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Dietary Vitamin D₃ suppresses pulmonary immunopathology associated with late stage tuberculosis in C3HeB/FeJ mice

Allison E. Reeme* and Richard T. Robinson*,†

*Department of Microbiology and Molecular Genetics, Medical College of Wisconsin, Milwaukee, Wisconsin 53226, USA

Abstract

Tuberculosis (TB) is a significant human disease caused by inhalation of *Mycobacterium tuberculosis* (Mtb). Left untreated, TB mortality is associated with a failure to resolve pulmonary immunopathology. There is currently widespread interest in using Vitamin D₃ (VitD₃) as an adjunct therapy for TB, as numerous *in vitro* studies have shown that VitD₃ has direct and indirect mycobactericidal activities. However, to date there have been no *in vivo* studies addressing whether VitD₃ affects experimental TB outcome. Here we use C3HeB/FeJ mice to determine if dietary VitD₃ influences the outcome of experimental TB. We observed that although Mtb burdens did not differ between mice on a VitD₃-replete diet (VitD^{HI} mice) and mice on a VitD₃-deficient diet (VitD^{LO} mice), the inflammatory response in VitD^{HI} mice was significantly attenuated relative to VitD^{LO} controls. Specifically, the expression of multiple inflammatory pathways was reduced in the lungs at later disease stages, as were splenocyte IL12/23p40- and IFN γ -levels following *ex vivo* restimulation. Dietary VitD₃ also suppressed the accumulation of T cells in the mediastinal lymph nodes and lung granulomatous regions, while concomitantly accelerating the accumulation of F4/80⁺ and Ly6C/Ly6G⁺ lineages. The altered inflammatory profile of VitD^{HI} mice also associated with reductions in pulmonary immunopathology. VitD receptor deficient (*vdr*^{-/-}) radiation bone marrow chimeras demonstrate that reductions in pulmonary TB-immunopathology are dependent on hematopoietic VitD-responsiveness. Collectively, our data support a model wherein the *in vivo* role of VitD₃ during TB is not to promote Mtb killing, but rather to function through hematopoietic cells to reduce Mtb-elicited immunopathology.

INTRODUCTION

Tuberculosis (TB) is a significant human disease caused by aerogenic transmission of the intracellular pathogen *Mycobacterium tuberculosis* (Mtb), which primarily infects phagocytes in the lung alveoli (1). Recent data from the World Health Organization (WHO) demonstrate there were ~9.6 million new TB cases in 2014, with 1.5 million individuals dying from TB in the same year (2). Improved socioeconomic conditions, public health practices and use of standard short-course chemotherapy have reduced the global TB death rate by 45% since 1990, and have helped the WHO achieve its goal of reversing TB incidence by 2015 (2). However, the treatment options available for TB and increasingly

†Corresponding author: rrobinson@mcw.edu; Phone: 414-955-2976; Fax: 414-955-6535.

common multidrug-resistant TB (MDR TB) remain limited and are often complicated by poor patient compliance due to long treatment durations (2). For these reasons, new or adjunctive therapies that shorten treatment or improve treatment outcome are greatly needed and required for the WHO to reach its goal of eliminating TB by 2050 (3).

Host resistance to TB is promoted by a T_H1 response that is initiated by lung resident phagocytes following their internalization of Mtb bacilli; after these phagocytes migrate and present Mtb antigen (Ag) in the draining mediastinal lymph nodes (MLNs), Ag-specific T cells accumulate and the lungs develop granulomas comprising both mononuclear and polymorphonuclear lineages (1). In experimental TB there is a delay in Ag-specific T cell activation (4), allowing for dissemination of Mtb to extrapulmonary sites. Phagocyte production of IL12 is essential for activation of T cells and their subsequent production of $IFN\gamma$ and $TNF\alpha$ (5, 6), which are the two major T_H1 cytokines that promote macrophage killing of intracellular Mtb (1). The necessity of $IFN\gamma$ during infection is highlighted by the observation that T cells incapable of $IFN\gamma$ -production are unable to control Mtb burdens (5, 7). Paradoxically, although T_H1 responses are required to control Mtb, pulmonary inflammation comes at the expense of immunopathology that is potentially fatal to the host (8, 9). In animal models, this is evidenced by the post-infection mortality of mice deficient in IL27R (10) or PD1 (11, 12), both of which function to suppress T_H1 responses. In humans, the danger of immunopathology is evidenced by the morbidity and mortality associated with a failure to resolve lung immunopathology (13). Given the negative consequences of too little or too much inflammation, adjunctive TB therapies must create and/or support an immune environment that can effectively contain the bacteria without damaging the lung or other organs. While adjunct immunosuppressive therapies can enhance antibiotic efficacy (14), others can reduce immunopathology and markedly improve animals' survival even in the absence of effecting Mtb burden (15).

There is currently widespread interest in using Vitamin D₃ (VitD₃) as an adjunctive therapy for TB (16). VitD₃ is a fat-soluble secosteroid that can be obtained through the diet or synthesized in the skin. VitD₃ enters the circulation and is hydroxylated in the liver to form 25-OH hydroxyvitamin D₃ (25(OH)D) (17). 25(OH)D can either freely diffuse into target cells or bind the VitD binding protein (VDBP) and enter cells via receptor-mediated endocytosis (18). 25(OH)D must then undergo a second hydroxylation by 25-hydroxyvitamin D 1 α hydroxylase (CYP27b1) to form 1,25(OH)₂ dihydroxyvitamin D (1,25(OH)₂D), the biologically active form referred to as VitD. VitD binds the vitamin D receptor (VDR) in the cytosol and translocates into the nucleus where it binds VitD response elements (VDREs) on the DNA and regulates transcription of multiple genes in both hematopoietic and non-hematopoietic cell types (17). After it was discovered that both sun-exposure and animal fat consumption (e.g. butter, cod liver oil) are sources of VitD₃, it was widely reasoned that VitD₃ contributed to the therapeutic efficacy of these early TB treatments (19). VitD's direct bactericidal effect on Mtb has been studied *in vitro* (20, 21), as have VitD's indirect bactericidal effects on Mtb-infected human monocyte/macrophage (M ϕ) cultures (22–24). These *in vitro* studies have led to the following prevailing model (25): Following TLR2/1 recognition of Mtb, M ϕ s increase their expression of VDR and CYP27B1 (22); any 25(OH)D that enters the M ϕ is then converted to VitD, binds the VDR, translocates to the nucleus and through synergy with $IFN\gamma$ increases production of

cathelicidin - an antimicrobial peptide that is directly cytotoxic to Mtb (26). However, despite the number of *in vitro* studies that point to VitD₃ and its metabolites as having both direct and indirect bactericidal activities, several large clinical trials have demonstrated that VitD₃'s effect on sputum conversion is largely nil (27–30). These negative data raise the question of what if any role does VitD₃ have during TB *in vivo*.

The goal of this study was to determine what effect dietary VitD₃ has on the outcome of experimental TB. This determination is important given the current interest in using VitD₃ as an adjunct therapy for TB, despite its effect on TB never having been tested in an *in vivo* model. Specifically, we used the C3HeB/FeJ model of TB to compare several key experimental TB readouts in the presence or absence of dietary VitD₃. Among mouse models of TB, the C3HeB/FeJ strain is considered by many to be the best at recapitulating the pathology observed in human TB (31–35). Given the number of *in vitro* studies demonstrating that VitD has both direct and indirect bactericidal effects, we began our study with the hypothesis that dietary VitD₃ would protect the host by reducing Mtb burden; we were surprised to observe this is not the case, and that instead VitD₃ protects the host by limiting TB-associated immunopathology. Collectively, our results demonstrate that dietary VitD₃ functions through hematopoietic lineages to suppress the pulmonary immunopathology associated with late stage TB.

MATERIALS AND METHODS

Mice

C3HeB/FeJ and B6.129S4-*Vdr^{tm1Mbd}/J* (i.e. *vdr^{+/-}*, (36)) breeder pairs were purchased from the Jackson Laboratory (Bar Harbor, ME) and bred at the Medical College of Wisconsin (MCW). All mice were treated according to National Institutes of Health and MCW Institute Animal Care and Use Committee (IACUC) guidelines.

Radiation bone marrow chimeras

vdr^{+/+} and *vdr^{-/-}* progeny were used to generate radiation bone marrow chimeras per our reported protocols, the percent reconstitution being 94% (5, 6). Mice were allowed 10 weeks to reconstitute prior to their use.

Experimental Diets

Beginning one month prior to infection, C3HeB/FeJ mice were fed specially formulated diets from Harlan Laboratories (Madison, WI) that contained either 0 IU VitD₃/gram (VitD^{LO}, #TD.89123), 2 IU VitD₃/gram (VitD^{Std}, #TD.1108) or 20 IU VitD₃/gram (VitD^{HI}, #TD.110799). These diets were chosen since their formulations were identical with the exception of VitD₃ and were similar to the diets used in other studies of dietary VitD₃ (37–39). For experiments involving *vdr^{-/-}* and *vdr^{+/+}* mice and radiation bone marrow chimeras: beginning at weaning and continuing throughout each experiment, *vdr^{-/-}* and *vdr^{+/+}* progeny were kept on a VitD^{HI} “rescue diet” containing 20 VitD₃/gram and excess lactose (20% lactose; Harlan # TD.140326). Excess lactose is necessary to prevent the bone and immune abnormalities that would otherwise develop in *vdr^{-/-}* mice (40–42).

Aerosol Infection

Mice were aerosol infected with virulent Mtb H37Rv per our reported protocols (5, 6). For bacterial load determinations, lungs and ½ spleen were removed and individually homogenized in normal sterile saline; serial dilutions of each homogenate were then plated on 7H11 and colonies counted after 2 weeks incubation at 37°C and 5% CO₂. Lungs from control mice were plated on day 1 post-infection to confirm the delivery of 46–108 bacteria per lung.

In vitro restimulation assay

Per the methods of Chackerian et al (43), ½ of each spleen from Mtb-infected VitD^{HI} and VitD^{LO} mice were collected at the indicated time points, pushed through a 70µm nylon screen and treated with sterile RBC lysis buffer. 2×10⁶ cells per spleen in 2mL of complete RPMI media (RPMI + 10% FBS) were then stimulated with 1µg/mL concanavalin A (ConA) and live Mtb (H37Rv) at MOI=0, 0.5 or 1 for 48 hours. Supernatants were then collected, filtered through a 0.22µm filter and stored at –80°C until being assayed for murine IFNγ and IL12/23p40 by sandwich ELISA (BD Biosciences).

Histology and Morphometric Analysis

Lungs from Mtb-infected mice were formalin-fixed, paraffin-embedded and used for H&E and Acid Fast staining (Children's Hospital of Wisconsin Histology Core). Images were taken with a Labophot-2 upright microscope (Nikon, Tokyo, Japan) using a Retiga 2000R camera (QImaging; Surrey, BC, Canada); NIS Elements software (Nikon) was used for morphometric analysis (Supplemental Figure 1).

Immunohistochemistry

Paraffin embedded lungs were sectioned, deparaffinized, hydrated in deionized water, and treated with Target Retrieval Solution (DAKO, Carpinteria, CA) at either pH 9 (anti-CD3, anti-Foxp3, anti-Ly6C/Ly6G) or pH 6 (anti-F4/80). All slides were then stained using a DAKO Autostainer Plus (DAKO, Carpinteria, CA) with the standard labeled streptavidin-biotin protocol. Lung sections were stained at room temperature for 60 min with polyclonal rabbit anti-CD3 (DAKO; 1:100), anti-F4/80 (AbD Serotec; clone A3-1; 1:250), anti-Foxp3 (eBioscience, clone FJK-16s; 1:25) or anti-Ly6C/Ly6G (clone NIMP-R14; 1:250). Negative controls were performed with omission of the primary antibody. Slides were then developed with Tertiary Streptavidin-HRP (DAKO) and counterstained with hematoxylin.

Digital Immunohistochemistry Analysis

Immunohistochemistry stained slides were scanned on a high resolution, whole slide scanner (NanoZoomer HT 2.0, Hamamatsu, Japan) at 40× magnification. For image data quantification, images were imported into Visiopharm software (Visiopharm, Hørsholm, Denmark) and 20× region-of-interest (ROI) images were extracted to estimate detectable-antibody (DAB) positive areas. DAB negative areas were also measured to include in the total tissue area calculations. We utilized 4 ROIs per tissue section and morphometric analysis was performed. All images were processed with these preset thresholds and linear

Bayesian classification to generate a processed image (Supplemental Figure 2). Total DAB positive area per ROI (and total tissue area of the ROI) was measured in microns.

Flow cytometry

Mediastinal lymph node cells were prepared and stained for surface and intracellular markers per our previous protocols (5), using antibodies specific for CD4 (clone L3T4), CD8 (clone 53-6.7), IFN γ (clone XMG1.2) and TNF α (clone MP6-XT22) (BD Biosciences).

Quantitative Real Time PCR

Lung RNA was isolated from snap frozen tissue using the IBI Total RNA extraction kit (IBI Scientific, Peosta, IA). RNA was reverse transcribed using Applied Biosciences reagents (Life Technologies, Grand Island, NY) and the resulting cDNA was amplified using Bullseye Evagreen Master Mix (MidSci) and BioRad iQ5 detection system. The primer sequences used for cDNA amplification of *ifng*, *cyp27b1*, *cramp*, *vdr* and *gapdh* are listed in Supplemental Table 1. C_T values were determined using the BioRad iQ5 bundled software and all samples were normalized to *gapdh*. cDNA from specific time points was additionally used in the RT² Profiler PCR Array for Mouse Innate and Adaptive Immune Responses (Qiagen, Valencia, CA). Data was analyzed using the online RT² Profiler PCR Array data analysis software (Qiagen). All samples were normalized to at least one housekeeping gene between plates.

Statistics

For group analysis, two-way ANOVA with Bonferroni correction was used with $p < 0.05$ considered significant. For all other experiments, unpaired Student's t-test was used to determine significance ($p < 0.05$). All results are expressed as mean \pm SD.

RESULTS

Dietary VitD₃ does not significantly affect bacterial burden during experimental TB

VitD₃ and VitD₃-metabolites are capable of killing Mtb *in vitro* via both direct and indirect mechanisms (20, 21, 25). To determine if dietary VitD₃ affects Mtb burden *in vivo*, adult C3HeB/FeJ mice were placed on either a VitD₃-replete (VitD^{HI} mice) or VitD₃-deficient (VitD^{LO} mice) diet for 30 days, aerosol-infected with 46–108 CFU of virulent Mtb (H37Rv), and kept on their respective diets for up to 110 days post-infection (Fig 1A). We then measured and compared organ CFU burden in VitD^{LO} and VitD^{HI} mice over a broad period of time post-infection. Standard CFU changes in C3HeB/FeJ mice were established by comparing VitD^{LO} and VitD^{HI} values to those of C3HeB/FeJ mice kept on standard mouse chow (VitD^{Std} mice, Fig 1B–D). Throughout the entire time-course, plasma 25(OH)D levels were significantly higher in VitD^{HI} mice relative to VitD^{LO} and VitD^{Std} mice; no differences in circulating Ca²⁺ and PO₄³⁻ levels were observed between VitD^{LO}, VitD^{Std} and VitD^{HI} mice (data not shown).

We observed that in both VitD^{HI} and VitD^{LO} groups, lung Mtb burdens increased logarithmically during the first 25 days post-infection (Fig 1B). Between days 25–78 post-

infection, Mtb burden continued to increase in both VitD^{HI} and VitD^{LO} groups albeit more slowly than days 1–25. At day 92 post-infection, we observed a modest increase in Mtb burden in VitD^{HI} mice relative to VitD^{LO} mice; however, this difference was directionally reversed by the last time point (day 110). Two-way ANOVA comparison of both VitD^{LO} and VitD^{HI} curves demonstrated that while the effect of time on bacterial burden was significant ($p < 0.0001$), the effect of diet was not ($p = 0.1444$). Similarly, in the spleen – an organ to which Mtb disseminates 11–14 days post-infection in mice (43) – the effect of time was significant ($p < 0.0001$) while no significant difference existed between the Mtb burdens of VitD^{HI} and VitD^{LO} groups ($p = 0.6109$) (Fig 1C). Based on the growth characteristics of Mtb in VitD^{LO} and VitD^{HI} lungs, we termed post-infection days 1–40 as representing “early stage TB”, and the period thereafter as representing “late stage TB”; these terms are consistent with the terminology of others to describe the same periods (1, 4, 35). The abundance of bacteria in VitD^{LO} and VitD^{HI} mice during both early and late stage TB was also apparent by acid fast staining of lungs from these periods (Fig 1D–G). Collectively, these data demonstrate that dietary VitD₃ does not significantly affect bacterial burden during either early or late stages of experimental TB.

Dietary VitD₃ suppresses pro-inflammatory gene expression during late stage TB

Dietary VitD₃ has been repeatedly demonstrated to suppress organ-specific inflammation in autoimmune disease models (44). To determine if dietary VitD₃ limits pro-inflammatory gene expression in Mtb-infected organs, lungs from Mtb-infected VitD^{LO} and VitD^{HI} groups were collected on post-infection days 35 and 92, used for mRNA extraction and cDNA synthesis, and analyzed via real time PCR array for the expression of select genes of interest. Day 35 was chosen to represent early stage TB since, by this time, the adaptive immune response against Mtb has been established and limits Mtb growth (1); Day 92 was chosen to represent late stage TB. The results of this analysis are shown in Fig 2A and demonstrate that on post-infection day 35, the expression of multiple pro-inflammatory genes was increased in VitD^{HI} lungs relative to VitD^{LO} lungs. However by post-infection day 92, this difference in expression had inverted relative to that observed on post-infection day 35; namely, the expression pattern of many of the same genes was decreased in VitD^{HI} lungs relative to VitD^{LO} lungs. We confirmed this dynamic expression pattern for select genes of interest (e.g. *ifng*) by separate PCR (data not shown). In addition to the genes assessed via PCR array, we also compared VitD^{LO} and VitD^{HI} lungs' expression of (Fig 2B) *cramp* (the mouse homolog of cathelicidin), (Fig 2C) *vdr* and (Fig 2D) *cyp27b1*. Cathelicidin is an effector of VitD₃-elicited Mtb growth restriction *in vitro* (24); VDR and CYP27b1 are essential for VitD₃ signaling and metabolism, respectively. Our data demonstrate that *cramp* transcription was increased in both VitD^{HI} and VitD^{LO} groups following Mtb-infection (Fig 2B); the expression levels of *vdr* and *cyp27b1* varied with the timepoint examined, but did not significantly differ between VitD^{HI} and VitD^{LO} groups at each timepoint (Fig 2C–D). Therefore, any phenotypic differences between VitD^{HI} and VitD^{LO} mice are like not due to differences in VitD metabolism or antimicrobial peptide production.

To measure and compare the recall response in the spleens of Mtb-infected VitD^{HI} and VitD^{LO} mice, splenocytes were collected at 4 timepoints (post-infection days 1, 35, 62, 98), normalized for cell number and cultured in the presence of a polyclonal mitogen (ConA) and

3 different Mtb multiplicities of infection (MOI 0, 0.5 and 1). Two days later, culture supernatants were collected and used for ELISA measurements of both IL12/IL23p40 and IFN γ ; macrophages and DCs are the principal sources of IL12/IL23p40 during experimental tuberculosis (6), while $\alpha\beta$ T cells, NK cells, and neutrophils are the sources of IFN γ (5). The results of these recall experiments are shown in Fig 2E–F, and demonstrate that VitD^{LO} splenocytes secreted significantly higher levels of IL12/IL23p40 and IFN γ on post-infection day 62 relative to VitD^{HI} mice. This difference was observed at each MOI. Collectively, our lung transcription studies (Fig 2A) and splenocyte response studies (Fig 2E–F) demonstrate that dietary VitD₃ suppresses pro-inflammatory gene expression during late stage TB.

Dietary VitD₃ attenuates CD3⁺ lymphocytes' contribution to lung granulomatous regions during late stage TB

The T_H1 response is required to limit TB, and manifests in Mtb-infected mouse lungs by the accumulation and organization of CD3⁺ lymphocytes and innate myeloid-derived lineages (histiocytes) into granulomatous regions. To determine if dietary VitD₃ limits the manifestation of lung T_H1 immunity, we visually and quantitatively compared the contribution of CD3⁺ lymphocytes to VitD^{HI} and VitD^{LO} lung granulomatous regions during early and late stage TB (Fig 3). Specifically, we used morphometric analysis of sections stained with hematoxylin/eosin (H&E) and CD3-specific monoclonal antibody (IHC) to determine the area of each granulomatous region and the extent to which lymphocytes contributed to each granulomatous region (Supplemental Fig 1); 4 sections per lung were analyzed in this manner, with each section containing 2–3 distinct granulomatous regions. H&E stains of representative granulomatous regions from VitD^{LO} and VitD^{HI} mice are shown in Fig 3A and Fig 3B, respectively; shown in each row are successively higher magnifications (4 \times , 10 \times , 20 \times and 100 \times) demonstrating that hematoxylin rich areas primarily comprise cells with lymphocyte morphology (small cells with a large nucleus:cytoplasm ratio). IHC on VitD^{LO} lungs (Fig 3C) and VitD^{HI} lungs (Fig 3D) demonstrated these lymphocytes to be highly reactive with anti-CD3. The average area of VitD^{LO} and VitD^{HI} granulomatous regions were similar during late stage TB (Fig 3G). However, a notable difference between VitD^{LO} and VitD^{HI} mice was that the extent to which lymphocytes contributed to each granuloma area was significantly lower in VitD^{HI} mice relative to VitD^{LO} mice during late stage TB; this difference was both visually apparent (compare the sizes of the hematoxylin staining regions in Fig 3A to those of Fig 3B) and quantifiable (Fig 3H). Regarding the extent to which these lymphocytes were CD3⁺, digital IHC quantification (Supplemental Fig 2) demonstrated that during early stage TB, VitD^{HI} mice had a greater frequency of CD3⁺ lymphocytes in the lung; this difference did not exist during late stage TB. These CD3⁺ cells most likely represent effector lineages, as Foxp3 IHC (Fig 3E–F) and digital Foxp3 IHC analysis (Fig 3J) demonstrate low frequencies of Foxp3⁺ cells in the granulomatous regions of both VitD^{LO} and VitD^{HI} lungs. Collectively, these data demonstrate that dietary VitD₃ attenuates CD3⁺ lymphocytes' contribution to Mtb granulomatous regions.

Dietary VitD₃ limits the accumulation of T_H1 cells during experimental TB

To characterize the T cells that develop in VitD^{HI} and VitD^{LO} mice following Mtb-infection, mediastinal lymph nodes (MLNs) of Mtb-infected VitD^{LO} and VitD^{HI} mice were removed

on days 25, 35 and 92 post-infection and used for flow cytometric analysis of CD4, CD8, IFN γ and TNF α staining. For reference purposes, MLN preparations from Mtb-infected VitD^{STD} mice were analyzed in an identical manner. The results of this analysis are shown in Fig 4, and demonstrate that on day 25 post-infection, MLN preparations of both groups comprised roughly equal frequencies of CD4⁺ and CD8⁺ cells (Fig 4A, E–F). By post-infection days 35 and 92, the frequency of CD4⁺ cells had grown more prominent in both groups, albeit significantly higher in VitD^{LO} mice compared to VitD^{HI} mice (Fig 4B–C, E); MLN CD8⁺ frequencies were also higher in VitD^{LO} mice on post-infection day 92 (Fig 4C, F). Regarding MLN cells' capacity to produce cytokines, VitD^{HI} CD4⁺ cells displayed a greater capacity to produce IFN γ on days 25 and 35 (Fig 4G); by day 92, the frequency of CD4⁺IFN γ ⁺ cells in VitD^{HI} and VitD^{LO} mice were equal (Fig 4G). At all timepoints, the frequency of CD4⁺TNF α ⁺, CD8⁺IFN γ ⁺ and CD8⁺TNF α ⁺ cells were similar between VitD^{HI} and VitD^{LO} groups (Fig 4H–J). Collectively, these data demonstrate that dietary VitD₃ limits the accumulation of IFN γ - and TNF α -producing CD4⁺ (i.e. T_H1) cells during experimental TB.

Dietary VitD₃ alters the representation of F4/80⁺ and Ly6C/Ly6G⁺ lineages in lung granulomatous regions

That the granulomatous regions of VitD^{HI} mice contained fewer CD3⁺ lymphocytes, but were nevertheless equal in size to the granulomatous regions of VitD^{LO} mice raised the question of whether histiocyte and/or polymorphonuclear lineages were over-represented in VitD^{HI} granulomatous regions. To address this question, lung sections serial to those shown in Fig 4C–D were stained with antibodies specific to F4/80 and Ly6C/Ly6G. In Mtb-infected C3HeB/FeJ mice, F4/80 is a marker of both macrophages and myeloid derived suppressor cells (MDSCs), while Ly6C/Ly6G is a marker of both neutrophils and MDSCs (45). Representative F4/80 staining from both days 35 and 92 are shown in Figs 5A–D, along with quantitation of the same images in Fig 5E; representative Ly6C/Ly6G staining from both days 35 and 92 are shown in Figs 5F–I, along with quantitation of the same images in Fig 5J. Visual and quantitative analysis was limited to granulomatous regions; uninvolved lung regions were excluded from our analysis. The data demonstrate on post-infection day 35, the representation of both F4/80⁺ and Ly6C/Ly6G⁺ histiocytes was higher in VitD^{HI} granulomas relative to VitD^{LO} granulomas (Fig 5E, J). The elevated representation of F4/80⁺ histiocytes in VitD^{HI} granulomas continued to post-infection day 92 (Fig 5E). Collectively, these data demonstrate that dietary VitD₃ accelerating the accumulation of F4/80⁺ and Ly6C/Ly6G⁺ lineages during experimental TB.

Dietary VitD₃ suppresses pulmonary immunopathology during late stage TB

A negative consequence of inflammation in the Mtb-infected lung is immunopathology (8, 9, 46, 47). Given our observation that dietary VitD₃ limits the inflammatory response in Mtb-infected lung and spleen, we wished to determine if VitD^{HI} mice were protected from Mtb-associated lung pathology. In C3HeB/FeJ mice and other TB-susceptible mouse strains, the progression of lung pathology associated with the appearance of acid fast bacilli (AFB) in acellular areas of lung granulomatous regions (34). The acellular areas of granulomatous regions are a consequence of necrosis, and are enriched in fragmented nuclei and membrane cholesterol (48). On day 35 post-infection, AFB were readily apparent in the granulomatous

regions of VitD^{LO} mice (Fig 1C) and VitD^{HI} mice (Fig 1E); in neither group were AFB found outside of the granuloma at this timepoint. By day 92 post-infection, AFB were found to associate with foamy macrophages in both VitD^{LO} mice (Fig 1D) and VitD^{HI} mice (Fig 1F). However, primarily in VitD^{LO} granulomas (post-infection day 92) we also observed acellular areas with abundant AFB (Fig 6A, B). These acellular areas were characterized by the appearance of lipid droplets in which AFB could occasionally be found within (Fig 6A) and cholesterol clefts to which AFB were consistently in proximity (Fig 6B). Quantitative analysis confirmed VitD^{LO} lung sections contained significantly more cholesterol clefts than VitD^{HI} lungs (Fig 6C). Additional examination of VitD^{LO} granulomas demonstrated that fragmented nuclei were also present in these acellular regions, as evidenced by hematoxylin-staining puncta (Fig 6D); acid-fast staining demonstrated AFB were often in close proximity to these fragmented nuclei (Fig 6E). Finally, when cholesterol cleft-containing regions of the lung were stained with either F4/80 or Ly6C/Ly6G, we observed that cholesterol clefts were consistently surrounded by Ly6C/Ly6G-staining tissue (Fig 6F–H); only occasionally did F4/80 staining associate with cholesterol clefts (data not shown). Collectively, these data demonstrate that dietary VitD₃ suppresses pulmonary immunopathology during late stage TB.

Hematopoietic VitD-responsiveness is required to limit TB immunopathology

There are several distinct lineages within an Mtb-infected animal that are responsive to VitD: host hematopoietic cells, host non-hematopoietic cells, the microbiome and Mtb itself. To determine if host cells must be VitD-responsive to limit TB-associated immunopathology, we aerosol-infected *vdr*^{-/-} mice and compared the lung immunopathology that subsequently developed to that observed in C57BL/6 controls. *vdr* encodes the Vitamin D Receptor that is necessary for VitD-responsiveness (36); when placed on a “rescue diet” containing excess lactose, *vdr*^{-/-} mice are nearly indistinguishable from *vdr*^{+/+} mice in terms of hematopoietic and non-hematopoietic development (40–42). Analogous to our experiments with C3HeB/FeJ mice, *vdr*^{+/+} and *vdr*^{-/-} mice were placed on a rescue diet containing high levels of VitD for one month prior to Mtb-infection, and were kept on the same diet throughout the experiment timecourse; at indicated times, the lungs were removed and used for an analysis of Mtb burden and lung immunopathology.

Consistent with our studies of VitD^{LO} and VitD^{HI} C3HeB/FeJ mice, neither lung (Fig 7A) nor spleen (Fig 7B) Mtb-burdens differed between *vdr*^{+/+} and *vdr*^{-/-} mice. However, upon visual examination of Mtb-infected *vdr*^{+/+} and *vdr*^{-/-} lungs, we noted a greater representation of lymphocytes in *vdr*^{-/-} granulomas, and that the histiocyte-rich regions of *vdr*^{-/-} granulomas also showed evidence of necrosis (Fig 7C–D). Specifically, picnotic and karyorrhectic nuclei were abundant in histiocyte-rich regions (compare Fig 7Ci to Fig 7Di), and parenchyma destruction was also occasionally observed (Fig 7Dii). To quantify these histological differences, and to determine if these features were due to *vdr*-deficiency in hematopoietic or non-hematopoietic lineages, we generated and infected radiation bone marrow chimeras in which *vdr*-deficiency was restricted to either the hematopoietic compartment (i.e. donor *vdr*^{-/-} → *vdr*^{+/+} hosts) or non-hematopoietic compartment (i.e. donor *vdr*^{+/+} → *vdr*^{-/-} hosts); *vdr*^{+/+} → *vdr*^{+/+} and *vdr*^{-/-} → *vdr*^{-/-} radiation bone marrow chimeras were also generated and used as controls. As shown in Figure 7E–H, despite each

group having equivalent Mtb burdens (Fig 7E–F), $vdr^{-/-} \rightarrow vdr^{+/+}$ and $vdr^{-/-} \rightarrow vdr^{-/-}$ lungs displayed higher levels of immunopathology as measured by the increased representation of lymphocytes (Fig 7G) and picnotic or karyorrhectic nuclei (Fig 7H) within their granulomatous regions. These characteristics did not appear in uninfected $vdr^{-/-} \rightarrow vdr^{+/+}$ controls (data not shown). Collectively, these data demonstrate that hematopoietic responses to VitD are required to limit TB immunopathology.

DISCUSSION

Despite there having been longstanding interest in VitD₃ as an adjunctive therapy for TB (49), there have until now been no *in vivo* studies of VitD₃'s effect on the pulmonary immune response to Mtb. This represents a significant gap in the TB immunology research continuum. To fill this gap, we used C3HeB/FeJ mice fed diets either deficient or replete with VitD₃ and aerosol infected them with virulent Mtb. At timepoints representing early and late stage TB, both groups were examined for changes in VitD status and metabolism, as well as standard experimental TB readouts. Our results demonstrate that dietary VitD₃ modulates the pulmonary immune response by altering the accumulation dynamics of CD3⁺ lymphocytes, and F4/80⁺ and Ly6C/Ly6G⁺ histiocytes in granulomatous regions; the overall consequence of these changes is a microenvironment that suppresses immunopathology while still permitting Mtb control. Collectively, our data support a model wherein VitD is acting *in vivo* during TB not as a bactericide, but rather as an immunosuppressant that limits pulmonary inflammation to levels that are sufficient to control Mtb but limited in the ability to cause pathology.

VitD₃ is well-recognized in many areas of immunology research as having immunosuppressive activity (44). However, in the field of TB Immunology, the prevailing model of how VitD affects TB has until this point centered around VitD's direct and indirect mycobactericidal activities (25). VitD's direct mycobactericidal activity in Mtb broth culture has been repeatedly demonstrated (20, 21). The indirect mycobactericidal activity of VitD has also been repeatedly demonstrated using co-cultures of primary human MØs and virulent Mtb, a system in which VitD synergizes with IFN γ to increase production of cathelicidin (23, 24) - an antimicrobial peptide which is cytotoxic in Mtb broth cultures (26). At the patient level, there is an inverse correlation between circulating 25(OH)D concentrations and risk of both active and latent TB (27, 50, 51). However, clinical trials testing VitD₃'s utility as an adjunctive therapy for TB have failed to produce striking changes in sputum conversion rate, despite involving hundreds of individuals and independent statistical analyses (27–30). We propose that rather than serving to enhance killing of Mtb, VitD instead protects the host by limiting Mtb-elicited inflammation. Put in terms of the “disease tolerance” framework (9), VitD reduces the fitness cost of Mtb infection by promoting tolerance (i.e. reducing the negative impact of infection) instead of promoting resistance (i.e. reducing pathogen burden once an infection is established).

The appropriateness of mice as a model organism for studies of TB pathology has been a subject of deliberation for several years (52). One reason for this is that the granulomas that develop in common mouse strains (e.g. C57BL/6, BALB/c) do not, as a general rule, display caseous necrosis (34) - a defining feature of granulomas in untreated human TB (53). While

there are exceptions to this general rule (47), the infrequency of caseous necrosis in common strains makes it difficult to systematically determine the biology underlying formation of necrotic lesions. For this reason, the development of the C3HeB/FeJ model by Kramnik and colleagues (54) was a major step forward for the field, as mice permit investigations that otherwise can not be performed in other animal models for either technical or economic reasons. Relative to C57BL/6 mice, Mtb infected C3HeB/FeJ mice have been reported to die more quickly, have accelerated Mtb growth in the lung and spleen, and develop necrotic caseous lung lesions (54). Contrasting with these previous studies, none of the C3HeB/FeJ mice in our study developed the large caseous lesions, high Mtb burdens ($\sim 10^{8-9}$ CFU), and mortality reported to develop in C3HeB/FeJ mice by ~ 30 days post-infection (54). Instead, we found the Mtb growth characteristics in C3HeB/FeJ mice to resemble those historically observed in C57BL/6 mice (52). Nevertheless, the immunopathology we observed in C3HeB/FeJ mice was more severe than any we have ever seen in C57BL/6 mice (5, 6). Specifically, we observed necrotic areas in H37Rv-infected VitD^{LO} mice during late stage TB that contained abundant AFB. The reason we did not observe the caseous lesions reported by others is unknown at this time, but likely relates to the use of different Mtb strains (Erdman vs. H37Rv) or passaging protocols (55). It is also possible that more dramatic differences in either Mtb burden, immunopathology or mRNA expression readouts occur between VitD^{LO} and VitD^{HI} mice at other timepoints, including the period between post-infection days 35 and 92.

Regarding the mechanism by which VitD functions through hematopoietic cells to suppress TB, there are two possibilities that are the subject of future investigations in our lab. First, given transgenic *Ipr1*'s ability to suppress pathology in C3HeB/FeJ mice (56), it is possible that VitD increases the bioactivity of *Ipr1* in Mtb-infected MØs. In terms of basic *Ipr1* biology, little is known about *Ipr1* other than it is an IFN-inducible nuclear protein that switches MØ programming from necrosis to apoptosis. Second, despite Foxp3 staining being similar in VitD^{LO} and VitD^{HI} granulomatous regions, it remains possible that dietary VitD₃ elicits regulatory T cells (T_{REGs}) that are more capable of suppressing lung immunopathology. T_{REGs} develop early following mouse Mtb-infection, and delay the onset of T_{H1} immunity (4). Although T_{REGs}' role in limiting TB immunopathology is suggested by comparing lung T_{REG} numbers in TB-resistant and TB-susceptible mouse strains (57), this role has not yet been empirically tested.

Finally, we believe it is important to relate the findings of the present study to that of the human clinical trial data reported by Martineau and colleagues (27, 58). Martineau et al (27) demonstrated that although administering adjunct VitD₃ increases serum 25(OH)D levels in patients receiving treatment for pulmonary TB, it does not significantly affect time to sputum culture conversion. When their results were stratified based on participants *TaqI* genotype (a silent polymorphism in VDR exon 9), a modest reduction in time to sputum culture conversion was observed in patients with the *tt* genotype relative to those with either the *TT* or *Tt* genotype. Individuals with the *tt* genotype comprise <9% of populations most effected by TB (59). Among the same study participants, Coussens et al (58) observed a more profound effect of adjunct VitD₃: namely, VitD₃ supplementation reduced markers of systemic inflammation in humans during TB treatment. Specifically, PBMCs from VitD₃-treated TB patients produced less IL1R1A, IL6, IL12 and TNF α following *ex vivo*

stimulation with Mtb CFP-10 (relative to PBMCs from placebo-treated TB patients). Adjunctive VitD₃ also lowered the monocyte:lymphocyte balance in the circulation of TB patients; a high monocyte:lymphocyte ratio associates with increased disease hazards in some TB patient subpopulations (60–62). Also, and contrary to what Coussens et al expected based on previous literature, adjunct VitD₃ suppressed circulating cathelicidin levels in TB patients (58). Our Mtb-infected VitD^{HI} mice phenocopy the VitD₃-treated TB patients of Coussens et al in the following ways: VitD reduced pulmonary expression of IL1r1, IL6, TNF α (Fig 2a); VitD reduced splenocyte IL12/23p40-secretion following ex vivo stimulation (Fig 2E); VitD reduced the frequency of lymphocytes in the lung granuloma and draining lymph node (Figs 3H, 4D–E); VitD affected neither Mtb burden nor cathelicidin-related antimicrobial peptide expression.

After considering the clinical trial data of Coussens et al (58) alongside the findings of the present study, we propose that in most individuals VitD does not function to enhance Mtb-killing in the manner advocated by Modlin and Bloom (25). Instead, VitD protects the host by reducing Mtb-elicited inflammation to a level that is still sufficient to restrict Mtb growth but unable to cause pathology. Although the model of VitD being bactericidal is firmly rooted in reviews of TB literature, the alternative model of VitD being a suppressor of TB immunopathology is already being promoted (63). Our study supports this alternative view of the VitD-TB interaction. Our study also illustrates that a small animal model can be used to advance the understanding of an effect that has been demonstrated in a human clinical trial (that vitamin D supplementation modulates inflammatory responses in TB). This is important given recent concerns that small animal TB models misled development of MVA85A, a new tuberculosis vaccine that was ultimately non-efficacious in human infants (64). As future clinical trials are designed to investigate VitD₃ as an adjunct therapy for TB – as well as TB associated immune reconstitution inflammatory syndrome (IRIS) – it behooves us to move beyond traditional readouts of success (i.e. reduced time to sputum conversion) to also consider reductions in lung pathology and individual morbidity as successful outcomes (63).

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

Acknowledgments

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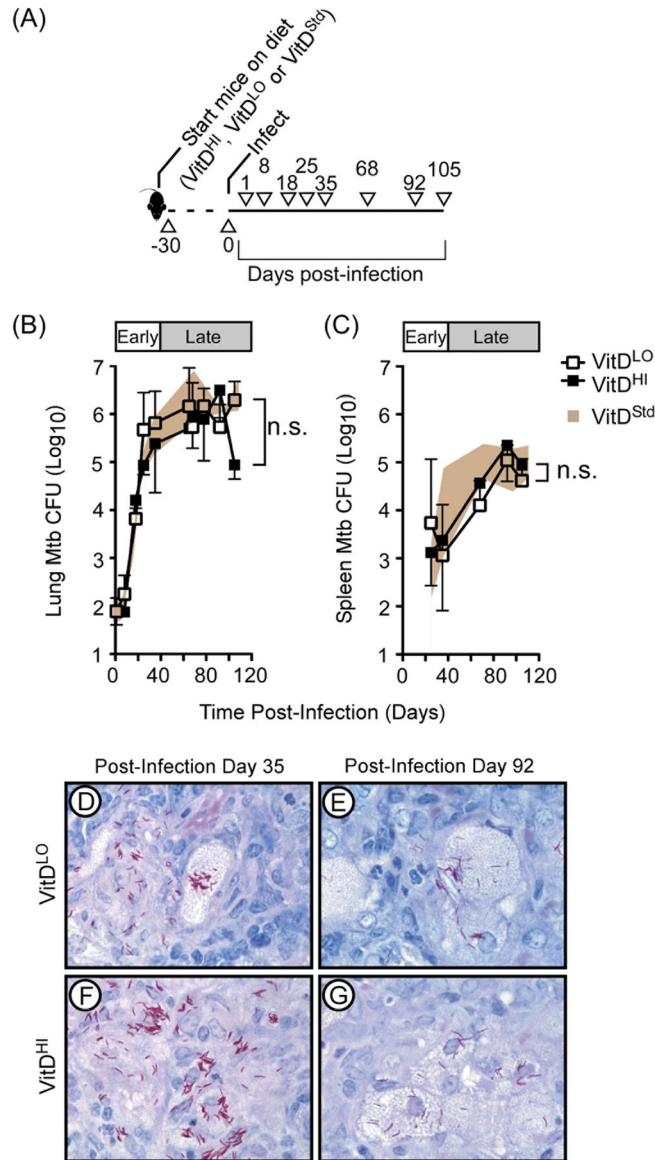


FIGURE 1. Dietary VitD₃ does not significantly affect bacterial burden in lung and spleen during experimental TB
 (A) Our experimental setup is depicted. VitD^{Std}, VitD^{HI} and VitD^{LO} mice were aerosol infected with 46–108 Mtb H37Rv (day 0) and experimental readouts measured on indicated days. (B–C) Shown are the mean CFU burdens (±SD) in the (B) lungs and (C) spleens of VitD^{HI} and VitD^{LO} groups (closed squares, VitD^{HI}; open squares, VitD^{LO}). The brown shaded area in (B–C) represents the CFU value standard deviation in infected VitD^{Std} mice over the same timecourse. Two-way ANOVA analysis demonstrated that the effect of diet on either lung or spleen CFU burden was not significant (p= 0.1444, lung; p= 0.6109, spleen). (D–G) Representative images demonstrating the localization of AFB in granulomatous regions on (D, F) post-infection day 35 and (E, G) post-infection day 92 in both groups. This experiment was repeated twice, each with similar results (3–4 mice/group/timepoint); n.s., not significant.

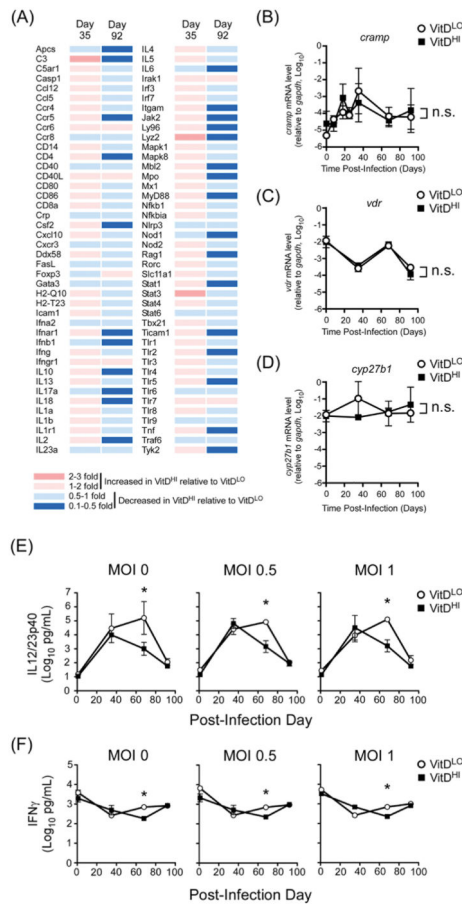


FIGURE 2. Dietary VitD₃ suppresses pro-inflammatory gene expression during late stage TB
(A) On post-infection days 35 and 92, lungs from VitD^{LO} and VitD^{HI} groups (3–4 mice per group) were collected and used for PCR array analysis of genes associated with innate and adaptive immunity. Shown in heat map format is the expression of each gene in VitD^{HI} lungs relative to VitD^{LO} lungs at both time points (C_t). Next to each gene abbreviation are data from post-infection day 35 (leftmost column) and post-infection day 92 (rightmost column); the legend at the bottom indicates the fold change corresponding to each color (red, increased in VitD^{HI} mice relative to VitD^{LO} mice; blue, decreased in VitD^{HI} mice relative to VitD^{LO} mice). **(B–D)** For both VitD^{LO} and VitD^{HI} groups, quantitative real time PCR analysis was used to measure **(B)** *cramp*, **(C)** *vdr* and **(D)** *cyp27b1* expression relative to *gapdh* at indicated timepoints. Each data point indicates the mean expression level \pm SD for each gene at each timepoint. **(E–F)** Following *in vitro* restimulation of splenocytes from Mtb-infected VitD^{HI} and VitD^{LO} mice, supernatants were collected and used for ELISA analysis of **(E)** IL12/IL23p40 levels and **(F)** IFN γ levels. For both **(B–D)** gene expression studies and **(E–F)** cytokine production studies, two-way ANOVA analysis was used to determine statistical significance; *, p < 0.05.

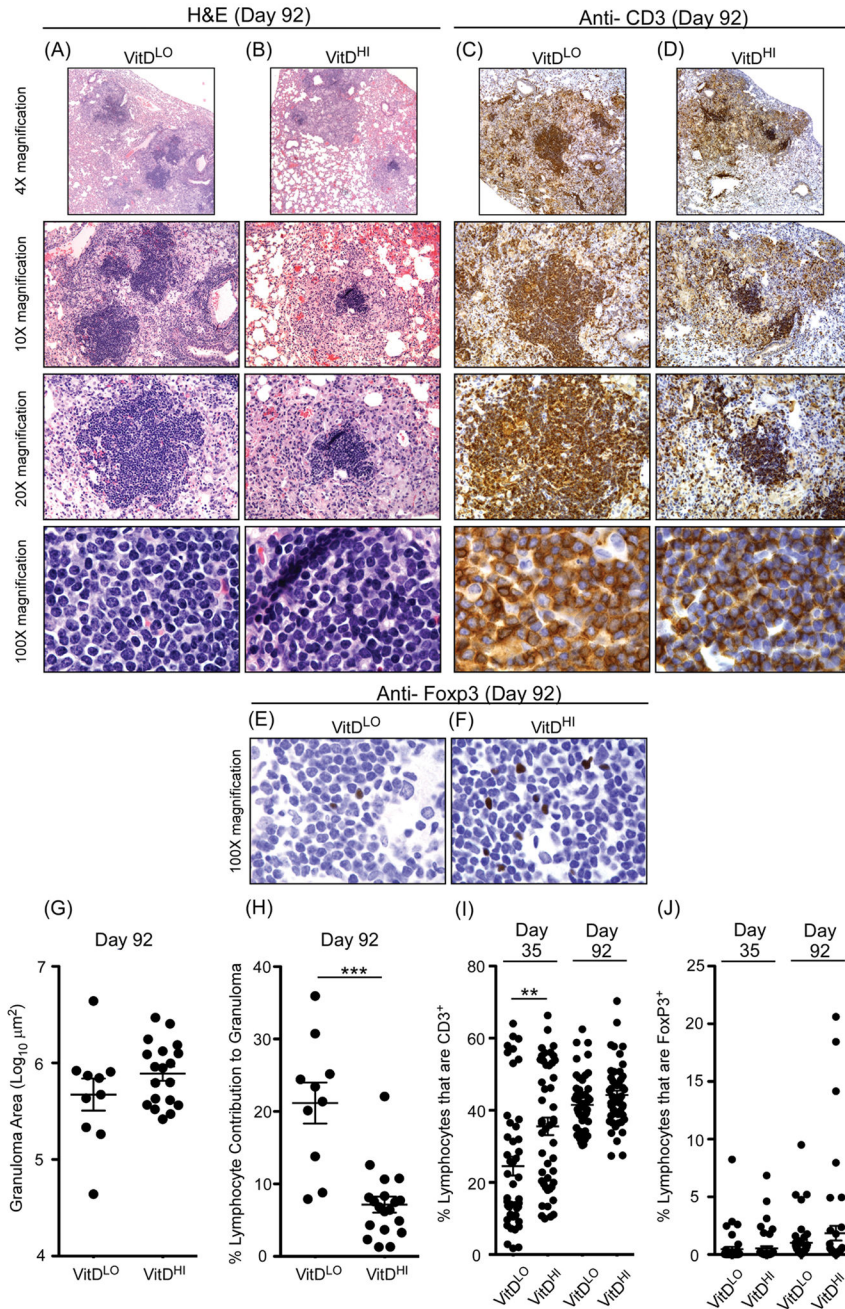


FIGURE 3. Dietary VitD₃ attenuates CD3⁺ lymphocytes' contribution to granulomatous regions during late stage TB

Lung sections from (A,C) VitD^{LO} mice and (B,D) VitD^{HI} mice were stained with either (A,B) H&E (purple, nuclei; pink, protein) or (C,D) anti-CD3 IHC (brown, CD3; blue, nuclei). Shown are (A–D) representative granulomatous regions in each group on post-infection day 92 at 4× magnification (first row), 10× magnification (second row), 20× magnification (third row) and 100× magnification (fourth row). Also shown at 100× magnification are (E–F) representative Foxp3 IHC stains of lungs from the same groups. (G–H) H&E stained sections from mice at post-infection day 92 were used for

morphometric measurement of **(G)** the total area of each granulomatous region in each group and **(H)** the extent to which lymphocytes contributed to the area of each granulomatous region. **(I–J)** For both VitD^{LO} and VitD^{HI} lungs, digital IHC analysis was used to determine the percent of lymphocytes expressing **(I)** CD3 or **(J)** Foxp3 on post-infection days 35 and 92. Each data point in **(I–J)** represents the frequency of positive cells in one 20x region of interest (ROI) within an individual granuloma; ~50 ROI per group (4 mice/group) were analyzed in this manner. **, p = 0.005 and ***, p = 0.0005 as determined by Student's t-test.

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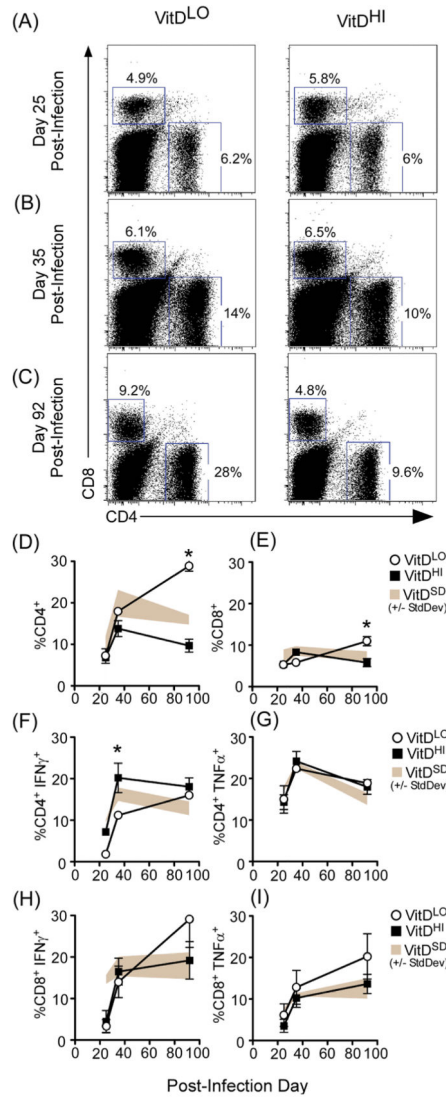


FIGURE 4. Dietary VitD₃ limits the accumulation of T_H1 cells during experimental TB MLNs from Mtb-infected VitD^{HI}, VitD^{LO} and VitD^{Std} mice were collected, stimulated *ex vivo* and used for flow cytometric analysis of CD4, CD8, IFN γ , and TNF α . (A–C) Representative dot plots showing CD4 and CD8 staining of cells from VitD^{LO} and VitD^{HI} MLNs on (A) day 25, (B) day 35 and (C) day 92 post-infection; the numbers on each dot plot indicate the frequency of cells that were positive for each marker. (D–G) Frequency values from 3–4 mice per group per timepoint were combined to show changes in (D) CD4⁺, (E) CD8⁺, (F) CD4⁺IFN γ ⁺, (G) CD4⁺TNF α ⁺, (H) CD8⁺IFN γ ⁺ and (I) CD8⁺TNF α ⁺ frequency over time. The data points in (D–I) represent the mean frequency (\pm SD) of positive cells at each time point (open circles, VitD^{LO}; closed squares, VitD^{HI}). The brown shaded area in each graph represents the standard deviation of each population frequency in Mtb-infected VitD^{Std} mice over the same timecourse. *, p < 0.05, Student's t test).

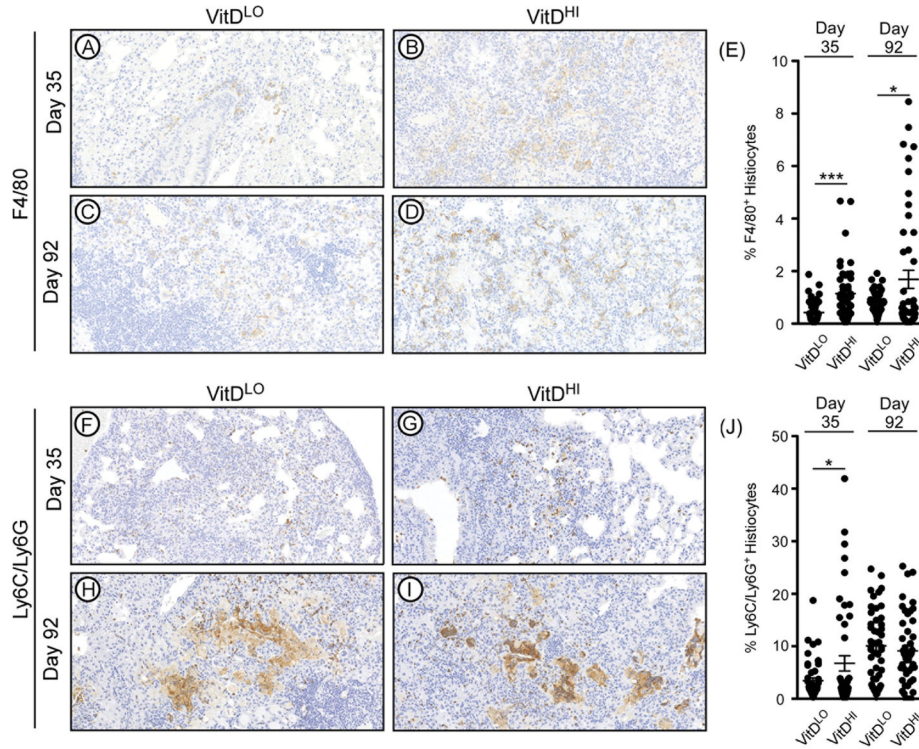


FIGURE 5. Dietary VitD₃ alters the representation of F4/80⁺ and Ly6C/Ly6G⁺ lineages in Mtb-infected lungs
 Immunohistochemistry using antibodies specific to (A–D) F4/80 and (F–I) Ly6C/Ly6G was used to determine the frequency of histiocytes expressing each respective marker in the granulomatous regions of (A, C, F, H) *VitD^{LO}* mice and (B, D, G, I) *VitD^{HI}* mice on (A–B, F–G) post-infection day 35 and (C–D, H–I) post-infection day 92. Shown in (A–D, F–I) are representative images of each stain along with (E, J) the results of our using digital immunochemistry analysis to determine the (E) frequency of histiocytes that are F4/80⁺ and (J) frequency of histiocytes that are Ly6C/Ly6G⁺. Each data point in (E, J) represents the frequency of positive cells in one granulomatous region of one mouse; ~50 ROI per group (4 mice/group) were analyzed in this manner. ***, p < 0.0005 as determined by Student’s t-test; *, p < 0.05 as determined by Student’s t-test.

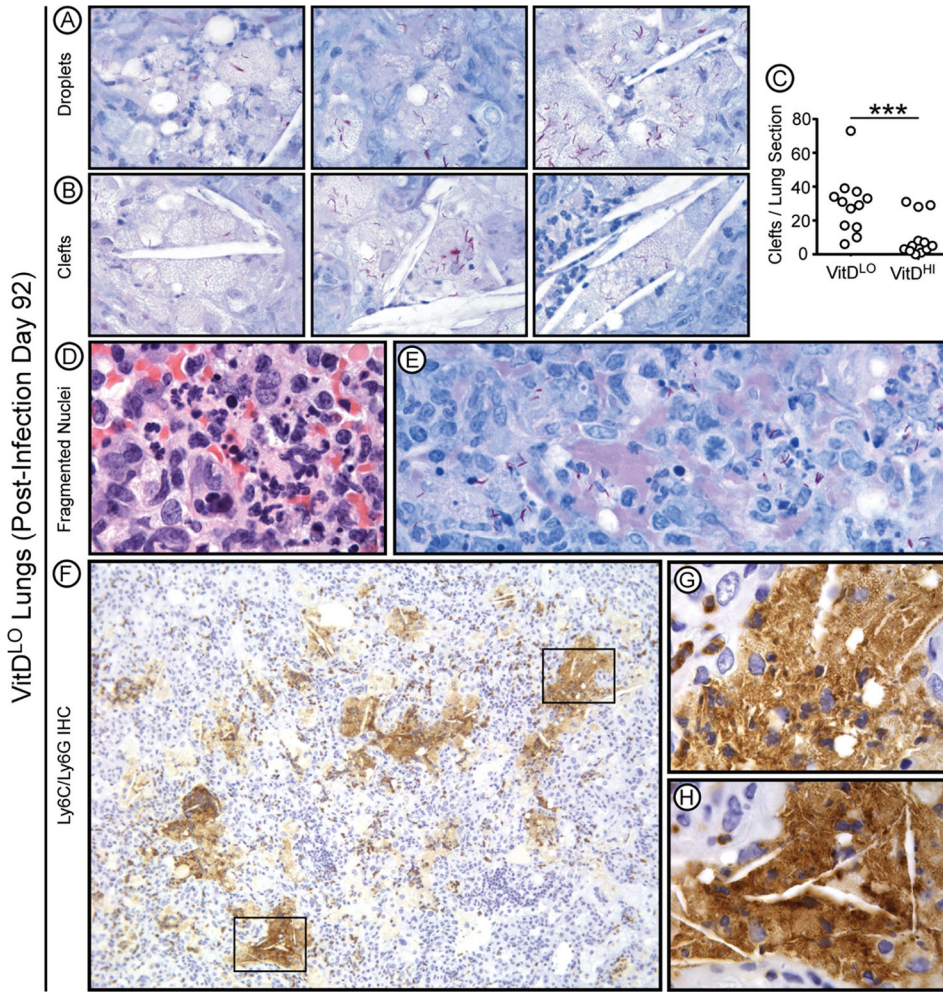


FIGURE 6. Dietary $VitD_3$ suppresses pulmonary immunopathology during late stage TB
 (A–B) Shown are representative images demonstrating AFB localization in or near (A) lipid droplets and (B) cholesterol clefts in the lungs of $VitD^{LO}$ mice, the group in which cholesterol clefts were the most prominent. (C) Quantitative analysis of cholesterol cleft abundance in $VitD^{LO}$ and $VitD^{HI}$ lungs. (D–E) On post-infection day 92, AFB in $VitD^{LO}$ mice were also found in proximity to areas containing fragmented nuclei. Shown in (D) is an H&E stain of one such area, which we used to confirm that puncta represented fragmented nuclei (i.e. stained with hematoxylin). Shown in (E) is a representative lung section demonstrating the presence of AFB near fragmented nuclei. (F–H) Mtb-infected $VitD^{LO}$ lungs were examined for the localization of $Ly6C/Ly6G^+$ cells along cholesterol clefts. Shown is (F) a representative 10 \times micrograph containing several distinct cleft-containing areas that are surrounded by $Ly6C/Ly6G^+$ tissue. (G–H) Two of the cleft-containing areas in (F) are demarcated and shown at 100 \times magnification. ***, $p < 0.0005$ as determined by Student’s t-test.

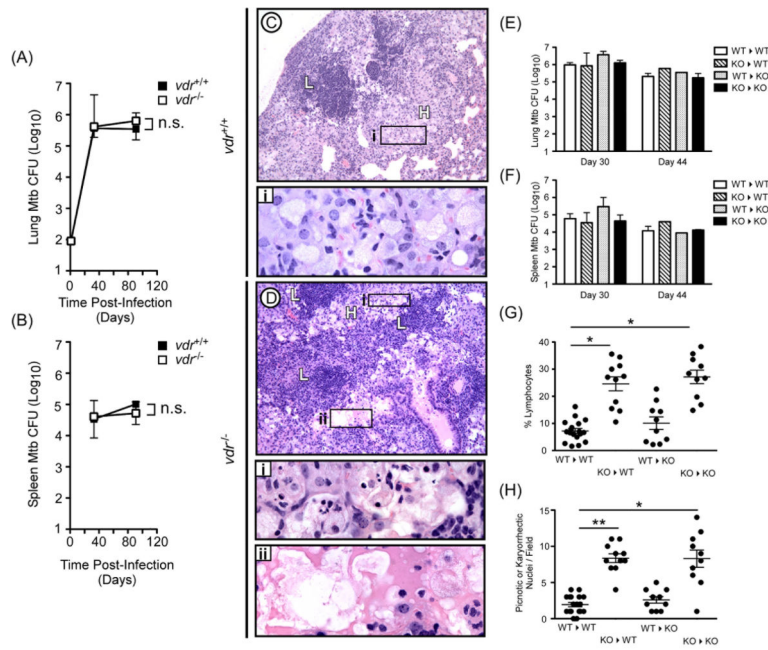


FIGURE 7. Hematopoietic VitD-responsiveness is required to limit TB immunopathology (A–D) Groups of *vdr*^{+/+} and *vdr*^{-/-} mice were simultaneously infected via aerosol with Mtb H37Rv. At select times post-infection, Mtb burdens in the lungs (A) and spleen (B) were determined. Shown for each time is the mean number of CFU (log10) present in 3–4 mice per genotype per time point. (C–D) At post-infection day 90, lung sections from *vdr*^{+/+} and *vdr*^{-/-} mice were stained with H&E to visually assess the degree of pulmonary pathology. Shown is (C) a 10× magnification of a representative *vdr*^{+/+} granulomatous region showing the presence of both lymphocyte- and histiocyte-rich areas (marked by an “L” and “H”, respectively); shown below in inset Ci is a 100× magnification of the histiocyte-rich area, in which cells and nuclei are largely intact. Similarly depicted is (D) a 10× magnification of a representative *vdr*^{-/-} granulomatous region containing both lymphocyte (L)- and histiocyte (H)-rich areas; in contrast to *vdr*^{+/+} mice, and shown at 100× magnification in the insets below, the histiocyte-rich areas of *vdr*^{-/-} granulomatous regions contain (inset Di) numerous picnotic or karyorrhectic nuclei and (inset Dii) evidence of parenchyma destruction. (E–H) Four groups of radiation bone marrow chimeras (*vdr*^{+/+} → *vdr*^{+/+}, *vdr*^{-/-} → *vdr*^{+/+}, *vdr*^{+/+} → *vdr*^{-/-}, and *vdr*^{-/-} → *vdr*^{-/-} mice) were simultaneously infected; on post-infection days 30 and 44, Mtb burden in the (E) lungs and (F) spleen of each group was determined. Shown for each organ is the mean (±SD) number of CFU present at these times. (G–H) H&E stained lung sections from chimeric mice were used to identify the granulomatous region present at post-infection day 44; morphometric analysis was then used to quantify (G) the extent to which lymphocytes contributed to the area of each granulomatous region, and (H) the total number of picnotic or karyorrhectic nuclei per visual field. *, p 0.05 and **, p 0.005 as determined by ANOVA; n.d., not significantly different.

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