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## Risk of HIV acquisition among high-risk heterosexuals with nonviral sexually transmitted infections: A systematic review and meta-analysis

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### Abstract

**Background:** Nonviral sexually transmitted infections (STIs) increase risk of sexually-acquired HIV infection. Updated risk estimates carefully scrutinizing temporality bias of studies are needed.

**Methods:** We conducted a systematic review (PROSPERO # CRD42018084299) of peer-reviewed studies evaluating variation in risk of HIV infection among high-risk heterosexuals diagnosed with any of: *Chlamydia trachomatis*, *Mycoplasma genitalium*, *Neisseria gonorrhoeae*, *Treponema pallidum*, and/or *Trichomonas vaginalis*. We searched PubMed, Web of Science, and Embase databases through December 2017 and included studies where STIs and HIV were assessed using laboratory tests or medical exams and where STI was diagnosed before HIV. After dual screening, data extraction, and risk of bias assessment, we meta-analytically pooled risk ratios (RR).

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#### Authors' contributions

All authors contributed to the protocol development and methods, manuscript writing, and helped with data interpretation. EB and RM performed the data abstraction and MM supervised the process. MM performed the statistical analysis, and all authors interpreted the data. CL, TG, AR, TS and AT conducted quality control. EB and JD developed search strategies. All authors have read and approved the final version of the manuscript.

**Competing Interest:** None known.

**Disclaimer:** The findings and conclusions in this report are those of the authors and do not necessarily represent the official position of the Centers for Disease Control and Prevention.

**Results:** We found 32 eligible studies reporting k=97 effect size estimates of HIV acquisition risk due to infection with one of the above STIs. Most data were based on females engaged in sex work or other high-risk occupations in developing countries. Many studies did not measure or adjust for known confounders including drug injection and condom use and most were at medium or high risk of bias due to potential for undetected HIV infection to have occurred prior to STI infection. HIV acquisition risk increased among females infected with any pathogen; the effect was greatest for females infected with *Mycoplasma genitalium* (RR=3.10; 95% CI 1.63, 5.92; k=2) and gonorrhea (RR=2.81; 95% CI 2.25, 3.50; k=16) but also statistically significant for females infected with syphilis (RR=1.67; 95% CI 1.23, 2.27; k=17), trichomonas (RR=1.54; 95% CI 1.31, 1.82; k=17) and chlamydia (RR=1.49; 95% CI 1.08, 2.04; k=14). For males, data were sparse except for syphilis (RR=1.77; 95% CI 1.22, 2.58; k=5).

**Conclusion:** Nonviral STI increases risk of heterosexual HIV acquisition, although uncertainty remains due to risk of bias in primary studies.

## SUMMARY

We examine temporal relationships between heterosexual acquisition of nonviral STIs and HIV, finding increased risk for females with *Mycoplasma genitalium*, gonorrhea, syphilis, trichomonas, or chlamydia and males with syphilis.

## Keywords

HIV; STI; systematic review; heterosexual

## INTRODUCTION

Nonviral sexually transmitted infections (STIs) are among the most common infectious diseases globally, with incidence increasing.<sup>1</sup> In 2012, there were an estimated 131 million new cases of chlamydia, 78 million new cases of gonorrhea, 143 million new cases of trichomoniasis, and 6 million new cases of syphilis.<sup>1</sup> Longstanding evidence has associated STI infection with increased risk of HIV transmission and acquisition<sup>2-9</sup> due to ulceration, localized immune responses involving CD4 cell proliferation, and elevated HIV shedding, among other mechanisms.<sup>10,11</sup>

### Rationale for systematic review

Since 1992, numerous systematic reviews have examined the relationship between STIs and HIV infections<sup>2-10</sup> although effect size estimates vary.<sup>4,10,12,13</sup> Some change in estimates over time is expected due to advances in diagnostic technology, e.g., nucleic acid amplification that more accurately classifies disease status by detecting infections with greater sensitivity and specificity<sup>14,15</sup> and improved antiretroviral treatment that dramatically lowers risk of HIV transmission.<sup>16</sup> Review methods also may influence effect estimates through criteria for selecting primary studies: many prior reviews included cross-sectional studies that reported correlation between STI and HIV infection but could not address infection sequence. Other reviews included cohort studies that involved simultaneous STI and HIV diagnosis, similarly obscuring the issue of infection temporality.<sup>17-19</sup>

Refined, updated estimates of the effect of STI infections on HIV acquisition and transmission risk can improve the epidemiologic modeling that informs HIV prevention strategies. With more accurate estimates, policymakers and public health leaders can better project population-level impacts of budgetary and programmatic investments in STI testing, pre-exposure prophylaxis (PrEP), and other HIV prevention strategies. This systematic review and meta-analysis addresses these issues through an exclusive focus on studies where STI diagnosis was confirmed to precede HIV diagnosis.

## METHODS

Full methods for this review are described elsewhere.<sup>20</sup> Briefly, we conducted a parent systematic review on the effect of six STI pathogens (*Chlamydia trachomatis*, *Herpes Simplex Virus* type 2 (HSV-2), *Mycoplasma genitalium*, *Neisseria gonorrhoeae*, *Treponema pallidum*, and *Trichomonas vaginalis*) on HIV acquisition and transmission among high-risk populations. This manuscript addresses high-risk heterosexual populations; our database search included studies on men who have sex with men (MSM).

We followed Cochrane Collaboration recommendations.<sup>21</sup> We registered our protocol in the PROSPERO database (CRD42018084299).<sup>22,23</sup> We used the Population, Exposure, Comparator, Outcomes schema to guide screening and data extraction. We followed Grading of Recommendations Assessment, Development and Evaluation Guideline (GRADE) methods to assess risk of bias at the effect-size level<sup>24</sup> and Preferred Reporting Items for Systematic Reviews and Meta-Analyses (PRISMA) guidelines for reporting.<sup>25</sup>

### Study searches and screening

We combined keywords and database-specific syntax to develop search strategies implemented in PubMed in December 2017 and Web of Science and Embase in January 2018. Two authors reviewed records independently. (Appendices A–C).

### Study eligibility

We included peer-reviewed studies where participants were confirmed to be HIV-uninfected at baseline and were classified as STI-infected or -uninfected prior to HIV diagnosis or censoring. We included studies on risk of HIV acquisition (comparing STI-infected and uninfected participants who were HIV-uninfected at baseline) as well as transmission to partners (published separately). We included the following high-risk populations: female sex workers and their clients, persons in other high-risk occupations (e.g., bar workers, migrant workers), STI clinic patients, serodiscordant couples, and other high-risk heterosexually-active persons as defined by study authors.

We excluded studies for three reasons: self-reported data on either infection, an interval between STI and HIV assessment of two years or greater, and STI diagnosis not confirmed to precede HIV diagnosis. We included effect sizes with sufficient data to calculate the effect size in the form of risk ratio (RR) and 95% confidence interval (CI).

### Data extraction and standardization

We developed standardized data extraction tools in Google Sheets to record essential data including effect size, year and location of data collection, demographics, intervention exposure (including antiretroviral therapy among partners, PrEP, condom use, etc.), diagnosis and treatment of STIs, diagnostic methods and timing, and factors affecting risk of bias. We conducted dual independent data extraction with raters using spreadsheet formulas to identify discrepancies, which they resolved via discussion or supervisor consultation. We contacted authors for missing information.

### Risk of bias assessment

We adapted our risk of bias assessment from Making GRADE the Irresistible Choice (MAGIC).<sup>21,24,26,27</sup> We integrated criteria for timing and accuracy of STI and HIV diagnosis into the MAGIC domains for exposure, outcome, and prognostic indicator assessment. (Appendix D). For example, shorter intervals between STI diagnosis and HIV outcome assessment and/or the use of an RNA test for HIV resulted in lower-risk ratings. We rated each domain on the following four-point scale: “very low,” “low,” “medium,” and “high” risk of bias.

### Data analysis and synthesis

We used Stata v14.2<sup>28</sup> for data analysis. We converted all effect sizes to RR; for studies reporting odds ratios (OR), we used the Zhang and Yu<sup>29</sup> method for conversion. For each STI pathogen, we meta-analytically pooled effect sizes using a random-effects model given methodological and implementation heterogeneity among included studies. We reported heterogeneity using the  $I^2$  statistic (percentage)<sup>21</sup> and performed sensitivity analyses by recalculating pooled estimates without each effect size.

In sub-group analysis, we assessed the effect of geographic setting, HIV and STI assessment methods, and assessment intervals. We also conducted sub-group meta-analysis that excluded data with the highest potential risk of bias: that from case-control studies, unadjusted effect sizes, and studies with more than 12 months between STI and HIV assessments.

## Results

Our searches returned 14,535 unique records on both heterosexual and MSM populations. We excluded 13,607 based on title and/or abstract review (Figure 1) and 842 in full-text review (Appendix E). We also excluded 28 studies on HSV-2 infection because that pathogen was addressed in a recent review.<sup>30</sup> Of the 58 eligible studies, 32 addressed risk of HIV among high-risk heterosexual populations (Table 1) and were included in this review.

### Study-level descriptive data

Table 2 summarizes the characteristics of included studies. Studies were published from 1991–2017, with data collection beginning between 1985–2008. The large majority (27, 84.4%) were prospective cohorts. The same number (27, 84.4%) were conducted in low- or middle-income countries that are not members of the Organisation for Economic Co-

operation and Development (OECD). Five (15.6%) studies were conducted in the United States (US), the only OECD country represented.

Most (21, 65.6%) studies reported on female participants exclusively. Three (9.4%) reported on male participants exclusively and eight (25.0%) reported on both. The majority of studies (22, 68.8%) reported on people in high-risk occupations, including female sex workers, other female workers in bars/hotels or entertainment venues, and male trucking-company and seasonal farm workers. Four (12.5%) studies reported on serodiscordant couples; the remaining six (18.8%) reported on STI clinic attendees. We classified three (9.4%) studies as “mixed” because they reported on populations with mixed risk behavior despite recruiting from a single source. These included one study of high-risk females recruited from bars and hotels who did not report sexual risk behaviors consistent with sex work (5.5% reported exchanging sex for money/gifts and 82.9% reported no more than one partner in the past year)<sup>36s</sup> and two studies using data from STI clinics that reported significant participation by people who inject drugs (PWID), MSM, and/or people involved in sex work; one of these reported results for a mixed-sex population and thus was not included in meta-analysis.<sup>34s,42s</sup>

**Confounding factors**—Most (23, 71.9%) studies did not report on the proportion of PWID. Four (12.5%) reported no drug injection history in the cohort and four (12.5%) reported less than 10% of participants were currently or previously PWID.

Other factors known to confound risk for HIV were reported with varying frequency. Twenty-three studies (71.9%) reported rates of condom use, although only two stratified this by STI status. While most studies (25, 78.1%) reported that STI-infected participants received or were offered treatment, none reported on treatment completion. Of the 11 studies reporting on either male participants or serodiscordant couples where female participants’ partners were known, six (54.5%) reported male circumcision proportions (range: 8.0–87.0%). No studies reported on the use of PrEP. Except for the serodiscordant-couple studies, the HIV and ART statuses of participants’ partners were not reported.

### Effect-size level descriptive data

We calculated 97 effect sizes. Twelve (12.4%) reported on risk among mixed-sex groups for which we did not conduct meta-analysis. Another twelve (12.4%) effect sizes overlapped with others from the same studies and were excluded from meta-analysis.

**STI Pathogens**—More than a third (34, 35.1%) of effect sizes were on syphilis. Trichomonas and gonorrhea were the next-most reported STIs (each 21, 21.6%), followed by chlamydia (18, 18.6%) and *Mycoplasma genitalium* (3, 3.1%).

Most (54, 55.7%) effect sizes were reported as hazard ratios. Eighteen (18.6%) were reported as odds ratios, 16 (16.5%) as risk ratios, four (4.1%) as percentages, four (4.1%) as incidence rate ratios, and one (1.0%) as an incidence rate. Forty-two (43.3%) effect sizes reported HIV risk following STI diagnosed at baseline, 14 (14.4%) for incident STI, and 41 (42.3%) reported HIV risk following STI diagnosis that could have occurred either at baseline or a previous follow-up.

Forty (41.2%) effect sizes reported on STI diagnosed via a culture or gram stain. All 34 (35.1%) effect sizes reporting on syphilis diagnosis used serologic tests. Nucleic acid amplification tests (NAAT) were used in the remaining 23 (23.7%) effect sizes. Fifty-six (57.7%) effect sizes were reported in association with STI diagnosis at a genital site (vaginal=55, urethral=1) and 41(42.3%, including all 34 syphilis effect sizes) did not specify the site of infection. No effect sizes specified STI infection at oral or rectal sites.

**HIV infection**—HIV diagnostic practices varied. Twenty-two (22.7%) effect sizes were from studies that used best-in-class diagnostic practices at baseline: RNA tests (4, 4.1%), polymerase chain reaction (PCR, 10, 10.3%), Western Blot or p24 test given to all participants (2, 2.1%), or a fourth-generation enzyme-linked immunoassay (ELISA) (6, 6.2%). The largest number (45, 46.4%) of effect sizes came from studies that used ELISA tests of multiple generations or did not report baseline diagnostic methods and thus limited our ability to assess the potential for false-negative HIV results at baseline. At follow-up, 35 (36.1%) effect sizes determined HIV outcomes using ELISA tests with Western Blot confirming positive results. RNA and PCR tests were used for four (4.1%) effect sizes each and fourth-generation ELISA tests were used for six (6.2%).

**Factors influencing effect sizes**—Precise follow-up interval timing was not reported for 30 (30.9%) effect sizes, although nine of those came from studies with no more than one year of follow-up. Twelve (12.4%) effect sizes were reported for intervals of one month, 30 (30.9%) reported average intervals between three and 4.5 months, and 25 (25.8%) between six to twelve months. When reported, mean follow-up time was 5.5 months. Only seven effect sizes came from studies reporting follow-up intervals under six months and used methods to preclude the possibility of HIV infection at baseline.<sup>32s</sup>

Risk of bias varied by risk domain (Figure 2/Appendix F). All effect sizes were rated as having low or very low risk of bias in STI and in HIV outcome assessments, since all studies reported using laboratory tests. Higher risk of bias was present around accounting for potential confounders (inadequate multivariate adjustment or matching; D3) with 43 (44.3%) effect sizes rated as high risk and 26 (26.8%) as medium risk. Of the 85 effect sizes from cohort studies, all but one were rated as very low risk of bias for recruitment from the same population (D4). Factors related to baseline HIV testing (precluding the possibility of false negative results, D5) had greater risk of bias: 60 (70.5%) effect sizes were rated medium risk, although none were rated high-risk. Temporality (likelihood of STI infection occurring prior to HIV infection, which bears on the strength of potential association between the two infections; D6) was rated as high risk in 37 (43.5%) effect sizes, medium risk in 16 (18.8%), low risk in 17 (20.0%), and very low risk in 15 (17.6%). All 12 effect sizes from case-control studies were rated low risk for both case and control selection (D8 and D9).

## Effects of STI on risk of HIV acquisition

**Effects of STI on risk of HIV acquisition among females, by pathogen**—Table 3 reports estimates of increased HIV risk due to infection with each pathogen among female high-risk heterosexuals, overall and by sub-group analysis. Figures 3a–3d illustrate

estimates for each pathogen overall and by sub-population and report RRs from each study in meta-analysis.

Diagnosis of syphilis increased risk of HIV acquisition among females (RR=1.67; 95% CI 1.23, 2.27;  $I^2=43.7\%$ ;  $k=17$ ; Figure 3a). When only multivariate-adjusted RRs were pooled, risk was slightly increased (RR=1.75; 95% CI 1.12, 2.72;  $I^2=50.0\%$ ;  $k=10$ ), as it was when RRs were restricted to low risk of bias in temporality/timing (RR=1.77; 95% CI 1.23, 2.53;  $I^2=38.0\%$ ;  $k=12$ ), or to higher-quality data (RR=1.49; 95% CI 0.98, 2.26;  $I^2=32.9\%$ ,  $k=7$ ). Most (12, 70.6%) effect sizes reflected females in high-risk occupations, the pooled RR for which was similar to the overall estimate (RR=1.59; 95% CI 1.14, 2.20;  $I^2=31.8\%$ ). The estimate was greater for the few effect sizes from OECD countries (RR=3.86; 95% CI 1.59, 9.38;  $I^2=13.7\%$ ,  $k=2$ ) than non-OECD countries (RR=1.48; 95% CI 1.11, 1.98;  $I^2=32.5\%$ ;  $k=15$ ; Appendix G); notably both OECD-country studies were conducted among STI clinic patients in the United States.

Trichomoniasis results similarly showed increased risk, with an overall pooled RR=1.54 (95% CI 1.31, 1.82;  $I^2=0\%$ ;  $k=17$ ; Figure 3b) and RR=1.64 (95% CI 1.38, 1.95;  $I^2=0.0\%$ ;  $k=11$ ) when restricted to multivariate-adjusted effect sizes. Pooled RR was slightly lower when analysis included RRs with lower risk of bias in temporality (RR=1.42; 95% CI 1.18, 1.70;  $I^2=0.0\%$ ;  $k=13$ ) and for higher-quality RRs (RR=1.51; 95% CI 1.25, 1.84;  $I^2=0.0\%$ ;  $k=7$ ). By risk group, females in discordant partnerships had the highest risk (RR=2.57, 95% CI 1.42, 4.64), although that estimate reflects only one effect size. Females in high-risk occupations had risk similar to the overall estimate (RR=1.50; 95% CI 1.26, 1.78;  $I^2=0.0\%$ ;  $k=14$ ) and, again, comprised the majority of the effect sizes. Results for STI clinic patients ( $k=1$ ) and mixed groups ( $k=2$ , from the same study) were not significant.

Our analysis showed that prior diagnosis of gonorrhea almost tripled risk of HIV acquisition (RR=2.81; 95% CI 2.25, 3.50; Figure 3c), particularly notable since it combined 16 RRs with low heterogeneity ( $I^2=10.9\%$ ). Pooled multivariate-adjusted RRs showed a similar result (RR=2.74; 95% CI 2.14, 3.51;  $I^2=20.1\%$ ;  $k=13$ ), as did RRs with a lower risk of bias in temporality (RR=2.76; 95% CI 2.10, 3.62;  $I^2=21.9\%$ ;  $k=10$ ). Pooled higher-quality RR was 2.64 (95% CI 1.92, 3.63;  $I^2=37.0\%$ ;  $k=7$ ). Most (13, 81.3%) effect sizes reflected females in high-risk occupations whose pooled RR (2.84; 95% CI 2.25, 3.58;  $I^2=11.3\%$ ) for HIV acquisition was very close to the overall estimate. We found a higher pooled RR among STI clinic patients (3.15; 95% CI 1.50, 6.59;  $I^2=0.0\%$ ;  $k=2$ ). Pooled RR was lower in OECD countries (1.60; 95% CI 0.38, 6.77;  $I^2=56.8\%$ ;  $k=2$ , both US) than non-OECD countries (2.86; 95% CI 2.29, 3.57;  $I^2=7.3\%$ ;  $k=14$ ; Appendix G).

Pooled RR for chlamydia (RR=1.49; 95% CI 1.08, 2.04;  $I^2=23.4\%$ ;  $k=14$ , Figure 3d) was the smallest of the five pathogens, although it increased slightly when restricted to multivariate-adjusted RRs (RR=1.61; 95% CI 1.11, 2.35;  $I^2=30.3\%$ ;  $k=8$ ), lower risk of bias in temporality (RR=1.71; 95% CI 1.31, 2.23;  $I^2=0.0\%$ ;  $k=11$ ), and higher-quality data (RR=1.90; 95% CI 1.40, 2.56;  $I^2=0.0\%$ ;  $k=6$ ). Females in high-risk occupations had nearly the same risk as the overall estimate (RR=1.49; 95% CI 1.06, 2.10;  $I^2=33.3\%$ ;  $k=12$ ). One effect size was reported for each of STI clinic patrons and mixed populations; neither were statistically significant.

*Mycoplasma genitalium* had the greatest effect size, with a pooled RR=3.10 (95% CI 1.63, 5.92;  $I^2=0.0\%$ ), however this reflects just two effect sizes, both from studies of female sex workers in non-OECD countries that used similar methods, so no stratified analysis was possible.

**Effects of STI diagnosis among males**—The effect of a syphilis diagnosis on risk of HIV acquisition among males was slightly higher (RR=1.77; 95% CI 1.22, 2.58;  $I^2=8.5\%$ ; k=5; Table 4/Appendix H) than for females. When pooled, multivariate-adjusted RRs were larger than unadjusted RRs (RR=2.10; 95% CI 0.92, 4.80;  $I^2=0.00$ ; k=2). The one effect size with a low risk of bias in temporality had a higher RR (3.40; 95% CI 0.82, 14.12) than did the pooled estimate for the four other effect sizes (RR=1.71; 95% CI 1.15, 2.54;  $I=12.4\%$ ; k=4). The pooled RR for OECD countries was larger (RR=2.51; 95% CI 1.05, 6.00;  $I^2=0.0\%$ ; k=2) than non-OECD countries RR=1.74; 95% CI 1.02, 2.97;  $I^2=8.5\%$ ; k=3).

Only two effect sizes reported on the effects of diagnosis with other pathogens on risk of HIV acquisition among males: one on gonorrhea (RR=2.80; 95% CI 1.50, 5.20) and one on chlamydia (RR=0.80; 95% CI 0.30, 1.90) (Table 4).

## DISCUSSION

Based on the updated body of evidence we identified, high-risk heterosexual persons diagnosed with a nonviral STI are at approximately 1.5 to three times greater risk of acquiring HIV, depending on the pathogen. Analyses restricted to effect sizes with lower risk of bias show similar results, and multivariate-adjusted effect sizes yield higher RRs for every pathogen except gonorrhea.

These estimates incorporate rigorous methodological nuance around infection temporality. Our study accounts for variation in testing protocols, technologies, and intervals by considering whether studies attempted to identify false-negative HIV-test results at enrollment. It presents sub-group analysis that excludes the longest follow-up intervals, which is helpful because longer intervals increase the potential to misclassify risk factors.

As with every systematic review, ours is subject to the limitations of primary studies. Because studies of the effect of STI on HIV must, ethically, use an observational design, some bias may be introduced. Just over half of effect sizes used some multivariate adjustment, however none accounted for all of the following known major confounders: partner HIV status, number of partners, drug injection, other STIs, condom use, and partner type.

Despite our efforts to isolate sources of potential error, STI infection is not optimally measured and reported. Studies compared HIV outcomes for persons who were and were not diagnosed with a specified STI, however persons in either group may have been infected with a different STI, which could have affected risk for HIV. While 20 (62.5%) studies controlled for diagnosis of other STIs, none tested for every possible STI and thus none could entirely control for this variable. Additionally, more than half of effect sizes reflected follow-up intervals longer than three months, meaning that STIs diagnosed may have been cured or resolved prior to HIV acquisition, participants could have acquired new STIs not



detected before HIV diagnosis, or participants could have engaged in unmeasured behaviors increasing risk of HIV. In these cases, the elevated risk of HIV acquisition observed among the STI-infected group could reflect added risk due to factors common to both HIV and STIs, such as unprotected sex. Finally, although 25 (78.1%) studies confirmed that STI treatment was provided to participants, no data on treatment adherence/completion were reported, so the effects of treatment are unmeasured.

Most studies did not indicate whether any participants injected drugs. Of those that did, not all distinguished between recent and past practices. The absence of data on drug injection introduces substantial uncertainty in reported estimates.

Most studies of females with nonviral STI were conducted among those engaged in sex work or a similar activity. Thus, our overall effect estimates are similar to those for sex workers. Data on other risk groups were often insufficient for meta-analysis. We found few studies conducted on males with nonviral STI. Sub-group analysis by geography was also limited because the United States was the only OECD country represented.

Few studies obtained data on participants' partners, including their HIV status, antiretroviral therapy or viral suppression status (if HIV-infected), STI, and circumcision status of male partners. No studies included participants reported to be taking PrEP. These constrain our ability to extrapolate on how STI may shape HIV acquisition risk within the context of daily PrEP use<sup>63s</sup> or sustained viral suppression,<sup>64s</sup> both of which effectively prevent HIV transmission.

Heterogeneity was low (<24%) across estimates for trichomoniasis, gonorrhea, *mycoplasma genitalium*, and chlamydia among females and of syphilis among males, and moderate (44%) across estimates of the effect of syphilis among females. Because there was relatively little variation in population and setting (non-OECD countries) in studies reporting on females, caution is warranted when results are applied to other populations and settings.

This paper presents updated, rigorous evidence of the effects of nonviral STI on HIV acquisition among high-risk heterosexual populations, incorporating uncommon scrutiny around the temporality and timing between STI and HIV diagnoses and variations in diagnostic accuracy. Uncertainty persists due to lack of data on confounding factors and participants' partners, lengthy follow-up intervals, limited evidence on males and on the effects of *mycoplasma genitalium*, and limited variety in the study settings and risk groups involved in research of high-risk females. Future research that explores or accounts for these elements could enhance the breadth of evidence.

## Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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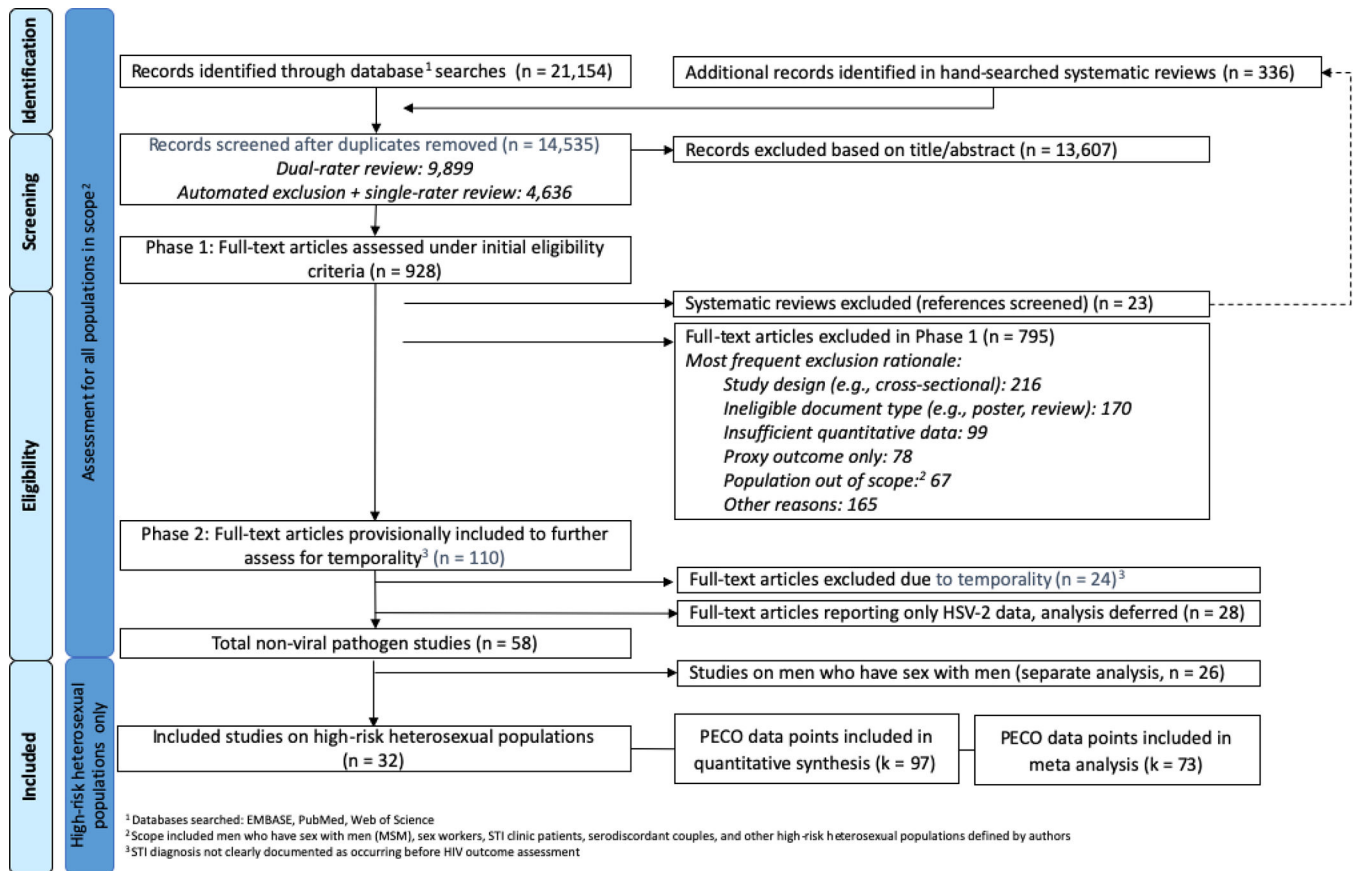
The U.S. Centers for Disease Control and Prevention, National Center for HIV, Viral Hepatitis, STD, and TB Prevention Epidemiologic and Economic Modeling Agreement (NEEMA, # 5U38PS004649).

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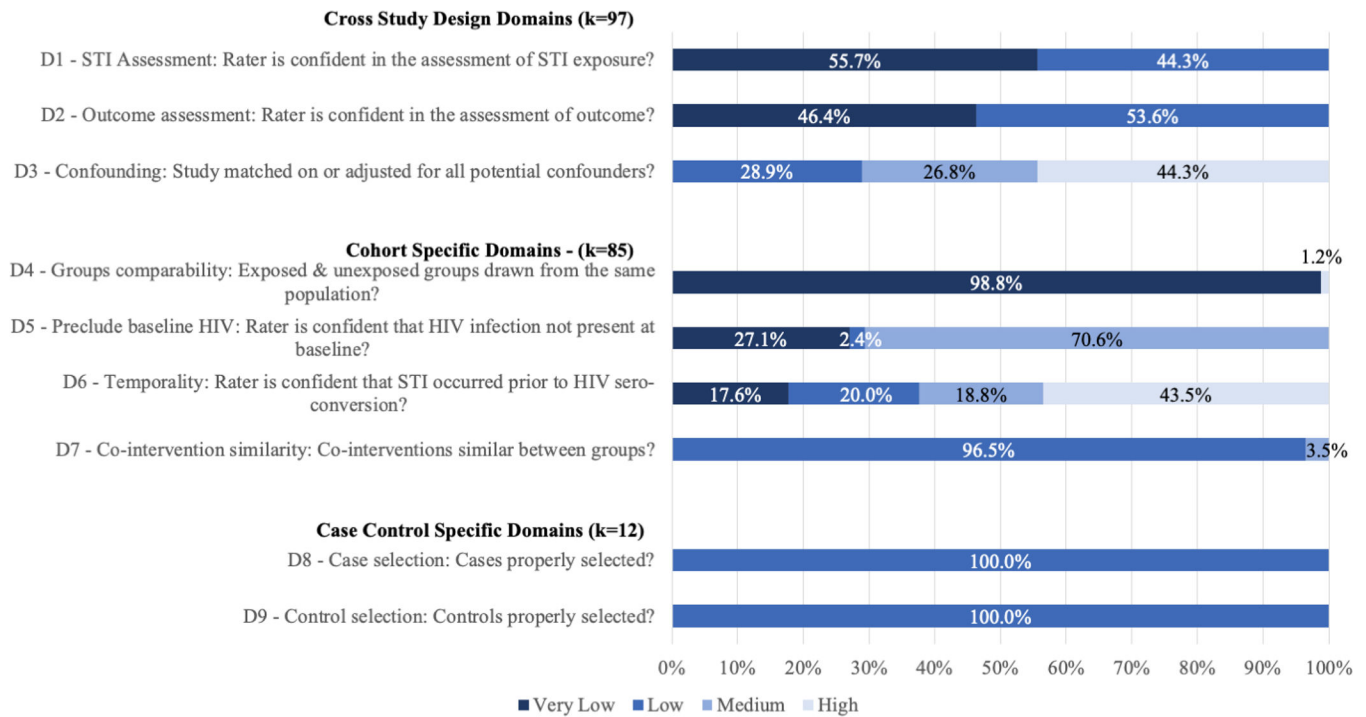
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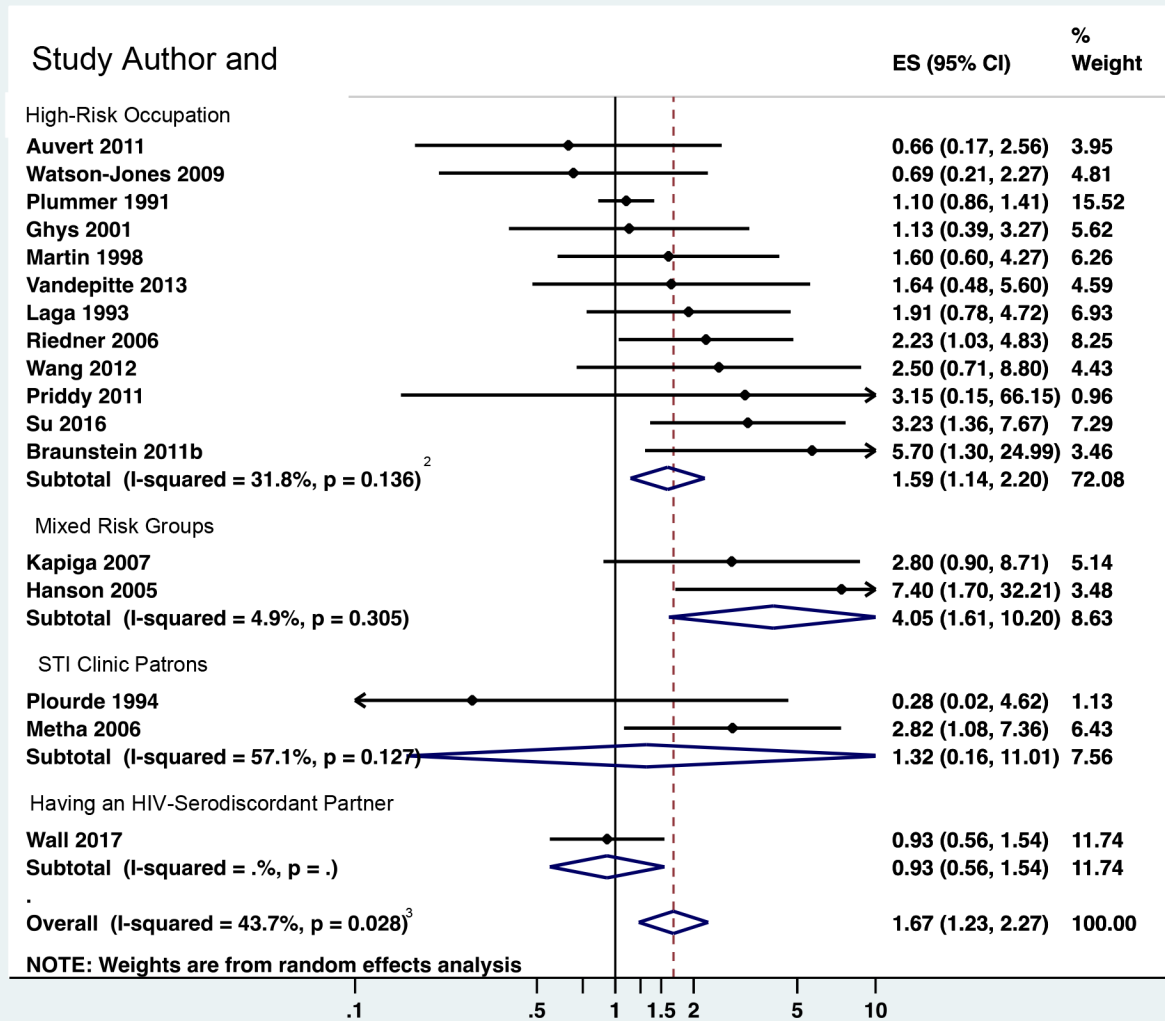
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**Figure 1. Identification and screening of bibliographic records for systematic review of the effect of nonviral STI diagnosis on the risk of HIV seroconversion among high-risk heterosexuals (search up to January 2018)**



**Figure 2. Assessment of risk of bias for effect-size-level data (k=97) on the effect of nonviral sexually transmitted infection diagnosis on the risk of HIV acquisition among high-risk heterosexuals.**



Study Author and

ES (95% CI)

% Weight

High-Risk Occupation

Kaul 2004	0.70 (0.20, 2.45)	1.76
Nagot 2005	0.71 (0.22, 2.29)	2.01
Wang 2012	0.80 (0.11, 5.82)	0.70
Priddy 2011	0.87 (0.05, 15.14)	0.34
Braunstein 2011b	1.00 (0.30, 3.33)	1.91
Martin 1998	1.20 (0.70, 2.06)	9.51
Auert 2011	1.40 (0.41, 4.78)	1.83
Masese 2015	1.41 (0.99, 2.01)	22.08
McClelland 2007	1.52 (1.04, 2.22)	19.18
Laga 1993	1.58 (0.92, 2.72)	9.39
Mlisana 2012	1.74 (0.62, 4.88)	2.59
Watson-Jones 2009	1.81 (1.05, 3.12)	9.31
Vandepitte 2013	2.26 (1.03, 4.96)	4.47
Ghys 2001	2.80 (1.30, 6.03)	4.69
<b>Subtotal (I-squared = 0.0%, p = 0.780)<sup>4</sup></b>	<b>1.50 (1.26, 1.78)</b>	<b>89.77</b>

Having an HIV-serodiscordant partner

Hughes 2012	2.57 (1.42, 4.65)	7.85
<b>Subtotal (I-squared = .%, p = .)</b>	<b>2.57 (1.42, 4.65)</b>	<b>7.85</b>

Mixed Risk Groups

Kapiga 2007	1.40 (0.30, 6.53)	1.16
<b>Subtotal (I-squared = .%, p = .)</b>	<b>1.40 (0.30, 6.53)</b>	<b>1.16</b>

STI Clinic Patrons

Plourde 1994	0.61 (0.14, 2.74)	1.22
<b>Subtotal (I-squared = .%, p = .)</b>	<b>0.61 (0.14, 2.74)</b>	<b>1.22</b>

<b>Overall (I-squared = 0.0%, p = 0.648)<sup>5</sup></b>	<b>1.54 (1.31, 1.82)</b>	<b>100.00</b>
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NOTE: Weights are from random effects analysis

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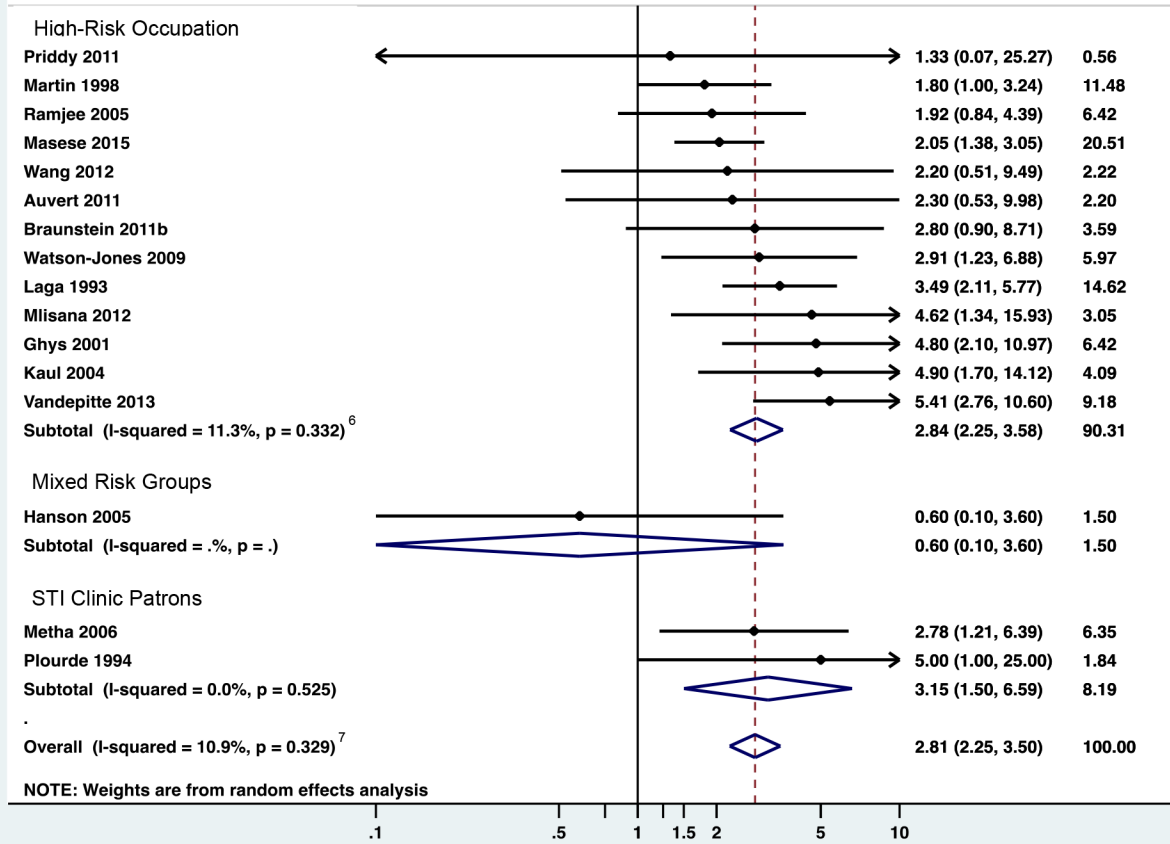
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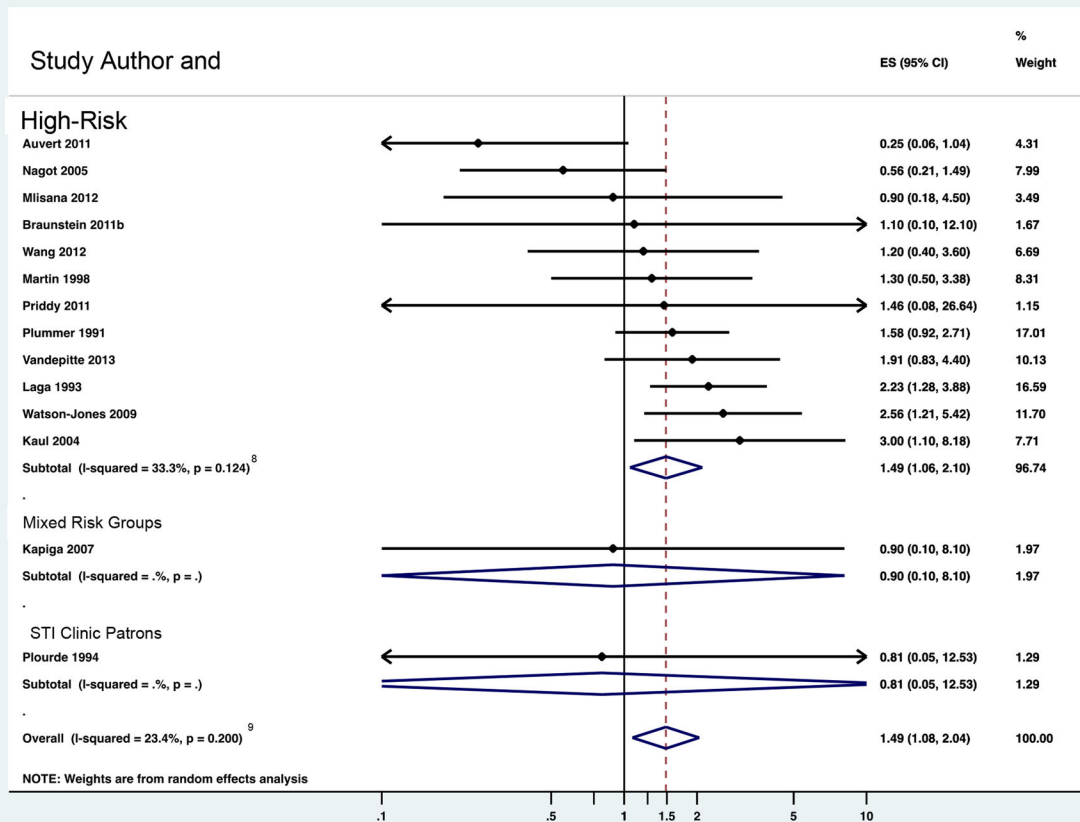
Study Author and

ES (95% CI)

%  
Weight







**Figures 3a to 3d. Forest plots for risk ratios for nonviral STI diagnosis and risk of HIV acquisition among female high-risk heterosexuals<sup>1</sup>**

Figure 3a: RR for syphilis diagnosis and risk of HIV acquisition among female high-risk heterosexuals (k=17)

Figure 3b: RR for trichomonas vaginalis diagnosis and risk of HIV acquisition among female high-risk heterosexuals (k=17)

Figure 3c: RR for gonorrhea diagnosis and risk of HIV acquisition among female high-risk heterosexuals (k=16)

Figure 3d: RR for chlamydia diagnosis and risk of HIV acquisition among female high-risk heterosexuals (k=14)

<sup>1</sup>Where studies reported multiple effect sizes for the same population-pathogen pairing, estimates and sensitivity analysis (SA) risk ratio (RR) ranges above reflect higher-quality data (i.e., multivariate-adjusted vs unadjusted and/or shorter duration of follow-up). SA RR ranges for lower-quality data are reported in footnotes.

<sup>2</sup>Syphilis-high-risk occupation SA RR range: 1.40–1.83. Removing the following studies changed RR: 0.05: Auvert 2011: 1.67 (1.19, 2.34); Braunstein 2011: 1.45 (1.09, 1.94); Ghys 2001: 1.65 (1.15, 2.37); Plummer 1991: 1.83 (1.32, 2.56); Riedner 2006: 1.52 (1.07, 2.15); Su 2016: 1.40 (1.05, 1.87); Watson-Jones 2009: 1.68 (1.20, 2.36). RR when lower-quality effect size was substituted from Braunstein 2011 was 1.42 (1.09, 1.84); when substituted from Vandepitte 2013 was 1.54 (1.16, 2.06)

<sup>3</sup>Syphilis overall SA RR range: 1.56–1.82. Removing the following studies changed RR 0.05: Auvert 2011: 1.74 (1.27, 2.39); Braunstein 2011: 1.58 (1.18, 2.13); Ghys 2001: 1.73 (1.25, 2.39); Hanson 2005: 1.56 (1.17, 2.07); Metha 2006: 1.61 (1.18, 2.20); Plummer 1991: 1.81 (1.29, 2.54); Su 2016: 1.57 (1.16, 2.13); Wall 2017: 1.82 (1.30, 2.54); Watson-Jones 2009: 1.75 (1.28, 2.40). RR when lower-quality effect size was substituted for Braunstein 2011 was 1.58 (1.19, 2.10).

<sup>4</sup>Trichomoniasis high-risk occupation SA RR range: 1.44–1.53. RR when lower-quality effect size was substituted from Braunstein 2011 was 1.44 (1.21, 1.72).

<sup>5</sup>Trichomoniasis overall SA RR range: 1.48–1.58.

<sup>6</sup>Gonorrhea high-risk occupation SA RR range: 2.60–3.13. Removing the following studies changed RR 0.05: Ghys 2001: 2.71 (2.16, 3.41); Kaul 2004: 2.77 (2.19, 3.51); Laga 1993: 2.75 (2.12, 3.56); Martin 1998: 2.97 (2.37, 3.72); Masese 2015: 3.13 (2.45, 4.00); Ramjee 2005: 2.94 (2.30, 3.76); Vandepitte 2013: 2.60 (2.09, 3.23). RR when lower-quality effect size was substituted from Vandepitte 2013 was 2.61 (2.11, 3.24).

<sup>7</sup>Gonorrhea overall SA RR range: 2.58–3.05. Removing the following studies changed RR 0.05: Ghys 2001: 2.69 (2.16, 3.35); Kaul 2004: 2.74 (2.19, 3.43); Laga 1993: 2.71 (2.12, 3.46); Martin 1998: 2.94 (2.36, 3.67); Masese 2015: 3.05 (2.42, 3.84); Ramjee 2005: 2.89 (2.29, 3.65); Vandepitte 2013: 2.58 (2.1, 3.18). RR when lower-quality effect size was substituted from Vandepitte 2013 was 2.62 (2.15, 3.19).

<sup>8</sup>Chlamydia high-risk occupation SA RR range: 1.37–1.70. Removing the following studies changed RR 0.05: Auvert 2011 1.70 (1.31, 2.21); Kaul 2004: 1.40 (0.98, 2.00); Laga 1993: 1.37 (0.94, 2.02); Nagot 2005: 1.69 (1.24, 2.29); Plummer 1991: 1.44 (0.95, 2.17); Vandepitte 2013: 1.43 (0.97, 2.1); Watson-Jones 2009: 1.38 (0.96, 2.00).

<sup>9</sup>Chlamydia overall SA RR range: 1.37, 1.69. Removing the following studies changed RR 0.05: Auvert 2011: 1.68 (1.29, 2.17); Kaul 2004: 1.41 (1.02, 1.95); Laga 1993: 1.37 (0.97, 1.94); Nagot 2005: 1.69 (1.28, 2.22); Plummer 1991: 1.43 (0.98, 2.08); Vandepitte 2013: 1.42 (1.00, 2.02); Watson-Jones 2009: 1.39 (0.99, 1.94). RR when lower-quality effect size was substituted from Kapiga 2007 was 1.60 (1.12, 2.29).

**Table 1.** Included studies assessing the effect of nonviral STI on the risk of HIV acquisition among high-risk heterosexuals (n=32)

Females (n=25)											
Author & Year	Risk Group	Country (study location)	Min. Age	Data or Recruitment Source	Sample	Study Period	Study Design	STI Pathogen	STI Assessment	Risk Ratio (calculated) †	Confounders Adjusted For
Auvert 2011 <sup>331</sup>	FSW	South Africa	19	Participants in a Nonoxynol 9 trial (COL-1492), who were recruited from truck stops along a major highway, Kwazulu-Natal Midlands	N=88 FSW Median age: 24 Randomized to intervention or placebo gel	1996–2000	Prospective Cohort	CT	ELISA/ NAAT	0.25 (0.06, 1.04) 2.30 (0.53, 9.98) 0.66 (0.17, 2.56)	HPV genotypes, other STIs, age group, intervention group, condom use, anal sex, duration of sex work, number of clients per week
Braunstein 2011 <sup>332</sup>	FSW	Rwanda	18	New cohort recruited from community meetings in 3 Kigali districts	N=397 FSW Median age: 24	2006–2009	Prospective Cohort	CT -baseline NG - baseline NG - incident TP - baseline TP - incident	NAAT NAAT NAAT Serology Serology	1.10 (0.10, 12.10) 2.80 (0.90, 8.71) 1.70 (0.50, 5.90) 1.70 (0.40, 7.10) 5.70 (1.30, 24.99)	NA NR
Ghys 2001 <sup>333</sup>	FSW	Cote d'Ivoire	NR	Ministry of Health HIV/STD Prevention campaign, Programme de Prevention et de Prise en charge des MST/SIDA chez les femmes libres et leurs Partenaires (PPP), Abidjan	N=542 FSW Median age: 27	1992–1998	Prospective Cohort	NG TP TV	Culture Serology Medical Exam	4.80 (2.10, 10.97) 1.13 (0.39, 3.27) 2.80 (1.30, 6.03)	NR NA NR

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Hanson 2005 <sup>334</sup>	Mixed, recruited from STI clinic attendees	United States	14	STI clinic in New Orleans	N=10,879 STI clinic patients 75% male Med. Age: 28.0 (males), 23.9 (females) PWID: 4.7% MSM: 4.5%	1990–1998	Retrospective Cohort	NG	Culture or NAAT	0.60 (0.10, 3.60)	NR
Hughes 2012 <sup>335</sup>	Sero-discordant couples	South Africa, Zambia, Kenya, Rwanda, Tanzania, and Uganda	18	Partners in Prevention HSV/HIV Transmission Study	N=3,408 Serodiscordant couples where HIV-infected partner was co-infected with HSV-2 HIV-infected partner: 97.4% Female Med. Age: 32 ART: 27.6% Virally suppressed: 0%	2004–2007	Prospective Cohort	TV	NAAT	2.57 (1.42, 4.65)	Viral load, age, HSV-2 status at enrollment, GUD during follow-up, cervicitis or vaginitis during follow-up.
Kapiga 2007 <sup>336</sup>	Mixed, recruited from women in high-risk occupation	Tanzania	14	New cohort recruited from bars and hotels in Moshi	N=845 High-risk women (27.4% FSW) Mean Age: 27.9	2002–2005	Prospective Cohort	CT- <i>baseline</i>	ELISA	5.20 (1.90, 14.4)	GUD during follow-up, CT at baseline, disturbances in vaginal flora, and BV at baseline, male partner who had other partners during follow-up
Kaul 2004 <sup>337</sup>	FSW	Kenya	18	New cohort recruited from Kibera urban slum area of Nairobi	N=466 FSW Mean age: 28.6 PWID ever: 4.0%	1998–2002	Prospective Cohort	CT	NAAT	3.00 (1.10, 8.18)	NA, Other STIs and number of partners were tested and found not significant
								NG	NAAT	4.90 (1.70, 14.12)	
								TV	Culture	0.70 (0.20, 2.45)	

Laga 1995 <sup>38</sup>	FSW	Zaire	15	New cohort of FSW in Kinshasa	N=431 FSW Mean age: 25.8	1988– 1991	Nested case control	CT	Unspecified lab test	2.23 (1.28, 3.88)	NR
Martin 1998 <sup>39</sup>	FSW	Kenya	18	New cohort recruited from STI clinic in Mombasa	N=3,639 FSW Mean age: 26 PWID: 0%	1993– 1997	Prospective Cohort	CT	EIA	1.30 (0.50, 3.38)	Workplace, number of sex partners, condom use, parity, vulvitis, GUD, vaginal discharge, BV, candida, and NG
Masese 2015 <sup>40</sup>	FSW	Kenya	18	Mombasa Cohort	N=1,964 FSW Med. age=25	1993– 2012	Prospective Cohort	NG	Culture or NAAT	2.05 (1.38, 3.05)	Age, workplace, hormonal contraceptive use, number of sexual partners, condomless sex, tobacco use, calendar year, other STIs
McClelland 2007 <sup>41</sup>	FSW	Kenya	NR	Municipal clinic in Mombasa	N=1,335 FSW Med. Age=26	1993– 2004	Prospective Cohort	TV	Wet mount	1.52 (1.04, 2.22)	NR
Metha 2006 <sup>42</sup>	STI clinic attendees	United States	12	Records from STI clinics in Baltimore	N=10,535 STI clinic patients Male: 59.2% PWID (ever): 5%	1993– 2002	Prospective Cohort	NG	Culture, stain, or NAAT	2.78 (1.21, 6.39)	NR
Mlisana 2012 <sup>43</sup>	FSW	South Africa	16	CAPRISA 002 Acute HIV Infection Study of high-risk women in Durban	N=245 High-risk women (78.8% FSW) Median age: 34.2	2004– 2005	Prospective Cohort	CT	NAAT	0.90 (0.18, 4.50)	STIs, clinical symptoms, demographic and behavioral factors
								MG	NAAT	4.08 (0.83, 20.06)	
								NG	NAAT	4.62 (1.34, 15.93)	
								TV	NAAT	1.74 (0.62, 4.88)	

Nagot 2005 <sup>44</sup>	FSW	Burkina Faso	NR	New cohort recruited from SW workplaces in Bobo-Dioulasso	N=377 Women who exchanged sex for money or goods	1998–2002	Prospective Cohort	CT	DIF	0.56 (0.21, 1.49) 0.71 (0.22, 2.29)	NA
Plourde 1994 <sup>45</sup>	STI clinic attendees	Kenya	18	New cohort recruited from Nairobi City Commission Special Treatment Clinic	134 STI clinic patients (7.4% SW history) Female: 100% Med. age: 33	1988–1990	Prospective Cohort	CT	Culture	0.81 (0.05, 12.53)	NA
						NG		TP	Culture	5.00 (1.00, 25.00) 0.28 (0.02, 4.62)	
						TV		TP	Serology and darkfield microscopy	0.61 (0.14, 2.74)	
Plummer 1991 <sup>46</sup>	FSW	Kenya	NR	New cohort recruited from the local community, Nairobi	N=595 FSW Median age: 30.2	1985–1987	Prospective Cohort	CT	Culture	1.58 (0.92, 2.71)	Oral contraceptive use, GUD, CT, condom use, number of partners
						TP		TP	Culture	1.10 (0.86, 1.41)	NA
Priddy 2011 <sup>47</sup>	FSW	Kenya	18	New cohort recruited from FSW social empowerment none in Nairobi	N=200 FSW Mean age: 28 Illicit drug use history: 21.5%	2008	Prospective Cohort	CT	NAAT	1.46 (0.08, 26.64)	Age, income, ever/never married, number of dependents, age at first sex, regular paid partners per week, regular casual partners per week, condom use by partner group and sexual act, vaginal washing, lubricant use, alcohol use, other STIs
						NG		NG	NAAT	1.33 (0.07, 25.27)	
						TP		TP	Serology	3.15 (0.15, 66.15)	
						TV		TV	Culture	0.87 (0.05, 15.14)	
Ramjee 2005 <sup>49</sup>	FSW	South Africa	NR	New cohort recruited from 5 truck stops, KwaZulu-Natal	N=196 FSW Mean age: 25	NR	Prospective Cohort	NG	Culture	1.92 (0.84, 4.39)	NR
Riedner 2006 <sup>50</sup>	High-risk occupation	Tanzania	16	Mbeya Medical Research Programme recruitment at 14 trading centers and towns in Mbeya Region	N=600 Female bar workers Mean age: 25.5	2000–2004	Prospective Cohort	TP	Serology and NAAT	2.23 (1.03, 4.83)	NR

Su 2016 <sup>51</sup>	FSW	China	16	Kaiyuan longitudinal study of FSW, recruitment from local SW venues in Yunnan	N=1,158 FSW Mean age: 26.7 History of drug use: 16.1%	2006–2014	Prospective Cohort	TP at baseline	Serology	2.69 (1.11, 6.53) 3.23 (1.36, 7.67)	NA
Vandepitte 2013 <sup>53,*</sup>	FSW	Uganda	NR	New cohort of self-reporting FSWs and/or women employed in entertainment facilities in Kampala	N=646 FSW Illicit drug use: 2.3%	2008–2011	Prospective Cohort	CT MG NG TP TV	NAAAT NAAAT NAAAT Serology Culture	1.91 (0.83, 4.40) 2.19 (1.11, 4.36) 5.41 (2.76, 10.60) 1.64 (0.48, 5.60) 2.26 (1.03, 4.96)	Age, calendar time, age at first sexual intercourse, number of lifetime sexual partners, use of alcohol in past 3 months, number of paying clients in past 3 months, inconsistent condom use with paying clients in past 3 months, current pregnancy, and NG, TV, MG
Vandepitte 2014 <sup>52,*</sup>	FSW	Uganda	14	Same cohort as Vandepitte 2013	N=646 High-risk women (89.2% FSW)	2008–2011	Nested case control	CT MG NG TP TV	NAAAT NAAAT NAAAT Serology Culture	2.93 (0.78, 4.05) 2.94 (1.45, 5.96) 2.94 (1.55, 4.03) 1.46 (0.93, 1.92) 1.00 (0.37, 2.08)	NA Source of income, alcohol use, HSV-2 infection
Wall 2017 <sup>54</sup>	Sero-discordant couples	Zambia	NR	New cohort recruited from couples' VCT, Lusaka	N=2,949 couples Serodiscordant couples Female HIV+: 54.3% ART: 0%	1994–2012	Prospective Cohort	TP	Serology	0.93 (0.56, 1.54)	NA
Wang 2012 <sup>55</sup>	FSW	China	16	New cohort recruited from known SW venue in Kaiyuan City	N=2,051 FSW PWID: 9.5%	2006–2009	Prospective Cohort	CT NG TP TV	NAAAT NAAAT Serology Wet mount	1.20 (0.40, 3.60) 2.20 (0.51, 9.49) 2.50 (0.71, 8.80) 0.80 (0.11, 5.82)	NA

Author & Year	Risk Group	Country (study location)	Min. Age	Data or Recruitment Source	Sample	Study Period	Study Design	STI Pathogen	STI Assessment	Risk Ratio (calculated) †	Confounders Adjusted For
Watson-Jones 2009 <sup>56</sup>	High-risk occupation	Tanzania	16	New cohort recruited from bars, guesthouses, and similar facilities in 19 communities	N=821 High-risk women 100% HSV-2 infected	NR-2008	Prospective Cohort	CT	NAAT	2.56 (1.21, 5.42) 2.91 (1.23, 6.88) 0.69 (0.21, 2.27) 1.81 (1.05, 3.12)	Age
<b>Males (n=5)</b>											
Hanson 2005 <sup>34</sup>	Mixed, recruited from STI clinic attendees	United States	14	STI clinic in New Orleans	N=10,879 STI clinic patients 75% male Med. Age: 28.0 (males), 23.9 (females) PWD: 4.7% MSM: 4.5%	1990–1998	Retrospective Cohort	NG	Medical records	2.80 (1.50, 5.20) 2.10 (0.70, 6.30)	NR
Heffron 2011 <sup>57</sup>	High-risk occupation	Zambia	18	New cohort of seasonal farm workers from a town on a major roadway	N=842 Male farm workers 46.9% migrant workers	2006–2007	Prospective Cohort	TP	Serology	2.10 (0.60, 7.35)	Age, widowhood, circumcision, self-report of genital ulcers, HSV-2 at baseline
Rakwar 1999 <sup>48</sup>	High-risk occupation	Kenya	16	New cohort of Male trucking-company employees, Mombasa	N=992 Male trucking company employees Med. age: 29 PWD: 0%	1993–1997	Prospective Cohort	CT	Stain or EIA	0.80 (0.30, 1.90) 2.70 (1.30, 5.61)	NA
Teletzak 1993 <sup>38</sup>	STI clinic attendees	United States	NR	Clinic records of patients who tested HIV-negative and returned for results, New York	N=1,679 STI clinic patients (heterosexual risk only) Med. Age: 30	Approx. 1990	Prospective Cohort	TP	Serology and darkfield microscopy	3.40 (0.82, 14.12)	NA
Wall 2017 <sup>54</sup>	Sero-discordant couples	Zambia	NR	New cohort recruited from couples' VCT, Lusaka	N=2,949 couples Sero-discordant couples Female HIV+: 54.3% ART: 0%	1994–2012	Prospective Cohort	TP	Serology	1.26 (0.80, 1.98)	NA



**Mixed-Sex None Not Included in Meta-Analysis (n=6)**  
 Studies reporting sex-specific data are also listed above

Author & Year	Risk Group	Country (study location)	Min. Age	Data or Recruitment Source	Sample	Study Period	Study Design	STI Pathogen	STI Assessment	Risk Ratio (calculated) <sup>†</sup>	Confounders Adjusted For
Deschamps 1996 <sup>59</sup>	Sero-discordant couples	Haiti	NR	New cohort recruited from Group Haitien d'Etude du Sarcome de Kaposi et des Infections Opportunistes at National Institute for Laboratory Research, Port-au-Prince	N=475 serodiscordant couples Mean Age: 33 ART: 0% PWID: 0%	1988–1992	Prospective Cohort	TP-both partners	Serology	4.47 (1.33, 14.98)	NA
Hughes 2012 <sup>35</sup>	Sero-discordant couples	South Africa, Zambia, Kenya, Rwanda, Tanzania, and Uganda	18	Partners in Prevention HSV/HIV Transmission Study	N=3,408 Serodiscordant couples where HIV-infected partner was co-infected with HSV-2 HIV-infected partner: 97.4% Female Med. Age: 32 ART: 27.6% Virally suppressed: 0%	2004–2007	Prospective Cohort	CT TP	NAAAT Serology	1.67 (0.53, 5.30) 2.44 (1.22, 4.88)	NR
Kassler 1994 <sup>60</sup>	Mixed, recruited from STI clinic attendees	United States	NR	Records from Baltimore City Health Department STI clinics	N=6,175 STI clinic attendees Med. Age: 25 PWID: 17.4%	1988–1990	Case control	NG	Stain	3.12 (1.24, 5.03)	NR
Mehta 2006 <sup>42</sup>	STI clinic attendees	United States	12	Records from STI clinics in Baltimore	N=10,535 STI clinic attendees Male: 59.2% PWID (ever): 5%	1993–2002	Prospective Cohort	NG TP	Culture, stain, or NAAAT Serology Wet mount	1.67 (0.99, 2.80) 1.51 (0.14, 2.90) 1.69 (0.77, 2.55)	NR
Oiten 1994 <sup>61</sup>	STI clinic attendees	United States	NR	Records from 4 public STI clinics	N=5,164 STI clinic patients Male: 65.8%	1987–1990	Retrospective Cohort	TP	Serology	3.50 (0.10, 6.90)	NA

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in Dade County (Miami), Florida						
Ruzagira 2011 <sup>62</sup>	Sero-discordant couples	Uganda	18	New cohort of couples referred from various VCT programs in Masaka District	N=495 serodiscordant couples Male: 69% Mean age: 36.2	2006–2009
						Prospective Cohort
						TP- baseline
						Serology
						1.80 (0.50, 5.90)
						TP- incident
						Serology
						3.20 (1.30, 7.70)
						NA

\* Vandepitte 2013 and Vandepitte 2014 report data from the same study. We included multivariate-adjusted data from Vandepitte 2013 in our analysis of CT, NG, TP, and TV. Because both studies reported multivariate-adjusted data on MG, we used data from Vandepitte 2014, which reported on a shorter interval between MG and HIV diagnoses.

<sup>†</sup> Meta-analyzed RR reflect confidence intervals as calculated with Stata v.14.2, the upper limits of which may differ from RR reported as published in primary studies.

ART = Antiretroviral Therapy; BV = Bacterial Vaginosis; CT = Chlamydia; DIF = Direct Immunofluorescence; EIA = Enzyme Immunoassay; ELISA = Enzyme-Linked Immunosorbent Assay; FSW = Female Sex Workers; GUD = Genital Ulcer Disease; HR = Hazard Ratio; HSV = Herpes Simplex Virus; Med. = Median; MG = *Mycoplasma genitalium*; NA = Not Applicable; NAAT = Nucleic Acid Amplification; NG = Gonorrhea; NR = Not Reported; PWID = People who Inject Drugs; RR = Risk Ratio; STI = Sexually Transmitted Infection; TP = Sypilis; TV = *Trichomoniasis vaginalis*; VCT = Voluntary HIV Counseling and Testing *Italic* = effect size not included in meta-analysis

**Table 2**

Characteristics of included studies (n=32) and effect sizes (k=97) assessing the effect of nonviral STI on the risk of HIV seroconversion among high-risk heterosexuals

Characteristics of Included Studies	Total Studies (n=32)		Total Effect Sizes (k=97*)	
	n	%	k	%
<b>Study Design</b>				
Prospective cohort	27	84.4%	78	80.4%
Retrospective cohort	2	6.3%	7	7.2%
Case control	1	3.1%	3	3.1%
Nested case control	2	6.3%	9	9.3%
<b>Data Collection Start Year</b>				
1985–1994	15	46.9%	39	40.2%
1995–2004	8	25.0%	28	28.9%
2004–2008	9	28.1%	30	30.9%
<b>Publication Year</b>				
1991–2000	9	28.1%	23	23.7%
2001–2010	10	31.3%	29	29.9%
2011–2017	13	40.6%	45	46.4%
<b>Geographical Distribution</b>				
<i>OECD Countries</i>				
United States	5	15.6%	13	13.4%
<i>Non-OECD Countries</i>				
Kenya	8	25.0%	22	22.7%
South Africa	3	9.4%	9	9.3%
Tanzania	3	9.4%	11	11.3%
Uganda	3	9.4%	12	12.4%
Other	10	31.3%	30	30.9%
<b>Sex</b>				
Females only	21	65.6%	78 <sup>†</sup>	80.4%
Males only	3	9.4%	7 <sup>†</sup>	7.2%
Mixed-sex group	8	25.0%	12	12.4%
<b>Risk Group</b> (total exceeds 100% due to overlap)				
High-risk occupation – females	20	62.5%	68	70.1%
High-risk occupation – males	2	6.3%	3	3.1%
Serodiscordant partnership – females	4	12.5%	8	8.2%
Serodiscordant partnership – males	4	12.5%	7	7.2%
STI clinic patients – females	5	15.6%	14	14.4%
STI clinic patients – males	5	15.6%	9	9.3%
Mixed risk none – females	3	9.4%	11	11.3%
Mixed risk none – males	2	6.3%	5	5.2%
<b>People who inject drugs (PWID)</b>				

Characteristics of Included Studies	Total Studies (n=32)		Total Effect Sizes (k=97 <sup>*</sup> )	
	n	%	k	%
PWID not reported	23	71.9%	70	72.2
Reported 0% PWID	4	12.5%	9	9.3%
Reported >0% <10% PWID	4	12.5%	15	15.5%
Reported >10% PWID	1	3.1%	3	3.1%
<b>Reporting of Intervention Coverage</b>				
Condom use (coverage range 0–100%, median 46.8%)	23	71.9%	63	64.9%
STI Treatment (completion NR)	25	78.1%	73	75.3%
Male population circumcised (coverage range 8.0–87.0%)	6	18.8%	23	23.7%
HIV-uninfected population on PrEP	0	0%	0	0%
<b>Total Effect Sizes (k=97<sup>*</sup>)</b>				
Characteristics of Included Effect Sizes	k		%	
<b>Pathogen</b>				
Syphilis	34		35.1%	
Trichomonas	21		21.6%	
Gonorrhoea	21		21.6%	
Chlamydia	18		18.6%	
<i>Mycoplasma genitalium</i>	3		3.1%	
<b>Effect Size Type</b>	<i>Multivariate-Adjusted</i>	<i>Unadjusted</i>	<i>Multivariate-Adjusted</i>	<i>Unadjusted</i>
Hazard ratio	34	20	35.1%	20.6%
Odds ratio	11	7	11.3%	7.2%
Risk ratio	4	12	4.1%	12.4%
Percentage	0	4	0.0%	4.1%
Incidence rate ratio	4	0	4.1%	0.0%
Incidence rate	0	1	0.0%	1.0%
<b>Timing of STI Assessment</b>				
Baseline only	42		43.3%	
Incident STI only	14		14.4%	
Baseline or incident, or not reported	41		42.3%	
<b>STI Diagnostic Method</b>				
Culture or stain	40		41.2%	
Serology for syphilis	34		35.1%	
Nucleic acid amplification test (NAAT)	23		23.7%	
<b>Anatomical Site</b>				
Vaginal	55		56.7%	
Ureteral	1		1.0%	
Unspecified (includes diagnosis via serology)	41		42.3%	
<b>HIV Diagnostic Procedure - Baseline</b>				
RNA Test	4		4.1%	
Polymerase chain reaction	10		10.3%	
Western Blot (WB) or p24 test	2		2.1%	

Characteristics of Included Studies	Total Studies (n=32)		Total Effect Sizes (k=97 <sup>*</sup> )	
	n	%	k	%
4th-Generation ELISA using venous blood	6		6.2%	
3rd-Generation ELISA	28		28.9%	
2 <sup>nd</sup> -Generation ELISA	2		2.1%	
Unspecified or Mixed ELISA	45		46.4%	
<b>HIV Diagnostic Procedure -Outcome</b>				
RNA Test	4		4.1%	
Polymerase chain reaction	4		4.1%	
4th-Generation ELISA using venous blood	6		6.2%	
3rd-Generation ELISA	31		32.0%	
Any ELISA + WB to Confirm Positives	35		36.1%	
Unspecified or Mixed ELISA	17		17.5%	
<b>Follow-Up Intervals (Months)</b>				
1	12		12.4%	
3	27		27.8%	
4 to 4.5	3		3.1%	
6	22		22.7%	
12	3		3.1%	
NR	30		30.9%	

\* 73 effect sizes were included in meta-analysis

<sup>†</sup> Sex-specific effect sizes were drawn from both studies with mixed-sex and single-sex populations.

Legend: ELISA=Enzyme-linked immunosorbent assay; IRR=Incidence rate ratio; NAAT=Nucleic acid amplification test; NR=Not reported; OECD=Organisation for Economic Co-operation and Development; PrEP= Pre-exposure prophylaxis; PWID=People who inject drugs; RNA = Ribonucleic acid; STI=Sexually transmitted infection; WB = Western Blot

**Table 3.**

Comparison of risk of bias groupings on the effect of nonviral STI diagnosis on risk of HIV acquisition among female high-risk heterosexuals (k=66)

	Syphilis	Trichomoniasis	Gonorrhea	Chlamydia	<i>Mycoplasma Genitalium</i>					
<b>All Female Populations</b>										
Pooled RR (95% CI)	1.67 (1.23, 2.27)	1.54 (1.31, 1.82)	2.81 (2.25, 3.50)	1.49 (1.08, 2.04)	3.10 (1.63, 5.92)					
I <sup>2</sup> , p value	43.7%, 0.028	0.0%, 0.648	10.9%, 0.329	23.4%, 0.200	0.0%, 0.712					
SA RR Range	1.56–1.82 <sup>1</sup>	1.48–1.58	2.58–3.05 <sup>2</sup>	1.37, 1.69 <sup>3</sup>	2.94–4.08 <sup>4</sup>					
k	17	17	16	14	2					
<b>By Multivariate Adjustment</b>										
	<i>Unadjusted</i>	<i>Adjusted</i>	<i>Unadjusted</i>	<i>Adjusted</i>	<i>Unadjusted</i>	<i>Adjusted</i>	<i>Unadjusted</i>	<i>Adjusted</i>	<i>Unadjusted</i>	<i>Adjusted</i>
Pooled RR (95% CI)	1.64 (1.01, 2.67)	1.75 (1.12, 2.72)	0.82 (0.47, 1.45)	1.64 (1.38, 1.95)	3.97 (1.86, 8.46)	2.74 (2.14, 3.51)	1.19 (0.65, 2.17)	1.61 (1.11, 2.35)	-	3.10 (1.63, 5.92)
I <sup>2</sup> , p value	40.8%, 0.119	50.0%, 0.035	0.0, 0.975	0.0%, 0.700	0.0%, 0.651	20.1%, 0.240	11.9%, 0.339	30.3%, 0.186	-	0.0%, 0.712
k	7	10	6	11	3	13	6	8	0	2
<b>By Risk of Bias in Temporality</b>										
	<i>Higher Risk</i>	<i>Lower Risk</i>	<i>Higher Risk</i>	<i>Lower Risk</i>	<i>Higher Risk</i>	<i>Lower Risk</i>	<i>Higher Risk</i>	<i>Lower Risk</i>	<i>Higher Risk</i>	<i>Lower Risk</i>
Pooled RR (95% CI)	1.56 (0.76, 3.21)	1.77 (1.23, 2.53)	2.32 (1.55, 3.48)	1.42 (1.18, 1.70)	3.11 (2.00, 4.84)	2.76 (2.10, 3.62)	0.51 (0.19, 1.36)	1.71 (1.31, 2.23)	3.10 (1.63, 5.92)	-
I <sup>2</sup> , p value	62.1%, 0.032	38.0%, 0.088	0.0%, 0.731	0.0%, 0.837	0.0%, 0.421	21.9%, 0.241	0.0%, 0.400	0.0%, 0.471	0.0%, 0.712	-
k	5	12	4	13	6	10	3	11	2	0
<b>Higher-Quality Data Only</b>										
Pooled RR (95% CI)	1.49 (0.98, 2.26)	1.51 (1.25, 1.84)	2.64 (1.92, 3.63)	1.90 (1.40, 2.56)	-	-	-	-	-	-
I <sup>2</sup> , p value	32.9%, 0.177	0.0%, 0.874	37.0%, 0.146	0.0%, 0.848	-	-	-	-	-	-
SA RR Range	1.19–1.83 <sup>5</sup>	1.48–1.57 <sup>6</sup>	2.33–2.87 <sup>7</sup>	1.77–2.06 <sup>8</sup>	-	-	-	-	-	-
k	7	7	7	6	-	-	-	-	-	0
<b>High-Risk Occupation Only</b>										
Pooled RR (95% CI)	1.59 (1.14, 2.20)	1.50 (1.26, 1.78)	2.84 (2.25, 3.58)	1.49 (1.06, 2.10)	3.10 (1.63, 5.92)					

	Syphilis	Trichomoniasis	Gonorrhea	Chlamydia	<i>Mycoplasma Genitalium</i>					
I <sup>2</sup> , p value	31.8%, 0.136	0.0%, 0.780	11.3%, 0.332	33.3%, 0.124	0.0%, 0.712					
SA RR Range	1.40–1.83 <sup>9</sup>	1.44–1.53 <sup>10</sup>	2.60–3.13 <sup>11</sup>	1.37–1.70 <sup>12</sup>	2.94–4.08 <sup>13</sup>					
k	12	14	13	12	2					
<b>By Multivariate Adjustment</b>										
	<i>Unadjusted</i>	<i>Adjusted</i>	<i>Unadjusted</i>	<i>Adjusted</i>	<i>Unadjusted</i>	<i>Adjusted</i>	<i>Unadjusted</i>	<i>Adjusted</i>	<i>Unadjusted</i>	<i>Adjusted</i>
Pooled RR (95% CI)	2.11 (1.29, 3.46)	1.39 (0.94, 2.04)	0.79 (0.41, 1.53)	1.57 (1.31, 1.88)	3.72 (1.58, 8.77)	2.81 (2.18, 3.62)	1.24 (0.55, 2.82)	1.61 (1.11, 2.35)	-	3.10 (1.63, 5.92)
I <sup>2</sup> , p value	0.0%, 0.499	28.1%, 0.204	0.0%, 0.975	0.0%, 0.847	0.0%, 0.385	18.7%, 0.265	45.6%, 0.138	30.3%, 0.186	-	0.0%, 0.712
k	4	8	4	10	2	11	4	8	0	2
<b>By Risk of Bias in Temporality</b>										
	<i>Higher Risk</i>	<i>Lower Risk</i>	<i>Higher Risk</i>	<i>Lower Risk</i>	<i>Higher Risk</i>	<i>Lower Risk</i>	<i>Higher Risk</i>	<i>Lower Risk</i>	<i>Higher Risk</i>	<i>Lower Risk</i>
Pooled RR (95% CI)	0.92 (0.40, 2.13)	1.75 (1.21, 2.55)	2.13 (1.23, 3.69)	1.44 (1.20, 1.73)	3.80 (2.20, 6.56)	2.72 (2.04, 3.62)	0.51 (0.19, 1.38)	1.73 (1.29, 2.31)	-	3.10 (1.63, 5.92)
I <sup>2</sup> , p value	0.0%, 0.541	40.0%, 0.091	0.0%, 0.582	0.0%, 0.809	0.0%, 0.770	26.8%, 0.205	0.0%, 0.400	11.4%, 0.340	-	0.0%, 0.712
k	2	10	3	11	4	9	3	9	0	2
<b>Higher-Quality Data Only</b>										
Pooled RR (95% CI)	1.49 (0.98, 2.26)	1.51 (1.25, 1.84)	2.64 (1.92, 3.63)	1.90 (1.40, 2.56)	-	-	-	-	-	-
I <sup>2</sup> , p value	32.9%, 0.177	0.0%, 0.874	37.0%, 0.146	0.0%, 0.848	-	-	-	-	-	-
SA RR Range	1.19–1.83 <sup>14</sup>	1.48–1.57 <sup>15</sup>	2.33–2.87 <sup>16</sup>	1.30–2.56 <sup>17</sup>	-	-	-	-	-	-
k	7	7	7	6	-	-	-	-	-	0

k = Number of effect size estimates included; RR = Risk ratio; SA = Sensitivity analysis; SA RR range = Range when one study removed from analysis

Where studies reported multiple effect sizes for the same population-pathogen pairing, estimates and SA RR ranges above reflect better-quality data (i.e., multivariate-adjusted vs unadjusted and/or shorter duration of follow-up). SA RR ranges for lower-quality data are reported in footnotes.

<sup>1</sup>RR when each study removed from analysis, where RR changed by >0.05: Auvert 2011: 1.74 (1.27, 2.39); Braunstein 2011: 1.58 (1.18, 2.13); Ghys 2001: 1.73 (1.25, 2.39); Hanson 2005: 1.56 (1.17, 2.07); Metha 2006: 1.61 (1.18, 2.20); Plummer 1991: 1.81 (1.29, 2.54); Su 2016: 1.57 (1.16, 2.13); Wall 2017: 1.82 (1.30, 2.54); Watson-Jones 2009: 1.75 (1.28, 2.40). RR when lower-quality effect size was substituted for Braunstein 2011 was 1.58 (1.19, 2.10).

<sup>2</sup>RR when each study removed from analysis: Ghys 2001: 2.69 (2.16, 3.35); Kaul 2004: 2.74 (2.19, 3.43); Laga 1993: 2.71 (2.12, 3.46); Martin 1998: 2.94 (2.36, 3.67); Masese 2015: 3.05 (2.42, 3.84); Ramjee 2005: 2.89 (2.29, 3.65); Vandepitte 2013: 2.58 (2.1, 3.18). RR when lower-quality effect size was substituted from Vandepitte 2013 was 2.62 (2.15, 3.19).

<sup>3</sup>RR when each study removed from analysis: Auvert 2011: 1.68 (1.29, 2.17); Kaul 2004: 1.41 (1.02, 1.95); Laga 1993: 1.37 (0.97, 1.94); Nagot 2005: 1.69 (1.28, 2.22); Plummer 1991: 1.43 (0.98, 2.08); Vandepitte 2013: 1.42 (1.00, 2.02); Watson-Jones 2009: 1.39 (0.99, 1.94). RR when lower-quality effect size was substituted from Kapiga 2007 was 1.60 (1.12, 2.29).

<sup>4</sup>RR when each study removed from analysis: Mlisana 2012: 2.94 (1.45, 5.96), Vandepitte 2013: 4.08 (0.83, 20.06). RR when lower-quality effect size was substituted from Vandepitte 2013 was 2.41 (1.29, 4.50).

<sup>5</sup>RR when each study removed from analysis: Braunstein 2011: 1.19 (0.96, 1.49); Plummer 1991: 1.83 (1.13, 2.98); Riedner 2006: 1.33 (0.87, 2.04); Watson-Jones 2009: 1.65 (1.04, 2.61).

<sup>6</sup>RR when Martin 1998 removed from analysis: 1.57 (1.27, 1.93).

<sup>7</sup>RR when each study removed from analysis: Laga 1993: 2.46 (1.71, 3.53); Martin 1998: 2.86 (2.01, 4.06); Masese 2015: 2.87 (1.96, 4.19); Ramjee 2005: 2.75 (1.92, 3.94); Vandepitte 2013: 2.33 (1.81, 2.98).

<sup>8</sup>RR when each study removed from analysis: Laga 1993: 1.77 (1.24, 2.53); Martin 1998: 1.98 (1.44, 2.71); Plummer 1991: 2.06 (1.43, 2.95); Watson-Jones 2009: 1.79 (1.29, 2.48).

<sup>9</sup>RR when each study removed from analysis: Auvert 2011: 1.67 (1.19, 2.34); Braunstein 2011: 1.45 (1.09, 1.94); Ghys 2001: 1.65 (1.15, 2.37); Plummer 1991: 1.83 (1.32, 2.56); Riedner 2006: 1.52 (1.07, 2.15); Su 2016: 1.40 (1.05, 1.87); Watson-Jones 2009: 1.68 (1.20, 2.36). RR when lower-quality effect size was substituted from Braunstein 2011 was 1.42 (1.09, 1.84); when substituted from Vandepitte 2013 was 1.54 (1.16, 2.06)

<sup>10</sup>RR when lower-quality effect size was substituted from Braunstein 2011 was 1.44 (1.21, 1.72).

<sup>11</sup>RR when each study removed from analysis: Ghys 2001: 2.71 (2.16, 3.41); Kaul 2004: 2.77 (2.19, 3.51); Laga 1993: 2.75 (2.12, 3.56); Martin 1998: 2.97 (2.37, 3.72); Masese 2015: 3.13 (2.45, 4.00); Ramjee 2005: 2.94 (2.30, 3.76); Vandepitte 2013: 2.60 (2.09, 3.23). RR when lower-quality effect size was substituted from Vandepitte 2013 was 2.61 (2.11, 3.24).

<sup>12</sup>RR when each study removed from analysis: Auvert 2011 1.70 (1.31, 2.21); Kaul 2004: 1.40 (0.98, 2.00); Laga 1993: 1.37 (0.94, 2.02); Nagot 2005: 1.69 (1.24, 2.29); Plummer 1991: 1.44 (0.95, 2.17); Vandepitte 2013: 1.43 (0.97, 2.1); Watson-Jones 2009: 1.38 (0.96, 2.00).

<sup>13</sup>RR when each study removed from analysis: Mlisana 2012: 2.94 (1.45, 5.96), Vandepitte 2013: 4.08 (0.83, 20.06). R when lower-quality effect size was substituted from Vandepitte 2013 was 2.41 (1.29, 4.50).

<sup>14</sup>RR when each study removed from analysis: Braunstein 2011: 1.19 (0.96, 1.49); Plummer 1991: 1.83 (1.13, 2.98); Riedner 2006: 1.33 (0.87, 2.04); Watson-Jones 2009: 1.65 (1.04, 2.61).

<sup>15</sup>RR when Martin 1998 removed from analysis: 1.57 (1.27, 1.93).

<sup>16</sup>RR when each study removed from analysis: Laga 1993: 2.46 (1.71, 3.53); Martin 1998: 2.86 (2.01, 4.06); Masese 2015: 2.87 (1.96, 4.19); Ramjee 2005: 2.75 (1.92, 3.94); Vandepitte 2013: 2.33 (1.81, 2.98).

<sup>17</sup>RR when each study removed from analysis: Martin 1998: 1.3 (0.5, 3.38); Priddy 2011: 1.46 (0.08, 26.64); Plummer 1991: 1.58 (0.92, 2.71); Laga 1993: 2.23 (1.28, 3.88); Watson-Jones 2009: 2.56 (1.21, 5.42).



**Table 4.**

Summary of results on the effect of bacterial nonviral STI diagnosis on risk of HIV Acquisition among male high-risk heterosexuals (k=7)

	<b>Syphilis<sup>1</sup></b>		<b>Gonorrhea<sup>2</sup></b>	<b>Chlamydia<sup>3</sup></b>
Pooled RR (95% CI)	1.77 (1.22, 2.58) <sup>4</sup>		2.80 (1.50–5.20)	0.80 (0.30–1.90)
I <sup>2</sup> , p value	8.5%, 0.358		NA	NA
SA RR Range	1.51–2.53			
k	5		1	1
By Multivariate Adjustment	Unadjusted RR	Adjusted RR	Single data point is multivariate adjusted	Single data point is unadjusted
Pooled RR (95% CI)	1.92 (1.02, 3.62)	2.10 (0.92, 4.80)		
I <sup>2</sup> , p value	51.1%, 0.129	0.0%, 1.000		
k	3	2		
By Risk of Bias in Temporality	Higher Risk	Lower Risk	Single data point is lower-risk	Single data point is higher-risk
Pooled RR (95% CI)	1.71 (1.15, 2.54)	3.40 (0.82, 14.12)		
I <sup>2</sup> , p value	I=12.4%, p=0.331	NA		
k	4	1		

K = Number of effect size estimates included; NA = Not applicable; RR = Risk ratio; SA = Sensitivity analysis; SA RR range = range when one study removed from analysis

<sup>1</sup>Populations reflected: Men in high-risk occupations (trucking company workers, farm workers): k=2, pooled RR 2.53 (1.35–4.76); STI clinic attendees: k = 1; men with serodiscordant partner: k=1; mixed risk groups: k=1.

<sup>2</sup>Mixed risk groups

<sup>3</sup>Men in high-risk occupations (trucking company workers)

<sup>4</sup>RR when each study removed from analysis: Hanson 2005: 1.85 (1.14–3.01), Heffron 2011: 1.86 (1.15–2.99), Rakwar 1999: 1.51 (1.03–2.22), Telzak 1993: 1.71 (1.15–2.54), Wall 2017: 2.53 (1.52–4.21).