

# SUBJECTIVE COGNITIVE DECLINE AMONG VETERANS

2019–2020 Behavioral Risk Factor Surveillance System (BRFSS) Data from Veterans\* in 50 States, Puerto Rico, and the District of Columbia: People Aged 45 Years and Older

**1 in 9** veterans 45 years and older are experiencing Subjective Cognitive Decline



SCD is self-reported MEMORY PROBLEMS that have been GETTING WORSE over the past year.

**32%** of veterans with SCD had to give up day-to-day activities



**86%** of veterans with SCD have at least one chronic condition

**nearly one in three** of veterans with SCD say it interfered with social activities, work or volunteering



**less than half** of veterans with SCD have discussed their symptoms with a healthcare provider

**29%** of veterans with SCD need help with household tasks



\* Active duty in the United States Armed Forces, either in the regular military or in a National Guard or military reserve unit



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