig. 5). Combining working less or at lower pace with wearing single-layer clothing significantly reduces heat risk. In these scenarios, even with 4 °C of global warming, heat exposure is lower than for present-day climate and working conditions (Fig. 5; Supplementary Fig. 6).

Discussion

Discussions of the future of food in a changing climate (64) have largely ignored the important role of workers and their particular vulnerabilities. In this study, we combined climate projections with occupational health and safety guidelines to estimate the increase in health risks from heat exposure for U.S. agricultural workers with 2 and 4 °C of global warming. We find that by the middle of the century, half of agricultural counties will experience 'high risk' heat extremes (Figs. 2, 3), and multi-day heat events will occur five times more often. In the Southeast, where social vulnerability to disaster is high (Fig. 1), the entirety of the growing season will be considered unsafe for agricultural work with present-day work practices. Regions like the Northwest that are less accustomed to heat but that have high numbers of agricultural workers will start to see increasingly unsafe conditions as well (Fig. 4).

We tested the effectiveness of various workplace adaptation measures in offsetting this increased risk. The single most effective adaptation measure is for workers to switch to more breathable clothing, as this allows workers to generate less metabolic heat and more readily cool down (Fig. 5) (9,43). However, it is important to note that protective clothing and personal protective equipment (PPE) worn by crop workers often serves to shield against harmful agents, including dust, pesticides, nicotine, and UV radiation (18). Absent appropriate training and advances that make PPE both breathable and a barrier to chemicals, workers may face a trade-off between safety from heat or from chemicals. When combining adaptive measures, we found that, as expected, slowing the pace of work and reducing work effort, are effective at reducing exposure to unsafe heat levels. Barring changes in cropping patterns and work practices (see below), these measures could significantly hurt farm productivity, farm worker earnings, and/or labor costs for the employer.

Limitations and future research

There are several shortcomings to our approach that likely lead to an underestimate of growing health risk. Our use of daily mean HI and assumption that workers are acclimatized to their environment ignore the impact of sub-daily and sub-seasonal (48) heat extremes. Our approach also does not include the compounding effects of nighttime heat and multi-day heat events (20,48). Furthermore, we used one level to distinguish safe from unsafe working days, but in reality health risk will continue to increase as the HI rises above the TLV. Finally, though the ACGIH framework is based on data from younger adults and assumes that workers are healthy and hydrated, in actuality individual, workplace, and community factors contribute to vulnerability (5,9,18,19,25,41) (Fig. 1). Each of these assumptions renders our results to be conservative estimates of the increase in heat exposure due to warming.

In addition, though it seems reasonable to assume that the QCEW data (Fig. 1) are broadly representative of the spatial distribution of agricultural labor in the U.S., some evidence suggests that workers not included in this dataset may be disproportionally located in certain geographies. For example, while California and Washington have the highest number of agricultural workers in the QCEW data (24), Georgia and Florida have in recent years had the highest number of H-2A visa workers (65). Further, the National Agricultural Workers Survey estimates the share of unauthorized workers to range from 28 to 57% across six U.S. regions (66). We are therefore unable to identify areas and populations beyond those included in this study for which preventative and protective measures should be prioritized (40).

We assumed in our analyses that spatial and seasonal cropping patterns will remain stationary. This is unlikely given climate (64,67), societal (68), and technological (69) trends, but to our knowledge no projections of future U.S. cropping patterns exist. Crops will be impacted directly by a changing climate (67), and it is likely that where, when, and what crops are planted will adjust in response (70,71). However, most studies on the impact of climate change on crops have focused on (labor-extensive) staple grains (64), such that the future of fruit, vegetable, legume, and nut production (which already falls short of dietary needs (72)) in a vastly different climate remains mostly unexplored. Predicting shifts in

cropping patterns is further complicated by the interconnectedness of local and global labor and commodity markets (68,73). Labor-saving and laborenhancing innovations, including mechanization and robotics, could also drastically alter (or eliminate) farm worker practices (69,74), including human work pace and effort.

While the direct effects of heat on agricultural worker health is of primary importance, downstream and modifying effects must also be acknowledged. For example, it is not clear how the health effects of rising heat extremes will interact with other climate change threats to occupational health (75), such as more frequent wild fires in the western U.S. (76), worsening air quality (77), higher asthma rates from pollen and dust (78), growing pest pressure (79), and increased pollutant toxicity with heat (80). More research is needed on how trends in cropping patterns, technology, markets, and other climate impacts will interact. This requires transdisciplinary collaboration between multiple sectors, including public health, climate science, agronomy, economics, and farmworkers and the agricultural industry and should explicitly include consideration of impacts on worker health and well-being.

Recommendations

Approaches at multiple levels are needed to reduce agricultural worker health risks from heat stress now and in the future. A standard approach to framing occupational health and safety interventions is the industrial hygiene hierarchy of controls, in which stronger controls (e.g. reduction in heat exposure and engineering controls) are those that rely less on individual behavior change than weaker controls (e.g. PPE use) (11).

In the near term, 'weak' controls at the individual and workplace level, such as improved PPE use, rest practices and work hours, could effectively reduce heat exposure (81). At the community level, significant gains can be made by improving farmworker housing conditions, which influence rest and recovery and can offset the negative impacts of nighttime heat (20). However, further work is needed to advance these heat stress controls. For example, advances in engineering and materials science are needed to develop and optimize PPE that is both breathable and appropriately protective for various hazards (including pesticides). More work needs to be done to characterize the factors that influence the relationship between indoor and outdoor heat exposure in rural settings, such as safety concerns for opening windows and the limited effectiveness of small window unit air conditioners (20).

Incentivizing changes in heat stress controls is difficult without a strong regulatory framework. Policies at the workplace, state, and federal level are needed that address differences in risk and vulnerabilities in different settings. Only two states – California and Washington – have outdoor occupational heat standards in place (9), yet our results clearly show that agricultural workers will soon be at significant risk across the entire country. NIOSH, scientists, and civic advocacy groups have repeatedly petitioned the U.S. government to implement outdoor occupational heat standards that would require, amongst others, heat-appropriate breaks, appropriate PPE, shade, and hydration; worker training and hazard notification; early warning systems; and medical and exposure monitoring (42,82). Though policies exist in some states that require temporary farmworker housing to be

maintained within a certain temperature range (83), more research is needed to support further lowering these heat exposure limits.

In the long term, controls that rely on individual behavioral change will no longer be sufficient to protect workers. With 2 to 4 °C of global warming, large parts of the country will experience the kind of conditions that currently result in temporary work bans in countries like China, India, Saudi Arabia, and the United Arab Emirates (84). Though a certain degree of warming cannot be avoided, extreme impacts on crop worker health, and agriculture more broadly, can ultimately only be reduced through strong climate change mitigation, i.e., rapid reduction of carbon emissions and increased carbon sequestration (11,85). In addition, disparities that ultimately impact the safety and health of agricultural workers cannot be full addressed without also addressing the social, economic, and political context (21,22). Climate mitigation therefore needs to be paired with systemic change around drivers of (climate) vulnerability – including poverty, immigration policy, and health care inequalities – on top of the regulatory and adaptive measures outlined above.

Conclusion

Climate change at the current pace will double crop worker heat risk by the middle of this century and triple it by the end of it. Our results demonstrate that adaptation at the worker and workplace level can mitigate this risk but only through an extensive restructuring of agricultural labor. To safeguard the health and well-being of millions, the full spectrum of risk-reduction levers therefore needs to be employed, including policies promoting the social, economic, and political empowerment of vulnerable populations and rapid action on climate change. In the near term, building inclusive transdisciplinary collaborations that include farm workers at the table will help ensure their voices are incorporated in discussions of growing food in a changing climate.

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

Acknowledgments

MT and DSB were funded using a grant from the Tamaki Foundation. Support for JTS was provided by CDC/NIOSH 5U54OH007544-17. The authors are indebted to the people at Community to Community Development, whose organizing following the death of farm worker Ernesto Silva Ibarra in Washington in August 2017 sparked the questions this paper aims to address. They are also grateful to Thomas Bernard for insightful feedback and for sharing his worksheet for TLV calculations and thank Thomas Arcury, Jeremy Hess, and Dan Sumner for valuable discussions and comments.

References

- 1. USDA. USDA/NASS QuickStats Ad-hoc Query Tool [Internet]. USDA/NASS Quick Stats. 2019 [cited 2019 Nov 19]. Available from: https://quickstats.nass.usda.gov/
- Centers for Disease Control and Prevention. Heat-Related Deaths Among Crop Workers United States, 1992-2006. MMWR. 2008 9 3;57(24):649–53. [PubMed: 18566563]
- Liebman AK, Wiggins MF, Fraser C, Levin J, Sidebottom J, Arcury TA. Occupational health policy and immigrant workers in the agriculture, forestry, and fishing sector. Am J Ind Med. 2013 8;56(8):975–84. [PubMed: 23606108]

4. Reid A, Schenker MB. Hired farmworkers in the US: Demographics, work organisation, and services. Am J Ind Med. 2016 8;59(8):644–55. [PubMed: 27400442]

- 5. Hernandez T, Gabbard S. Findings from the National Agricultural Workers Survey (NAWS) 2015-2016: a demographic and employment profile of United States farmworkers [Internet]. Department of Labor, Employment and Training Administration, Washington; 2019 Report No.: 13. Available from: https://www.voced.edu.au/content/ngv:82814
- 6. Vose RS, Easterling DR, Kunkel KE, LeGrande AN, Wehner MF. Temperature changes in the United States In: Wuebbles DJ, Fahey DW, Hibbard KA, Dokken DJ, Stewart BC, Maycock TK, editors. Climate Science Special Report: Fourth National Climate Assessment, Volume I Washington, DC, USA: US Global Change Research Program; 2017 p. 185–206.
- 7. Dahl K, Licker R, Abatzoglou JT, Declet-Barreto J. Increased frequency of and population exposure to extreme heat index days in the United States during the 21st century. Environ Res Commun. 2019 7 16;1(7):075002.
- 8. Gubernot DM, Anderson GB, Hunting KL. The epidemiology of occupational heat exposure in the United States: a review of the literature and assessment of research needs in a changing climate. Int J Biometeorol. 2014 10;58(8):1779–88. [PubMed: 24326903]
- Jackson LL, Rosenberg HR. Preventing heat-related illness among agricultural workers. J Agromedicine. 2010 7;15(3):200–15. [PubMed: 20665306]
- Sawka MN, Leon LR, Montain SJ, & Sonna LA Integrated Physiological Mechanisms of Exercise Performance, Adaptation, and Maladaptation to Heat Stress. Sawka MN, Leon LR, Montain SJ, & Sonna LA, editor. Compr Physiol. 2011 1 17;1(4):1883–928. [PubMed: 23733692]
- Spector JT, Masuda YJ, Wolff NH, Calkins M, Seixas N. Heat Exposure and Occupational Injuries: Review of the Literature and Implications. Curr Environ Health Rep [Internet]. 2019 9 13; Available from: 10.1007/s40572-019-00250-8
- 12. Moyce S, Mitchell D, Armitage T, Tancredi D, Joseph J, Schenker M. Heat strain, volume depletion and kidney function in California agricultural workers. Occup Environ Med. 2017 6;74(6):402–9. [PubMed: 28093502]
- 13. Thompson R, Hornigold R, Page L, Waite T. Associations between high ambient temperatures and heat waves with mental health outcomes: a systematic review. Public Health. 2018 8;161:171–91. [PubMed: 30007545]
- Mix J, Elon L, Vi Thien Mac V, Flocks J, Economos E, Tovar-Aguilar AJ, et al. Hydration Status, Kidney Function, and Kidney Injury in Florida Agricultural Workers. J Occup Environ Med. 2018 5;60(5):e253–60. [PubMed: 29271837]
- 15. Bethel JW, Harger R. Heat-related illness among Oregon farmworkers. Int J Environ Res Public Health. 2014 9 5;11(9):9273–85. [PubMed: 25198688]
- 16. Spector JT, Krenz J, Rauser E, Bonauto DK. Heat-related illness in Washington State agriculture and forestry sectors. Am J Ind Med. 2014 8;57(8):881–95. [PubMed: 24953344]
- 17. Mirabelli MC, Quandt SA, Crain R, Grzywacz JG, Robinson EN, Vallejos QM, et al. Symptoms of heat illness among Latino farm workers in North Carolina. Am J Prev Med. 2010 11;39(5):468–71. [PubMed: 20965386]
- 18. Lam M, Krenz J, Palmández P, Negrete M, Perla M, Murphy-Robinson H, et al. Identification of barriers to the prevention and treatment of heat-related illness in Latino farmworkers using activity-oriented, participatory rural appraisal focus group methods. BMC Public Health. 2013 10 24;13:1004. [PubMed: 24156496]
- 19. Johansson B, Rask K, Stenberg M. Piece rates and their effects on health and safety a literature review. Appl Ergon. 2010 7;41(4):607–14. [PubMed: 20106469]
- 20. Quandt SA, Brooke C, Fagan K, Howe A, Thornburg TK, McCurdy SA. Farmworker Housing in the United States and Its Impact on Health. New Solut. 2015 11;25(3):263–86. [PubMed: 26320122]
- 21. Castañeda H, Holmes SM, Madrigal DS, Young M-ED, Beyeler N, Quesada J. Immigration as a social determinant of health. Annu Rev Public Health. 2015 3 18;36:375–92. [PubMed: 25494053]
- 22. Quesada J, Hart LK, Bourgois P. Structural vulnerability and health: Latino migrant laborers in the United States. Med Anthropol. 2011 7;30(4):339–62. [PubMed: 21777121]

23. Bureau of Labor Statistics. Labor Force Statistics from the Current Population Survey, Table 15: Employed persons in agriculture and nonagricultural industries by age, sex, and class of worker [Internet]. Current Population Survey. 2019 [cited 2019 Aug 6]. Available from: https://www.bls.gov/cps/aa2017/cpsaat15.htm

- Bureau of Labor Statistics. QCEW Data Files [Internet]. Quarterly Census of Employment and Wages. 2019 [cited 2019 Aug 5]. Available from: https://www.bls.gov/cew/downloadable-datafiles.htm
- Arcury TA, Summers P, Talton JW, Nguyen HT, Chen H, Quandt SA. Job characteristics and work safety climate among North Carolina farmworkers with H2A visas. J Agromedicine. 2015;20(1):64–76. [PubMed: 25635744]
- Sahu S, Sett M, Kjellstrom T. Heat exposure, cardiovascular stress and work productivity in rice harvesters in India: implications for a climate change future. Ind Health. 2013 5 20;51(4):424–31.
 [PubMed: 23685851]
- Dally M, Butler-Dawson J, Krisher L, Monaghan A, Weitzenkamp D, Sorensen C, et al. The impact of heat and impaired kidney function on productivity of Guatemalan sugarcane workers. PLoS One. 2018 10 5;13(10):e0205181. [PubMed: 30289894]
- 28. Crowe J, Nilsson M, Kjellstrom T, Wesseling C. Heat-related symptoms in sugarcane harvesters. Am J Ind Med. 2015 5;58(5):541–8. [PubMed: 25851165]
- 29. Frimpong K, Van Etten EJE, Oosthuzien J, Fannam Nunfam V, MPHIL Development Studies. Heat exposure on farmers in northeast Ghana. Int J Biometeorol. 2017 3;61(3):397–406. [PubMed: 27498220]
- Sadiq LS, Hashim Z, Osman M. The Impact of Heat on Health and Productivity among Maize Farmers in a Tropical Climate Area. J Environ Public Health. 2019 4 1;2019:9896410. [PubMed: 31061664]
- 31. Kjellstrom T, Kovats RS, Lloyd SJ, Holt T, Tol RSJ. The direct impact of climate change on regional labor productivity. Arch Environ Occup Health. 2009 Winter;64(4):217–27. [PubMed: 20007118]
- 32. Takakura J, Fujimori S, Takahashi K, Hijioka Y, Hasegawa T, Honda Y, et al. Cost of preventing workplace heat-related illness through worker breaks and the benefit of climate-change mitigation. Environ Res Lett. 2017 6 13;12(6):064010.
- Kjellstrom T, Freyberg C, Lemke B, Otto M, Briggs D. Estimating population heat exposure and impacts on working people in conjunction with climate change. Int J Biometeorol. 2018 3;62(3):291–306. [PubMed: 28766042]
- 34. Hyatt OM, Lemke B, Kjellstrom T. Regional maps of occupational heat exposure: past, present, and potential future. Glob Health Action [Internet]. 2010 12 13;3 Available from: 10.3402/gha.v3i0.5715
- 35. Altinsoy H, Yildirim HA. Labor productivity losses over western Turkey in the twenty-first century as a result of alteration in WBGT. Int J Biometeorol. 2015 4;59(4):463–71. [PubMed: 25361702]
- 36. Lee S-W, Lee K, Lim B. Effects of climate change-related heat stress on labor productivity in South Korea. Int J Biometeorol. 2018 12;62(12):2119–29. [PubMed: 30244322]
- 37. Courville MD, Wadsworth G, Schenker M. "We Just Have To Continue Working": Farmworker Self-care and Heat-related Illness. Journal of Agriculture, Food Systems, and Community Development. 2016 3 5;6(2):143–64.
- 38. Quiller G, Krenz J, Ebi K, Hess JJ, Fenske RA, Sampson PD, et al. Heat exposure and productivity in orchards: Implications for climate change research. Arch Environ Occup Health. 2017 11 2;72(6):313–6. [PubMed: 28139172]
- 39. Bureau of Labor Statistics. Employment and Wages Online Annual Averages, 2017 [Internet]. Quarterly Census of Employment and Wages. 2018 [cited 2019 Aug 6]. Available from: https://www.bls.gov/cew/publications/employment-and-wages-annual-averages/current/home.htm
- 40. Leigh JP, Du J, McCurdy SA. An estimate of the U.S. government's undercount of nonfatal occupational injuries and illnesses in agriculture. Ann Epidemiol. 2014 4;24(4):254–9. [PubMed: 24507952]
- 41. Flanagan BE, Gregory EW, Hallisey EJ, Heitgerd JL, Lewis B. A Social Vulnerability Index for Disaster Management. Journal of Homeland Security and Emergency Management [Internet].

- 2011 1 5;8(1). Available from: https://www.degruyter.com/view/j/jhsem.2011.8.issue-1/jhsem.2011.8.1.1792/jhsem.2011.8.1.1792.xml
- Jacklitsch B, Williams WJ, Musolin K, Coca A, Kim J-H, Turner N. NIOSH Criteria for a Recommended Standard: Occupational Exposure to Heat and Hot Environments [Internet]. DHHS (NIOSH); 2016 Report No.: 2016–106. Available from: https://www.cdc.gov/niosh/docs/ 2016-106/pdfs/2016-106.pdf
- 43. ACGIH. Heat Stress and Strain: TLV® Physical Agents 7th Edition Documentation. American Conference of Governmental Industrial Hygienists; 2017.
- 44. Lemke B, Kjellstrom T. Calculating workplace WBGT from meteorological data: a tool for climate change assessment. Ind Health. 2012 5 30;50(4):267–78. [PubMed: 22673363]
- 45. Anderson GB, Bell ML, Peng RD. Methods to calculate the heat index as an exposure metric in environmental health research. Environ Health Perspect. 2013 10;121(10):1111–9. [PubMed: 23934704]
- 46. OSHA. Using the Heat Index: A Guide for Employers [Internet]. Occupational and Safety Health Administration. 2011 [cited 2019 Oct 7]. Available from: https://www.osha.gov/SLTC/heatillness/heat_index/
- 47. Steinberg NC, Mazzacurati E, Turner J, Gannon C, Dickinson R, Snyder M, et al. Preparing public health officials for climate change: A decision support tool. Four Twenty Seven and Argos Analytics; 2018 8. Report No.: CCCA4-CNRA-2018–012.
- 48. Anderson GB, Bell ML. Heat waves in the United States: mortality risk during heat waves and effect modification by heat wave characteristics in 43 U.S. communities. Environ Health Perspect. 2011 2;119(2):210–8. [PubMed: 21084239]
- 49. Gosling SN, Lowe JA, McGregor GR, Pelling M, Malamud BD. Associations between elevated atmospheric temperature and human mortality: a critical review of the literature. Clim Change. 2009 2 1;92(3):299–341.
- 50. Gershunov A, Cayan DR, Iacobellis SF. The Great 2006 Heat Wave over California and Nevada: Signal of an Increasing Trend. J Clim. 2009 12 1;22(23):6181–203.
- 51. Mesinger F, DiMego G, Kalnay E, Mitchell K, Shafran PC, Ebisuzaki W, et al. North American Regional Reanalysis. Bull Am Meteorol Soc. 2006 3 1;87(3):343–60.
- 52. National Weather Service. The Heat Index Equation [Internet]. NWS Weather Prediction Center. 2014 [cited 2019 Apr 12]. Available from: https://www.wpc.ncep.noaa.gov/html/ heatindex_equation.shtml
- 53. Taylor KE, Stouffer RJ, Meehl GA. An Overview of CMIP5 and the Experiment Design. Bull Am Meteorol Soc. 2012;93(4):485–98.
- 54. Tebaldi C, Arblaster JM. Pattern scaling: Its strengths and limitations, and an update on the latest model simulations. Clim Change. 2014 2 1;122(3):459–71.
- Tigchelaar M, Battisti DS, Naylor RL, Ray DK. Future warming increases probability of globally synchronized maize production shocks. Proc Natl Acad Sci U S A. 2018 6 26;115(26):6644–9.
 [PubMed: 29891651]
- 56. Fischer EM, Knutti R. Robust projections of combined humidity and temperature extremes. Nat Clim Chang. 2012 9 2;3:126.
- 57. Thorne PW, Menne MJ, Williams CN, Rennie JJ, Lawrimore JH, Vose RS, et al. Reassessing changes in diurnal temperature range: A new data set and characterization of data biases: A New Data Set of DTR Changes. J Geophys Res D: Atmos. 2016 5 27;121(10):5115–37.
- 58. Lindvall J, Svensson G. The diurnal temperature range in the CMIP5 models. Clim Dyn. 2015 1 1;44(1):405–21.
- 59. WHO Scientific Group on Health Factors Involved in Working under Conditions of Heat Stress & World Health Organization Health factors involved in working under conditions of heat stress: report of a WHO scientific group [meeting held in Geneva from 29 August to 4 September 1967]. World Health Organization; 1969. Report No.: 412.
- 60. Bernard TE, Iheanacho I. Heat index and adjusted temperature as surrogates for wet bulb globe temperature to screen for occupational heat stress. J Occup Environ Hyg. 2015;12(5):323–33. [PubMed: 25616731]

61. Spector JT, Krenz J, Calkins M, Ryan D, Carmona J, Pan M, et al. Associations between heat exposure, vigilance, and balance performance in summer tree fruit harvesters. Appl Ergon. 2018 2;67:1–8. [PubMed: 29122180]

- 62. Vega-Arroyo AJ, Mitchell DC, Castro JR, Armitage TL, Tancredi DJ, Bennett DH, et al. Impacts of weather, work rate, hydration, and clothing in heat-related illness in California farmworkers. Am J Ind Med. 2019 4 9;71:30.
- 63. Tustin AW, Lamson GE, Jacklitsch BL, Thomas RJ, Arbury SB, Cannon DL, et al. Evaluation of Occupational Exposure Limits for Heat Stress in Outdoor Workers - United States, 2011-2016. MMWR Morb Mortal Wkly Rep. 2018 7 6;67(26):733–7. [PubMed: 29975679]
- 64. Porter JR, Xie L, Challinor AJ, Cochrane K, Howden SM, Iqbal MM, et al. Food security and food production systems In: Field CB, Barros VR, Dokken DJ, Mach KJ, Mastrandrea MD, Bilir TE, et al., editors. Climate Change 2014: Impacts, Adaptation, and Vulnerability Part A: Global and Sectoral Aspects Contribution of Working Group II to the Fifth Assessment Report of the Intergovernmental Panel on Climate Change. Cambridge, United Kingdom and New York, NY, USA: Cambridge University Press; 2014 p. 485–533.
- 65. U.S. Department of Labor. OFLC Performance Data [Internet]. Foreign Labor Certification. 2020 [cited 2020 Mar 17]. Available from: https://www.foreignlaborcert.doleta.gov/performancedata.cfm
- 66. U.S. Department of Labor. National Agricultural Workers Survey Data Tables [Internet]. Employment & Training Administration. 2018 [cited 2020 Mar 20]. Available from: https://www.doleta.gov/naws/research/data-tables/
- 67. Scheelbeek PFD, Bird FA, Tuomisto HL, Green R, Harris FB, Joy EJM, et al. Effect of environmental changes on vegetable and legume yields and nutritional quality. Proc Natl Acad Sci U S A [Internet]. 2018 6 11; Available from: 10.1073/pnas.1800442115
- 68. Martin P Immigration and farm labor: challenges and opportunities. AgBioForum. 2015;18(3):252–8.
- Vougioukas SG. Agricultural Robotics. Annu Rev Control Robot Auton Syst. 2019 5 3;2(1):365–92.
- 70. Parker LE, Abatzoglou JT. Projected changes in cold hardiness zones and suitable overwinter ranges of perennial crops over the United States. Environ Res Lett. 2016 2 24;11(3):034001.
- 71. Lee H, Sumner D, Others. Modeling the effects of local climate change on crop acreage. Calif Agric. 2016;70(1):9–14.
- 72. Mason-D'Croz D, Bogard JR, Sulser TB, Cenacchi N, Dunston S, Herrero M, et al. Gaps between fruit and vegetable production, demand, and recommended consumption at global and national levels: an integrated modelling study. Lancet Planet Health. 2019 7;3(7):e318–29. [PubMed: 31326072]
- 73. Charlton D, Taylor JE, Vougioukas S, Rutledge Z. Can Wages Rise Quickly Enough to Keep Workers in the Fields? Choices. 2019;34(2):1–7.
- 74. Huffman WE. The status of labor-saving mechanization in U.S. fruit and vegetable harvesting. Choices. 2012;27(2):1–7.
- Applebaum KM, Graham J, Gray GM, LaPuma P, McCormick SA, Northcross A, et al. An Overview of Occupational Risks From Climate Change. Curr Environ Health Rep. 2016 3;3(1):13–22. [PubMed: 26842343]
- Ford B, Val Martin M, Zelasky SE, Fischer EV, Anenberg SC, Heald CL, et al. Future Fire Impacts on Smoke Concentrations, Visibility, and Health in the Contiguous United States. GeoHealth. 2018 8 3;2(8):229–47. [PubMed: 32159016]
- 77. Nolte CG, Dolwick PD, Fann N, Horowitz LW, Naik V, Pinder RW, et al. Air Quality In: Reidmiller DR, Avery CW, Easterling DR, Kunkel KE, Lewis KLM, Maycock TK, et al., editors. Impacts, Risks, and Adaptation in the United States: Fourth National Climate Assessment, Volume II Washington, DC, USA: U.S. Global Change Research Program; 2018 p. 512–538.
- 78. Neumann JE, Anenberg SC, Weinberger KR, Amend M, Gulati S, Crimmins A, et al. Estimates of Present and Future Asthma Emergency Department Visits Associated With Exposure to Oak, Birch, and Grass Pollen in the United States. Geohealth. 2019;3(1):11–27. [PubMed: 31106285]

79. Deutsch CA, Tewksbury JJ, Tigchelaar M, Battisti DS, Merrill SC, Huey RB, et al. Increase in crop losses to insect pests in a warming climate. Science. 2018 8 31;361(6405):916–9. [PubMed: 30166490]

- 80. Gordon CJ, Johnstone AFM, Aydin C. Thermal Stress and Toxicity. Compr Physiol. 2014;4(3):995–1016. [PubMed: 24944028]
- 81. Day E, Fankhauser S, Kingsmill N, Costa H, Mavrogianni A. Upholding labour productivity under climate change: an assessment of adaptation options. Clim Policy. 2019 3 16;19(3):367–85.
- 82. Public Citizen et al. Petition to OSHA for a heat standard [Internet]. 2018 7 Available from: https://citizenvox.org/wp-content/uploads/2018/07/180717_Petition-to-OSHA-on-Heat-Stress-Signed_FINAL.pdf
- 83. Washington State Department of Health. Temporary Worker Housing Rules [Internet]. Washington Administrative Code. 2015 [cited 2020 Mar 23]. Available from: http://www.doh.wa.gov/Portals/1/Documents/2300/2015/TemporaryWorkerHousingCR103.pdf
- 84. Calkins MM. Occupational heat exposure and injury risk in Washington State construction workers [Ph.D.]. Spector JT, editor. University of Washington; 2018.
- 85. Griscom BW, Adams J, Ellis PW, Houghton RA, Lomax G, Miteva DA, et al. Natural climate solutions. Proc Natl Acad Sci U S A. 2017 10 31;114(44):11645–50. [PubMed: 29078344]

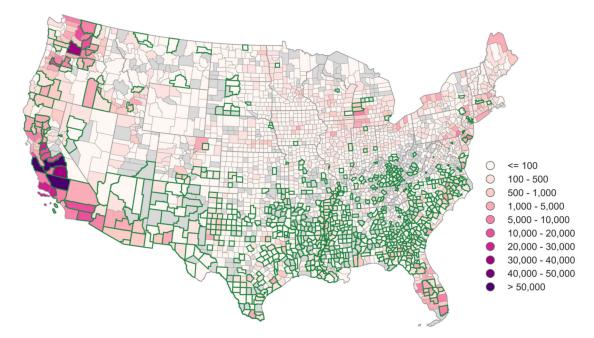


Figure 1 –. Spatial distribution of agricultural workers and social vulnerability.

Number of summertime hired crop workers (MJJAS maximum of 2009-2018 average monthly values) as reported by the Bureau of Labor Statistics Quarterly Census of Employment and Wages (24). Counties outlined in dark green are in the upper quartile of the Center for Disease Control's Social Vulnerability Index (41), indicating low community resilience to disaster events. Counties with no employment data are shown as missing values in gray.

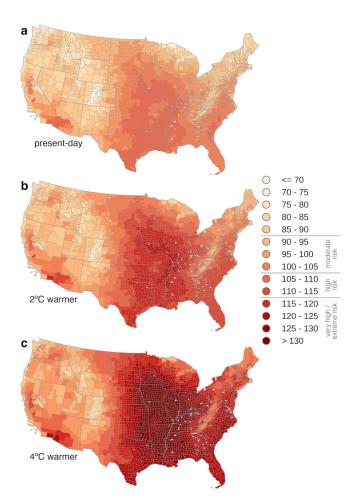


Figure 2 –. Present-day and projected Heat Index extremes.95th-percentile of summertime (MJJAS) daily maximum Heat Index (°F) for **a** present-day observed (1979-2013), **b** projected with 2°C of global annual mean warming, and **c** projected with 4°C global annual mean warming (see Methods). Counties that contain no climate data grid centers are shown as missing values in gray. Color bar labels indicate the risk levels of the OSHA heat guidance for outdoor workers.

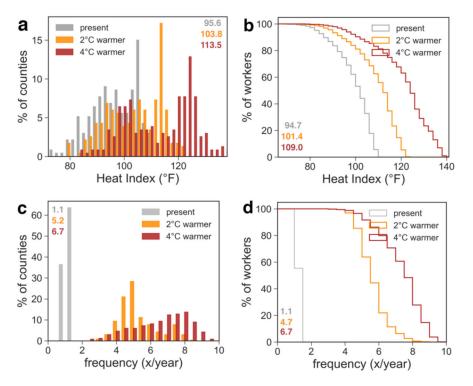


Figure 3 –. **County and worker exposure to extreme heat levels and heat waves. a,b** 95th-percentile of summertime (MJJAS) daily maximum Heat Index (°F) for present-day observed (gray), 2°C of global annual mean warming (orange), and 4°C of global annual mean warming (red) as **a** number of counties with 500 crop workers (%) and **b** cumulative number of workers (%); the percentage of **c** counties and **d** workers that experience a daily maximum HI for three or more days in a row that exceeds the *present-day* 95th-percentile level – colors and distributions the same as in **a,b**. The numbers in each corner indicate the county- (**a,c**) and worker- (**b,d**) weighted average.

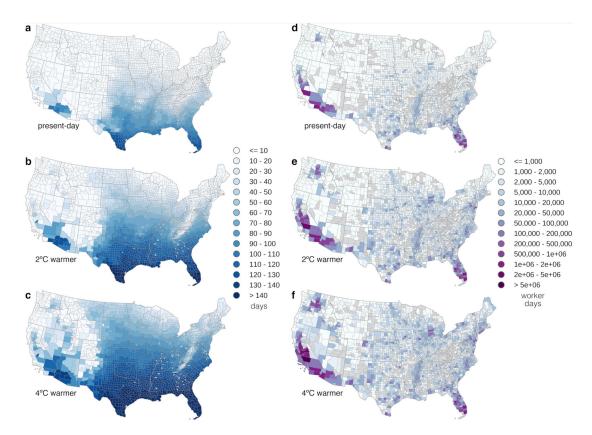


Figure 4 –. Present-day and projected worker exposure to unsafe heat levels. a-c, number of days each summer (MJJAS) that the daily mean Heat Index exceeds the baseline Threshold Limit Value (83.4°F; see Methods) for **a** present-day observed (1979-2013), **b** projected with 2°C of global annual mean warming, and **c** projected with 4°C global annual mean warming (see Methods); **d-f**, as **a-c** but showing number of worker days, based on present-day crop worker employment levels (Fig. 1). Note the nonlinear color scale for the number of worker days. Counties with no employment data or that contain no climate data grid centers are shown as missing values in gray.

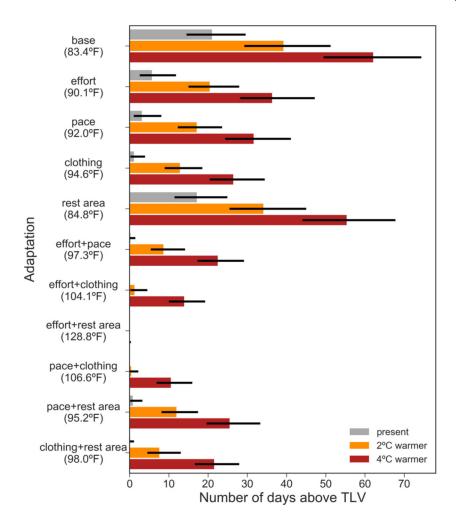


Figure 5 -. Effect of on-farm adaptation measures on reducing heat risk.

Median number of days per summer (MJJAS) that the average U.S. crop worker is exposed to a daily mean Heat Index higher than the TLV for their physical activity and clothing levels (values in parentheses; see Methods), for present-day observed (gray), 2°C of global annual mean warming (orange), and 4°C of global annual mean warming (red). The error bars indicate the 5th and 95th-percentile over the 35 years of observed and projected summers. The tested adaptation scenarios are: reduce effort (time worked/hour) from 90% to 50% (effort); reduce pace from moderate to light (pace); rest in AC instead of in the shade (rest area); wear single-layer instead of double-layer clothing (clothing); and combinations of these (see Table 1). When three or more adaptations are combined, worker exposure becomes (nearly) zero across all scenarios, so these are not plotted here.

Table 1 – On-farm worker adaptations to reduce heat risk.

Various modifications to worker behavior that can be implemented to reduce crop worker heat risk and their associated ACGIH Threshold Limit Value.

Adaptation scenario	Assumptions	TLV (HI in °F)
Baseline	Work 90% effort, at moderate pace, wearing double-layer clothing, resting in shade	83.4
Effort	Work 50% effort, at moderate pace, wearing double-layer clothing, resting in shade	90.1
Pace	Work 90% effort, at light pace, wearing double-layer clothing, resting in shade	92.0
Clothing	Work 90% effort, at moderate pace, wearing single-layer clothing, resting in shade	94.6
Rest Area	Work 90% effort, at moderate pace, wearing double-layer clothing, resting in AC	84.8
Effort + Pace	Work 50% effort, at light pace, wearing double-layer clothing, resting in shade	97.3
Effort + Clothing	Work 50% effort, at moderate pace, wearing single-layer clothing, resting in shade	104.1
Effort + Rest Area	Work 50% effort, at moderate pace, wearing double-layer clothing, resting in AC	128.8
Pace + Clothing	Work 90% effort, at light pace, wearing single-layer clothing, resting in shade	106.6
Pace + Rest Area	Work 90% effort, at light pace, wearing double-layer clothing, resting in AC	95.2
Clothing + Rest Area	Work 90% effort, at moderate pace, wearing single-layer clothing, resting in AC	98.0

Table 2 – Heat exposure levels in counties with most crop workers.

Present-day observed and projected future 95th-percentile of summertime (MJJAS) daily maximum Heat Index (°F) and number of days above baseline TLV (83.4 °F; see Methods) in the twenty counties with the highest number of crop workers (Fig. 1). Colors indicate the OSHA risk levels of moderate (yellow), high (orange), and very high/extreme (red).

	# of workers	95 th -percentile MJJAS HI _{max}			days/year above TLV		
county		present	+2°C	+4°C	present	+2°C	+4°C
Kern, California	65492	98.5	102.5	106.3	24	55	90
Monterey, California	64796	89.9	93.7	97.6	0	2	14
Fresno, California	54804	93.6	97.8	101.9	2	13	45
Tulare, California	37956	91.4	95.5	99.5	0	8	37
Yakima, Washington	37761	83.8	89.4	95.2	0	1	8
Ventura, California	29196	90.3	94.4	98.5	0	3	17
Santa Barbara, California	23304	86.5	90.0	94.0	0	0	5
San Joaquin, California	21399	101.7	106.2	110.3	6	23	59
Riverside, California	15707	100.1	105.2	110.6	42	77	105
Chelan, Washington	14849	78.1	83.2	89.0	0	0	1
Merced, California	13011	103.1	107.2	110.9	20	54	90
Stanislaus, California	12580	101.7	106.1	110.1	15	45	80
Santa Cruz, California	12538	89.2	93.3	97.6	0	0	3
Grant, Washington	12398	92.1	98.2	104.4	4	20	48
Marion, Oregon	12092	82.7	89.0	96.9	0	0	4
Madera, California	12058	93.5	98.2	102.5	2	11	43
Imperial, California	11505	109.2	115.3	122.0	105	124	136
Okanogan, Washington	9761	79.3	84.8	90.9	0	0	3
Hillsborough, Florida	9644	103.6	112.7	123.1	113	137	148
Benton, Washington	8867	95.4	101.5	107.3	9	31	61