

SUBJECTIVE COGNITIVE DECLINE

AMONG LESBIAN, GAY, BISEXUAL, TRANSGENDER (LGBT) ADULTS

2015–2018 Behavioral Risk Factor Surveillance System (BRFSS) Data from Lesbian, Gay, Bisexual, Transgender (LGBT) Adults in 25 States: People Aged 45 Years and Older

1 in 7 people aged 45 years and older are experiencing **Subjective Cognitive Decline**



SCD is self-reported **MEMORY PROBLEMS** that have been **GETTING WORSE** over the past year.

36% of people with SCD had to give up day-to-day activities



80% of people with SCD have at least one chronic condition

one in three people with SCD say it interfered with social activities, work or volunteering



less than half of people with SCD have discussed their symptoms with a healthcare provider

36% of people with SCD need help with household tasks



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