

# SUBJECTIVE COGNITIVE DECLINE

## AMONG LESBIAN, GAY, BISEXUAL, TRANSGENDER (LGBT) ADULTS

2019–2020 Behavioral Risk Factor Surveillance System (BRFSS) Data from Lesbian, Gay, Bisexual, Transgender (LGBT) Adults in 25 States: People Aged 45 Years and Older

**1 in 7**

people aged 45 years and older are experiencing **Subjective Cognitive Decline**



SCD is self-reported **MEMORY PROBLEMS** that have been **GETTING WORSE** over the past year.

**41%** of people with SCD had to give up day-to-day activities



**84%** of people with SCD have at least one chronic condition

**one in three** of people with SCD say it interfered with social activities, work or volunteering



**only half** of people with SCD have discussed their symptoms with a healthcare provider



**39%** of people with SCD need help with household tasks



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CS 303070-A

February 2022